

FRIEND of



# FRIEND OF SINGA. WRITE FOR KINDNESS & KINDNESS BADGE **AWARDS 2017**

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# ABOUT SINGAPORE KINDNESS MOVEMENT

## SINGAPORE KINDNESS MOVEMENT

Kindness is in everyone. The Singapore Kindness Movement (SKM) wants to encourage everyone to start, show and share kindness. We aspire to inspire graciousness one kind act at a time. By sparing a thought for the people around us, we hope to create a gracious society, and make life better for you and me.

#### **MISSION**

To help build a gracious Singapore, the Singapore Kindness Movement aims to encourage the individual to internalise courtesy, kindness and consideration.

**Our mission statement is**: To inspire graciousness through spontaneous acts of kindness, making life more pleasant for everyone.

#### **OBJECTIVES OF SKM**

- To encourage all Singaporeans to be kind and considerate.
- To create public awareness of acts of kindness.
- To influence and raise the standards of behaviour and responsibility.

#### CONNECT

The Kindness Gallery

61 Stamford Road #01-08 Stamford Court Singapore 178892

- kindness.sg kindsville.kindsness.sg fos.kindness.sg
- f facebook.com/kindness.sg
- 🥑 @KindnessSG
- ☑ @KindnessSG
- You Tube youtube.com/kindnessSG

# SCHOOL PROGRAMMES

## **SCHOOL PROGRAMMES 2017**

Character education is at the core of Singapore Kindness Movement's school programmes. This year, we explored the concept of kindness with the attitude of "it's up to us," as a collective kindness.

Our school programmes range from assembly sessions, outreach projects and animation series, to downloadable teaching resources and funding for kindness initiatives. For more detailed information on the programmes, please visit Kindness.sg or kindsville.kindness.sg

### **TOGETHER, LET'S MITE KINDNESS BY**

- **M** Modelling kindness in our speech and action
- I Inspiring others by example
- T Transmitting kindness at all times
- E Empowering others to act kindly by encouraging and celebrating simple kind acts

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# ABOUT FRIEND OF SINGA 2017

### FRIEND OF SINGA AWARD 2017

The Friend of Singa is currently in its 27th year running and it continues to promote the essential values of selflessness and love behind the kind acts of young, caring individuals.

Since its revamp in 2009, all participating teams have to complete a kindness project within their school community over a five-month period. These projects should create an impact within the school community and leave meaningful effects on the students' behaviours.

Friend of Singa has moved away from merit-based awards to one that focuses on sustained participation from schools. To help kick-start these projects, the Singapore Kindness Movement funds up to \$150 per project.

The theme for Friend of Singa 2017 is "Kindness, it's up to us."

## AN OVERVIEW OF THE FRIEND OF SINGA PROGRAMME

Each school selects up to nine students for the programme.

All participants attend a half-day workshop in February. The workshop equips students and teachers with design thinking, project management and public speaking skills.

The students then identify areas where they feel that social graces are lacking in their respective schools and come up with a creative solution to address the problem. They have up to five months to complete the project.

#### **DID YOU KNOW?**

We have a total of **166** schools taking part in FOS 2017!

Here's the breakdown:

Primary Schools: 102

Secondary Schools: 56

Special Education Schools: 8

We have **9** new schools taking part for the first time!

# FRIEND OF SINGA 2018

## TAKE PART IN FRIEND OF SINGA 2018! HERE'S THE THEME:

## , MAKE A DIFFERENCE!"



Registration will begin on **17 November 2017.** Log on to **kindness.sg/fos2018** or **kindsville.kindness.sg** for information updates! Workshops will be held in February 2018.

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# INTRODUCTION TO FEATURED CATEGORIES

## **INTRODUCTION TO CATEGORIES**

The programme is now based on sustained participation; therefore, schools are now categorised by the number of years of their participation. Accordingly, the projects are now categorised as:

- Most all-rounded projects
- Most inspiring social etiquette initiatives
- Best murals and design
- Most interesting initiatives and challenges
- Best appreciation initiatives
- Most heart-warming community service projects
- Most interesting social media initiatives

The projects submitted this year continue to impress. Most of them were integrated and multifaceted, involving various groups within the school community, including parent support groups, to achieve greater impact and sustainable engagement.





This category features schools that have projects with the most well-planned report, best execution and highest quality of reach.

10	Angsana Primary School
11	Casuarina Primary School
12	Edgefield Primary School
13	St. Stephen's School
14	Temasek Primary School
15	Xinmin Primary School
16	Global Indian International School, East Coast (Secondary)
17	Nan Hua High School
18	St. Margaret's Secondary School
19	Yuvabharathi International School (Secondary)
20	Cerebral Palsy Alliance Singapore School
21	MINDS - Lee Kong Chian Gardens School
22	MINDS - Woodlands Gardens School



## ANGSANA PRIMARY SCHOOL (1ST YEAR )



#### BUILDING A CULTURE OF GRATITUDE AND KINDNESS IN ANGSANA

Aaron Jacob • Andrea Nur Samara Binte Amran • Lee Ming Xuan • Nuha Alia Binte Jaabir Abdul Khaaliq Jolene Chua Wen Sin • Pedranza Alexa Gwyneth Dela Cruz • Chen Tongyu Kulsoom Sherazee • Jayden Hor Zhi Cheng

With the theme, Kindness. It's Up to Us, several activities were planned:

- Let's be Grateful Students shared what they are thankful for and wrote appreciation notes on kindness shields.
- Thank You, My Friend Students shared greetings using different languages and participated in fun activities such as memory games. These games provided students with ideas on how to show care and concern to their friends.
- 3. A Month of Kindness Students celebrated Warmhearted Wednesday, Terrific Thursday and Feel Good Friday. They wrote positive messages for each other on post-it notes. Students thanked their parents by making appreciation notes in shapes of flowers and ties. The ambassadors performed a skit and told stories on kindness in the library during recesses. To end the month of kindness, students were given a 40-day Kindness Gratitude Journal. Upon completion, students were given a Super Kindness Captain keychain badge.
- 4. I Appreciate You, My Beloved Teacher Handmade coasters were given to teachers and students wrote appreciation notes at a Shout Out! station during recess.

Practicing kindness is not a one-off thing. Through these activities, students were constantly reminded to be kind to each other.



## CASUARINA PRIMARY SCHOOL (9TH YEAR)



#### KINDNESS IS UP TO YOU AND ME!

Nair Anastacia Diamante • Iqlimiyyah Binte Mohamed Mardani • Ryian Afiq Bin Asraruddin Oh Yao-En Keane • Nurul Farah Nisrina Binte Hamzah • Insyira Putri Muhammad Shaiful Koh Jian Jie (Ewan) • Ethel Toh Enxian

**iValue Fridays** were dedicated to share about kindness and values through slides, videos and songs. Each class was given a **selflessness chart** which allowed students to record selfless acts they had done or received.

During **International Friendship Day**, students wrote appreciation notes for their international friends. The school security guard went the extra mile to rally more students to pen down their messages.

Six activities were held during the Kindness Day @ CAPS:

- 1. Students were encouraged to tear and carry out a **strip of kind act**, then pass the strip to another friend to continue the act of kindness.
- 2. Students received a complimentary bottle of Vitagen when they practiced **STEPS** [Smile, Thank you, Excuse me, Please and Sorry].
- 3. Upon completion of a kindness mission card, students dropped the cards into a submission box.
- 4. An interactive corner with kindness related puzzles and ipad games was a hit with the students.
- 5. In collaboration with the library, books related to kindness were displayed at a kindness corner.
- 6. All students made **appreciation cards** for their family (Primary 1 & 2), friends (Primary 3 & 4) and penned their wishes for a kinder Singapore (Primary 5 & 6).

It was humbling to see everyone including non-teaching staff and parent volunteers participate in this project. As the saying goes, **Kindness is Up to You and Me**!



## EDGEFIELD PRIMARY SCHOOL (9TH YEAR)



#### DON'T BE A BYSTANDER, BE AN UPSTANDER!

Sanjay Senthilnathan • Chew Hui En Celeste • Shazani Danish Bi<mark>n Saiful Adli</mark> Aishah Binte Iskandar • Ng Peh Yee • Magen Ooi Xin Hui • Garnaik Arnav

To celebrate kindness and to inspire the school community to express gratitude to each other, several activities were conducted:

- "Fruit of Kindness" Cards and Voices from the heart Students and teachers expressed their gratitude for others by writing notes on the cards. FOS ambassadors and teachers shared interesting stories with positive values and read selected "Fruits of Kindness" cards during morning assembly.
- CCE/MT Lessons Students were introduced to the four traits of an Upstander: Be a buddy; Interrupt; Speak out and Tell someone. Students made badges, quote kindness which were displayed at the Kindness Galleria.
- Kindness Week FOS ambassadors and parent volunteers conducted a myriad of activities such as "Smile for Kindness" photo booth, "E-Kindness" Singa online games, "Bloom for Kindness" flower origami and "Doodle for Kindness" comic strip making. These activities encouraged students to appreciate each other.
- **Kindness Begins with Me Badge** Red "Kindness Begins with Me" badges were worn by students who demonstrated and led others in doing kind acts. This symbolic badge gave students recognition as leaders of character.

These activities showed students the significance of passing on kindness in school and to the community.



## ST. STEPHEN'S SCHOOL (8TH YEAR)



#### A TERM FILLED WITH RIPPLES OF KINDNESS!

Christopher William Begbie • Nikhil Arora • Gojshaan Dev Rajandran • Teo Cheng Feng Elden Dhevakar Nitharsaan • Syed Seth Alsree • Ilyas Bin Yazid • Liam Alastier Issac Liden Ong Wey Chun

This campaign focused on continuous visual and verbal reminders on kindness such as:

- 1. Story Cubbies Sharing SINGA Ambassadors shared inspiring stories on kindness in four sessions.
- Superheroes, Act on it! Students acted like "superheroes" who saved the day by recording their
  responses to situations such as witnessing an accident or meeting a child who is lost in a mall.
- Recess Activities Students played cooperative games and wrote thank you cards for each other. Students who joined in the activities got to interact with new friends from other classes and levels.
- Hi-5 Our Way to Kindness! Students recorded kind acts others had done for them on the fingers of a Hi-5 Palm Card. This provided a platform for students to pay the kind act forward.
- CCE classroom activity: Making ASEAN Friends Students learnt greetings in different languages and researched on traditional costumes worn by different ASEAN countries. Through this, students realised that knowledge is the key to fostering respect for others.
- 6. **Staff: Kindness Daisy** Staff wrote appreciation notes for their colleagues and wrote kind acts they have received on post-it shaped petals. Gerberas were given to staff as a token of appreciation.

As a closure to the project, the inspirational story of Hannah Taylor who homed the homeless was shared to encourage students that they can make a difference, no matter how young they are.



## TEMASEK PRIMARY SCHOOL (8TH YEAR)



#### **KINDNESS BEGINS WITH ME!**

Grace Jualianne Hartawan • A'ishah Dunne Binte Tariq Muhammad Dunne • Amanda Tan Wen Xi Punjabi Shiven Rajesh • Ang Le Xuan Lezanne • Wang Yihua • Ryan Verano Johan Koh Hui Qing Andria • Nabilah Binte Abdul Razak

Three activities were conducted during the Kindness Week. Students pledged to kindness by writing on leaf cut-outs, designed kindness keychains using shrink art and participated in the Kindness Bucket Challenge by doing kind acts. Students wrote appreciation notes for non-teaching staff and personally thanked the staff when they presented the cards.

In Term 3, students tidied their classrooms. Staff attendants rated the level of cleanliness and rewarded the class with star stickers. Students also took responsibility to clean the school canteen after recess each week.

For every 500 steps the P3 and P4 pupils climbed in the 3M Step-Up Challenge, 3M sponsored a household product to a family in need from the South East District. The PE Department planned a Walk For A Cause and Skip For A Cause with sponsorship from staff, parents and students. Through these activities, the older students learnt to take care of the younger students.

Students participated in various Service Learning Projects. Primary 1 students committed to doing at least 3 household chores a week, Primary 2 students adopted areas to keep the school clean, Primary 3 students participated in 3R projects, and Primary 4, 5 and 6 students donated food items to Food from the Heart, children's home and Lions Home for the Elders respectively.

Through this project, students learnt kindness is a choice they can make intentionally.



## XINMIN PRIMARY SCHOOL (8TH YEAR)



#### LET'S DO IT AS A CLASS!

Lew Yee Jiun • Muhd Abu Bakar • Yi Haotian • Jude Gabio Jaiden • Peh Zheng Da • Wong Jing • Isaiah Jerome • Jeslyn Chim Ning Xin

Two assembly talks were conducted to rally students to participate in this project which aimed to create a kinder classroom.

Students wrote notes about how they showed kindness in class and how they experienced kindness from fellow classmates. These notes were displayed on a Character Tree. A FOS board was set up in the canteen which promoted the latest mini-projects by the FOS ambassadors. Students were encouraged to participate in the Secret Agent Missions and read kindness blogs.

Pegs were given as token of appreciation for the school's fund raising drive. Students were encouraged to give these pegs to their new classmates.

The school celebrated International Friendship Day. There were games with different languages such as Burmese, Thai, Tagalog, Vietnamese, Khmer, Malay and Indonesian to say "Hello". Students matched country flags to the greetings and read them aloud.

Students wrote kind acts which happened in their class on a cut-out petal. These petals were joined to form a clover which were assembled into a display structure placed near the FOS board.

Through these activities, students are now more aware of how kindness is able to play a part in fostering better relationships within the classroom and school.



## GLOBAL INDIAN INTERNATIONAL SCHOOL, EAST COAST (SECONDARY) (5TH YEAR)



#### **KINDNESS IS UP TO US!**

Avani Solapurkar • Hemang Shankar • Keerthana Sreenath • Nihitha Sunil Ojas Kulkarni • Pritika Aggarwal • Saher Kazi • Shraddha Praveen Yagnesh Sivaramakrishnan • Yukta Sareen

A wide array of activities were organised to spread kindness in the school and the community:

- Kindness Chain and Stories from the Heart Students and teaching staff joined strips of paper with kindness messages to form a kindness chain. Grade 8 to 10 students wrote personal stories of kindness to inspire others to be kind.
- Kindness Competitions Grade 7 students designed kindness posters while Grade 8-10 students created moving and inspirational short videos evoking the spirit of kindness from the viewers. These competitions allowed students to express and share ideas on the value of kindness.
- Good luck charms and new buddies Grade 10 students were given Good Luck Charms wishing them success for their upcoming examinations. Goodie bags and welcome notes were given to new students to create a friendly and amicable feeling among the current and new students. New students were also invited for lunch with the FOS ambassadors.
- Celebrating birthdays of janitors Students expressed their gratitude to the school janitors by celebrating their birthdays.

These activities made students realise that kindness is contagious and once you start, there is no stopping to it.

## NAN HUA HIGH SCHOOL (3RD YEAR)



#### K.I.N.D-NESS STARTS FROM YOU AND ME!

Ng Xin Yi • Anastasia Ng • Ng Li Xin • Marabelle Wong Wenmin Germaine Tan Chin Yee • Lim Nguyen Hui Min Winnie • Tay Sze Han, Kennard Wang Jing Ying, Clara

This project aimed to encourage positive well-being in school via:

- K: Keep a Lookout (for those around us)
- I: Initiate Conversations
- N: No Negativity / Never Give Up
- D: Do the Right Thing

Students were given a platform to express their gratitude to all teaching and non-teaching staff via an appreciation board placed outside the General Office. During CARE Week, students took a Wellness Quiz with scores that showed their current level of well-being. FOS ambassadors and CARE champions provided advice on how to enhance the students' well-being.

Two sessions of Makan & Mingle were conducted at the start of the day. Students and form teachers were encouraged to bring healthy food from home to share with their classmates. These sessions emphasised the importance of having a hearty breakfast each morning. FOS ambassadors prepared apples and milo for staff to help start their day right.

Students invited their family members and friends along for a movie screening session during "Nan Hua Family Picnic Under the Stars". The purpose of this event was to allow students to bond with their family and friends.

Healthy fruits, snacks and goodie bags were given to O-Level students during the night study programme. The FOS ambassadors worked closely with the school's student councillors to provide a wider range of support and encouragement.



## ST. MARGARET'S SECONDARY SCHOOL (9TH YEAR)



#### KINDNESS, IT'S UP TO US!

Gayathri D/O Ganesan • Alyssa Png Kai Wen • Michelle Magdalene Trisoeranto Chew Qinying Elizabeth • Keara Yeo Yue Qi • Jemima Phua • Yeo Yen Ning, Alethea Denise Ong Sze Enn • Nerissa Ng Zi Ning

Pre-project survey results showed that the majority of the students were willing to help each other, but do not put sufficient effort to spend time with students outside their social circles. Hence, this project aimed to create a more inclusive school community and to boost self-confidence of students who felt left out. Three activities were implemented:

- 1. **Mannequin Challenge** Students were encouraged to take videos of themselves "freezing" while doing kind acts. Winning videos were shown during morning assembly and the winning classes received a goodie bag. Through the Mannequin Challenge, students were encouraged to perform simple acts of kindness to brighten up someone's day.
- Cheery Cranes Secondary 1 to 3 students showed support for their seniors who were preparing for national examinations by folding paper cranes and writing encouragement notes. The FOS ambassadors hung the paper cranes and notes between the pillars in the school canteen.
- 3. **Pay It Forward** Students posted photos of a kind act on Instagram and tagged another student to do that kind act. This activity is still on-going to gather more response from the student population. Through this activity, students learnt that it did not take much effort to show kindness to someone else.



#### YUVABHARATHI INTERNATIONAL SCHOOL (SECONDARY) (1ST YEAR)



#### WAVE OF KINDNESS

Advaith Girish • Akshitha Rajesh • Sivakumar Divyadarshini Kalva Sai Lokesh • Arunsankar Srutilayaa • Joseph Charles Fernandes Varshini Srinithi Senthilkumar • Sudhakar Rajarajeswari Varnika • Kota Shresta

As part of the 'Wave of Kindness' mission at Yuvabharathi International School(YBIS), students made bookmarks and paper hearts with kindness messages. Parents, teachers, students and helpers also wrote cheerful messages on the Act of Kindness Wall.

Through street plays, students from YBIS collaborated with Jurong Secondary School to show kindness to others. Students raised public awareness about keeping public premises clean and being vigilant through banners and pluck cards during the Sports Day Celebration of YBIS at Choa Chu Kang Stadium. Students also visited Gardens By the Bay with the elderly where they made colourful rangoli patterns together. In September, students gave thank you cards to public transport workers as a symbol of appreciation.

The five-month kindness wave at YBIS culminated in a grand exhibition showcasing the artwork of the students. Through these activities, students learnt to be grateful and to appreciate the good things in their lives.



#### CEREBRAL PALSY ALLIANCE SINGAPORE SCHOOL (1ST YEAR)



#### **KINDNESS BEGINS WITH ME**

Ng Thiam Hock Thomas • Linus Chong Zai Ping • Muhammad Firhad Bin Azhar Sng Yew Suan Samuel • Gan Sun Ling • Nagtalon John Alfred Ramos • Rachael Lum Yuan Ting Rajkiran s/o Parienan • Jerryl Ong Zi Wei • Muhammad Sufi Zulfan Bin Yusri

Students from the functional programme showed kindness to their peers from the high support programme, who are slightly more physically and cognitively challenged, through four main activities:

- 1. **Pass On The Kindness Bag** Students from functional and high support programmes drew and exchanged kindness cards with each other. These cards were then displayed on a "Kindness Board" which was read and shared with the whole school.
- Creative Kindness Competition Students from both programmes were paired and worked together to colour, paint and paste pictures showing acts of kindness. The best 3 teams were given prizes.
- 3. Assembly Programme Classes from both programmes shared kindness messages through presentations, stories and performances during school assembly in Term 2 & 3. This provided an opportunity for the whole school to interact. It allowed the students to interact and showcase their creativity.
- 4. **Kindness Begins With Me** Each day, students from the senior functional classes helped to push fellow students on wheelchairs from the bus bay to the hall for assembly and from the hall to their classrooms. They also prepared simple food items, such as cookies, noodles and sandwiches, with their assigned buddy classes in the high support programme.

The activities were well received from all students who are now more confident to help each other.

#### MINDS - LEE KONG CHIAN GARDENS SCHOOL (4TH YEAR)



#### TAKE TIME TO BE KIND, IT'S UP TO US!

Muhd Daniel Bin Abdullah • Nurul Nadia Shazlinda • Beatrice Kwek Yu En Sarah Chong Junan • Glennis Chen Wen Ting • Mohamed Aimi Bin Hamini Leane Paula Jatulan • Tan Jun Jie • Zechariah Jeremiah

Every student made **kindness posters** to kick-start the kindness movement. A **kindness song and dance** was performed by student ambassadors and selected students to launch the kindness project in the school.

The students embarked on a wide range of activities to show kindness to parents, caregivers, the less fortunate, elderly and unsung heroes in the school. Activities include making flowers for Parents Appreciation day; donating and sorting food items to Food Bank Singapore; visiting Indus Moral Care and Pacific Activity Centre to interact with the residents; distributing "Welcome Back to School Pack" to bring a smile to students and staff after the June holidays; giving handmade thank you cards to school cleaners, admin staff and security guards and interviewing them to understand how to make their work more pleasant.

**Kindness Awards** were given to students who have been exemplary and consistent in showing kindness. As a ground-up movement, students were encouraged to write the name of a person who had performed a kind act on a star. These stars were displayed on a bulletin board as a visual encouragement to be kind.

A **closing ceremony** was held in the school hall decorated with kind words and vibrant colours. Every class performed a kindness skit. Though the project has ended, the school will continue to encourage and influence acts of kindness.

## MINDS - WOODLANDS GARDENS SCHOOL (3RD YEAR)



#### KINDNESS, IT'S UP TO US!

Muhammad Izdihar Bin Suhaimi • Kiara Shane G Castillo • Muhammad Badrul Hafyz Bin Harun Shania Kate Sison Monsalve • Taufiq Bin Mohamed Rahim • Ang Wei Jie Nur Adira Bte Apandi • Jeremin Chan Zhi Rong • Chua Jia Ju<mark>n Emeth</mark>

During **Kindness Month**, Mother Teresa was featured in the assembly programme as a role model of kindness. There was also a **Mother Teresa Poster Campaign** to help the school learn more about the works of kindness done by Mother Teresa.

Parents and teachers took candid shots of students who did kind acts at home or in school. These photos were displayed in school and students that were featured received a certificate of kindness. A Poster Competition was held based on the theme "Kindness, it's up to us!"

Students participated in a **BINGO Kindness Game** for two weeks. Each student was given a BINGO Card according to their level of ability. Examples of task include: say thank you; hold the door for others; greet someone; give a compliment.

As a holistic approach, the theme was also incorporated into the curriculum and lesson plan so that the values could be taught in greater detail, as well as be generalised into other areas.

This project has given the students the opportunity to strengthen graciousness through spontaneous acts of kindness, courtesy, consideration and respect; making life more pleasant for everyone.



This category features schools with projects that focused on a specific social etiquette in school, inspiring everyone to make a change.

24	Alexandra Primary School
25	Coral Primary School
26	First Toa Payoh Primary School
27	Global Indian International School, Queenstown (Primary)
28	MacPherson Primary School
29	Anderson Secondary School
30	Orchid Park Secondary School
31	Ping Yi Secondary School
32	Raffles Girls' School
33	Stamford American International School
34	APSN Delta Senior School
35	Canossian School
36	MINDS- Towner Gardens School



## ALEXANDRA PRIMARY SCHOOL (2ND YEAR)



#### SEND KIND MESSAGES AROUND!

Ng Rui Xue • Tan Xin Ning • Lim Caleb • Andika Yap Trisulo • Yip Ruo Yao • Emmanuel Lim Tze Yong Yong Yi Ting, Victoria • Ethan Gareth Su-Fernando • Khoo Shu Yuan

This project aimed to strengthen a culture of love amongst members of the school community via the use of "Super Words," which is a list of kind and polite words. Four main activities were conducted:

Assembly Talks - Students were taught how to use kind words in different settings such as the canteen, classroom, home, through videos and short skits. Posters were placed in all classrooms as a visual reminder.

Kindness Day SG – Origami Hearts and Photos/Video Station - During recess, students folded origami hearts and penned down messages using "Super Words". These hearts were presented to their loved ones.

A Kindness Photo/Video booth with props was set up to allow students to advocate for kindness. Students proclaimed slogans such as "Kindness starts with me" and "We are kind and nice Alexandrians".

**Kindness Poster Design Competition** - Students designed posters which promoted the use of "Super Words" and kind acts in school. The posters were displayed around the school to remind students to be kind and polite to each other.

Kindness Mailbox and Kindness Star - Every student wrote an appreciation note for their peers using a Kindness Star message card and posted them into the Kindness Mailbox. These cards were collected and displayed in the canteen. Thereafter, the Kindness Ambassadors delivered the Kindness Stars to the recipients.

Through these activities, students understood the importance of communicating with one another politely and in a positive manner.



## CORAL PRIMARY SCHOOL (4TH YEAR)



#### KINDNESS, IT'S UP TO US!

 Tan En Xi Ericia
 Patrick Eng Chee Hong
 Putri Arfah Nabilah Bte Mohd Rizal

 Muhammad Azdar Haziq Bin Effendy
 • Akimi Goh Hai Qi
 • Yunji Lim

 Cortel Jillian Erin Gaudia
 • Asiff Khan Bin Amir Khan

This project aimed to encourage Coralites to appreciate staff members who serve the school behind the scenes. The FOS ambassadors interviewed individual non-teaching staff on how they would like to be addressed. They presented their findings at a morning assembly and introduced the names of each non-teaching staff. To reinforce the names of the non-teaching staff, a game booth was set up during recess.

After learning the non-teaching staff's names, Coralites were encouraged to show their appreciation by making 'Thank You' cards. Students also folded origami hearts to complement the cards. These cards were then organised and framed before being presented to the various individuals.

The non-teaching staff enjoyed a performance by the Choir members who composed a kindness song with guidance from the music teachers. The Art Club prepared props used for the performance while the Red Cross played a part in the performance as well.

After this project, there was an increase in the number of students greeting the non-teaching staff and being appreciative to them.



# FIRST TOA PAYOH PRIMARY SCHOOL (9TH YEAR)



#### **KINDNESS IN ACTION!**

Shafika Gurung • Muhammad Ikmal Bin Hazlan • Yoh Chyi Hern • Danossini Chandramohgan Chen Yu Han • Nalangan Elizer Don Dato • Muhammad Aqeel Bin Muhammad Fairus Moses Balynzhenko Santosa • Loh Kai Qi Gabrielle

The objective of this project was to encourage students to be respectful and gracious to the school attendants and to keep the toilets clean.

**Appreciation for school attendants:** A kindness board and booth was set up in the canteen for students to appreciate the school attendants. Photographs and names of the attendants were displayed on the board to encourage students to write and deliver personal messages for the attendants. Messages without specific recipients were pasted on the kindness board.

All the attendants were invited on stage and the FOS ambassadors presented thank you cards and gift packs for them. After the presentation, the entire school thanked the attendants in choral.

Due to this project, many students are now able to recognise the school attendants by name and are more appreciative of their efforts to keep the school clean.

**Keeping toilets clean:** Primary 1 to 3 students participated in a poster colouring competition while the Primary 4 to 6 students had a poster design competition relating to keeping the toilets clean. Selected posters were pasted in common toilets to promote good toilet etiquette.

Video skits on toilet etiquette was shown during pre-assemblies. This video will be shown whenever required to continually remind students to keep the toilets clean.



## GLOBAL INDIAN INTERNATIONAL SCHOOL, QUEENSTOWN (PRIMARY) (9TH YEAR)







#### **"GENEROSITY" – IT'S UP TO US**

Keya Dase • Niharika Acharya • Aryan Kumar • Nishant Patil • Iraj Pal Hitha Sachin Kumar • Sarojini Roy

This project inspired all students to bring about positive changes in making the school a happier and peaceful place.

**Garden of Generosity** was done to reinforce the importance of generosity. A display board showed the names of the students who showed generosity to their peers and staff. Students were acknowledged with a "Giver Badge" prepared by the FOS ambassadors. This inspired others to do the same.

Students made kindness posters with the slogans "Give even an onion, graciously", "Scatter with one hand; gather with two" and "The more you give, the more comes back to you". These posters were showcased on the display board.

FOS ambassadors performed a skit which reminded students that being generous makes one happy and satisfied. During the short break, students generously distributed cupcakes to their peers.

Lastly, students wrote thank you notes to teachers, school helpers and bus drivers to show their gratitude and love.

Indeed, generosity is giving more than you can, and pride is taking less than you need.



## MACPHERSON PRIMARY SCHOOL (7TH YEAR)



#### SHOWING KINDNESS THE MPS WAY

Ng Yun Nie • Chloe Tan Zhi Ying • Goh Kai Xin • Han Meng • Muhammad Syafiq Bin Mohamed Zamri

This project adopted the theme of "How full is your bucket?". Students were encouraged to fill their buckets according to the days of the week:

- Motivation Monday: Have you motivated someone today?
- Terrific Choice Tuesday: Have you made the choice to say a kind word today?
- Warm-hearted Wednesday: Have you warmed anyone's heart today?
- Thumbs Up Thursday: Have you done a kind act for Thumbs Up Thursday?
- Feel Good Friday: What have you done to make yourself feel good today?

Students participated in Kindness Week activities such as spinning a Kindness Wheel and performing the kind acts listed; making a Kindness Bucket using a paper cup; playing a Kindness Game; taking post-its from the Kindness Wall and doing acts of kindness listed on those post-its, and completing crossword puzzles.

The FOS ambassadors created a video to showcase staff's daily tasks to allow students to appreciate their roles better. Every class made an appreciation gift to thank a staff member which was then presented on Staff Appreciation Day. For the entire year, Primary 3 to 6 students took turns to clean the canteen for 10 minutes according to a planned schedule.

Through this project, students were taught to be "bucket-fillers" of kindness.



## ANDERSON SECONDARY SCHOOL (6TH YEAR)



#### **KINGO (KINDNESS ON THE GO)**

Alicia Tung Shi Ru • Brenda Ho Jing Xuan • Cheryl Chew • Lee Jia Xin • Lin Ziyin • T Tania • Tan Qian Wei • Teo Tze Huee, Ronan • Toh Sze Min • Veronica Pablico Landig

This project aimed to encourage random small acts of kindness in the school and promote the "payingit-forward" movement.

The ambassadors performed a short skit during morning assembly to promote this project. KINGO cards were given to every student and they had one month to complete the tasks on the cards. KINGO is based on the simple BINGO game concept. When the student displayed an act of kindness, he/she would earn a signature. A collective row of signatures earned translated to class points, which would be computed towards the school's challenge shield.

Through this project, students benefited from receiving kind acts and paying it forward. Overall, KINGO was a success. There are plans to increase the number of good deed squares for the KINGO cards to make it more challenging for the students.



## ORCHID PARK SECONDARY SCHOOL (9TH YEAR)



#### KINDNESS IN CYBERSPACE, IT'S UP TO US

Tan Yuyun Gladys • Kleine Cebal Tee • Nah Ying Qi • Siti Nur Hajar Binte Erwan • Chloe Yee Ling Teck Tan Mei Jie • Charmaine Sharlina Bte Mohd Hairy • Boslyn Chin Wei Xuan

To reach out to a wider audience, this project is split into four different activities:

- 'Cyber Know or Not' was a survey to find out more about students' awareness of cyber wellness in the school. The survey findings reflected that most student had some knowledge about Cyber Wellness but many did not know how to react when cyberbullying occurs.
- An assembly talk, titled 'Keyboard Warriors Aren't Tough' was conducted to educate students
  on how to react during cyberbullying incidences, such as WhatsApp messaging harassment. A
  booth and social media campaign called 'cyber lt-stagram' was held to raise awareness of cyber
  wellness. There were game stations and a heart-shaped pledging station. To create awareness of
  the project, a hashtag (#OPCW17) was created for students to tag themselves.
- A **'Cyber Postal Competition**' was a compulsory inter-class competition for students to design an anti-cyber bullying poster. The winning posters were displayed in the school for future anticyberbullying campaigns.

Through this project, students gained insights on cyber wellness and how to react when cyberbullying occurs.

## PING YI SECONDARY SCHOOL (6TH YEAR)



#### **EVERYONE IS SPECIAL!**

Bashirah Uzma Bte Ashraf Ali • Fitri Andini Bte Mohd Zain • Wong Hui Ting Muhd Nur Aiman Bin Mohd Noor • Amanda Ong Yii Woon • Hemalatha D/O Letchemanan Muhammad Hyder Tan • Yeo Hong Feng

The aim of the project was to raise awareness of the struggles that students with special needs in the school faced.

A booth was set up to create awareness of three special conditions in the school: dyslexia, autism and attention deficit hyperactivity disorder. A talk was held in the hall to announce the project during morning assembly and flyers on how to be a better friend were given out to every class.

The flyer and a display booth during recess provided information on the three conditions, its symptoms and struggles students with the conditions faced in learning. There was a quiz to evaluate students' understanding of the information displayed.

Lastly, students were given a SPECIAL (Support, Praise, Encourage, Care, Important, Acceptance and Loyal) laminated bookmark to encourage students to write pledges to be a better friend especially to those with special needs.

Through these activities, instead of sympathising with those with special needs, students learnt to empathise with their struggles by being better friends with them.

pingu



## RAFFLES GIRLS' SCHOOL (9TH YEAR)



# KINDNESS, IT STARTS WITH ME! Lee En Jia Chloe • Sarah Bte Shahrin • Goh Cherie • Charmaine Tay Jia Hui • Ee Ying Qi

Lok Suet Min Sarah • Renee Wee Yong Hui • Lee Kyu Min

This project was a 4-month progression that started with self-care, caring for peers, caring for staff and lastly, empowerment to pay it forward:

- Kindness is appreciating yourself Students were given positivity journals which consisted of a daily checklist and reflections for self-care activities such as getting adequate rest. A video showing simple steps to achieve self-care was played during recess and lunch breaks and an infographic exhibition on self-care was displayed at the canteen. Students penned down positive notes on post-its and pasted it on a board.
- 2. **Kindness is supporting our friends** Students made care packages for their friends during Kindness Week. They danced to a FOS Workout which included a hug and high-fives.
- 3. **Kindness is acknowledging everyone for their efforts** The FOS ambassadors posted regular updates on Instagram about non-teaching staff who shared what they liked about the RGS students and what they could do to make their jobs easier. Most of them were thankful that students and staff made it a point to greet and thank them in school.
- 4. **Kindness is paying it forward** A mini-carnival was held with food, games, a photobooth and a song request booth. This carnival provided an opportunity for students to pay it forward by raising funds for the new campus.

Through these activities, students understood that kindness can be to everyone and that it is also important to remember to be kind to oneself.



#### STAMFORD AMERICAN INTERNATIONAL SCHOOL (1ST YEAR)

#### CONVERSATION STARTERS

What is one book that you think everyone your age should read?

How long was the longest fligh you've ever been on?

Where is your favourite place ir e world?





#### **BUILDING COMMUNITY**

Madeline Pfaff • McGuire Conley • Amelia Watkins • Khiri Chumtong • Jackson Stewart Victoria Vind • Steve Molchanov

As an international school with continuous enrolment, it is common for new students to join midsemester. These transitions are difficult for new students who have to cope with moving to a new country and school. Hence, this project aimed to make the first few days at school for all new students a little better and more welcoming.

There were two main activities for this project:

**Come Sit With Us!** - The school cafeteria was identified as a stressful part of the day for new students as it could be large and overwhelming. "Come Sit With Us" table signs helped students identify friendly spaces to sit where students would be welcomed into the group. Some conversation starters were included in the signs to help students know each other.

**Hi! I can help!** - The Positivity Project is a student-led group who runs a buddy program for new students to the school. Using their existing logo and colours, the FOS ambassadors designed welcoming stickers for students who were willing to help as a friendly welcoming buddy. These stickers were a hit and has since been used during parent evenings, weekend colleague events and other school activities.

The table signs are now located permanently in the student cafeteria. Both activities will be conducted again during periods of high transition.



## APSN DELTA SENIOR SCHOOL (3RD YEAR)



#### SOARING WITH KINDNESS

Wong Keen Liong • Priyadashani D/O JeyaBalan • Ang De Long • Beh Jian Kai • Mohamad Azni Bin Zaini Ng Shi Qun • Sitimazidora Binte Mazlan • Muhammad Ashraf Bin Muhammad Azwan Cheah Poh Ying, Amanda • Timothy Leong Wei Yi • Siti Nurhamizah Binte Hamzah • Khor Wei Young Ng Yang Kai • Samantha Koh Huan Qi • Tan Xi Heng

The Kindness Ambassadors hoped to encourage their schoolmates to write notes of encouragement for each other as they noticed many students with low self-esteem. They performed a musical skit which highlighted the importance of being kind and shared their idea of writing positive messages on origami paper butterflies. The butterfly was chosen as it symbolises endurance, hope and transformation.

With the help of their teachers, the Kindness Ambassadors set up a booth at the school's foyer to facilitate the butterfly-making activity during lunch break. They modelled the steps and helped students who needed additional help to fold the butterflies. They also reminded students to write an encouraging note on the back of the paper. The paper butterflies were displayed in an artwork during the school's Youth Month celebrations.

This project was a success as it garnered a lot of attention from the students and teachers. Some of the students took the initiative to make the butterflies at home or during their break time. They also continued creating the butterflies even though the project has ended.



## CANOSSIAN SCHOOL (6TH YEAR)



#### SWEETNESS

Ang Jia Yi Ingrid • Kok How Yong Isaac • Gan Zhi Yi • Tian Jun Weng Kyler Ammar Hakim Bin Dzulkhibry • Manojoy Majumdar • Muhammad Danish Bin Idris Rhea Aqilah D/O Nur Hirwan • Tan Yong Kang Lucas

Two activities were conducted for students to appreciate the school staff. The Primary 4 students decorated a **Chair of Sweetness** and gave massages an appreciation for their teachers. The Primary 3 students made a **Box of Sweetness** for schoolmates to pen down kindness letters for the school staff. These letters were handed in person to the recipients at the end of the Kindness Week. Some of the staff shared that they were pleasantly surprised and felt affirmed of their work.

A **Kindness Zone** was set up for students to draw or write their thoughts and testimonies on kindness. Waterproof materials such as plastic kites, table cloths and transparencies were used as the kindness zone was subjected to the outdoors. Students wrote letters to thank their friends or teachers for their kindness. They then gave the letter in person to the recipient as an act of sincerity and appreciation.

Overall, this kindness project has heightened the awareness of showing kindness among members of the school community.

# MOST INSPIRING SOCIAL ETIQUETTE INITIATIVES

## MINDS- TOWNER GARDENS SCHOOL (4TH YEAR)

hinds



#### TOGETHER, WE WILL GROW OUR KINDNESS TREE!

Mohd Shahmeer Bin Mohd Rafiq • Lim Jing Yi • Zhuo Zhengyang, Alvin • Wee Gek Ling Sheena Nurul Yunishara Binte Suderman • Ahmad Izzuddin Bin Ahmad Buhari Goh Guo Ren Shawn • Nur Ain Bte Muhammad Jeffri

"Together we grow our kindness tree" project focused on three values – Respect, Care and Responsibility. These values are taught and reinforced during assembly talks and weekly CCE lessons. Targeted behaviours were highlighted for two groups of students:

Value	Junior/ Special Levels	Senior Level
Respect	Greetings and polite words	Correct greetings for different relationships
		Keep social distance when conversing
Care	Share and use gentle touch	Compliment othe <mark>rs</mark>
Responsibility	Perform rostered duties, take care of own belongings and clean up after snack time	Return tray at food court, report fire and bully

When students exhibited the targeted behaviours, he/she would receive a compliment card in the shapes of leaves, flowers and apples to "grow" a clump. At the end of the month, the clumps were collected and placed on the Kindness Tree on the notice board.

Every alternate day, the ambassadors held placards as a reminder for students and teachers on the targeted behaviours. Students participated in simple quizzes and were given a token for the correct answers. This encouraged students to talk about what they have learnt in class.

As a closure to the project, an award ceremony was held to reward students who displ<mark>ayed th</mark>e targeted behaviours. In total 151 awards were given: 11 Ms/Mr Respect; 11 Ms/ Mr Responsible and 129 Caring Badges.



This category features the best-designed murals, kindness boards or drawings which were put together or designed by the students.

38	Ang Mo Kio Primary School
	Bedok Green Primary School
39	Compassvale Primary School
	Huamin Primary School
40	Maha Bodhi School
	Qifa Primary School
41	Shuqun Primary School
	Xingnan Primary School
42	Yuhua Primary School
	Methodist Girls' School
43	Paya Lebar Methodist Girls' School (Secondary)
	School of Science and Technology, Singapore

# ANG MO KIO PRIMARY

## ANG MO KIO PRIMARY SCHOOL (7TH YEAR)



#### **KINDNESS, IT'S UP TO US**

Ng Yu Hng • Maria Theresa • Lim Sher Min • Zhang Tia<mark>nyu • Si</mark>ti Nur Aini Binte Rasani Tharini D/O Ramesh • Khoo Yan Zhen • Kalimuthu Sundarraj Bavasuryan

Veenath Kumar S/O Anbarasan

Students were given white envelopes to make individual letter boxes which were pinned onto the class noticeboards. Some classes opted to do a class mailbox instead which were placed outside the classroom. Once a week, the form class teacher allocated 5 minutes for the class to write messages (either a thank you note, an encouragement or a praise) to each other. Students then placed their kindness messages into the letterboxes or the class mailbox. Students felt encouraged, valued and respected when they received messages from their peers.



## BEDOK GREEN PRIMARY SCHOOL (9TH YEAR)



#### KINDNESS @ BGPS, IT'S UP TO US! Lim Yan Ning, Alicia • Tan En • Chua Kai Lin, Alyssa • Lee <mark>Xiang Lin</mark>

Lim Yixin Shanice • Afiq Anaqi Bin Ramlan • Muhammad Zikry Bin Muhammad Hairi • Ding Yu Xin

A candy house filled with 'sweet treats' was set up to signify kind acts done by staff and students. Staff and students were given notes of appreciation in confectionery templates to pen down thank-you notes to another person in school. Primary 1 to 5 classes formed a mural on their classroom doors using the confectionery templates. To reinforce the message of kindness, FOS ambassadors put up a 3D candy house school display to remind the school population of the campaign activities.



## COMPASSVALE PRIMARY SCHOOL (9TH YEAR)



#### **OUR INVISIBLE HEROES**

Teo Yi Ting • Pradeep Thangavelu • Feng Yi Shan (Lisa) • Hillary Megan Haryanto Mohammed Ilmi Bin Saherly • Wayne Quah • Khyati Padhy • Ismira Bte Ismail

FOS ambassadors designed posters with photos of the non-teaching staff, how they helped the school and how students can show gratitude to them. The team also came up with riddles pertaining to the job scope of these non-teaching staff for their peers to guess. Every class was given a 'thank you' card to pen down messages of appreciation to an assigned non-teaching staff. Teachers contributed food items and wrapped hampers for the non-teaching staff. These hampers were given out together with the thank you cards on the eve of National Day.



Huamin Primary School

HUAMIN PRIMARY SCHOOL (2ND YEAR)



#### CLEANING UP BEGINS WITH ME! Nur Alysha Binte Abdullah • Karen Lor Khai Mun • Kathleen Koh • Ardini Qistina Binte Muhamad Ikram Ng Cheng Yu • Ayuni Qiyanah Binte Muhamad Ikram • Vyan Lai Jin Yi

To show appreciation for the school cleaners, students were reminded of the shared responsibility to keep the school clean. During recess, students made pledges on how they could keep the school clean at the Kindness Video Booth. Students folded origami hearts and wrote thank-you messages for the cleaners. These hearts were collected and made into a "daisy" flower card for the cleaners. After the kindness week, a photo montage was shown to mark students' involvement and to honour the cleaners for their efforts.



## MAHA BODHI SCHOOL (7TH YEAR)



#### SHARING IS CARING

Koh Li Xin • Low Shay Yuan Josh • Ashley Tan Ying Jie • Deng Huigan • Yeo Wen Xuan, Charlene Chong Si Ting Ariel • Lai Zhi Yi Arin • Neo Le Yang • Darrius Wong

Students were encouraged to engage in small acts of kindness by contributing towards the setting up and sharing of their pre-loved books at a Reading Corner. The Reading Corner also showcased Happy Rainbow Cards in which students expressed their appreciation for others. The FOS ambassadors will continue to engage students in activities that encourage small acts of kindness at the corner. These includes writing notes of appreciation to be put up on the Happy Rainbow Board, making Kindness Bookmarks for people who may need it for their books and signing up as volunteers to take care of the Reading Corner.



## QIFA PRIMARY SCHOOL (7TH YEAR)



#### **BEE-LIEVE IN YOURSELF AND EMBARK ON A KINDNESS TRAIL!**

Denise Lim Ru Xuan • Dilys Lim Yi Ling • Lim E-En • Zoey Toh Sin Nee • Lim Xin Yi Karena Pothakamuri Srivayas • Chua Wei Ting Nicole • Cherie Khoo Wei Ling • Khairin Insyirah Binte Badrul Hisham

On kNOw Cleaners' Day, the school cleaners were shown appreciation by having a day off from cleaning while students cleaned their own classrooms. The school cleaners were also presented with handpainted cactus mugs as a token of appreciation during the school assembly. On Kindness Day, students wrote appreciation notes for each other on leaves and yellow post-its. These were used to decorate the Kindness Tree and bee trails which signified an unBEELievable year of leaving a kindness trail.



## SHUQUN PRIMARY SCHOOL (8TH YEAR)



**KINDNESS, PASS IT ON!** 

Ashlynn Goh • Yang Yan • Ravi Giriprasath • Liew Enxi • Peh Jia Yi • Aishwarya Meenakshi Sundram Shen Xuan Yu • Ashley Chung Wen Ern

Students made a pledge to be kind to their peers, staff and parents. These pledges were displayed on a Kindness Mural. FOS ambassadors taught students how to make origami hearts for others who had shown kindness. Students decorated a gerbera daisy which symbolised appreciation. These daisies were displayed on the Kindness Mural. Through this project, students showed appreciation more often that it became second nature for them to do this.



#### XINGNAN PRIMARY SCHOOL (3ND YEAR)



#### KINDNESS WEEK @ XINGNAN PRIMARY

Chloe Tan Xiu Ying • Jordan Chiam Cheng Jun • Selvakumar Srinivadharshan • Sivamuthu Nihidha Varshni Preethi Vasudev • Xavier Lim Choon Kai • Muhammed Fazlur Rahuman Bin Abdul Hamed Tan Shi Yuan Shermain • Chua Jia Ying Isabelle • Muhammed Irfan Hilmi Bin Mohammed Zairi

Students expressed their creativity through making thank-you cards and colouring on heart-shaped mandalas. These were displayed on the notice board in the canteen. In conjunction with Xingnan's 85th anniversary, the entire school carried out 85 kind acts that engaged the community and benefited the less privileged. A fund-raising programme was conducted. Paper strips were given for every dollar contributed. The contributor would fold it into a paper star and drop it into bottles suspended from an art installation named "Tree of Stars". The installation stands proudly in the school foyer, reminding all to spare a thought for those in the community.



## YUHUA PRIMARY SCHOOL (9TH YEAR)



#### CANTEEN CLEANLINESS

Alwiyah Binte Mohamad Isnin • Mya Natra Binte Muhammad Faizal • Ong Kah Meng • Lu Renyi Baskar Aakash • Patrick Boris Jacalan Basquinas • Yip Ying Xuan • Muhammad Nur Hafiy Bin Khairul Sham Harshiini D/O Rajakumar

Catch-You-Doing-Right Kindness cards were given to affirm any kind acts by pupils who helped improve the cleanliness of the canteen. A total of 10 different cards, designed by Art Club members, were given out with one new design revealed per day to encourage students to consistently do kind acts every day to collect all 10 cards. The Catch-You-Doing-Right Kindness cards were well-received by majority of the pupils, especially those from the lower primary, as well as the school leaders and teachers. The canteen cleaners were thankful that canteen cleanliness have improved a lot after the activity.



### METHODIST GIRLS' SCHOOL (1ST YEAR)



#### CAN WE BUILD A GARDEN WITH KINDNESS?

Ang Sze Wei, Jolene • Melanie Tan Yong En

#### #MGSblessings Interactive Kindness Mural

The collaborative nature of this project reinforced the importance of a whole-school approach in creating a culture of kindness, contributed by each person's efforts to build a loving MGS community. In creating this large-scale mural, no paintbrushes were used. Instead, each participant placed their thumbprint or fingerprint on the mural.



#### PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY) (7TH YEAR)







#### PL KINDNESS FORTNIGHT

Chloe Sau • Kong Yan Yu Charmaine • Yap Jing Yi Nadia • Shirley Shamini Ramesh • Amanda Au Yu En Koh Shihui • Shanon Law Ler Xuan • Azra Shaman • Jen Shi En Alicia

Students wrote thank you notes on a chalkboard wall for non-teaching staff. As there were many groups of non-teaching staff, there were designated days for specific groups, namely the bookshop and printing aunties, security guards and canteen vendors. A photo of the chalkboard wall was taken after school. These photos were printed and pasted on a picture frame which were passed to the respective groups of people as tokens of appreciation.



#### SCHOOL OF SCIENCE AND TECHNOLOGY, SINGAPORE (7TH YEAR)



#### KINDNESS@SST

Tan Fang Ting Valerie • Ling Si Qi Kendra • Heng Jun Huei • Ean Kai Lew • Lynn Myat Moe Aung Perry Ying Chai • Oh Jun Rong • Gabriel Yap Yong Kang

To put a smile on members of the SST community, FOS ambassadors did a surprise Kindness Bear Attack. They hid in strategic locations and surprised others with balloons, a bear and a photo frame. Photos and videos were taken and compiled into a video. The FOS ambassadors then collected sticky notes about students' views on kindness. These notes were compiled into a giant mural in the shape of a pair of wings where students could take pictures against the mural. These notes showed no matter how big or small the kind act was, it all contributed to bringing a smile to others.



This category features schools that used unconventional or unique initiatives to inspire students to understand, internalise and act on different issues.

45	CHIJ (Katong) Primary Chongfu School
46	Clementi Primary School Global Indian International School, East Coast (Primary)
47	Haig Girls' School Holy Innocents' Primary School
48	Jiemin Primary School NPS International School (Primary)
49	Paya Lebar Methodist Girls' School (Primary) Poi Ching School
50	Princess Elizabeth Primary School Punggol Green Primary School
51	Yio Chu Kang Primary School Christ Church Secondary School
52	Global Indian International School, Queenstown (Secondary) Hong Kah Secondary School
53	Jurongville Secondary School Madrasah Al-Ma'arif Al-Islamiah (Secondary)



## CHIJ (KATONG) PRIMARY (2ND YEAR)



#### I DARE YOU TO...

S R Sarrvani • Amber Dachlan • Ambika Menon • Caitlin Rose Simon • Adapa Ishwarya Cheryl Koh Rui En • Chong Rui Ting Shayna • Megan Wong Shi Jie • Vera Lau Lixin

Students and teachers embarked on a school-wide 'dare' to show appreciation to the non-teaching staff. The primary 1 & 2 students' dare was to create cards for school cleaners. Primary 3 & 4 students were dared to hold conversations with the general office staff while the Primary 5 & 6 students' dare was to do something nice for canteen vendors and security guards. Teachers were dared to have a meal with the non-teaching staff. The whole project was organic and authentic as it was up to each class to decide how and when they would like to accomplish the dare.



## CHONGFU SCHOOL (6TH YEAR)



KINDNESS, IT'S UP TO US! Chong Ling Luo Zeris • Siah Xin Jie • Colleen Tan Lok Suan • Shannice Lim Shan Yi • Zachary Lim Zayhan Tang • Chloe Lim Wen Ying • Ada Ting • Ignatius Toh

This project aimed to promote good canteen etiquette. A short forum theatre skit on the dos and don'ts at the canteen was shown. There were pauses at every wrong scenario and students were asked to explain what was wrong and to demonstrate what is the right thing to do. During recess, Kindness Angels rewarded students who practiced good canteen etiquette with a kindness badge. Students made personalised thank you notes for the canteen vendors to show their appreciation. Through these little actions, students are now more aware of their efforts to practise kindness in their daily deeds.



## CLEMENTI PRIMARY SCHOOL (4TH YEAR)



#### **BE A RAINBOW IN SOMEONE ELSE'S CLOUD**

Nur Syarafyna Bte Roslee • Ho Roon Xu • Ariana Binte Iskandar Meirza • Izni Natasya Binte Abdullah Karel Tee Yue Zhen • Kevin Heng Wei Jian • Kelly Tan Xin Hui • Konduri Shreyas

• Reza Zone Fernandez Ngan • Lucas Chua Wei Jun

Kindness tokens engraved with the words "I was caught being good" were given to classes, school leaders and school key personnel. Students and staff passed the tokens to any Clementians (students, teachers, non-teaching staff) who were caught doing kind acts. The kindness tokens were being passed around for a month and these moments were captured using Padlet. Through this project, Clementians became more caring towards everyone and not only to their circle of friends.



#### GLOBAL INDIAN INTERNATIONAL SCHOOL, EAST COAST (PRIMARY) (6TH YEAR)



KINDNESS – IT'S UP TO ME! Neeti Upadhye • Rishil Tatavarthi • Laavanya Karthi • Shourya Chawla • Sundhar Triya Harshini Sriya Murugan • Yashovat Nandan

Students learnt how to compliment others instead of pointing out what they didn't like. They made "Compli-mats" where they wrote positive messages for each other. These mats were laminated and used as a placemat during meal time. Class 3 and 4 students lighted up their classrooms with compliment notes written on light bulb templates. These were stringed and displayed in the classroom. Students also wrote kindness quotes on fabric. These decrated fabrics were stitched together to make a beautiful guilt and was displayed on the notice board. These activities brought joy to the whole school.

## HAIG GIRLS' SCHOOL (9TH YEAR)



#### SOWING THE KINDNESS SEEDS – PASS IT ON

Valerie Goh Jia Hui • Siow Rei Tze Rachel • Chahak Agrawal • Zara Akbar • Shria Ramesh

Yashica Manesh Moolchandani • Clarice Tan Bi Yu • Tiani Rusli

Mariya Zahra binte Zaini • Hannah Lee Ler Ying

Thirty specific kind acts were printed on "pass-on-the-kind-acts" cards. After doing one kind act on the card, students and staff crossed the thumbs-up behind the card to show which kind act was completed. They then passed the card to another person to do the same. When all thumbs-up were crossed out, the cards were returned to the Kindness Ambassadors. This activity aimed to make kind acts explicit and easy to do. When the cards were passed from one person to another, it created a 'ripple' effect of kind acts.



HAIG GIRLS' SCHOOL

## HOLY INNOCENTS' PRIMARY SCHOOL (7TH YEAR)



#### **KINDNESS, IT STARTS WITH ME!**

Angelica Chua Ying Xuan • Lim Young Ming Sean Emmanuel • Christopher Lee Yik Jun • Ong Jing Yi Jurgen Lim Hui En, Audrey • Kung Zhi Yi • Jaedon Goh Zhi Kai • Jaden Chan Jia Jun • Mak Wei Qi

Students participated in a "Kindness Secret Angel" activity where they secretly passed appreciation notes to teachers, non-teaching staff and peers. The kind gesture and words written on their post-it notes brought a positive vibe as it put a smile on the recipients' faces. Primary 5 students competed in a Mannequin Challenge to raise awareness of kindness and inculcate gracious behaviour amongst their peers through simple acts of kindness such as helping others. Each class came out with a Mannequin Challenge video and the videos were uploaded onto the Instagram account, @hips\_fos2017.



## JIEMIN PRIMARY SCHOOL (9TH YEAR)



#### KINDNESS @ JPS, PASS IT ON!

Wong Jing En • Rajab Mohamed Najeeba Banu • Chung Teck Po • Nur Kurnia Esperanza Binte Zulkifli Koh Poh Boon Javier • Liew En Xue • Tan Le Xuan Klarrisa • Wong Jovan

Every fortnight, kindness ambassadors sold vegetables grown in the school garden to raise funds for students on the financial assistance scheme. The ambassadors also embarked on a bully-free campaign using exhibition panels and fun games. The games were Ping Pong Toss; where students answered questions corresponding to the cups which the ball landed, fixing a kindness puzzle, fishing for kind adjectives and knocking down unkind acts on bottles with a soft ball.



## NPS INTERNATIONAL SCHOOL (PRIMARY) (4TH YEAR)



KINDNESS - IT'S UP TO ME! Abiya Syed • Paalvi Tadwalkar • Manya Jauhari • Pratham Somani • Divij Haralalka • Parishi Jain Ivannah Jacob • Atreyi Roy • Rishi Ramesh • Vidyut Rajesh

Using the tagline "Know Safety, No Pain!" students were asked to be gracious pedestrians and students by taking precaution at pedestrian crossings, on the school bus and along the corridors. The FOS ambassadors encouraged students to follow directional arrows to avoid collision or congestion along stairways, to be mindful of their noise level along corridors, to queue up during dismissal time while waiting for the buses and to buckle up inside the school bus. Through these initiatives, students were able to stay happy, harmonious and secure in the school and in public.



#### PAYA LEBAR METHODIST GIRLS' SCHOOL (PRIMARY) (7TH YEAR)



#### HEARTS OF THE INVISIBLE

Ariel Lim Hui-En • Sen Chan Chi-E • Valerie Tan • Praksheeta Kuppusamy • Steffi Yeo • Ally Candra Jolee Lim Jia Xi • Tok Rui Qi Rachelle

This project aimed to increase students' appreciation and reduce dependence on the Operation Support Officers (OSO). FOS ambassadors interviewed OSOs about their work and shared these findings during assembly. A poem/jingle writing and performance contest was launched with the focus on saying, "thank you" to them. Selected poems were translated into mandarin and made into thank you cards. Students also folded origami hearts and 3D stars for them. On Shalom Day, these gifts were presented and contest participants recited their poems for the OSOs. These activities allowed students to understand the importance of showing gratitude and the ways that they could do it.



#### POI CHING SCHOOL (2ND YEAR)



 CLEAN PLATES AND BRIGHT SPOTS

 Wei Jiaying, Cheery
 • Tang Sher Qi, Estrella F • Chang Si En • Chua Xin Yi Elise
 • Elston Tan Jun Yang

 Elysia Koh Xuna En • Nathan Tan Kai En

FOS ambassadors and Scouts ran the "A Good Deed A Day" initiative by encouraging peers to order what's just enough, to cut down spillage on tables and floors and to clear plates after their meals. Pins were given to students who demonstrated these acts. The FOS ambassadors and PS students swept the canteen and cleared the tables every Monday, Tuesday and Thursday after recess. These actions had made it easier for the cleaning staff, kept out pests and created a more pleasant canteen.



## PRINCESS ELIZABETH PRIMARY SCHOOL (7TH YEAR)



#### KINDNESS, IT'S UP TO ME!

Lya Nur Syafiqah Binte Kammes • Manasvini Swaminathan • Muhammad Safwan Bin M Suhaimi Sim Wen Xuan • Natrah Hadirah Binte Abdul Hakim • Prabakaran Sahana Pramod Nattanmai Muralidharan • Vania Lum Hui'en

FOS ambassadors collaborated with the student group, "CyberPals" to raise awareness of a bully-free, kind and gracious school environment. Two experiential learning booths were set up during recess. The first booth was a maze game where students picked two game cards found within the maze and answered the questions. The second booth was a Padlet station where students posted kindness messages. These messages were displayed 'live' on stage of the flexi-canteen and were read out by the FOS ambassadors.



## PUNGGOL GREEN PRIMARY SCHOOL (5TH YEAR)



#### LET'S SCATTER SEEDS OF KINDNESS, MAKENA! Yashodha D/O Logeswara Raj • Jolie Teo Li Min • Neondis Yip Wing Yi • Low Lee Wee • Fabregas See Zhi Yang Diya Ashik • Joseph Jonathan Gunawan • Umali Lil Eve Madeleine Caldo

'Let's Scatter Seeds of Kindness, MAKENA' hinges on the foundation of gratitude. To make kindness fun, four activities were conducted during recess. Students coloured and exchanged cards with kindness acts and slogans. Students worked together to solve a giant jigsaw puzzle with the quote "leave footprints of love and kindness wherever you go". Slips of random act of kindness were placed in colourful envelopes. When students performed the kind act, they were able to participate in a kindness dip as a reward. The highlight of the games was Kindness NERF. Students were asked to aim and shoot at various villains with bad attitude.



## YIO CHU KANG PRIMARY SCHOOL (7TH YEAR)



#### **SAY IT RIGHT, PLEASE!**

Ong Le Xuan, Swen • Tay Cher Ler, Davian • Leow Yi Da • Kannan Hemasri • Sheikh Daniel Bin Badar Ethan Yong Kai Le • Durga Sakthivel • Jeremiah Thomas • Puteri Elynssa Rizdiyanti Binte Abdullah

The FOS ambassadors created a Random Kindness Generator (also known as Chatterbox). They came up with eight questions pertaining to kindness such as, "Name three things you can say to make others feel good" and drafted instructions of the game. The response was overwhelming and students were very keen to participate in the game. Students were given a template to create their own generator to reinforce the importance of good mannerisms.



## CHRIST CHURCH SECONDARY SCHOOL (6TH YEAR)



#### SHOWING APPRECIATION AND GIVING THANKS

Daiyan B Eddie • Hau Yong Tian Ben • Ong Shi Hui • Tan Huay Sun • Sruthika Bhargavan • Nur Irnyza Pioquid Yojiro Gonzales • Anna Tan Wei Ling • Rachel Kwan Wen Yi

Students and staff gave laminated kindness cards with special messages to people they would like to appreciate. These cards were very popular as students and staff stuck them on books and work stations which served as a constant reminder of kindness. Students also performed a fun flash mob and danced to the song, "Believe". The FOS ambassadors concluded with a speech to encourage students to spread kindness and that they could make a change in another person's life.

#### Global Indian International School

#### **GLOBAL INDIAN INTERNATIONAL SCHOOL, QUEENSTOWN (SECONDARY) (6TH YEAR)**



#### **KINDNESS, IT'S UP TO US!**

Vidhi Desai • Khushi Bhardwaj • Khushboo Gigras • Renee Ann Henry • Kartikey Mishra • Mathew Paul Ilisha Singh • Shantanu Shukla • Medha Chatterji

'Make your virtue stand tall' was an outlet for students to share their thoughts and feelings anonymously. The Virtue-Tower consisted of two sides. The first side had cracks in the wall which represented problems or issues students faced, while the other side was titled "Kindling Kindness". Students and staff wrote problems or acts of kindness on post-it notes and pasted them on the corresponding side. FOS ambassadors hoped to instill empathy for others when students read the notes. Every week, the number of sticky notes on each side were counted to determine the angle of the leaning tower towards which the board was tilted.



## HONG KAH SECONDARY SCHOOL (9TH YEAR)







#### A KIND ACT A MONTH Nurul Hidayah • Nur Aqifah Bte Azmi • Ngui Kai Xuan • Cui Yuwei • Patrick Aung Phone Myat

Shann Tan Jingxuan • Chua Jun Hong • Sanjiv Saravanan

In conjunction with Hari Raya celebrations, students tried traditional Malay kuih (cake) and got to learn more about the Malay culture. The Malay Unit provided four types of kuih - pineapple tarts, biskut suji, kuih makmur and rempeyek for students to try. Students were also encouraged to bring their own kuih to share with their classmates and teachers during recess. As a fun twist, student volunteers were blindfolded and had to guess which kuih they were tasting during the Hari Raya concert. This activity was a success as it gave students opportunity to communicate with each other more instead of simply using their smartphones during the recess break.



## JURONGVILLE SECONDARY SCHOOL (5TH YEAR)



#### **KINDNESS, LET IT FLOW!**

Neo Hong Kai, Raphael • Muhammad Farish B Jasni • Loke Cassandra Pei Wen Mariah Balqis Bte Mohamad S • Lim Wei Lun Ryan • Syahmi Akmal B Ahmat Jumale • Stela Ng Putra Noor Indra B Mazliyamin • Elvin Chai Han Siong

The aim of this project was to show gratitude through words and actions. The FOS ambassadors taught students and teachers how to make dragonfly-knot keychains. After making the keychain, they gave it to others to spread kindness. There was also an Instagram photo competition where students took photos of their dragonfly knots and posted it on Instagram with the hashtag #kindnessletitflow.



## MADRASAH AL-MA'ARIF AL-ISLAMIAH (SECONDARY) (1ST YEAR)







#### THE MA'ARIF KINDNESS

Nurzul Hafizah Diana Putri Zulkifly • Nur Firzanah Bte Mohamed Hanifar • Nur Masyitah Bte Hairodin Nurussyifa bte Raduan • Nur Raudahtul Jannah Bte Ridwan • Nadia Bte Jasni • Madihah Bte Asaad Hafizah Bte Mulyadi • Sofiyyatul Husna Bt Habeeb Mohamed

Despite being a girls' school, a pre-survey showed that 70% of students had trouble finding a menstrual pad. Hence, the FOS ambassadors set up boxes containing pads, panty liners and disposable underwear in toilets for teachers or students in need of the supplies in an emergency situation. Students were encouraged to contribute or donate extra pads they might have brought to school that day. After this initiative, over 90% of students found it convenient to have access to a menstrual pad if they forgot to bring one. Through this activity, students understood that a small contribution by each student could have a positive impact on the whole school.



This category features schools that have the best and most creative initiatives to inculcate gratefulness amongst their students.

55	Bukit View Primary School
	Canberra Primary School
56	Frontier Primary School
	Gan Eng Seng Primary School
57	Kong Hwa School
	Pasir Ris Primary School
58	Raffles Girls' Primary School
	Rivervale Primary School
59	St. Anthony's Primary School
	Beatty Secondary School
60	Nan Chiau High School
	St. Anthony's Canossian Secondary School



## BUKIT VIEW PRIMARY SCHOOL (3RD YEAR)



#### LET'S SHOW SOME KINDNESS TO OUR SCHOOL ATTENDANTS

Sofea Darwisyah Binte Iskandar • Gunasekaran Harisraj • Senthilkumar Susila • Sugumar Dev Srijan Wang Xinyu • Stuti Akshintulu • Muhd Syukri Shah S/O Muhd Fitri Vetri • Zara Kim Morris • Gaur Riddhiman

An appreciation week was held where students wrote appreciation notes for the school attendants. Photos and names of the school attendants were displayed on posters to allow students to identify and greet the attendants by name. As some of these attendants can only converse in their mother tongue languages, students were also encouraged to write the notes in mother tongue languages. These notes were then displayed on Kindness Trees. This project has been successful in fostering a sense of appreciation towards the school attendants for their good work to the school.



#### CANBERRA PRIMARY SCHOOL (9TH YEAR)



#### CARE FOR OUR CLEANERS AND THE NON-TEACHING STAFF

Raif Rusydi Bin Yusoff • Reanne Fong Anne-Ee • Xia Yi Chen • Negapatan Adia Macy Pary Grace Chan • Thirukonda Abinaesh Pramithii

To appreciate the cleaners and non-teaching staff, every student folded paper stars which were given to these unsung heroes. Students interviewed the staff to understand how students could help to make their work easier. Each cleaner and non-teaching staff were also given a certificate as a testimony of their hard work. This project raised awareness on the need to be kind towards the unsung heroes and to show that their effort in keeping the school clean are not unnoticed.

#### FRONTIER PRIMARY SCHOOL (4TH YEAR)



#### **KINDNESS, IT STARTS WITH ME!**

Noor Ishqra Elveana Binte Noor Yazet • Selina Chang Yong En • Yang Xin Yu Caelyn Erobu Amalachukwu Kingsley • Tan Yan Rui Lerrae • Pang Cheng Heng • Gwen Wong Yee Xuan Zhao Xuren • Nik Harith Bin Sahrudin • Sherlynn Peh Kai Li • Phua De Sheng Leroy • Luo Bei Ni

FOS ambassadors noticed how the cleaners always did a great job, yet little is done to appreciate their work. Hence, they decorated the resting area for the cleaners with recycled materials and flowers. Personalised thank you notes in mother tongue languages were given to the cleaners. In addition, students were encouraged to take responsibility to keeping the school clean via gentle reminders on posters. With these efforts, the ambassadors hoped to inspire their schoolmates and school staff to take greater responsibility and ownership in keeping the school clean.



FRONTIER

## GAN ENG SENG PRIMARY SCHOOL (5TH YEAR)



 
 KINDNESS, IT'S UP TO US!

 Tan Yan Jie • Aiden Lim Jun Kai • Poon Jun Xing • Shirley Wong Jing Wen • Lim Kim Kim Jolin Tan En Ning • Rinice Teo Ting Ying

All students and teachers of Gan Eng Seng Primary School came together to celebrate "Appreciate Our Non-teaching Staff Day". The Primary 1 to 4 students wrote appreciation notes while the Primary 5 and 6 students designed a tote bag for the non-teaching staff. The winning designs were painted on actual tote bags by teachers as a token of appreciation for the non-teaching staff. The non-teaching staff were also invited to a lunch treat by the teachers.



## KONG HWA SCHOOL (9TH YEAR)



#### GET RAK-ED @ KHS

Charlotte Leh Suan Greenall • Ng Wen Ya • Tevy Low Zi Jun • Liu Xing Yu • Quoid Jing Xuan Andrel Megan Lee Sun Woo • Tan Yixi • Nicole Loh • Rachel Ong Min Kee

This project aimed to show empathy to the "invisibles" such as lonely friends, prefects and teachers in the school. Students were challenged to complete as many "Random Act of Kindnenss" (RAK) as possible in a week. A SKM tree displayed students' reflection of their experiences receiving and giving kindness. Students put up compliment slips which students and staff could take and pass on to make someone's day. Teachers also performed RAKs for colleagues such as giving cupcakes and complimenting them. This project was a success as all students performed at least one RAK.



## PASIR RIS PRIMARY SCHOOL (7TH YEAR)



#### **BE POLITE, BE GIVING, BE THOUGHTFUL!** Arisyah Binte Azmi • Ng Him, Noelle • Ng Wan Ni, Adeline • Ong Zi Ning Xylia • Nurejazira Binte Salim Sonya Fyssabyll Binte Ariffin • Nirudhi • Erisha Eiliyah Binte Ezkeel

The month of May was dedicated to celebrate the spirit of kindness. Students purchased and gave yellow gerbera daisies to those they want to appreciate. The funds raised were used to cover the cost for Support Staff Appreciation Day. The support staff cut a cake on stage and had tea with the students during recess. Students gave appreciation notes together with a small gift to the support staff. The activities for the project created the atmosphere to spread kindness to always show appreciation and gratitude to others.



## RAFFLES GIRLS' PRIMARY SCHOOL (9TH YEAR)



#### **APPRECIATION, IT'S UP TO US!**

Amber Sultana Shah • Yeo Kai Lin, Reina • Loi Zi Xuan • Teo Rei-Ann Ariel • Cai Sijia • Koh Ting Jia Chandrasekaran Shreya • Falisha Dina D/O Abdul Jabbar • Yeong Shi Xuan

The objective of this project was to encourage students to greet, appreciate and show kindness to the parent volunteers. Students wrote appreciation messages on cut out hand-templates (Primary 1 and 2), heart-shaped hand cutouts (Primary 3 and 4) and a flower pot made from craft materials (Primary 5 and 6). All the appreciation cards for the parent volunteers and alumni comprised of a hand and a heart to show gratefulness for their hard and heart work. A video clip capturing the bright and surprised smiles of the parent volunteers was shown to the school to apprise students of the difference that they have made and how they have touched the hearts of the parent volunteers.



## RIVERVALE PRIMARY SCHOOL (9TH YEAR)



#### KINDELICIOUS KINDNESS. REDUCE OUR FOODPRINTS Siddharth Narenthiran • Ho Bin Hui • Shernise Quek Rui En • Chia Yong Xuan

This project aimed to show appreciation to the canteen vendors who wakes up early to prepare food, and cleaning team, by reducing waste in the school. A video was done to capture the daily hard work of the canteen vendors and cleaning team. During recess, students were guided by parent volunteers and student leaders to separate food waste (solid from liquid and recyclable from non-recyclable). They also made 3R-infused coasters which were presented to the canteen vendors and cleaning team. Students also showed their appreciation via thank you notes.



## ST. ANTHONY'S PRIMARY SCHOOL (5TH YEAR)



#### **KINDNESS, IT'S UP TO US!**

Low Xin Yi • Ashley Goh Yu Xuan • Ruth Chong Ziru • Leong Kai En • Wen Li Min Saoirse Katherine Jieqi Woods • Kingsley Toh Guan Yi

Students participated in an "Operation Cleanup" where they cleaned their classroom. At the same time, the FOS ambassadors served lunch sponsored by teachers for the school cleaners and thanked them for their efforts in keeping the school clean. Photo cards of the cleaners were placed in toilets so students could recognise and know each cleaning staff by name. From this project, students are now able to know the cleaners on a more personal level.



## BEATTY SECONDARY SCHOOL (9TH YEAR)



#### **CELEBRATING PILLARS OF BEATTY, STARTING WITH ME** Martha Hutagalung • Varnshiipreeya Sarfoji • Jordan Ng Wei Yang • Renee Wu Si Yi • Shayne Tan

Nicole Lim May Han • P. Ashwini • Foo Kai Ling • Tan Run Yuan Ryan

The theme of the merged Beatty Secondary and Balestier Hill Secondary is "One School, One Family." This project aimed to reach out to the non-teaching staff of both schools. Students prepared personalised thank you cards, interviewed and took candid photos with the non-teaching staff. The non-teaching staff were presented with thank you cards at a special assembly programme and thereafter, invited to a buffet lunch. This project allowed students to understand "One School, One Family" includes the nonteaching staff who have contributed to the school in many ways.



## NAN CHIAU HIGH SCHOOL (9TH YEAR)



#### JOIN US IN DOING SO!

Tan Jia Min • Lee Annabelle • Wong Yun Han Madeline • Chan Li Quan • Pearlyn Woo Pei Lin Gay Shin Lee • Oh Zhan Ming Ryan • Ray Wang Rui Hua • Neo Chung Yen

The whole school created cards dedicated to the support staff and pledged their commitment to be kind in their daily lives. Students put themselves in the shoes of the support staff by carrying out some of the roles such as their fortnightly canteen and classroom clean-up. This allowed students to understand that cleaning the school is a labour-intensive task. Appreciation cards and care packages were presented to the support staff at an appreciation ceremony. A video of well-wishes from students, teachers and school leaders was also shown at the ceremony.



## ST. ANTHONY'S CANOSSIAN SECONDARY SCHOOL (8TH YEAR)



#### TO BE KIND TO MANKIND

Samuelyesa Mahata Sim • Snekha Balamurugan • Cheyanne Dana Dorai • Sophia Bte Sahronizam Nicole Mak • Noorul Mushahida • Stuti Dewan • Rebecca Lee Wei Lin • Rithika Nagarajan Hannah Alyaa Tan Shiling • Subatra Singh • Heidi Tan Xinli

Students wrote encouraging and positive notes for each other via various activities. The Mystery Box and Valentine's Day Cupid Project was well received. Students wrote notes and bought small gifts for each other. Students decorated kindness leaves with positive messages and put them on a cardboard tree. They also made kindness bookmarks for each other. Lastly, a music booth was set up for students to dedicate songs with messages of kindness. Through these activities, the students were constantly reminded that kindness and appreciation to others always starts with oneself.



#### MOST HEART-WARMING COMMUNITY SERVICE PROJECTS

This category features schools that have gone beyond the campus to make a difference to the larger community.

62	Chongzheng Primary School
	Global Indian International School, Balestier (Primary)
63	Northland Primary School
	Woodlands Ring Primary School
64	Global Indian International School, East Coast (Secondary)
	Marsiling Secondary School

# MOST HEART-WARMING COMMUNITY SERVICE PROJECTS



## CHONGZHENG PRIMARY SCHOOL (3RD YEAR)



#### **BE KIND TO OUR FRIENDS**

Boobathiraj Prasanna Raj • Felicia Yong Sin Yi • Saravanan Neha • Tan Wei Yee • Tulaash Raghupathy Jolin Lai Zhi Shan • Ramesh Viveka Sree • Siti Nur Hikmatul Adawiyah Binte Muhamed Ashiq

A group of Primary 4 and 5 student leaders represented the school and collaborated with HDB to arrange a block party for residents of Tampines Polyview. Booths were set up which allowed residents to gain knowledge of how to foster good neighbourliness and strengthen the "kampong spirit". Chongzheng students also brought students from Fernvale Gardens School on a school tour and conducted an arts & craft activity for them. These opportunities allowed students to understand the importance of kindness and empathy and at the same time, brightened up the days of the residents or Tampines Polyview and students of Fernvale Gardens School.



#### GLOBAL INDIAN INTERNATIONAL SCHOOL, BALESTIER (PRIMARY) (7TH YEAR)



KINDNESS BEGETS KINDNESS Guneet Kaur • Bhavyaa Bihani • Surya Narayan • Thanmay Karumbayil • Tagore Tathagath Gedela Fariah Khan • Arya Jayshree • Masoom Mehta • Eshana Suresh

The school organised a book donation drive for the less-privileged students at "Beyond" and a fundraising for Sree Narayana Mission. Five students from "Beyond" were invited to learn two popular Indian games – Kho Kho and Kabaddi. The students did thank you cards and presented them to hawkers at the food court near the school. These initiatives helped students to understand the words of Mahatma Gandhi, "Be the change you want to see in the world".

# MOST HEART-WARMING COMMUNITY SERVICE PROJECTS



## NORTHLAND PRIMARY SCHOOL (7TH YEAR)



#### PROJECT THANKS (TO HONOUR, APPRECIATE & NEVER FORGET KINDNESS) @ NPS

 Mak Cher Tint
 • Rachel Elizabeth Antao
 • Sophie Chan Wen Hui
 • Lim Zhi Qi
 • Stella Law Yik Xuan

 Ong Mil Yuen
 • Abigail Oon
 • Vevina Singh
 • Maegan Kho Jing Ting
 • Sofea Alana Tang

 Mashel Alveena Binte M Isham
 • Jolene Low Shi En
 • Jessie Leanne Willet

Students and staff donated daily necessities such as dental hygiene and food items for the residents at Villa Francis Home for the Aged and All Saints Home (Yishun). Primary 5 students visited All Saints Home and planned activities to interact with the residents. Their visit brought joy and happiness to the residents. In return, the students learnt to care for the less fortunate and developed respect for the elderly.



## WOODLANDS RING PRIMARY SCHOOL (5TH YEAR)



#### DIFFERENCE THAT MAKES A DIFFERENCE! Siti Sarah • Ngan Yu Xun • Eileen Kong Min En • Wong Soh Woo Ian • Muhammad Mahfiz Ali Bin Johan Durai Murugan Gayatri Shree • Nur Thagesy Ardini Binte Juraimi • Dyan Adryanna

Prefects and CCA leaders organised school tours for pre-schoolers and students from MINDS. The prefects taught pre-schoolers how to purchase food from the canteen and brought the students from MINDS to play basketball. There were also games and simple crafts for the guests. The project was a success as survey results show that students were more willing to care for each other after interacting with the students from MINDS and the pre-schoolers.

# MOST HEART-WARMING COMMUNITY SERVICE PROJECTS



#### GLOBAL INDIAN INTERNATIONAL SCHOOL, EAST COAST (SECONDARY) (5TH YEAR)



#### **KINDNESS IS UP TO US!**

Avani Solapurkar • Hemang Shankar • Keerthana Sreenath • Nihitha Sunil • Ojas Kulkarni Pritika Aggarwal • Saher Kazi • Shraddha Praveen • Yagnesh Sivaramakrishnan • Yukta Sareen

Students from grades 8, 9 and 10 performed a kindness flash mob dance at Spottiswoode Amphitheatre. They danced to a kindness song and depicted different gestures of kindness. In addition, students distributed flyers to the audience which showed how simple acts of kindness could be done and the benefits of kindness. Through this project, students learnt to do the best they can with what they have, while brightening the days of the people around them.



## MARSILING SECONDARY SCHOOL (4TH YEAR)



#### **PROJECT THANKS**

Chloe Ong Gek Leng • Jorlyne Tan Chu Lin • Ella Tan • Nur Syazwana Aisyah Bte Sahril Srikandi Anindita Putri Binte Azman • Azzo KUan Yong Lin • Daphne Sim Yi Ting Seha Insyirah Yusop • Muhammad Khairul Adnan B H

The objective of this project was to reach out to Bangladeshi foreign workers at Cochrane Lodge during Hari Raya. Students baked and packed cookies into small bottles. A total of 100 bottles were distributed to the workers who had been away from home for several years. This act of kindness was aimed to share the celebratory and festive mood of Hari Raya, and at the same time appreciate them for the work they have contributed to Singapore.



This category features schools with the best social media entries with the highest reach and viewership.

66	Holy Innocents' Primary School	
	CHIJ St Nicholas Girls' School (Secondary)	
67	Crescent Girls' School	
	Orchid Park Secondary School	
68	Raffles Girls' School	
	St. Margaret's Secondary School	



## HOLY INNOCENTS' PRIMARY SCHOOL (7TH YEAR)







Instagram account: @hips\_fos2017



## CHIJ ST NICHOLAS GIRLS' SCHOOL (SECONDARY) (6TH YEAR)







Instagram account: @sngs.skm



## CRESCENT GIRLS' SCHOOL (9TH YEAR)



Instagram account: @cgsfos2k17

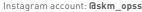






## ORCHID PARK SECONDARY SCHOOL (9TH YEAR)











## RAFFLES GIRLS' SCHOOL (9TH YEAR)

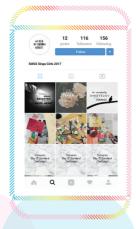


Instagram account: @rgs.fos17





## ST. MARGARET'S SECONDARY SCHOOL (9TH YEAR)







Instagram account: @smsssingagirls



# ABOUT KINDNESS BADGE

#### **THE KINDNESS BADGE AWARD 2017**

The Kindness Badge is a mark of distinction awarded to students in Uniformed Groups who have completed tasks or projects that promote kindness and graciousness amongst their peers, within their schools, and to their families and communities. Achieving this badge identifies them as Ambassadors of Kindness. It is awarded by the Singapore Kindness Movement to deserving students who have demonstrated their passion and commitment to fostering a gracious society.



#### BRONZE

The Bronze Badge scheme introduces students to the different aspects of kindness and their history in Singapore.



#### SILVER

The Silver Badge is awarded to students who carry out a kindness campaign within their schools.



#### GOLD

The Gold Badge is conferred when students extend the reach of their campaign to the community.

# ABOUT KINDNESS BADGE

#### **OBJECTIVES OF THE KINDNESS BADGE**

- To encourage uniformed groups to foster a positive sense of community awareness
- To spark waves of kindness in society via little projects by the uniformed groups
- To forge stronger camaraderie between the various uniformed groups

### UNIFORMED GROUPS PARTICIPATING IN KINDNESS BADGE AWARD 2017:



NATIONAL CADET CORPS



GIRL GUIDES SINGAPORE



ST JOHN SINGAPORE



THE SINGAPORE SCOUT ASSOCIATION



## **GOLD CROSSOVER BADGE**

Being kind should not only be limited to the uniformed group that you are in. The Gold Crossover Badge is an initiative to encourage collaboration between different uniformed groups. Qualification requires a minimum of three representatives from Scouts and three representatives from Girl Guides.







## KINDNESS BADGE AWARD FEATURED PROJECTS

73	Anglo-Chinese School (Independent)

- 74 Chung Cheng High School (Main)
- 75 Compassvale Secondary School
- 76 East Spring Secondary School
- 77 Gan Eng Seng School
- 78 Hougang Secondary School
- 79 Queenstown Secondary School
- 80 Serangoon Garden Secondary School
- 81 Soaring Eagles Air Scout Wing



## ANGLO-CHINESE SCHOOL (INDEPENDENT)



#### CLEAR YOUR TRAY, MAKE SOMEONE'S DAY

River Koh Ern Xin • Joel Ang Wei En • Ong Jia Yi, Keefe • Mark Tay Wei Hern Richard Ng Zi Hao • Chew Song En, Caleb • Lau Xu Wen Reeve • Woo Zhongwei, Troy Luke Eliott Tay Zi Yan • Rubenesh Kumar S/o Sukumar • Kishore Karunakaran • Eden Ow Sun Lok

Using their slogan tagline "Clear Your Tray, Make Someone's Day", the NCC Cadets of ACS Independent embarked on a quest to raise awareness of the negative impact that littering has on hawker centres. The initiative was carried out in 3 hawker centres located in the heartlands, and during the lunch hour where cadets hoped to maximise their opportunity to reach out to the public. The effectiveness of their project was determined by the overall cleanliness of the hawker centres.

Engaging in conversations with patrons, cadets highlighted consequences of littering, such as pests and bird infestations, and the positive impact of tray return (faster turnover of seats, especially during peak periods), in hope to change their mindset of returning trays and encourage civic consciousness.

To further ensure the effectiveness of their message, the cadets created a toolkit in the four languages and conducted situational training to help them overcome potential language barriers and rejection.

"We believe that we have made small indistinguishable efforts now, which may slowly and determinedly impact the mindset of the general public in the long run."



## **CHUNG CHENG HIGH SCHOOL (MAIN)**



#### SPREADING KINDNESS TO THE COMMUNITY

Group A - Andrea Tan Hwee-San • Cheryl Tan Yi Ting • Loh Dai Yin • Mok Kay Jun Ryan • Zenov Liu Fan • Loh Ci Xuan Loh Qian Ying Lucretia • Rene Mah Wei Lin • Tio Hazel • Ang Teong-Hean Isaac • Lim Si En Jerelynn Ng Yun Qing • Mervyn Ho Jin Kai • Ng Jing Rong

Group B - Ang Teong-Hean Isaac • Tan Shin Hwee (Chen Xin Hui) • Janelle Tan Zi Hui • Cheryl Tan Yi Ting • Mah Hao Jun • Loh Ci Xuan Sylvia Koh Zining • Angelica Lim Zhiyu • Lim Si En • Lee Wei Le Owen • Loh Qian Ying Lucretia • Mok Kay Jun Ryan • Angelica Lim

Group C - Alexandra Ang Qian Yi • Chiau Beng Li • Valarie Koh Yee Chin • Chia Ning • Claudia Yap Neng • Sng Jun Feng Ng Lin Hsiang, Nicholas • Chua Ya Ting • Wee Zhengbin • Shaun Goh

Group D - Lim Pey Wen, Selina • Teo Chok Yun • Chen JiaHui • Chua Yi Ling, Elin • Wu ChenSang • Jonathan Lim Shao Kuang Loy Jie Yi, Serene • Goh See Teng • Timothy Tay Jo Chow • Tan XuanYi, Kirby

Aspiring to spread kindness, the SJAB cadets of Chung Cheng High School (Main) initiated a series of projects to encourage members of the public to exchange words of appreciation and make someone's day. Reactions were recorded on video and shared to garner more interest in sharing kindness.

To inspire others to share kindness, the cadets encouraged the public to write messages for strangers on post-it notes; in exchange for a note, they had to write for another. Using posters, the cadets highlighted challenges faced by foreign construction workers during community integration, and encouraged shoppers along Orchard Road to write words of encouragement to show appreciation for their hard work.

The cadets also handed out cards with handwritten quotes and images to motivate people to take better care of themselves while facing stressful situations and busy lifestyles.

Through their projects, they hope to remind the public not to take people around them for granted, and be empathetic of situations. By spreading the culture of appreciation, the cadets believe that they made a difference, and hope for opportunities to replicate their efforts.



## **COMPASSVALE SECONDARY SCHOOL**



#### PROJECT A: A RIPPLE OF KINDNESS Alphonsus James Foo • Chua Dong En • Yan Jun Chao • Johan Fadli B Jailani Ariffin Faharis • Khiew Chang Long • Narayanan Jessy Koushick

To encourage teenagers like themselves to take initiative to show kindness to others, the cadets of Compassvale Secondary School gave out packet drinks to students studying at Seng Kang Community Club. It was encouraging for the team to see the rippling effect of kindness – when the teenagers passed the additional packet drink they received to another; they saw beyond themselves and paid it forward.

#### **PROJECT B: KINDNESS STARTS FROM YOUNG**

Damian Ng Rui Xuan • Lucas Goh Guan Teng • Tan Kai Jing • Adinda Fitri Falinka Tan Sing You • Rifqi B Ahmad • Tan Wen Jie, Joel

Engaging young children at a pop-up card making workshop held at Seng Kang Public Library, the cadets shared the importance of appreciation others, especially those closest to them. Their intention: to start a culture of appreciation at a young age, and to encourage children to take initiative to express gratitude and graciousness, even as they grow older. Participants had an opportunity to make their own 3D pop-up cards and write notes of appreciation for someone they wanted to thank.

#### **PROJECT C: APPRECIATING OUR UNSUNG HEROES**

Heather Lau Puay Hin • Lum Zheng Yao, Nigel • Afiq Saifullah B Alfian • Yeo Ing Jae Alex Low Hao Han • Tay Quan Han, Jarren • Gabriel Loh Wen Bin

"Just a simple thanks would make their day, as they know that their hard work has paid off." Acknowledging that service support staff are not often appreciated for their work, the cadets decided to thank the support staff of Compass One Shopping Centre. Surprising them with snack bars and appreciation notes while they were on their work routine, the students expressed their appreciation for their efforts of keeping the mall clean and safe for the public.



EAST SPRING SECONDARY SCHOOL



#### CREATING A KINDER SINGAPORE

Brandon Wee Kai Chuan • Caleb Huaxi Yu Ci • Cydnie Na • Dashiell Tay Jie En Heng Hui Xin Cheryl • Nicolette Chiong Jia Ying • Nuramira Bte Fazali Sarah Wah Zixuan

Understanding the importance of integration, the Oneida Scouts of East Spring Secondary School approached residents and migrant workers of their community.

Offering the workers canned drinks, the students struck conversations with them to learn more about them and showed their appreciation for the work that they have done for their community. Overcoming the language barrier was not easy, but the scouts persevered and were determined to bring their appreciative thoughts across. Their gestures were welcomed, and they were able to spread the message of kindness, albeit in simple words.

For residents that they visited, the scouts gave out origami hearts with messages of kindness that they prepared to encourage greater interaction within the community.

Through this activity, the scouts became more appreciative of the importance of communication and are more encouraged in their intention to spread kindness around Singapore. They hope to be able to create a kinder, friendlier Singapore by encouraging more acts of kindness, especially in the integration of community groups.





## **GAN ENG SENG SCHOOL**



#### THE ROAD TO KINDNESS

Germaine Lee Chin Yee • Tan Jing Lin, Chloe • Kong Xing Ru, Rachel • You Zi Xin Yee Zhi Xuan Maeve • Jeryl Khoo • Royce Wong Anrong • Lu Qianying Tracie Dion Liong Wei Qi • Reon Tay Yu

"Despite enforcement efforts by government agencies and bike-sharing firms, many dockless bicycles were still found obstructing pavements and inconveniencing other path users."

Recognising problems as such that arose from the increase of bike-sharing, the Dragon Scouts Group of Gan Eng Seng embarked on a project to address the issues, including the irresponsible usage and indiscriminate parking by shared bike users.

Working at the Tiong Bahru estate, the team physically shifted and parked stray, dockless bicycles and attached bookmarks onto dockless bicycles to advocate responsible usage by bike users. A series of campaigns were also launched on popular social media platforms, such as Facebook and Instagram, to educate members of the public about proper shared bike etiquette.

Using the statistics that they have gathered based on their one-week time-series study on the the highest frequency locations of dockless bicycles, the scouts also attempted to engage governmental agencies to suggest additional designated parking spaces.

As a result of their multipronged approach, more than 160 pledges to return dockless bicycles to designated parking spaces were received from members of the public.



## HOUGANG SECONDARY SCHOOL



#### THANKS FOR THE RIDE Beckham Ku • Lim Kang Rui • Guan Shao Jun • Gerald Yuan Nelson Neo • Joseph Oon • Khoo Yong Jin

"Gratitude, Respect and Compassion", are values that are strongly emphasised at Hougang Secondary School. To spread the word about these values, Hougang Secondary School rangers decided to encourage members of the public to write words of gratitude on note cards for the bus captains of Hougang Bus Interchange. They hoped that such an initiative will encourage more commuters to step forward to thank their bus captains.

The team wanted to show appreciation for the hard work of the bus captains, and to give them credit for their efforts in keeping commuters safe. To raise awareness of this initiative, the rangers distributed flyers that they designed at the bus interchange, and shared why they wanted to encourage commuters to show appreciation.

Commuters who were keen to participate in the project were further encouraged to share appreciative messages on social media with the hashtag #thanks4theridesg. More than 100 note cards from commuters were collected and given out to bus captains, much to the delight of the rangers.





## **QUEENSTOWN SECONDARY SCHOOL**



## CARNIVAL STALL AT COMMUNAL LUNCH

Edwin Lee Jian Cheng • Jacob Tong Wai Hong • Tan Qing Zhe • Harvinder Arjun Singh Raynell Choo Chun Heng • Myat Htun • Ho Jun Zhi

At a communal lunch hosted by Queenstown Secondary School, the team of scouts put together a mini bowling alley to engage the elderly living around in their neighbourhood. Members of the Lion Befrienders and Redhill Gardens RC were invited to participate in this activity. In the opinion of the scouts, it is important to involve the elderly in community activities – to show them that people still cared about them, and that they need not feel lonely.

#### A JOURNEY TO THE ELDERLY HOME! :)

Hubert Gooi Xin Sheng • Win Myint Tony • Reagan Lai Zheng Jie Chong Jun Wei Brandon • Ng Qian Xiong Adrian • Tan Yang Hong Titus Yap Ming Shen • Jonathan Tay Meng Ray • Wayne Wong Wei En

In this project, the scouts of Queenstown Secondary School assisted in the cleaning of the St Andrew's Nursing Home (Queenstown). The team helped to arrange furniture, ranging from couches, chairs to carts, and set up venues in preparation for the upcoming Nurses' Day.

With this initiative, the team hopes to encourage fellow scouts and individuals to do their part in contributing to the society, even if the act is small.



## SERANGOON GARDEN SECONDARY SCHOOL



#### THE SILVER PROJECT

Muhamad Syazrin Bin Saini • Cadburina Ng Yi Xin • Siti Fatimah Bee Binte Mohamed Shahlan Chi Shundao • Danial Bin Rohaili • Chloe Wong Ting • Henry See Juen Meng Sim Ning Wei Natalie

Recognising a call to create a dementia-inclusive society, the Red Cross Youths of Serangoon Garden Secondary School initiated "The Silver Project", which aims to destigmatise dementia.

To help them gain a better understanding of dementia, the cadets attended a workshop on dementia care. Conducted by Silver Circle Centre, the workshop highlighted the needs and challenges faced by individuals suffering from dementia.

During the World Alzheimer's Awareness Month in September, the cadets distributed bookmarks to members of the public and took the opportunity to share about their initiative.

Under the guidance of the D&T and Arts units of Serangoon Garden Secondary, the students designed and created sensory kits that were used to engage the clients of Silver Circle. Participants at the session made handicraft out of fabric; these were displayed at the exhibition booth that the cadets managed at Silver Circle Centre's event, "Colourful Minds, Beautiful Memories".

Through their efforts in outreach, the cadets hope to debunk myths and change the negative perception of dementia.



## SOARING EAGLES AIR SCOUT WING



#### **RAISING AWARENESS FOR WATERWAYS WATCH SOCIETY**

Dhiren Sajjan • Soh Woon Hao, Kenneth • Bryan Ong Tien You • Chew Hong Joo Matthew Chong Fan Hao • Greadon Tan Kok Wei • Lim Dylan Kang Chun He Gabriel • Ong Chee Yang, Raphael • Jacob Ing Ka Lum

As how Margaret Mead put it, "We won't have a society if we destroy the environment."

With intention to raise awareness for the need of Singaporeans to work together to maintain the cleanliness of Singapore's waterways, the scouts launched a project to clean up the waterways and record their findings on the amount of waste found.

Partnering with the Waterways Watch Society, the team kayaked at Kallang in an attempt to clean up Geylang River. By sharing their journey on their Facebook page, they hoped to engage members of the public, particularly park-goers, to remind them of the negative impact that littering could bring about to the community. Additionally, the scouts participated in the Clean & Green NDP duty to promote cleanliness and remind members of the public of the role they can play in reducing pollution.

The scouts hope that with the information that they have shared, Singaporeans would be reminded not to take the environment for granted and be considerate of their actions and their impact that they could have on others. In all, they hoped to inspire civic consciousness and encourage more public participation for causes that matter to the community.



## ABOUT WRITE FOR KINDNESS

## **WRITE FOR KINDNESS 2017**

Write for Kindness, a national story-writing competition organised by the Singapore Kindness Movement (SKM), is a platform for secondary school, junior college and centralised institute students to promote kindness to pre-schoolers, by creating age-appropriate and culturally relevant children's stories through creative writing and illustration.

The theme for Write for Kindness 2017 is **Kindness, it's up to us**.

# THE OBJECTIVES OF THIS COMPETITION ARE TO PROMOTE:

- The value of kindness through stories to pre-school children
- The importance of stories as a means to positively impact pre-schoolers in their character development
- Story-writing as a creative mean of expressing cultural values for youths
- Teamwork among youths as they complete a story as a group for pre-schoolers

## ALL ENTRIES ARE GRADED ACCORDING TO:

- Clarity of message
- Relevance to target audience
- Language
- Creativity and originality

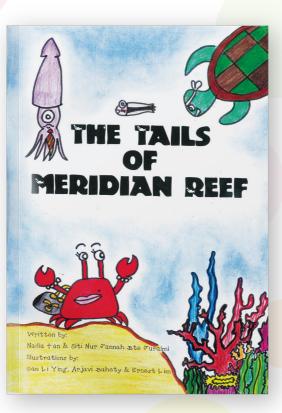
## WRITE FOR KINDNESS AWARD

85	Winner:
	Meridian Junior College
	The Tails of Meridian Reef

- 86 1st Runner Up: Nanyang Junior College Find Your Kind
- 87 2nd Runner Up: Fuhua Secondary School Block 143!
- 88 Best Illustration: Nanyang Junior College Old Mr Freud And His Firefly Friends
- 89 Consolation: Hai Sing Catholic School Katy Kindy
- 90 Consolation: Crescent Girls' School The Colourful Bird and the Dirty Hippo



## WINNER: MERIDIAN JUNIOR COLLEGE



#### THE TAILS OF MERIDIAN REEF

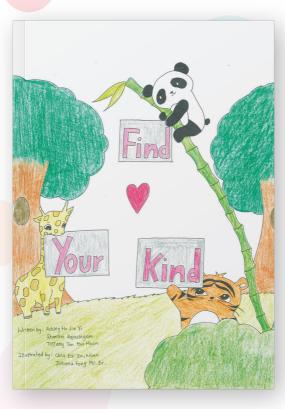
Nadia Tan Xin Wei • Siti Nur Jannah Bte Juraimi • Gan Li Ying

Arjavi Bahety • Ernest Lim Wei Yu

Deep down in the ocean there lived a marine community that suffered from a lack of emotion. There was however, a special fish named Ikan Billy, who was as small as a chili padi. Being extremely kind, he never left any fish behind. With his generosity, the sea creatures of the Meridian reef gradually learned the importance of KINDNESS.



## **1ST RUNNER UP:** NANYANG JUNIOR COLLEGE



#### FIND YOUR KIND

Ashley Ho • Chia Kai En • Joliana Fong

Shantini Rajasingam • Tiffany Tan

Ryder the Tiger always knew he was a little different from others but he never thought much about it. His classmates, however, did.

One day, when Ryder finally breaks down, it is then that they realise the full extent of the pain they had caused and so, they made a choice to include Ryder and be a little kinder. You will be surprised at how far a little act of kindness can go!



## 2ND RUNNER UP: FUHUA SECONDARY SCHOOL



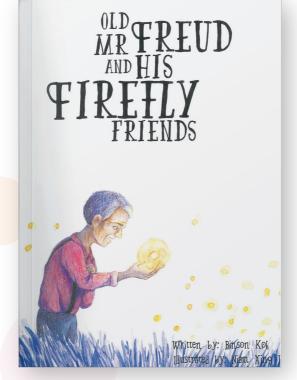
#### BL0CK 143!

Nur Aisyah Bte Abdul Mutalib • Koh-Ho Pinson • Muhammad Sahran Bin Aman Muhammad Adil • Dursley Tan Qi Qi

All was peaceful in the city of Sunnytopia, till an incident happened in Block 143 and showed the bond of the residents.



## BEST ILLUSTRATION: NANYANG JUNIOR COLLEGE



#### **OLD MR FREUD AND HIS FIREFLY FRIENDS**

Binson Koh • Niam Xing De • Ng Lui (Huang Lei)

All of a sudden, the world became dark. Without light, we can only hope and pray for something to change. One day, old Mr Freud stumbled upon hope – bright light that may change things forever! Will we finally be able to find light once again?



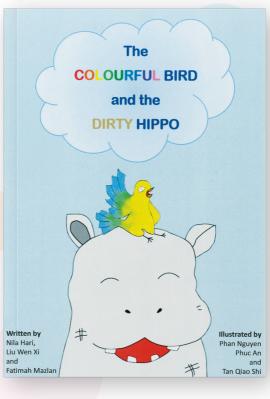


#### KATY KINDY

Nur Syakirah • Nurul Izz<mark>ah • Anthea Ng • Ryan Siow</mark>

Katy Kindy's day.....getting ready for school, took the school bus, recalled what her dad told her – to be kind and bold. She brought a cake baked by her mum to school to share with her friends. When she got home, she helped around the house and shared her food. When she was tucked in bed, she was still remembering those words....kind and bold.

## CONSOLATION: CRESCENT GIRLS' SCHOOL



#### THE COLOURFUL BIRD AND THE DIRTY HIPPO

Liu Wen Xi • Fatimah Binte Mazlan • Tan Qiao Shi

Phan Nguyen Phuc An • Nila Hari

There was a little parrot, Kiki, who wanted to take part in the upcoming singing competition but she was afraid she was not good enough. She was so upset that her feathers started to turn grey.

There was also a baby hippo, Rusty, who was nice and friendly, yet he did not have any friends because everyone thought he was dirty and smelly. However, Rusty was good at singing.

One day, Kiki heard Rusty singing when she was flying through the forest and asked him to teach her to sing. In return, Kiki helped Rusty to clean the dirt off his back.

Kiki became amazing at singing and got her colourful feathers back. In addition, Rusty was clean and had lots of friends.

