





FRIEND OF SINGA, WRITE FOR KINDNESS & KINDNESS BADGE AWARDS 2016



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CONTENT PAGE

03 ABOUT SINGAPORE KINDNESS MOVEMENT

04 SCHOOL PROGRAMMES

05 FRIEND OF SINGA

06	Abo	out Friend of Singa		
07	Frie	Friend of Singa 2017		
80	Introduction to Featured Categories			
	Frie	end of Singa Featured Categories		
09	*	Most all-rounded projects		
23	*	Most inspiring social etiquette initiatives		
37	*	Best murals and designs		
43	*	Most interesting initiatives and challenges		
53	*	Best appreciation initiatives		
59	*	Most heart-warming community service projects		
63	*	Most interesting social media initiatives		
67	KI	NDNESS BADGE AWARD		
68	Abo	out Kindness Badge Award		
70	Kin	dness Badge Award Featured Projects		

77 WRITE FOR KINDNESS

- 78 About Write for Kindness
- 79 Write for Kindness Featured Projects

ABOUT SINGAPORE KINDNESS MOVEMENT



SINGAPORE KINDNESS MOVEMENT

Kindness is in everyone. The Singapore Kindness Movement (SKM) wants to encourage everyone to start, show and share kindness. We aspire to inspire graciousness one kind act at a time. By sparing a thought for the people around us, we hope to create a gracious society, and make life better for you and me.



MISSION

To help build a gracious Singapore, the Singapore Kindness Movement aims to encourage the individual to internalise courtesy, kindness and consideration.

Our mission statement is: To inspire graciousness through spontaneous acts of kindness, making life more pleasant for everyone.



- ★ To encourage all Singaporeans to be kind and considerate.
- ★ To create public awareness of acts of kindness.
- ★ To influence and raise the standards of behaviour and responsibility.



- The Kindness Gallery
 - 61 Stamford Road
 - #01-08 Stamford Court
 - Singapore 178892

Website(s): kindness.sg

kindsville.kindsness.sg

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- f Facebook: facebook.com/kindness.sg
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- Instagram: @KindnessSG
- You Tube: youtube.com/kindnessSG

SCHOOL PROGRAMMES



SCHOOL PROGRAMMES

Character education is at the core of Singapore Kindness Movement's school programmes. This year, we explored the concept of kindness with the attitude of "it starts with me!" in each individual.

Our school programmes range from assembly sessions, outreach projects and animation series, to online teaching resources and funding for kindness initiatives. For more detailed information on the programmes, please visit *Kindness.sg or kindsville.kindness.sg*



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FRIEND of SINGA 2016

ABOUT FRIEND OF SINGA



FRIEND OF SINGA AWARD 2016

Friend of Singa is currently in its 26th year running and it continues to promote the essential values of selflessness and love behind the kind acts of young, caring individuals.

Since its revamp in 2009, all participating teams have to complete a kindness project within their school community over a five-month period. These projects should create an impact within the school community and leave meaningful effects on students' behaviours.

Friend of Singa has moved away from merit-based awards to one that focuses on sustained participation from schools. To help kick-start these projects, the Singapore Kindness Movement funds up to \$150 per project.

The theme for FOS 2016 is "_____, Pass it On!"



AN OVERVIEW OF THE FRIEND OF SINGA PROGRAMME 2016

Each school selected up to eight students for the programme.

All participants attended a half-day workshop in February. The workshop equipped students and teachers with design thinking, project management and public speaking skills.

The students then identified areas where they felt social graces were lacking in their respective schools and came up with a creative solution to address the problem. They had up to five months to complete the project.



TAKE PART IN FRIEND OF SINGA 2017! HERE'S THE THEME:

"Kindness, it's up to us!"

FRIEND OF SINGA 2017

Registration will begin on **16 November 2016.** Log on to www.kindness.sg or www.kindness.sg/kindsville for updates!

Workshops will be held in February 2017.

More information on the theme will be given out at the workshops.



INTRODUCTION TO FEATURED CATEGORIES



INTRODUCTION TO CATEGORIES

The programme is now based on sustained participation; therefore, schools are now categorised by the number of years of their participation. Accordingly, the projects are now categorised as:

- ★ Most all-rounded projects
- ★ Most inspiring social etiquette initiatives
- ★ Best murals and design
- ★ Most interesting initiatives and challenges
- Best appreciation initiatives
- ★ Most heart-warming community service projects
- ★ Most interesting social media initiatives

The projects submitted this year continue to impress. Most of them were integrated and multi-faceted, involving various groups within the school community, including parent support groups, to achieve greater impact and sustainable engagement.





This category features schools that have projects with the most well-planned report, best execution and highest quality of reach.

10	Ang Mo Kio Primary School
11	Balestier Hill Primary School
12	Bedok Green Primary School
13	Casuarina Primary School
14	Coral Primary School
15	Princess Elizabeth Primary School
16	Beatty Secondary School
17	Chong Boon Secondary School
18	Global Indian International School, East Coast
19	Nan Hua High School
20	Raffles Girls' School
21	MINDS - Lee Kong Chian Gardens School
22	MINDS - Woodlands Gardens School



ANG MO KIO PRIMARY SCHOOL (6TH YEAR)



Done a Kind Act, Pass it On!

Goh Zi Man • Liu Nuoyi • Lim Sheng Qian • Kumar Vaman • Justine Lim • Ong Shen Jie Tobis Khyla • Ian Balqis

FOS Ambassadors aimed to create a culture in the school where performing kind acts becomes a habit for everyone in the school. These activities were implemented:

- Kindness Week provided opportunities for pupils to do kind acts and pass it on. Various activities such as the Kind Act Challenge, Poster Designing and Let's Say Thank You along with the school initiatives were conducted.
- Hands of Kindness (HOK) cards and Kindness Relay Chart. When a kind act has been passed on, a HOK card
 is filled up. These HOK cards are pasted onto a Kindness relay chart with the background of a relay track
 in which the passing of the baton signifies the passing on of kind acts.
- Leader's Day created awareness to the community of people outside school. It was a platform for pupils
 to share with parents and members of public about the projects they have been involved in while engaging
 parents to participate in them too. Parents wrote thank you notes and solved a crossword puzzle for words
 related to kindness.

These activities kept the momentum of the project throughout the campaign, further promoting the importance of taking action to spread kindness.



BALESTIER HILL PRIMARY SCHOOL (7TH YEAR)



A Spark, A Glow, ABLAZE!

Daniel Harrits Bin Mohamad Riduan • Muthukumar Dharunkumar • Nur Aqilah Binte Fazlin • Sebastian Aindrea Yvonne Susada Vincy Josiba Sebastiraj • Alyssa Marie Raha Trajano Sura • Murugesan Bavithraa • Yong Rui Ferdinand

The Sparklers (ambassadors) felt that the school needed to be reminded to show kindness and appreciation to the people around them. They launched the campaign by performing a song, a self-composed rap and a kindness cheer. They also took the opportunity to explain the activities lined up for the school.

- Appreciation Messages Students were encouraged to pen down messages of appreciation to anyone
 in school. These messages were updated and presented as a 'Kindness Thermometer' to signify
 the level of kindness in school.
- Level Activities The P1-2s designed a heart and the P3-4s were taught how to fold origami hearts. They then wrote simple thank you messages for friends or teachers. The P5 and 6s had to create a kindness poster and a comic strip respectively to spread the message of what kindness meant to the school.
- **Kindness Bazaar** The Sparklers made handmade craft items and encouraged the staff to donate items to the bazaar. Pupils could purchase items for a good cause and also show their appreciation to the people that they are thankful for by presenting these items to them.

Through these activities, pupils were constantly reminded to show their appreciation to the people who made a positive difference in their lives.



BEDOK GREEN PRIMARY SCHOOL (8TH YEAR)



Kindness@BGPS, Pass it On!

Tan Chien Yi • Tan Li Xuan Denise • Yep Ying Yi • Brayden Chua Zonghan • Himani Naresh Vasnani Muhammad Nor Adrian Bin Abdulla • Nur Nabilah Ilyana Binte Mohammad Misra • Chua Cui Ting Krislyn

Respect, consideration, empathy and appreciation were the four elements that the ambassadors wanted to promote in the school. To encourage the spirit of kindness and to build a culture of care in the school, these activities were carried out:

FTGP lesson plans were crafted that catered to the different levels. P1-2s focused on the value of respect by allowing pupils to understand the language used for showing respect and the 'stop-think-say' strategy in different scenarios. P3-4s indentified areas of inconsideration in given scenarios in which they then suggested how kindness could be initiated. The P5-6s were encouraged to practice empathy by putting themselves into the shoes of others to anticipate their needs and react accordingly.

To lift other's spirits and give them the energy to move forward, pupils and staff were given templates to pen their messages of appreciation. These **Notes of Appreciation** were then given out to the intended recipients.

To unleash the pupils' creativity in displaying what they have learnt, classes were tasked to design murals that were relevant to the theme. These artefacts were then taken to form the **Kindness@BGPS School Display** to serve as a reminder to all that anyone is capable of showing kindness.



CASUARINA PRIMARY SCHOOL (8TH YEAR)



Start it, Show it, Pass it On!

Nur Adlyna Binte Mohammad Nazrie • Rhesha Balwan • Abdul Rasheed Lopez Bin Abdul Rahman • Zhang Hua En Asha Rey Lackey • Andrea Karena Koh Yixin • Neelufer Zahra Binte Mohammad Azim Ullah • Travis Lim Ee Hng

The project aimed to encourage students to take the initiative to start the habit of showing kindness and passing it on to create the ripple effect of kindness. These activities were implemented:

- Sustaining the Greeting Waves! To create an atmosphere of care and liveliness, ambassadors and student leaders held greeting cards with messages to welcome the pupils, staff and parents in the morning.
- Kindness Day @CAPS Different activities were carried out during Kindness Day:

- "Weave the Love Together" Friendship Band Booth allowed pupils to weave friendship bands with each other's help. These bands were then exchanged as a token of appreciation. This allowed pupils to discover that it was much more efficient to weave the friendship band with the help of others.

- "It's Funky to be Kind!" Photo Booth allowed students to choose kind messages and dress up as Hearty while they took their pictures. Through the opportunity to be Hearty, pupils were reminded that they play a role in filling the world with kindness.

• Friday Snippets of Kindness - The ambassadors shared stories, experiences, video clips and songs to constantly remind pupils to display and pass on kindness.

Through these activities, Casuarinians are now showing more initiative in performing kind acts to their fellow schoolmates.



CORAL PRIMARY SCHOOL (3RD YEAR)



Catch it, Pass it On!

Jeanette Tian • Low Yan Shan Charmaine • Aina Afiqah Binte Muhairi • Trina Tham Yanting Akimi Goh Hai Qi • Asiff Khan Bin Amir Khan • Muhammad Azfar Haziq Bin Effendy

The objectives of the campaign were to create a culture of care and respect in the school, through greeting one another with kind words and encouraging everyone to perform acts of kindness. To achieve the objectives, these activities were implemented:

An **art competition** that comprised of colouring, poster design and comic illustration were carried out to highlight the message that a kind word could make someone's day.

The **Kindness Club** was formed where selected pupils were given kindness badges. When they saw a fellow schoolmate perform a kind act, they passed on the badge to the pupil and the pupil in turn, passed it on to the next person who performed a kind act. This created a culture of kindness.

To increase the pupils' awareness of the importance of having a greeting culture and to encourage all to perform kind acts, **recess activities** were carried out. The games, "My Kindness Ladder" and "Wheel of Fortune" taught pupils the etiquette of greeting and how to use kind words to one another.

To end the campaign, a **FTGP lesson package** was created. Apart from learning how to use kind words, pupils also wrote a kindness pledge on a smiley face and hung it on the "Learn & Grow" tree, which served as a reminder for all Coralites to encourage one another to greet and perform kind acts.



PRINCESS ELIZABETH PRIMARY SCHOOL (6TH YEAR)



A Smile, Pass it On!

Elizabeth Choo Rong Le • Ashlyn Pang Jing Xuan • Aarush Ray • Tan Shi Hui • Elain Gan Guoshuang Navaneethan Vibeesh • Lok Yongwei, Gareth • Zackaria Tusqa Too Jun Zhi

The ambassadors wanted to encourage pupils to thank, appreciate and smile when they receive kind acts and to ultimately, pass on these acts of kindness to the people around them in school, at home and in the community. To achieve this, several activities were carried out.

BINGO Cards allowed pupils to reflect on what kind acts were and after the reflection, they wrote or drew them onto the bingo sheet. This not only allows pupils to validate their own efforts, but also inspires others to put into practice new ways of showing kindness.

The **Kindness Mural** templates were designed for pupils to pen down their reflections in three different templates. The mural consisted of two hearts, a mouth and a pair of hands. These templates encouraged students to write down what kindness looks and feels like (Two hearts), what they can say to make someone's day (Mouth) and what they can do to bring a smile to someone (Hands).

Origami Hearts created an avenue for pupils to show appreciation to those who have been kind to them. A booth was set up to give pupils a hands-on experience in folding their own origami hearts. After they wrote their messages of appreciation, they were encouraged to present them to someone in school or at home.

Through these activities, pupils were more aware of the different ways to show kindness, to able to internalise and finally, take action to show their appreciation to the people around them.



BEATTY SECONDARY SCHOOL (8TH YEAR)



Abundant Grace, Pass it On!

Ng Qian Ze • Sanjeevikumar Deepti • Foo Chan Ray • Cheng Kai Ling, Melissa • Tan Yan Lin, Valencia Somasundaram Aarthi • Siti Nur Amirah Bte Jasman • Shama Juwairiyyah Binte Subhan • Xiao Yan • Petrina So Rui Xia Chloe Reginia Yoga • Nurul Nadiah Bte Rahim • Zaina Aafreen D/O Ziyavuddeen

The ambassadors aimed to help their peers and school's staff to practise acts of kindness and graciousness, while passing it on. These activities were carried out:

- * Instagram Competition Students created memes or posters using apps and photographed instances where acts of kindness were displayed. The winning entry was chosen based on the number of Instagram 'Likes' garnered and message effectiveness.
- * Kind and Gracious Drama Curriculum Secondary Two students were exposed to drama sessions. They came with scripts and skits based on different themes that were related to kindness and graciousness.
- Appreciation for Unsung Heroes Thank you messages and well wishes were presented to the non-teaching staff. The staff lounge was also converted into a temporary "spa", where the janitors could relax on a massage chair and enjoy refreshments.
- Polaroid Key Chain and Origami To encourage random acts of kindness and to raise funds for charity, students made their own polaroid keychains or folded paper cranes for a small fee and were encouraged to give these gifts to a fellow schoolmate who they do not know.

These activities formed the annual Graciousness Campaign which reinforced the values of kindness and graciousness to the school community.



CHONG BOON SECONDARY SCHOOL (2ND YEAR)



Gratitude, Pass it On!

Acosta Andreana Cain • Samyuktha Gurusamy • Dylan Mok Xuan Wei • Tan Cliffton • Jolene Ho Jia Yan Tan Rui Qi Michelle • Walter Ong Wei De • Javier Tan Guan Long

To encourage the students to be active in showing kindness and their appreciation for others, the ambassadors organised a host of activities.

A **Wall of Kindness** was set up displaying appreciation messages for the for janitors. This was followed with gifts of apples that were presented to the non-teaching staff as a gesture of appreciation.

For **Mother's Day**, students and teachers uploaded photos with their mothers on Instagram captioned with reasons on why their mothers are special to them. Students also gave gifts of love to their parents as an expression of gratitude and parents reciprocated with notes of appreciation for their child.

To **reach out to the community**, students stationed themselves at Ang Mo Kio bus interchange and gave out roses and packet drinks to bus drivers. Packet drinks were also handed out to food court patrons who returned their trays, as part of an initiative to thank the bus captains for ensuring a safe journey for commuters and patrons who showed care for the cleaners.

Through these activities, students have gained greater awareness of what their parents, school staff and service line staff do and are now less reserved in showing their appreciation.

GLOBAL INDIAN INTERNATIONAL SCHOOL, EAST COAST (4TH YEAR)



Nurture an Attitude of Gratitude, Pass it On!

Anishka H C • Daksh Nayyar • Maanasa Srinivasan • Ramanathan Sagar Rehan Hariyani • Shrutikhaa Katakam • Yohaan Aga

The ambassadors wanted to cultivate a practice of expressing gratitude regularly, as they believed that it is a form of positivity that can help the society. Hence, the following activities were carried out:

- To help the K1 and K2 children settle in, the ambassadors welcomed them on the first day of school and guided them to their classes in the activity, Welcoming the Tiny Tots.
- To inspire fellow schoolmates to be grateful for what they have, quotes, pictures and drawings according to
 the school values were put up onto the notice board in the Gratitude Corner and updated monthly. Students
 also helped grow the Gratitude Tree by contributing appreciation messages to their family and friends.
- Grandparents' Day allowed students to show their gratitude to their grandparents by putting up performances
 and engaging activities. For Gratitude Day, janitors were presented with appreciation notes and goodie bags.
 Students also appreciated their domestic helpers by presenting them with handmade kindness bracelets.
- Students kept a **Kindness Journal** to document all the kind acts that they have experienced. This allowed them to be grateful for all the positive things that they have gone through.

Through these activities, a culture of gratitude was developed among the students.



NAN HUA HIGH SCHOOL (2ND YEAR)



C.A.R.E for All, Pass it On!

Pang Chin Kiat, Vincent • Wu Jiayu Barry • Sherlyn Thia Shi Lin • Tan Shern Kai Amenda Chua Wan Ting • Yu Chew Muang • Foo Yong Xin • Lay Yen Ting

C.A.R.E stands for Courtesy and Care, Appreciation, Relationship and Encouragement respectively. Through the project, the FOS ambassadors hoped to promote kindness among their schoolmates, by appreciating the hard work of all teaching and non-teaching staff and to build a strong culture of support and communication within the school. The key activities of the project were:

For **No Phone Recess**, students were encouraged to put their phones aside and play games with one another. This encouraged them to forge bonds with one another, increasing interaction among them.

In Makan & Mingle, students spent their breakfast and recess as a class with their form teacher. They were encouraged to eat and play games. This allowed the class to forge stronger bonds through the increased interaction.

To encourage the seniors in their graduating year, **S.O.S (Support Our Seniors)** encouraged students to prepare welfare packs with encouraging messages to spur them on their final lap.

To end off the project, teachers were surprised with personalised mugs on the morning of the **Teacher's Day Appreciation Celebration**. This allowed students to show much they appreciate their teachers for all their commitment and effort in being educators.





RAFFLES GIRLS' SCHOOL (8TH YEAR)



Act Kindly, Act Genuinely, Pass it On!

Pang Xin Lee • Charlene Neo Kai Ling • Sachna Kaur Bajaj • Xu Yihan • Natalie Tai Qian Ru Tan Hui Ying • Linnette Chua Shang Lian • Seow Bai Jun Patricia

The FOS ambassadors aimed to get the school to act genuinely with kindness by communicating, understanding and empathising with others. This campaign also highlighted the importance of being grateful and appreciative.

'Put Phones on Hold, Not People' campaign was carried out to encourage students to put down their phones and start conversing and connecting with the ones around them, hence, maintaining the human connection of conversing through voice rather than text.

In conjunction with **Kindness Week SG**, several hands-on activities were held and it allowed students to engage in kind acts for their school mates. Some activities held were the friendship bracelet booth, bookmark making workshop and a community problem solving exhibition that showcased projects that tackled social issues in the community.

SKM Sportsfest Workout was held on the annual sportsfest where students from all classes, batches and houses came together to perform a simple warmup workout. This encouraged students to interact and perform kind gestures to people from different classes and houses.

Lastly, the **Privileged Walk Initiative** was conducted where students had to take a step forward or backward depending on how they related to the statements when a list of social privileges were read out. This allowed students to see how privileged they were and to be understanding of others who may not have the same privileges that they enjoy.



MINDS - LEE KONG CHIAN GARDENS SCHOOL (3RD YEAR)



Helping Hands...Pass it On!

Hew Yong Ping • Eugene Tan Zunn Hou • Chin Justyn • Nagarajan Mahisha • Loh Yang Ming, Milford Muhammad Daniel Bin Abdullah • Muhammad Harith Fatwa B Zaki • Nurhaslynda

The FOS ambassadors aimed to encourage empathy-in-action in their school community by showing acts of care, kindness and compassion. These are the key components of their project:

- Song and Dance For the official project launch, the ambassadors led the school to sing and dance to the songs 'Kindhearted Hand' and 'Dynamite Caring Song.' The songs identified ways which students could be kind to one another, hence, encouraging them to go the extra mile to help others.
- **Kindness Tree** Each class tree was decorated with students' thumbprints which signified their acts of kindness. The kindness tree signified the success of the ambassadors' efforts to plant the seed of kindness in the school community.
- Care for the Community As part of the school's Community Integration Program, the ambassadors carried out a book donation drive. They collected used storybooks, sorted the books according to the different age groups, packed and sent the books to Jamiyah Children's Home. Also, the ambassadors visited The Indus Moral Care with gifts of cakes, song and dance to cheer up the elderly at the home.

Through the activities, the ambassadors have successfully effected positive change in their school and inspired their peers to practice kindness.

MINDS - WOODLANDS GARDENS SCHOOL (2ND YEAR)



Caring & Sharing, Pass it On!

Jeremin Chan Zhi Rong • Muhd Izdihar Bin Suhaimi • Kiara Shane G. Castillo • Shania Kate Sison Monsalve Nurul Aisha Bte Mazlan • Chua Jia Chun Emeth • Ang Wei Jie • Mohamad Junaidi Bin Jamaludin

The ambassadors aimed to promote the values to care and share. The activities they carried out included:

- Kindness Week Videos for 'good deeds for a week' were shown to the school and the students showcased in the video received a certificate and a badge. During assembly, the school was shown the story of the Rainbow Fish, a simple story about a beautiful fish that learnt to make friends by sharing its most prized possessions.
- Lee Kuan Yew Remembrance Day Students, staff, parents, caregivers and volunteers were encouraged to write appreciation notes for the late Mr Lee Kuan Yew to remember his contributions to Singapore.
- Grandparents' Brunch The senior classes baked pastries and invited them to the school for brunch to show their respect and appreciation to the elders.
- International Friendship Day Students made friendship bands and cards to show their appreciation to their friends.

Through the project, the students experienced the spirit of caring and sharing with others and passed it forward!



This category features schools with projects that focused on a specific social etiquette in school, inspiring everyone to make a change.

24	Alexandra Primary School
25	Edgefield Primary School
26	Fernvale Primary School
27	First Toa Payoh Primary School
28	Temasek Primary School
29	Xinmin Primary School
30	Yumin Primary School
31	CHIJ St. Theresa's Convent
32	Fuhua Secondary School
33	Global Indian International School, Queenstown
34	Nan Chiau High School
35	St Margaret's Secondary School
~ <	

36 APSN- Delta Senior School

23



ALEXANDRA PRIMARY SCHOOL (1ST YEAR)



Mont	h:	J	uly
	WASTE (kg	1)	WASTE (I
1st		11th	3.9 kg
2nd		12th	3.4 kg
3rd		13th	2.7 169 3.1
4th		14th	4.4 Kg
5th		15th	3.7kg
6th		16th	
7th	4.4 kg	17th	
8th	3.2 kg	18th	3.9 40
9th		19th	3.7kg
10th		20th	3.5kg 3.9

DC A CADINIC





Care for Others, Pass it On!

Yeo Chern Xi • Anneliese Caitlin Chng Yi Xian • Ho En Hao Alden • Lee Yi-En, Evonne • Toh Wei Ting Huang ZiYan • Danish Iskandar Bin Mohammed Khaled • Ethan Lee Yi En • Teo Yu Xi, Caeden Nah Yin Suang • Cayden Ng Kei Chun • Shermaine Soh • Ng Kang Rui Eron • Leia Yap

The ambassadors observed that the canteen was often unsightly as pupils dropped off their cutleries, plates and bowls in the same container without regard if the container was full. Pupils also did not arrange their plates or bowls neatly, causing the plates, bowls and food wastage to spill over onto the floor and play area. This made the canteen dirty and play area unsafe from fallen cutleries as the play area is located right under the collection area. To tackle this problem, the ambassadors aimed to make the canteen cleaner and the play area a safer space for students with these activities:

- **Cutleries Separation** Ambassadors clearly labelled collection containers and stationed themselves at the collection area to assist students in separating the cutleries into their respective containers.
- Reducing Food Waste Posters on "ALPS towards Zero Food Waste" were made visible in the canteen. Pupils were encouraged to finish what was on their plates and to scrap the leftover food into a collection bin. The bin was weighed daily to determine the amount of food wasted.

Through these activities, the canteen is now a much cleaner place with proper food collection practices. The play area is also safer as pupils did not need to worry about fallen cutleries and food spillage.

24



EDGEFIELD PRIMARY SCHOOL (8TH YEAR)



Hand in Hand - Kindness in One Accord, Pass it On!

Barat Prasant Nambiar • Yeow Rae Yen Eowyn • Karthickraj Dhanyashri • Calista Koh Ruiting • Sia Pathanica Wong Wen Ning • Syed Muhammad Arif • Aqiel Samsir

The goal of the campaign was to grow the hearts of the pupils and staff to practise gratitude and ultimately, to live harmoniously as one community. To achieve it, these activities were implemented:

Fruity Cards were created to inspire the school community to express gratitude to one another. Pupils and staff could pen down their thoughts and words of kindness on the cards and they were read out weekly to inspire and motivate the school community.

A **Kindness Garden** was set up as an area for pupils to gather information about kindness through articles put up. Messages written on the Fruity cards were also hung up in the Garden.

Kindness Week @ Edgefield celebrated the acts of kindness and gratitude shown during kindness week and provided students and staff with a platform to collaborate and demonstrate school spirit through play. Activities were organised to instill the importance of forging strong ties through traditional games.

Through these activities, pupils and staff at Edgefield have further practiced showing gratitude and also fostered a stronger community spirit in the school.



FERNVALE PRIMARY SCHOOL (5TH YEAR)



Be Kind, Be Gracious, Be Respectful, Pass it On!

Ow Wee Yun • Janelle Lee Ying Ying • Marcus Ho Jin Yang • Tavarro Amarie Raven Dimacali Lam Khor Tein, Alyssa • Putera Ahmed Dhary Bin Mohamed Rashidi

The ambassadors identified that pupils needed to be encouraged to show respect and appreciation to others, with emphasis on the teachers for the things that they have done for them. These activities were implemented:

To launch the campaign, an **assembly talk** was carried out to share about the values of kindness, graciousness and respect. Short skits were performed to demonstrate how these values could be carried out.

A **poster design activity** was carried out where pupils drew situations where kindness, graciousness and respect could be shown. These posters were then put together in a collage and displayed in the school as visual reminder to display kindness.

To show their appreciation, the pupils wrote and illustrated short stories about their teachers, titled, **"The Hero in my Class"** on the situations where teachers made a positive difference in their lives. A short film was also produced and screened to the school on why it is important to appreciate and show respect to the teachers.

Through these activities, pupils were more aware of the length that teachers go for their students and that it is only right to show their respect and appreciation to them.

FIRST TOA PAYOH PRIMARY SCHOOL (8TH YEAR)



Kind Gestures, Kind Words Make an Impact, Pass it On!

Shafika Gurung • Muhammad Ikmal Bin Hazlan • Yoh Chyi Hern • Danossini Chandramohgan Chen Yuhan • Nalangan Elizer Don Dato • Travis Fou Jon Hung • Htwe Su Myint Thaw

The aim of the campaign was to encourage pupils to be more respectful and gracious to the people around them through kind gestures and words. To achieve the objective, several activities were carried out.

To teach the importance of being respectful to each other, an **audio book** was played during the pre-assembly programme that highlighted that it does not take much effort to show acts of kindness and how kindness could be passed on to others.

Words of Kindness encouraged pupils to use kind words to express their gratitude to the people around them. These kind words were then displayed on the Kindness Board during Kindness week.

A **colouring, poster design and doodle drawing competition** on kind words and gestures was held for students to internalise what kind actions and words consist of.

To further promote kind gestures and words, **Caught-it-Right** awarded pupils who were spotted using any kind words or doing kind acts.

Through this campaign, pupils learnt how to put the value of respect into action by spreading happiness to others through their gestures and words of kindness.



TEMASEK PRIMARY SCHOOL (7TH YEAR)



Temasekians, Pass it On!

Amirah Iman Binte Firdaus • Ryka Danani • Cheong Jen Tao, Eugene • Lim Wan Rong, Caitlyn • Melissa Wei-En Hecker Mohamad Syaqiq Bin Mohamad Iskandar • Poh Zheng Qi Amos • Tan Colleen

The ambassadors identified that simple acts of kindness were able to create an endless ripple. With that in mind, the campaign was launched.

- **Kindness Droplets** Pupils were given a poster of a bucket and water droplets cut-outs. They were encouraged to be bucket fillers through their words and actions to make others' day. Pupils penned down their appreciation to their friends on a water droplet, filling one another's bucket with kindness.
- **Kindness Sharing** Pupils were invited to share what it meant to be a good friend during assembly sessions. This allowed the school to reflect on what it takes to build a good friendship.
- Kindness Week The ambassadors ran a series of activities such as Friendship band making, Kindness bookmarks and Kindness Collage to further emphasise the importance of acts of kindness in building a school of kindness.

To end the campaign, pupils wrote their pledges on how they could continue to be kind. These pledges were put up for display as a reminder to all that a simple act of kindness is able to create an endless ripple.



XINMIN PRIMARY SCHOOL (7TH YEAR)



Search for Kindness, Pass it On!

Khong Deng Yu • Tan Jun Ming • Loh Ee Gene, Gabriel • Lucas Yeung • Zachary Teng Chow Kah Yeen • Janelle Teo Yee Xuan • Mohamed Aariz Pasha

The ambassadors identified that there were plenty of kindness displayed in the school, but pupils were not taking note of these acts of kindness. To encourage pupils to continue doing kind acts, and for those thinking of starting to be kind, these activities were carried out:

- The Bouquet Cards were given to students to write about acts of kindness that they spotted fellow peers performing in school. These cards were then put onto The Character Tree, encouraging others to spot and acknowledge kindness when it was shown.
- Write-up Competiton Pupils were encouraged to search for good deeds performed anywhere in school and do a short write-up of it. These write-ups were then displayed for all pupils to read.
- Fundraising & Wall Stickers A fundraising activity was held where students could donate a small token to take part in games that encouraged students to be more active in spotting acts of kindness. The funds collected were used to produce wall stickers placed in prominent locations depicting kind acts that are constantly performed in school.

Through these activities, pupils were able to develop a keen eye in spotting kindness and to acknowledge these acts of kindness.



YUMIN PRIMARY SCHOOL (3RD YEAR)



Kindness @ Yumin, Pass it On!

Hayley Chua Jing En + Li Ming Xuan + Dennis Ho Teck Lai + Adriana Nadhrah Binte Azhari + Chee En Ting Sarah Guo Cheng Guang + Jothi Hossain + Fareeha Khan Binte Faris Khan Surattee

The ambassadors identified that the school community was not showing kindness in their actions, therefore aimed to show the pupils and staff different ways in which graciousness could be cultivated, nurtured and sustained in their daily interactions with others. Several activities were implemented to achieve this.

Tree of Kindness. The school community was encouraged to write a kindness pledge to form a collage of a growing tree of kindness. This allowed them to take responsibility in showing kindness to others.

Smile! Pass it On allowed students to express their emotions by making smiley emotion lollipops and presenting it to others in recognition for demonstrating positive behaviour such as patience and thoughtfulness.

The **Kindness Carnival** allowed students to internalize the meaning of kindness through games such as Fold-A-Heart-4U, Fix it and make it better!, Kindness Word Search and Taboo.

In conclusion, these activities allowed the school community to be aware of how graciousness could be cultivated, nutured and sustained through positive actions and words.



CHIJ ST. THERESA'S CONVENT (3RD YEAR)



Kindness, Pass it On!

Shernane Foo Jia Hui + Jolene Ong Xuan Yi + Pauline Chor Wai Yean + Bernales Bernice Justine Lota Ines Wen Ting Michaud + Sheryl See Toh Xingyi + Natalie Chew Lileen

The ambassadors identified that fellow schoolmates were exchanging hurtful words via social media and in person; therefore, they aimed to encourage the students to be more gracious in their words and actions.

A **Polaroid Booth** was set up to spread awareness about the campaign to the school. Students were encouraged to pledge against cyberbullying and to post their photos onto social media to spread the message.

For **Kindness Tag**, each student leader was given a card; they then did a kind act for a fellow schoolmate and passed the card on to them. The cycle continued with the card being passed on to the recipients of the kind acts performed.

The Kindness Wall gave students a platform to brighten other students' day by writing positive messages for anyone feeling sad.

Through these activities, students were able to see the kind deeds performed daily, therefore, did their part to appreciate and encourage others, rather than hurt others through hurtful words.



FUHUA SECONDARY SCHOOL (5TH YEAR)



Embracing Diversity, Pass it On!

Loh Cher Jie • Alisha Ajay Wadkar • Jason Lek Si Jie • Christopher Kwan Chun Keat Nur Atiqah Bte Abdullah • Wang Jiaru • Sean Ng Si Yuan • Jamie Wee Jing Ying

iCARE aimed to create awareness of diversity, in terms of people with special needs and disabilities as well as inculcate empathy by providing opportunities for students to experience the challenges faced by this group of people. These activities were carried out:

Teachers were given a **CCE Lesson Package** to conduct during their lesson. The package included videos about people with disabilities and the challenges they faced. Students then engaged in discussion and reflection on the videos.

Ambassadors and the principal conducted the **Assembly Sharing** to motivate the school to empathise and show kindness to people who may be different from the rest. Inspiring stories and videos of the Special Olympics were screened to get students excited for the activities to take place.

Students went through **EXPERIENCE! Disability Sports** PE Lesson, where students experienced physical disability through sports such as sitting Volleyball. A reflection was conducted after each session to help students internalise their learning and understand the challenges of people with disabilities.

To end iCARE, Fuhua Kindness Week was organised to showcase the project through activities and an exhibition of photos, videos and reflections students made during the project. This allowed the school population to look back and reinforce embracing diversity through the value of empathy.

GLOBAL INDIAN INTERNATIONAL SCHOOL, QUEENSTOWN (5TH YEAR)



Bring it up, Pass it On!

Pradyumn Mishra • Baskar Nevethita • Tushar Goyal • Rupambika Tripathy Angad Singh • Mihir Ghonge • Vijeet Chidepudi • Anusha Singh

The ambassadors aimed to enrich the social bond between everyone in the school community, including the parents through generosity, graciousness and goodwill. A series of activities were carried out to achieve this.

To improve the mood of the classes, **My Classroom is the Best** was carried out. Classes were graded according to attitude, discipline and attentiveness to the teachers. Through this activity, students realised that showing good attitude and being attentive during lesson time is showing kindness to their teachers.

To celebrate the hard work of the non-teaching staff and to create an atmosphere of inclusivity, students showed their gratitude to the janitors during the assembly through performances and thank you cards. Thank you cards were also given out to the bus drivers to thank them for driving them safely to school.

Lastly, to reach out to the parents to, the ambassadors dressed up as **Peace Mascots** and performed a dance routine on kindness during the annual Sports Day. Kindness cards with the messages of generosity, graciousness and goodwill were distributed to the parents who attended.

Through this project, the social bond between the students, staff and parents were strengthened, building a school that promotes inclusivity through the values of generosity, graciousness and goodwill.

33



CHEERS, Pass it On!

Geralynn Lau Yi Xuan + Koe Kong Cheng + Jolyn Toh Yin Huey + Sean Lim Zhen Jie Damien Koh Ke Qun + Valencia Soo Jiahui + Candace Tan Jie Ning + Germaine Neo Wei Ling

The objective of the project was to spread CHEERS to the school community through the values of Care and Compassion, Harmony, Empathy, Encouragement, Respect and Social Graciousness. Several activities were run to achieve the objectives.

Humans of NCHS. The ambassadors interviewed selected personnel in the school to find out their thoughts on kindness. Through this activity, the values and attitudes of CHEERS were brought up through the interviews and the interviews were shared with the school community through Instagram and Facebook.

Students were encouraged to slow down and reflect on what kindness meant and how they could portray kindness through small and simple acts in their daily lives by participating in the **Wall of Kindness Reflection**.

The school community was encouraged to drop by the **Kindness Booth** to write down words of appreciation or encouragement and to pass these notes to people who have made a difference to their lives.

21 Day Kindness Connect Challenge. A journal with challenges was passed around in school, starting with the principal. After the principal had completed the challenge, he had to pass it to the next designated person as specified by the journal, and the cycle continued.

After these activities, the attitude of CHEERS were more visible among the school community through their actions and words.



ST MARGARET'S SECONDARY SCHOOL (8TH YEAR)



Kindness Light, Pass it On!

Faith Lek Wee Ting + Vanessa Au + Sharmeela Banu D/O Shah Jehan + Khor Sheng Rui (Mary) Tan Qin Hui Shavon + Sofea Binte Ibrahim + Huong Yee Ann + Kuik Zi Yu, Raeann

The ambassadors identified that there were groups of students who felt discouraged as they had difficulty fitting in with others in the school, therefore, they wanted to create a livelier and more inclusive environment by emphasising on good manners among students in their relationship with one another.

To start off the project, the **Emoji Glow Challenge** allowed students to have fun decoding the messages with their friends. For this challenge, kindness quotes were translated into emojis and displayed in the common areas around the school and in classrooms.

#Beacon (Strangers to Friends) was conducted as an inter-house competition where students had to post a picture or video with their friends or new friends they made and hashtag their respective houses. This allowed them to gain house points which were tallied after the game. This activity encouraged students to make new friends in school and forge stronger bonds with schoolmates. As a follow up activity, a chalkboard was designed for students to write words of encouragement to their peers.

For **Light The Way**, all students were given a coloured card on which they could write anything related to kindness. These cards were subsequently collected and tied to lanterns which were displayed around the school to inspire students to continue showing kindness to their peers.

Through this project, students learnt that everyone has a part to play to make St Margaret's a home for the school community.
MOST INSPIRING SOCIAL ETIQUETTE INITIATIVES



APSN- DELTA SENIOR SCHOOL (2ND YEAR)



Values, Pass it On!

Mohammad Nur Muhaimin Bin Abdul Rahman + Asyraf Hafiz Bin Jumari + Abigail Mayuri Rasadran + Carrie Goh Kai Li Tan Eng Huat Jacky + Nur Sakinah Binte Idris + Sharlene Ng Shi Xuan + Mohammad Syafiq Bin Abdullah

The project aimed to inculcate the values of inclusiveness and respect among the students. To achieve this, two activities were carried out.

- Video Showcase The ambassadors drafted a script and recorded a video on the value of respect in three different scenarios. The scenarios were respect to the elderly, respect among peers and respect to the environment. The video showcased the right and wrong ways to act in the different scenarios and was broadcasted to the school community, encouraging students to rethink their actions when they are in the above scenarios.
- **Pledge of Inclusiveness** In collaboration with the Special Olympics Asia Pacific, a photobooth was set up where students wrote a message and had their photo taken with their message. This activity put this group of people in the forefront, increasing the awareness of the stigma people with special needs face daily.

Through these two activities, students at Delta Senior School learnt to be more respectful and inclusive towards others both in school and in the community.



This category features the best-designed murals, kindness boards or drawings which were put together or designed by the students.

38	Greenwood Primary School
	Hougang Primary School
39	St Margaret's Primary School
	St Stephen's Primary School
40	Xinghua Primary School
	Geylang Methodist School (Secondary)
41	Pioneer Secondary School
	Si Ling Secondary School
42	Yio Chu Kang Secondary School
	APSN - Tanglin School



GREENWOOD PRIMARY SCHOOL (8TH YEAR)



Project "1 of a Kind"

Chai Chang Jie • Zabir Esoof Salehbhai • Nur Batrisyia Hadirah Binti Nor Azli • Hanna Qistina Binte Firaidil Casmine Chung Jiamin • Lhovette Moorthy • Privintha D/O Silvaganapathi • Lian Zheng Kai

Ambassadors wanted pupils to have the mindset that they are capable of bringing about positive behavioral change in the school. Class activities were conducted where pupils learnt about gracious words, quotes of kindness and shared their experiences on kind acts that they carried out. These activity templates were then collated and put up as a display for all to learn from one another. A reflection board was also put up during recess where students could pen down their thoughts on kindness.



HOUGANG PRIMARY SCHOOL (7TH YEAR)



KIND WORDS, Pass it On!

Alexis Lim Xuan + Ang Xi Kai + Caryn Ong Kah Neng + Karen Yafia Addira Lee + Low Ee Xin Bernice Michela Chee Zhi Yu + Nandan Kumaar Janani + Song Jia Le Theophilus

To inculcate courteous behavior among students, the P1-2s designed bookmarks on kind words, the P3-4s penned down acts of kindness they that have done or encountered into a journal. The P5s designed T-shirts that brought out the message of kindness. These items were collected and put on display in the school to remind everyone that they can show kindness by saying kind words or performing kind deeds to the people around them.



ST MARGARET'S PRIMARY SCHOOL (7TH YEAR)



Be Gracious, Pass it On!

Eva Eu En Xian + Viveka d/o Sakthivel Seran + Nicole Tan + Scarlett Sim + Yeong Qin Yeng Seow Emmanuelle + Emma Tan Shi Ya + Allyssa Mae Timms

An art competition was carried out based on the theme of graciousness. Selected pieces of artwork from each level was displayed for everyone to admire during assembly. Ambassadors also posed as models in the publicity posters relating to the theme in different situations to inspire fellow schoolmates to show and spread kindness.



ST STEPHEN'S SCHOOL (7TH YEAR)



Care for Others, Pass it On!

Lee Kyu Min • Zackery Ryan Sani • Aidan Ang Wee Hern • Donavan Yip Wen Xing • Jawdan Idraki Razlan Luke Xavier Cross • Omar Imran Talib • Fawzan Yaasir Bin Abdul Manaf

The objective was to encourage pupils to internalise courtesy, kindness, care and consideration to others. To do this, the lower and upper pupils wrote down caring and kind acts and contributed to The Caring Garden and The Caring Heart Jar respectively. Both activities served as a constant reminder for pupils and teachers to put others before self and to be kind to others voluntarily.



XINGHUA PRIMARY SCHOOL (7TH YEAR)



Graciousness, Pass it On!

Jamie Shu Jie Min • Lim Pei Yi Annika • Suhailah Binte Mohd Sani • Rafiuddin Bin Zaizaki B. Haresh Khanna • Kang En Jia • Maxim Chong Jun Ming

To inculcate graciousness, pupils designed and completed the 'I-Pledge' flowers. The making of 'I-Pledge' flowers encouraged pupils to do random kind acts in different scenarios. Pupils also wrote notes of appreciation for all non-teaching staff to recognise them for their hard work. These flowers and notes of appreciation were displayed around the school for pupils to admire.



GEYLANG METHODIST SCHOOL (SECONDARY) (2ND YEAR)



GEMS' Post Wall

Yang Ke Xin • Aleena Goh Hui Qin • Nur Shahirah Bte Abdul Rahim • Rachel Anne Chew Hsien En Sudhida Rattanasaksiri • Darren Soh Wei Hong • Lai Wei Xin • Lim Zhi Yong

The GEMS Post wall in each class had envelopes with every students' name written on it. Students were encouraged to write an encouraging or appreciation letter to their friends in school and put it into the recipient's envelope. Students were also encouraged to show respect to their teachers through the Kindness Bingo activity where they had to perform at least three kind acts to three different teachers. These activities allowed students to experience the joy of passing their happiness, love and care to others through hand written notes and small gestures.



PIONEER SECONDARY SCHOOL (3RD YEAR)



Smile, Peace and Joy, Pass it On!

Halimah-tus Sa'diah Bte M Y B + Muhammad Fadhil Bin Yusoff + Ng Zhi Kang Javier + Nurhaifaa Izzah Bte Abdul S + Syufian Bin Md Rosli Tharshana Subramaniam + Li Yuanshun + Tam Zhi Ren Ellis + Nur Arinah Bte Jusni + Joy Tan Xin Jie Muhammad Azvzul Bin Mohammad Azhar

mad Azyzul Bin Mohammad Azha

Bright colours and designs are known to create a warm and friendly environment in the school, therefore, the pupils painted tiles that formed the Kindness Wall. An origami session was held during Character and Citizenship (CCE) lessons where students followed step-by-step instructions to fold a heart. Students were encouraged to write encouraging messages to their friends and this was collated and formed into a class mural. These murals symbolised the beauty of kindness and encouraged the school community to pay it forward.



SI LING SECONDARY SCHOOL (7TH YEAR)







Positivity, Pass it On!

Wai Phyo Paing + Ng Jun Wei, Sean + Farhana Bte Mohamed Akbar + Mohamad Danish Danial Khiew Shu Min + Guo Jiayi + Sivaraj s/o Muthukumar

To increase the positive vibes within the school community in their final year, students wrote and designed message cards and posters that conveyed messages of positivity to everyone in school. The cards and posters allowed students to take ownership of being positive and they were put up around school to remind the school community to have a positive outlook at all times.



YIO CHU KANG SECONDARY SCHOOL (6TH YEAR)



Value Others, Pass it On!

Izzul Syahiran bin Muhammed Hassan • Fleury Leroy Jude • Laverne Chea Le Wen • Rebecca Kang Jia Li Ryan Ching Kay Joon • Shervin • Muhammad Fairuz Ahlam Bin Abdul Jalil • Lim Jia Jia

To create an inclusive community, students learnt to appreciate and value those around them. Every student received a card in which they had to write down what they appreciate about the staff in school. These messages were collated and put up onto the Kindness Board at the school foyer to remind the school community to value everyone's contribution to the school and to show their appreciation to them.



APSN - TANGLIN SCHOOL (1ST YEAR)







Be Responsible, Pass it On!

Muhammad Syahrul Bin Sahmad + Muhamad Jamalullail Bin Ramlan + Muhammad Aniq Arash Bin Juhari Mohammad Yusri Bin Bunasir + Mohammad Qabil S/O Mohammad Rafi + Faith Leong Kai Xin + Jazlene Tan

The main aim of this project was to build the leadership qualities of student leaders to help inculcate a sense of responsibility and mindfulness to keep shared spaces clean. Each class designed a poster to instill the importance of toilet cleanliness in school. These posters were put up around school as a reminder to students to take the responsibility in keeping the toilet clean.



This category features schools that used unconventional or unique initiatives to inspire students to understand, internalise and act on different issues.

44	Catholic High School (Primary)
	CHIJ Primary (Toa Payoh)
45	Chongfu School
	Clementi Primary School
46	Elias Park Primary School
	Innova Primary School
47	Sembawang Primary School
	Yio Chu Kang Primary School
48	Yuhua Primary School
	Anderson Secondary School
49	Anglo-Chinese School (International) Singapore
	Chung Cheng High School (Main)
50	Crescent Girls' School
	Hong Kah Secondary School
51	Pasir Ris Crest Secondary School
	St Anthony's Canossian Secondary School
52	United World College of South East Asia

Metta School

CATHOLIC HIGH SCHOOL (PRIMARY) (6TH YEAR)



Respect, Pass it On!

Leom Sheng Rong + Lim Lynus + Teo Zheng Kang + Lim Xuan Wei Damien Douglas Yeo + Chua Kit Jiun + Woo Yee Heng + Liau En Xian

Modelled after Long John Silver's fast food restaurant where satisfied customers could ring the bell to show their appreciation for the service provided, pupils were given smiley stickers to be pasted on the poster next to the canteen stalls. At the end of each purchase, pupils were encouraged to show their gratitude and respect by pasting the sticker onto the poster from the stall that they purchased their food from.



CHIJ PRIMARY (TOA PAYOH) (8TH YEAR)

Kindness Roter Rater Rat	I witnessed <u>Nena</u> (Nome of person) of (P1/P2/P3/P4/P5/P6) <u>Inn</u> (Closs) doing a good deed in school on <u>1./_7./_2016</u> (Date of incident)	I witnessed <u>SOUD NO</u> (Name of person) of (P1/P2/P3/P4(P3P6) <u>MODUIL</u> (Class) doing a good deed in school on <u>US_/OI_ADC</u> (Date of incident)
	Arra buryt le En Ly to be her not	What was her good deed?
	I paid a toward by performing a imitar dead in school. I helped hittery with max may good dead? I helped hittery with her moth workshert.	I paid it forward by performing a similar deed in school. What was my good deed? <u>I gover visity to primority! grd.</u>
	"A simple act of caring creates on	"A simple act of caring creates an

The IJ Kindness, Pass it On!

Irene Chok • Natasha Venderwall Lisa • Cheyenne Chloe Tan • Tan Yun Xuan Haw Yu Heng • Andrea Gracia Andradi • Kelly Tan Shu Min

To encourage pupils to emulate positive behaviour, pupils were given cards that contained two sections. In the first section, they recorded a good deed that they witnessed a fellow schoolmate do. After which, they recorded the details of a similar good deed that they performed in school. Selected entries were displayed on the IJ Kindness Wall of fame as a reminder to pupils that kindness spreads, and that no act of kindness goes unnoticed.

CHONGFU SCHOOL (5TH YEAR)



Kindness, Pass it On!

Tjong Jia Xin • Chee Jing Lei • Kong Chin Wing Kendrick • Gu Jia Qi Angie Toh • Suzanne Bay Zhi Ting • Ting Ze Zhi Isaac • Claudia Chua Pei Tong

To spread awareness of kindness and appreciation in the school, the ambassadors felt that it was important for the students to first define what kindness meant to them. One of the booths held during recess encouraged students to share what kindness meant and how they are able to contribute to a harmonious society. Toilet angels were also made and placed in all toilets to show appreciation to the janitors as well as to serve as a reminder to all to keep the toilets clean.



CLEMENTI PRIMARY SCHOOL (3RD YEAR)



Together We are One, Pass it On!

Ho Zheng Zhan + Careys Woo Yu Cheng + Yip Zhen Ning, Jolene An + Tan Ding Rui Kor Shaojun Austin + Li Jinyi + Sistla Satya Satvik + Ayman Bin Azhar + Ang Xin Ting, Reis + Thiri Htet Htet Aung

In creating a culture of care and unity as a school, pupils from different levels created message cards for the graduating batch of pupils. Each level was responsible for different stages of the production of the cards, such as designing, colouring, and writing of motivational messages. These cards were then distributed to the Primary 6s before their PSLE oral exams, which spurred them on to do their best in the exams.



ELIAS PARK PRIMARY SCHOOL (5TH YEAR)



Do Good, Pass it On! Chua Yue Lin • Nadiah Abdul Manaf • Nunala Carmela Ann Digao • Rheann Chin Le Yu Samyak Jain • Ong Wan Yu • Jethro J Tan

A kindness booth was set up with a range of activities to encourage pupils to do good. For the word search activity, pupils looked for 17 words related to kindness and were encouraged to perform the values found in the word search in their daily lives. For Truth or Dare, pupils chose between answering a question or completing a kindness dare when a task card was picked. Pupils also wrote stories of kind deeds that they have done to contribute to The Kindness Book.

INNOVA PRIMARY SCHOOL (6TH YEAR)



Innova@Heart, Pass it On!

Siti Hasliza Binte Sugimin + Nur Insyirah Binte Razale + Sivakumar Adhav + Oh Yen Ran, Anna Vera Lai Yen See + Chong Yue Xuan Xander + Tan Xin Yi Bess

As a weekly pre-assembly programme, five sessions of forum theatre were staged. Pupils were presented with different scenarios related to innova@work with the heart and hands and this gave them the opportunity to share their views on how the various characters in the skit could act in a manner that display kindness. This activity provided pupils with a glimpse of how values such as discipline, teamwork, adaptability, respect and responsibility could be demonstrated in and beyond the school.



SEMBAWANG PRIMARY SCHOOL (8TH YEAR)



Kind Acts, Pass it On!

Ariane Cheliz Goh • Nazurah Haziqah Binte Mohamad Zuraime • Shawn Khoo • Ashely Nicole Bacsal Mendez Lim Zhi Feng, Gerard • Quek Luck Syang • Erin Elsa • Dibble Cherie Min

The Kindness Mega Trail required pupils to complete at least one act of kindness stated on their card. Upon completion of the task, they would need to tick it off and then nominate a fellow classmate to continue the next kindness task. This activity allowed the pupils to build a culture of care and kindness among their peers as they felt special that they were nominated and able to nominate others to continue the kindness trial.



YIO CHU KANG PRIMARY SCHOOL (6TH YEAR)



Kindness, Pass it On!

Ma Jun Li + Alyea Ellyesha Soekratis + Gadkari Shreya Ninad + Wong Jin Er Bryna Jasper Tan Jun Wei + Tan Xiu Ru + Estores Gillian Federico + Siti Khairunnas Binte Jumali

To educate pupils on how they could show kindness, the ambassadors came up with a Kindness Board Game that allowed students to respond to different scenarios that could potentially happen in and out of school. When students were able to portray kindness and graciousness in their response, they were allowed to move forward in the game. This created awareness within students to think through how they would react graciously to different situations in their daily life.



YUHUA PRIMARY SCHOOL (8TH YEAR)



Kind Words, Pass it On!

Patrick Boris Jacalan Basquinas • Muhammad Nur Hafiy Bin Abdul Malek • Yip Ying Xuan • Harshini D/O Rajakumar Nur Aleeya Zettyra Bte Ahmad Zaki • B Devesh Xavier • Aaron Norhakim Bin Noramin • Tan Yong Jun Eugene

To build a culture of care in Yuhua Primary, pupils were encouraged to use kind words and phrases in their daily conversations. For the 1000 Kind Words (a) Yuhua Challenge, posters and tracker sheets were distributed to every class to track the number of kind words spoken by the pupils for the week. The ambassadors then went around the classes to tabulate the total number of kind words spoken. The results revealed that the school has collectively spoken a total of 33,048 words.



ANDERSON SECONDARY SCHOOL (5TH YEAR)



Care for our Community, Pass it On!

Evy Cho Meng Xuan + Gladys Tan + Nur Liyana Chew + Nur Fiqriya Bte Muhammad Esa Michelle Alyssa Eustacio Reyes + Seah En Jia, Erin

The ambassadors promoted the Motivational Running Tags through skits that portrayed runners with personalised bibs greeting and encouraging fellow runners. Students then customised their race bibs with personalised motivational messages at the activity booths during recess. These bibs were worn during the annual cross-country race to encourage fellow runners who were slowing down to continue moving to the finish line. This served to build a culture of support within the school community.



ANGLO-CHINESE SCHOOL (INTERNATIONAL) SINGAPORE (1ST YEAR)



KIND WORDS, Pass it On!

Chereese Tan • Sarah Darmawan • Fransisca Indrawanputri • Jade Chan Kan Wei Mun • Harith Liew • Tricia Tok

Pass the Parcel challenged students to step out of their comfort zone to interact with schoolmates who they may not know. A task was written on the parcel that involved passing the parcel on to somebody else within the school of a certain description stated on the parcel. Students completed the task by passing on the parcel to someone who fitted the description. The recipient of the parcel had to unwrap the first layer, which revealed another task. The cycle continued until the last person, where the recipient would unwrap the parcel to a congratulatory note and gift.



CHUNG CHENG HIGH SCHOOL (MAIN) (2ND YEAR)



Cyber Wellness, Pass it On!

Yan Ying • Yen Hui • Tiffany • Zeng Qing • Zi Rong • Cheng Yee • Han Kiong • Jieyu • Mo Jia • Kai Yun • Zeng Xi Yunxuan • Sarah • Hao Rui • Jingyi • Raeanne • Rachel • Ethan • Bryan • Yu Tong • Claire • Chuan Guan Joshua • Zong Ting • Jia Lu • Tse Shin Isabel • Kar Lyn • Charis • Lum Wing Chee • Melanie Tan Yixuan

The ambassadors wanted to raise awareness on cyber wellness and to encourage students to be kind online. A doodle board was used to gain insight into what students felt about cyber wellness by encouraging students to pen down their thoughts. To follow up, videos on victims of cyberbullying were broadcasted and Character and Citizenship Educations (CCE) lessons were used for students to recreate scenarios of how social media platforms were misused. Finally, students made pledges to be kind online by designing and creating their own badge.



CRESCENT GIRLS' SCHOOL (8TH YEAR)







Happiness, Pass it On!

Ardelia Isa • Crystal Seow Chuan Ru • Harihara Suthani Pinky D/O R • Harinyvethaa Pandirajan Rae-Anne Ho • Sherina Raissa Fithriyaani • Thirumalai Harinika • Viswanathababu Gurupriya

To create a happier environment in the school by encouraging students to pass on happiness in their daily lives, the Pull-out Tabs challenge was introduced. Posters with tabs were put up around the school and each tab had a task that involved showing kindness to another person written on it. Upon picking out a tab, students had to complete the task. Disconnect to Connect was another initiative where custom made decals were placed on canteen tables that encouraged students to place down their phones to have meaningful conversation without any distraction.



HONG KAH SECONDARY SCHOOL (8TH YEAR)



Appreciation, Pass it On!

Noor Fazeelah D/O Ashraf Ali • Jobelisha • Chay Tian Le Dexter • Tee Yi Qi • Pang Sheng Fen Kang Taehyeok • Sih Hui Wen Rachel • Nora Arfia Farahina Bte Yusri

A Walking Vending Machine was created where each packet of snack or candy would be 'dispensed' together with a kindness quote. Students who made purchases wrote notes of kindness for the next buyer, creating a 'chain of kindness'. All proceeds went to the Hong Kah needy fund. The Maroon Ribbon Project was also carried out. The school community was encouraged to wear the maroon ribbon for a day as a gesture of appreciation and gratitude to the non-teaching staff, teachers and fellow schoolmates.



PASIR RIS CREST SECONDARY SCHOOL (8TH YEAR)



Empathy, Pass it On! Sarah Voon Ru Wei • Lim Guan Ying • Too Ling En, Jerlyn • Lim En Ci Mohamed Khilman B Mohamed Y • Nahla Feisal Baobed

Notes to spread kindness were hidden in the school premises and students had to look for these notes. Upon finding the notes, students redeemed a small gift. They were then encouraged to pass the note along to someone else. This interactive activity was carried out to allow students to realise that performing and passing on acts of kindness could be done in a fun way.



ST ANTHONY'S CANOSSIAN SECONDARY SCHOOL (7TH YEAR)







Altruism, Pass it On!

Cheryl Chong Hui Qing + Khatun Ansura + Chia Jia Qian, Audrey + Janesa Renee Leong Shi Min + Sarah Tan Nian Xin Lucy Maria Beatriz Porras Lauron + Koh Jia Hui + Gan Dorothy Erin Lim + Athena Lee Jia Jin + Pravalikha Sreenivasan Dorado Marecielo Wella Hojilla + Yeoh Wen Qi, Charmaine + Catherine Mary Seet

To get students to be more comfortable with showing kindness to one another, the ambassadors came up with Kindness Missions. This initiative aimed to promote kindness through social media and to demonstrate that no act of kindness is too small. Different missions were announced through Instagram weekly and progress was tracked through hashtags. For each mission, students were to complete the task and upload it onto Instagram with the hashtag #kindnessmission. Each completed mission allowed the individual to accumulate points to determine the champions of kindness in school.

UNITED WORLD COLLEGE OF SOUTH EAST UWCSEA ASIA (1ST YEAR)



RUOK, Pass it On!

Ethan Warren • Shannon Gill • Fleur Amestoy • So-Hyung Cowell • Isabella Lambrou Evelyn Song • Elena Chesser • Yash Mahajan • Tania Gole • Astrid Kowald-Linsley

To promote a greater sense of care among the school community, the ambassadors carried out the activity, Take a Seat & Make a Friend. The ambassadors created two small ball pits and larger balls with prompt questions such as, "Find something you both have in common," and "What languages can you speak?" Students sat in the ball pit with fellow schoolmates and had conversations with each other. This increased interaction among the school community as it encouraged students to make new friends and learn more about their peers.



METTA SCHOOL (1ST YEAR)



Random Acts of Kindness, Pass it On!

Noah Caron Aliff • Beren Gaha • Nur Haidar Haziq • Sunandi Gurung Annie Lim • Keith Teo • Fathu Robian • Farid

To create a culture of kindness towards others within the school and community, students were given pledge cards where they performed the nine activities related to kindness that were stated in the card. During assembly, two questions on kindness were posed and students were encouraged to write, draw or record their responses to the questions. These responses were displayed at the foyer for all to see. Finally, each class held a discussion on acts of kindness that could be performed in and beyond school and role played these acts of kindness.



This category features schools that have the best and most creative initiatives to inculcate gratefulness amongst their students.

54	CHIJ (Kellock)
	Frontier Primary School
55	Pioneer Primary School
	Raffles Girls' Primary School
56	West Spring Primary School
	Chung Cheng High School (Yishun)
57	East View Secondary School
	Fuchun Secondary School
58	Hwa Chong Institution
	Manjusri Secondary School



CHIJ (KELLOCK) (6TH YEAR)



Let's Appreciate, Pass it On!

Koo Kai Lin + Amy Felicity Marsh + Tricia-Ann Tan Shi En + Danielle Lim Yen Qing + Wafeeqa Binte Sulaiman Victoria Faith Koh + Charisse Lee Ka Weng + Noel Kawamura

To show their appreciation to the non-teaching staff, pupils from lower primary wrote messages of appreciation for 'Let's Appreciate,' while the upper primary students took on the role of volunteers to help with the janitor's job through their supervision and guidance for 'A Day With...' Lastly, all pupils were encouraged to write a message and contribute items such as ointment, plasters and drinks to the hampers for the non-teaching staff. Through this experience, students were able to better appreciate what others have done for them.

FRONTIER PRIMARY SCHOOL (3RD YEAR)



Gratitude, Pass it On!

Woon Kai Xuan, Shirley + Bong Wan Hua + Jovita Fam Jia En + Lim En Xuan + Tan Ting Fang Raine + Eyu Jie Ni + Tok Ler En Dayan Nadiah Binte Mohammed Sukor + Chee Tong Yi, Clover + Bun Le Xuan + Lim Yong Wen Russell + Ng Ai Qing, Tricshure

To instill gratitude in the school environment, ambassadors shared gratitude quotes every morning to remind their peers to be grateful for what they have. A gratitude board was created for everyone to express gratitude to others freely. These notes were then collected and distributed to the recepients. Lastly, each pupil was given a gratitude note that encouraged them to think about three positive things about someone else. They were to give the note to the person they thought about and thank them. Through these activities, students were given the opportunity to think about the simple things that made their day and to be thankful for them.



PIONEER PRIMARY SCHOOL (4TH YEAR)



Pioneer, Pass it On!

Nur Insyirah Binte Azmai • Chong Xin Yi • Muhammad Azizi Bin Asman • Muhammad Nur Hakim Bin Abdul Rahmat Wei Leyang Fiona • Khairyna Balqis Binte Suzaini • Ben Goh Jia Jun • See Xiang Jun

To inspire the school community to be appreciative of the people around them, the Pioneer Kindness Radio was set up. This gave the school community the opportunity to make their dedications and appreciation speech during recess. For Let's Pen it Down, pupils wrote encouragement letters and appreciation notes to anyone in school. These notes were put up on the kindness board for display and then taken down and distributed to the recipients. Through these activities, the school community became more inclined to show their appreciation to the people around them.



RAFFLES GIRLS' PRIMARY SCHOOL (8TH YEAR)



Appreciation, Pass it On!

Lim Ying Zi • Ho Xin Ping Julia • Lim Ser Teng Emma • Nailah Zakirah Binte Asrin • Jamie Lim Jia Sin Cheyenne Tan Sze Yi • Saara Katyal • Faith Tan Xin Ning

To encourage pupils to show their appreciation to the non-teaching staff for their hard work, pupils wrote appreciation notes. These notes were put together into a personalised collage and presented to each non-teaching staff on Appreciation Day. To pass on the appreciation to the school community, four students from each class were handed a daisy. These students then passed the daisy on to another person who made their day and the cycle continued. Through these activities, pupils understood that small acts of kindness could go a long way.



WEST SPRING PRIMARY SCHOOL (1ST YEAR)



Kindness, Pass it On!

Hani Arianna Binte Mohd Hafiz • Glynnis Tay Yu Xuan • Goh Jek Kian • Mohamed Ilhan Aqeef • Srinivasan Siddharth Reina Teo Jing Yin • Siivaarajan s/o Nadarajan • Theodate Hong Wei Keyn

To encourage more acts of appreciation being displayed by the pupils, ambassadors took the opportunity to organise a Baking cum Tea Appreciation Reception for the non-teaching staff. Pupils learnt how to bake biscuits and cookies and penned down notes of appreciation and thank-you cards for all the non-teaching staff. Pupils were also encouraged to write their kindness story on a leaf and the leaves were hung onto the Blossoming ET Kindness Tree. Through this campaign, pupils learnt the different ways that they could express their appreciation for the people around them.



CHUNG CHENG HIGH SCHOOL (YISHUN) (4TH YEAR)







Gratitude, Pass it On!

Brandon Sng • Eunice Oh • Sharon Tan • Mohd Akil Ashraff Mohd Roszaini • Kidson Oh Kai Jun • Darren Chiong

To increase awareness of the contribution that the non-teaching staff have made, the students were introduced to the staff during an assembly session and encouraged to write appreciation notes to them. Interviews were also conducted with the non-teaching staff to give students an insight on their challenges and the little things that students could do to make their day. To end the project, the staff were presented with certificates of appreciation and flowers at an appreciation ceremony.



EAST VIEW SECONDARY SCHOOL (5TH YEAR)



Gratitude, Pass it On!

Vaishnavi D/O Sravanan • Ainkhairiani Bte Zakaria • Putri Shazny Hunney • Chan Yan Yee, Denise Hrithie Menon • Lee Teong Hwa • Lee Wen Xin Carrie • Lim Xinyi

For iGift, students wrote appreciation notes to express their appreciation to the non-teaching staff in school. Form teachers were also encouraged to write a postcard to express their appreciation and encouragement to all students in their classes during the examination period for the activity, Post with Love. Students who were spotted performing random acts of kindness had their photographs taken and put up onto the Wall of Appreciation to encourage fellow schoolmates to follow in their example.



FUCHUN SECONDARY SCHOOL (7TH YEAR)



Kindness & Graciousness, Pass it On!

Aggie Choo Min Le • Chua Jing Wen, Rebecca • Liau Yan Xin • Lim Ting Li • Asher Tan Khoo Jun Wei • Lim Yong Feng • Navineshwar S/O Prakash

The focus was to pass kindness in appreciation to others. Students learned how to make origamis and presented it to anyone in the school community. Students also wrote thank you notes to friends, teachers or admin staff. The message came with a packet drink and a call for the recipient to pass the kind act on to someone else. Students were then encouraged to take a photo with the recipient and hashtag #FCSSKM.

HWA CHONG INSTITUTION (2ND YEAR)



 Kindness, Pass it On!

 Tan Wei Lie Eugene • Andre Lim Bu Yun • Joel Wong Hong Kiat • Ong Wee Teck

 Wee Yan Shen • Dylan Kwang Rae Arn • Tan Kai Xuan

In the spirit of showing appreciation to the school's canteen vendors by understanding their dedication and sacrifices in serving the school, a campaign and tribute video that focused on the difficulties faced by them was created. An appreciation board was placed in the school canteen for all students to write words of thanks and appreciation for the canteen vendors. Hand-made gratitude cards containing 'Thank you' messages on post-it pads done by the students were also presented to each of the canteen vendors, together with a photo collage.



MANJUSRI SECONDARY SCHOOL (5TH YEAR)







Appreciation, Pass it On!

Wong Kai Mun Ryan • Ong Kah Min • Lee Xing Ying Amelia • Rena Hay Li Wei Nur 'Atiqah Amirah Binte Mohamad Azman • Tricia Lim Jing Wen • Lee Zi An

Mirror Mirror on the Wall was to raise awareness within the school community that when it comes to the showing appreciation, it starts with the person in the mirror. Frames were designed and pasted on the toilet mirrors. The Angel and Mortal activity was conducted to encourage students to show their appreciation to the non-teaching staff. Classes were assigned a non-teaching staff and designed a mailbox for the staff. Students wrote messages to the staff and dropped it into the mailbox where it was distributed to the recipients.



This category features schools that have gone beyond the campus to make a difference to the larger community.

60	Global Indian International School, Balestier
	Henry Park Primary School
61	Northland Primary School
	Zhonghua Primary School
62	Bishan Park Secondary School

Canossian School

GLOBAL INDIAN INTERNATIONAL SCHOOL, BALESTIER (6TH YEAR)



Radiance, Pass it On! Samar Siddiqui • Karan Puri • Manisha Gopinath • Kalyani Pandey Sidhartha Mehta • Daksh Madhu • Aravind Kota • Atriya Dutta

To spread love and care to the community, the ambassadors invited the elderly residents of Sree Narayana Mission to their school. A series of activities were lined up for the residents. Pupils performed and interacted with them by sharing stories with each other. A donation drive was also held for pupils to donate food, or used toys for those who needed it more. Through these activities, pupils learnt that that it is through giving, that they receive.



HENRY PARK PRIMARY SCHOOL (5TH YEAR)



The Golden Ball of Friendship, Pass it On!

Asher Lai Ka Kit + Alston Yeo Jun Yi + Keevan Nash Ganasen + Mikael Bi Mohammad Taib Tong Sheau Min + Teo Jun Heng + Lee Zi Ying Rayna + Randel Soh Yiheng

The importance of showing care for friends and being nice to people around us was highlighted as the focus of the project. The highlight of the kindness week was the Kindness Bazaar where pupils wrote appreciation notes and took part in the kindness word games. A Social Enterprise stall was also set up to raise funds for psychiatric patients and the underprivileged woman under the wing of Singapore Anglican Community services. This helped raise awareness of the value of other-centeredness among the pupils.



NORTHLAND PRIMARY SCHOOL (6TH YEAR)



Graciousness, Pass it On!

Chong Jia Yan • Jessie Leanne Willet • Lim Feng Dave • Chung Xing Yu • Nursyafawati Bte Norazhar Nur Irdina Bte Abdul Rani • Teo Sheyann • Jaimie Toh Jia Ying

The ambassadors wanted to make performing simple act of kindness the school's second nature. In the month of giving, a donation drive was conducted for the elderly homes. Pupils also went on trips to visit the elderly homes to interact with them in the month of visitation. This allowed the pupils to understand that kindness is not only limited to within the school, but also in the community, brightening the day of others at the same time.



ZHONGHUA PRIMARY SCHOOL (2ND YEAR)







Appreciation, Pass it On!

Ra Hari • Ayn Zuhaira Binte Aman Din • Trisha Raj • Shashwat Anardhanan Foo Ying Qi • Tan Zhi Xuan Daryl • Melanie Lai Xin Yi • Jung Yoochan

To foster a sense of love, care and appreciation for their loved ones, the community and environment, the ambassadors held a booth where the school community donated recyclable items to be sold at the fund-raising activity. Pupils were able to give the items that they bought to their loved ones and at the same time, show care for the environment and the community. The funds raised were then donated to St Luke's Eldercare Centre.



BISHAN PARK SECONDARY SCHOOL (4TH YEAR)



Care for Seniors on the Road, Pass it On!

Nicholas Liow Wei Lun • Lim Wan Ying • Alix Yeo Xuan Hui Tan Jun Hao, Terence • Nicole Torres Orobio

To raise the awareness of road safety for the elderly among students and the public, students went out to the neighbourhood and the Central Business District to garner support for the cause by convincing the members of the public to pledge to look out for the seniors on the road and to assist them when necessary. 800 pledges were collected. Through this activity, students and members of the public are now more observant of the needs of the elderly on the road.



CANOSSIAN SCHOOL (5TH YEAR)



Inspiring Hope and Transforming Lives

Tim Leow Yan Kai • Ong Yi Lin Kristel • Deidre Ng • Teo Jun Wei Mohamad Saahir Bin Sayed Ahmed • Manojoy Majumdar • Carlos Chew Yan Jun • Chandler Lai Yu Qin

To celebrate the school's 60th anniversary, the ambassadors took the opportunity to display the values of sharing and caring with the wider community. Pupils were taught how underprivileged children were living without basic needs and the importance of interacting with the elderly. The lower primary pupils donated colouring materials and designed a colouring book by drawing the outline of pictures for the pupils at Canossa English Medium School in India. The upper primary pupils went on a visit to St Joseph's Home to befriend the elders through songs and interactions.



This category features schools with the best social media entries with the highest reach and viewership.

64	CHIJ St Nicholas Girls' School
	Chong Boon Secondary School
65	Crescent Girls' School
	Manjusri Secondary School
66	Orchid Park Secondary School
	St Anthony's Canossian Secondary School



CHIJ ST NICHOLAS GIRLS' SCHOOL (5TH YEAR)

Photo

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C



Instagram account: @sngs.skm



sngs.skm Spreading kindness and empathy to everyone in school! 6 Q 0 0 0



6 Q \bigcirc 0



CHONG BOON SECONDARY SCHOOL (2ND YEAR)













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QP • 103 likes

#litmom2k16

FOLLOW ...





CRESCENT GIRLS' SCHOOL (8TH YEAR)



Instagram account: @cgsfos2k16





ORCHID PARK SECONDARY SCHOOL (8TH YEAR)



Instagram account: @skm_opss



ST ANTHONY'S CANOSSIAN SECONDARY SCHOOL (7TH YEAR)



Hashtag: #kindnessmission1, #kindnessmission2, #kindnessmission3, #kindnessmission4



ABOUT KINDNESS BADGE AWARD



THE KINDNESS BADGE AWARD 2016

The Kindness Badge is a mark of distinction awarded to students in Uniformed Groups who have completed tasks or projects that promote kindness and graciousness among their peers, within their schools, and to their families and communities. Achieving this badge identifies them as Ambassadors of Kindness. It is awarded by the Singapore Kindness Movement to deserving students who have demonstrated their passion and commitment to fostering a gracious society.



The Bronze Badge scheme introduces students to current affairs related to kindness in the community and design thinking tools in preparation for the Silver and Gold Badge Award Projects.



The Silver Badge is awarded to students who carry out a kindness campaign within their schools.



The Gold Badge is conferred when students extend the reach of their campaign to the community.

ABOUT KINDNESS BADGE AWARD



OBJECTIVES OF THE KINDNESS BADGE

- ★ To encourage uniformed groups to foster a positive sense of community awareness
- ★ To spark waves of kindness in society via little projects by the uniformed groups
- ★ To forge stronger camaraderie between the various uniformed groups

UNIFORMED GROUPS PARTICIPATING IN KINDNESS BADGE AWARD 2016:









NATIONAL CADET CORPS

THE SINGAPORE SCOUT ASSOCIATION

GIRL GUIDES SINGAPORE

ST	JOHN
SINC	GAPORE

GOLD CROSSOVER BADGE

Being kind should not only be limited to the uniformed group that you are in. The Gold Crossover Badge is an initiative to encourage collaboration between different uniformed groups. Qualification requires a minimum of three representatives from Scouts and three representatives from Girl Guides.





KINDNESS BADGE AWARD FEATURED PROJECTS

71	Anglo-Chinese School (Independent)
72	Bartley Secondary School
73	Bedok View Secondary School
74	Compassvale Secondary School
75	East Spring Secondary School

76 Gan Eng Seng School



GOLD

ANGLO-CHINESE SCHOOL (INDEPENDENT)

Goh Jia Jun David • Sourick Paul • Sirjan Singh Bajaj • Christiaan Starke • Gabriel Tan Yew Hui • Phang Yong Xiang Lee Pak Xin Joel • Joshua Amarjeet Magherra • Andrius Wong Jun Long • Shan Valmiki Kunzru • Jag Kevinesh Jega Tan Meng Jin Jeremy • Chen Wei • Vignesh Kathiresan Muttiah • Arnav Goyal • Tham Zhi Wen Winston Hup Jun Jie • T Sakthi Nivas • Kamaraj Thirukumaran • Daniel Peh Yang Yao • Basil Wee Keng Hong Luke Cai Liuquan • Nicolas Chua Tze Hao • Praneet Seenivasaragavan • Sriraman Pritheksh • Matthew Yeo Yong Yew Tyrone Goh Yunrong • D Bharathwaaj • Tan Yih Reng • Tan Wei Jin Hugo • Ezra Eio • Drishtant Chakraborty Caleb Jeremy Long Jisen • David Mow Wen Xiong • Quahe Han Yi, Russel • Andrew Jr Hendrick Lim Jun Jie • Anson Tay Bin Hui Mahesh Devan Shiki Vaahan • Anuj Prasanna Ogale • Brandon Lou Jingjie • Mirza Bin Abdul Razakir • Jethro Mah Jia Jie



Cleaning of Hawker Centers for Users, Being a Gracious Citizen

The teams aimed to create a cleaner environment by cleaning up the hawker centers, being a gracious citizen and making the lives of the cleaners easier. Through this kindness awareness activity, they hope to increase the awareness of the public towards kindness in hawker centres, by encouraging patrons to clear up after themselves after eating.


BARTLEY SECONDARY SCHOOL

Soon Ling Xin Gabrielle • Muhammad Muzzafar Bin Ahmad Arif • Fatin Adriana Mus Mulyadi • Tan Wei Liang Nicholas Cyrus Wong • Suci Wahyuni Bte Seman • Poh Yao Yi • Zahirah Adawiyah Binte Zainal Abidin Wong Rui Hao • Cheng Hui Xian • Mohammad Finhaz • Fathin Hannany Bte Rafie Ho Kim Gei • Kasper Ek Jun Tian • Abdul Hakeem • Enya Yeo Qi • Anthony • Jess Lim Ting Ting



Kindness All Around

To be kind and gracious when taking the public transport, the Kindness Ambassadors from NCC Bartley Secondary School encouraged about 250 commuters to make a promise of giving up their seats to other commuters who are in need of it by signing pledge cards.

Appreciating People Around Us

"Occasionally, there will be times where by the transport systems are bound to have some technical issues but we should not blame the transport operators for it just because we are not able to reach our destinations on time."

To raise empathy and understanding towards the daily job operations of our transport personnel, the NCC cadets from Bartley Secondary School reached out to commuters ranging from working adults, students and senior citizens to encourage them to write down their blessings on small cards towards SMRT personnel. The team went to execute their campaign at shopping malls in the morning and evening to reach out to commuters that take the trains often to write down their blessings.

With this initiative, the team hoped to get the public to look at the perspective of the transport personnel and appreciate them for their efforts, without taking them for granted.



BEDOK VIEW SECONDARY SCHOOL

Valerie Lee • Sarah Abigail Budimulia • Nur Shafiqah Nabila Bte Abdullah • Humaira Bte Phiroze Farheen Ibrahim Shaikh • Nur Fazeela D/O Iqbaldeen • Nadhirah Bte Azman • Nur Ain Bte Muhamad Rashid Choo Chin Hiang • Nur Uzma Bte Hatmin • Quay XinYi • Azlin Shazwani Bte Azhar • Tan Jin Yee



Will People Help?

Under the supervision of their teachers, the cadets conducted a social experiment to find out whether Singaporeans will lend a helping hand towards victims of bullying. The cadets created a scene such by acting as the victim being taunted by a bully. After which, the cadets shared their reaction as to why they decided to help the victim out. It led to a success when two members of the public came out to help the victim even though they did not know the victim. From the experiment, the main lesson learnt is that we should not shy away to help somebody and it is hoped that more people will be influenced and inspired by the team's experiment and step forward the next time they see someone in need.



COMPASSVALE SECONDARY SCHOOL

Choo Zhe Jun, Darren • Nurul Hudah Bte Mohamed Ismail • Chan Tang Rui • Rachana D/O Chandrakanthan Dawson LeeWee Kiat • Joel Ng Wei Jie • Lee Wan Hong • Muhammad Azfar Bin Mohamed Hafiz Lim Jun Hui • Lim Jun Xuan • Abdul Wafiy Bin Salleh • Cheong Huan Feng • Heng Seng Hong, Royston Low Jia Rong Melvin • Mok Dong Wei Ryan • Chew ZhiXian • Jordan Chan Kai Cheng • Ngoo Jun Hong Seah Zhang Wei, Lionel • Vickerson Voon Wen Wei • Brandon Tan Yee Rey • Foo Han • Koh Chiek Jun Lim James • Low Hao Yuan • Soh Jun Jie • Marsya Dhabitah • Adelle Choo Hui Ying See Jun Wei, Glen • Woo Yong Ting



Origami Project

Through this origami project, students aimed to spread kindness through origamis that they have folded. Each person was given two origamis. One for themselves, and the other for the person that they would like to thank. The booth was set up at Sengkang Community Centre, for the public to collect their origamis. Through such an activity, kindness was spread around the community.

Pledge Taking Activity

A booth was set up at the Sengkang Community Centre for the public to write down their ideas on how they can contribute to a better and more gracious society by sharing the kind deeds which they have done before. By sharing their ideas, an origami was given to them. The team decided to do a pledge along with this activity so as to continue passing on kindness in the community.

Video on Kindness

The project revolved around getting the people around to step in to help when someone is bullied or verbally abused. Through this, it allowed everyone to learn that anyone can decide to help a victim and do an act of kindness. Do not be a bystander, step up to help someone in need.

74



EAST SPRING SECONDARY SCHOOL

Jose Chow Yi • Lau Jun Hao • Toi Xin Ying • Stanley Pek Jun Lin • Daniel Poh Shi Yang • Yeo Cai Teng Stephanie Munifah Dhaniyah Binte Kamarudin • Eng Keqing • Tiffany Ng Li Kim • Arfan Bin Rohaizan • Wayne Chin Lee Rui Tong • Tiew Chu Qin • Fatriz Hafeez Bin Saifulbahry • Muhammad Raziq Bin Mohamed S Koh Jing Yan • He Liying • Cheong Shi Ying, Tesia • Tiffany Ng Li Kim Poh Jess Yee • Tyrone Tiang Jin Shen • Zhang Xinhao



Roses of Kindness

Roses were folded by the team members during their weekly scout meeting. The paper rose and kind words brought joy to others as it was given out to members of the public in the community to spread kindness to everyone, regardless of age, gender or nationality.

Give Your Clothes a Second Life!

The aim of this project was to give back to society and portray acts of kindness by helping the less fortunate. The team members went around collecting clothes from the residents in the blocks around their school. The residents were all very participative and the turnout was astounding. The clothes were then donated to the Red Salvation Army for distribution to the less-privileged families. Through this project, the team members learnt about the importance of communication and teamwork and it was also through this collective effort, that they hope the public would realise that even the littlest things leave the biggest impact on others, and by donating their old clothes, they have a sense of willingness to help others more and be charitable.





GAN ENG SENG SCHOOL

Ariharan Shankar • Gabriel Ho Zhi Hui • Ong Jia Xuan Kelly • Walwyn Lee Zhiyu • Avelyn Lai Shi Ying Nicky Ho Kin Hou • Priscilla Lium Si Yao • Nusrat Sultana Binte Mohd Iqbal



Cyber Wellness

The main intention of this project was to show how being kind online is as important as being kind in real life. A school booth was set up to reach out to the students through activities like the photo booth and information board to display what the campaign was about. The students also held a booth at Scape. Sunflowers were given to the public as a token for visiting the booth. Students walked around the vicinity to get the public to sign on the cards to pledge to spread the word of safety in cyber wellness.

WRITE FOR KINDNESS

ABOUT WRITE FOR KINDNESS



ABOUT WRITE FOR KINDNESS

Write for Kindness, a national story-writing competition organised by the Singapore Kindness Movement (SKM) is a platform for secondary school, junior college and centralised institute students to promote kindness to preschoolers by creating age-appropriate and culturally relevant children's stories through creative writing and illustration.

The theme for Write for Kindness 2016 is Pay it Forward.



THE OBJECTIVES OF THIS COMPETITION ARE TO PROMOTE:

- ★ The value of kindness through stories to pre-school children
- ★ The importance of stories as a mean to positively impact pre-schoolers in their character development
- ★ Story-writing as a creative mean of expressing cultural values for youths
- ★ Teamwork among youths as they complete a story as a group for pre-schoolers

ENTRIES GRADED ACCORDING TO:

- ★ Clarity of the Message
- Relevance to target audience
- * Language
- ★ Creativity and originality







Nido and the Ants

Tran Nguyen Bao Long • How Boon Sim, Kersandra • Charlene Legaspi Vergara Nur Alyssa Bte Mohamed Aizam • Nurzalikha Bte Mohamed Reza

Synopsis:

It was Nido's birthday but he forgot to invite the ant family. Everything was going well until Nido carelessly fell down into a river. Would Nido be safe?



1ST RUNNER-UP: CHIJ SECONDARY (TOA PAYOH)



Molly & Kat

Annmarie Therese Lim Si Ting • Cheryl Lee Jiayu • Erin Sarah Neubronner • Ji Xinyi • Leah Mary John

Synopsis:

Molly is just like any other seven-year old girl, but one day, she began to wonder what is so special about her. Together with her stuffed toy, Kat, she sets off on a journey to find what makes her different.

As she goes along, she interacts with many people, and little did she know, she touches each of their lives in a very special way.

Join Molly on her trip, and you too can find out what being special truly is!

80



2ND RUNNER-UP: NANYANG GIRLS' HIGH SCHOOL



The Colours of Kindness

Chua Ke Ying Mylene • Elizabeth Wong Pei Yi • Kong Siu Yun, Grace • Raeann Lee • Sonia Teo Xhyn

Synopsis:

Long ago, Singapore was sad, unkind and had no colours...

However, colours soon started appearing everywhere! Read to find out why!



SINGAPORE WRITERS FESTIVAL

SWF For Families (SWF³)

Children & Young Adults





@sgwritersfest

The Write Stuff for the Write Audience



THE ALL IN! YOUNG WRITERS FESTIVAL IS AN ANNUAL GATHERING FOR ASPIRING WRITERS BETWEEN THE AGES OF 13 AND 25.



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Join the hearts at the corner of the books with your friends to form a flower!