

FRIEND of SINGA

About Friend of Singa, Secondary

Introduced in 1990, the Friend of Singa (FOS) programme began with the purpose of cultivating desirable behaviours and values in students. FOS Secondary programme is a year-long programme that is open to secondary, special education schools, madrasahs, and international schools.

FOS started out in schools to cultivate desirable values and qualities in students and to champion kindness in the school community. Students from participating schools are tasked to identify issues and they must implement a kindness campaign on campus to promote kindness within their school and community. It is intended that at the end of the campaign, participants will recognize the importance of their role in informing and encouraging desired behaviours; therefore making a difference.



Flow for FOS, Secondary Programme

FOR SECONDARY SCHOOLS

1 FOS Registration

January - Mid February

Schools may register their interest in the programme via the link below:

<https://fos.kindness.sg>

By registration, your school indicates their commitment to deliver at least 1 kindness campaign (max. 3) to be recognised as a FOS School at the end-of-year Kindness Awards Ceremony.

Each school can gather up to 3 groups of students (with no capacity limit per group) to run their Kindness Campaigns).

Once verified as an FOS participating school, your school may proceed directly to ideate and draft your FOS Proposal.

2 FOS Workshop (Optional)

February – June

Schools can sign up to attend the optional workshop to learn the basics of implementing a digital and physical campaign.

Mode of delivery: Physical workshop or tele-conferencing, depending on social distancing guidelines.

Each school is limited to one workshop of 40 students.

3 Proposal Submission

By 16 June

Participating schools are required to submit at least one FOS proposal (max. 3) with a focus on any of the chosen themes below:

- Personal & Social Responsibility
- Appreciation & Respect
- Understanding Diversity
- Cyber Kindness
- Neighbourliness

Each school would receive up to \$200 funding for the implementation of their FOS campaign(s) of which no more than 40% should be used for giveaway or prizes.

- * *Campaigns' content/messages should not be offensive or contain any racial, political or religious implications.*
- * *Submission of proposals earlier than stipulated date are welcome.*
- * *Proposals will be approved within 14-working days weeks after submission.*

4 Campaign Execution

January - July

Upon approval of proposals, students and teachers may embark on their campaigns. Campaigns should:

- Seek to address the chosen kindness theme and seek to make an impact on graciousness in school (advisable to be at least level-wide).
- Be well documented with photos / videos
- Strive to be cost efficient and sustainable

5 Report Submission

By 1st August

Report to be uploaded via school's unique OneDrive link which will be shared with teachers during registration.

* *Submission of proposals earlier than stipulated date are welcome.*

.. *Late submissions will not be considered*

6 Kindness Awards Ceremony

January 2024

All participating students, teachers and schools in the FOS Secondary programme will be recognized as a Friend of Singa during the Kindness Awards Ceremony 2023.



BE A FRIEND OF SINGA!

For more information, please contact (Ms) Adeline Poh at 6761 9126 or adeline@kindness.sg