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ABOUT SINGAPORE KINDNESS MOVEMENT

SINGAPORE KINDNESS MOVEMENT

Kindness is in everyone. The Singapore Kindness Movement (SKM) wants to encourage everyone to start, show and share kindness. We aspire to inspire graciousness one kind act at a time. By sparing a thought for the people around us, we hope to create a gracious society, and make life better for you and me.

MISSION

To help build a gracious Singapore, SKM aims to encourage the individual to internalise courtesy, kindness and consideration.

Our mission statement: To inspire graciousness through spontaneous acts of kindness, making life more pleasant for everyone.

OBJECTIVES OF SKM

- To encourage all Singaporeans to be kind and considerate
- To create public awareness of acts of kindness
- To influence and raise the standards of behaviour and responsibility

CONNECT

- The Kindness Gallery
 - 61 Stamford Road #01-08 Stamford Court Singapore 178892
- kindness.sg Kindsville.kindness.sg fos.kindness.sg

- facebook.com/kindness.sg
- @KindnessSG
- You Tube youtube.com/kindnessSG

SCHOOL PROGRAMMES

SCHOOL PROGRAMMES 2018

Character education is at the core of SKM's school programmes. This year, we explored the concept of kindness with the attitude of "making a difference."

Our school programmes range from assembly sessions, outreach projects and animation series, to downloadable teaching resources and funding for kindness initiatives. For more detailed information on the programmes, please visit Kindness.sg or kindsville.kindness.sg

TOGETHER, LET'S MITE KINDNESS BY

- M Modelling kindness in our speech and action
- I Inspiring others by example
- T Transmitting kindness at all times
- E Empowering others to act kindly by encouraging and celebrating simple kind acts

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ABOUT FRIEND OF SINGA 2018

THE FRIEND OF SINGA AWARD 2018

The Friend of Singa (FOS) is currently in its 28th year running and it continues to promote the essential values of selflessness and love behind the kind acts of young, caring individuals.

Since its revamp in 2009, all participating teams have to complete a kindness project within their school community over a five-month period. These projects should create an impact within the school community and leave meaningful effects on the students' behaviours.

FOS has moved away from merit-based awards to one that focuses on sustained participation from schools. To help kick-start these projects, SKM funds up to \$150 per project.

The theme for FOS 2018 is "______, Make a Difference!"

AN OVERVIEW OF THE FRIEND OF SINGA PROGRAMME

Each school selects up to nine students for the programme.

All participants attend a half-day workshop in February. The workshop equips students and teachers with design thinking, project management and public speaking skills.

The students then identify areas where they feel social graces are lacking in their respective schools and come up with a creative solution to address the problem. They have up to five months to complete the project.

DID YOU KNOW?

This is the 10th year for 30 schools! This means that these schools have taken part in FOS consecutively since the revamp of the programme in 2009.

We also have 159 schools taking part in FOS 2018!

Here's the breakdown:

Primary Schools: 103

Secondary Schools: 52

Special Education Schools: 4

We have 11 schools taking part for the first time!

INTRODUCTION TO FEATURED CATEGORIES

INTRODUCTION TO CATEGORIES

The programme is now based on sustained participation; therefore, schools are now categorised by the number of years of their participation. Accordingly, the projects are now categorised as:

- 1. Most all-rounded projects
- 2. Most inspiring social etiquette initiatives
- 3. Best appreciation initiatives
- 4. Most interesting initiatives and challenges
- 5. Best murals and designs
- 6. Most heart-warming community service projects

The projects submitted this year continue to impress. Most of them were integrated and multi-faceted, involving various groups within the school community, including parent support groups, to achieve greater impact and sustainable engagement.







FRIEND OF SINGA 2019

ABOUT FRIEND OF SINGA 2019 THEME:

"______ . BE GREATER."

Registration will begin in December 2018

Log on to www.kindness.sg/fos2019 or www.kindness.sg/kindsville for information updates!

Workshops will be held in February 2019.







This category features schools that have projects with the most well-planned report, best execution and highest quality of reach.

10	Angsana Primary School
11	Casuarina Primary School
12	Nanyang Primary School
13	Pei Hwa Presbyterian Primary School
14	Temasek Primary School
15	Unity Primary School
16	Crescent Girls' School
17	Fuhua Secondary School
18	Global Indian International School PG-SMART Campus (Secondary)
19	Raffles Girls' School
20	Yuvabharathi International School (Secondary)
21	APSN - Delta Senior School
22	MINDS - Lee Kong Chian Gardens School
23	MINDS - Towner Gardens School



ANGSANA PRIMARY SCHOOL 2ND YEAR



CREATING A POSITIVE CHANGE IN ANGSANA

Project Done By:

Aaron Jacob, Nuha Alia Binte Jaabir Abdul Khaaliq, Unciano Rose Erin Valdez, Lopez Gillian Mei Nario, Diloy John David Gabriel, Chen Bingkuan, Chua Ai Wei, Erica Brown Alexandra, Goh Man Rhu Miko

The project aimed to create a school of kindness and inspire students to believe that every individual can make a difference. Monthly activities were carried out. Here are some of the activities:

Buddy Programme - This activity assisted the primary 1 students to assimilate into primary school life through a system of care and guidance from their seniors. Every primary 1 student was paired up with an older student and this gave the seniors an avenue to show care and provide guidance to the younger ones.

Kindness Wallet & The Sorting Game - Students were taught how to make a kindness wallet and tracked their acts of kindness with it. This allowed them to calculate the amount of kindness that they gave out. The sorting game gave students the opportunity to identify different kind or unkind acts in a limited time. They were then encouraged to talk about the kind acts that they have performed.

A Month of Kindness - Several activities were planned in the month of May. One of them was having different themes for four days of the week. They were Motivational Monday, Warm-hearted Wednesday, Thankful Thursday and Friendship Friday. Questions and tasks were posted on a whiteboard and students had to write down the kind acts they did based on the specific task of the day.

Through these activities, students now know that they are capable of showing kindness to others.



CASUARINA PRIMARY SCHOOL 10TH YEAR



CASUARINIANS, LET'S MAKE A DIFFERENCE!

Project Done By:

Limoran Alianna Cabucos, Yeo Shu Yan, Song Yan Chen, Zhang Xiaoyu, Nair Anastacia Diamante, Iqlimiyyah Binte Mohamed Mardani, Ryian Afiq Bin Asraruddin, Oh Yao-En Keane

This project aimed to sustain students' motivation in taking the initiative to carry out kind acts for others in the school and through this, to create awareness of how a small act of kindness can make a huge difference. These were some of the activities conducted:

Waves of Greetings Campaign - Ambassadors and school prefects took turns to station themselves at the school's entrances as morning greeters to greet students who arrive. This helped reinforce the greeting culture in school.

Kindness Day @ CAPS - On this special day, three activities were conducted, namely 'There's always time to show appreciation,' 'Are you up for the kindness challenge,' and 'Take a piece of me!'. The first activity encouraged students to take some time to design appreciation notes and subsequently present it to someone to thank them for their kind act. The second activity challenged students to carry out kind acts in school, as well as at home. For the third activity, kindness strips were displayed around school. Students could tear out a strip, carry it out and pass it on to another friend to continue the kindness.

Upon the conclusion of the project, more students were seen taking the initiative to display kindness.



NANYANG PRIMARY SCHOOL 1ST YEAR



S.H.I.N.E @ NYPS

Project Done By:

Ang Zhao Kai, Jaden Walker Tay, Woon Ngi Khiet, Isaac, Ho Sin Lin, Emma, Koh En-Rui Charlotte, Fang Rui Wen Kaylyn, Kimberley Ng, Khoo Han Lin, Kate, Joanne Woon Yu Ern

The ambassadors wanted to encourage everyone in school to S.H.I.N.E and practise kindness wherever they go. To do this, they focused on a different value every month:

- Spread a smile to others (August)
- Lend a Helping hand to Inspire others to pass it on (May)
- Nourish a growing heart in expressing gratitude (April)
- Enrich a curious mind through an anti-bully campaign (July)

To spread a smile, posters with tearable tabs were displayed in school. The posters encouraged students to tear off a tab as a reminder to be kind and smile always. Students lent a hand and inspired others to pass it on through teaching one another how to fold paper hearts and tulips. They were then encouraged to show their appreciation for those who have helped them by passing it on.

To nourish a growing heart in expressing gratitude, a booth was set up for students to express their gratitude for the public transport staff. These notes were subsequently presented to the staff at Tan Kah Kee MRT station. Finally, to enrich a curious mind, the ambassadors carried out a campaign promoting a friendlier and kinder cyberspace.



PEI HWA PRESBYTERIAN PRIMARY SCHOOL 9TH YFAR



STAY REAL, BE RESPECTFUL

Project Done By:

Isaac Chong (Zhuang Jiayi), Dominic Chua Yong Qing, Chloe Seow En Ting, Ashton Koh Ren Jie, Kong Liang En Ethan, Wong Wei Lin, Kyra Tan Li Yi

This project focused on the value of respectfulness by promoting good use of words and encouraging good behaviours towards others. These are some of the activities that were carried out:

Kahoot Kindness Quiz - Scenarios on kindness and respectfulness were shown to students and they had to answer questions pertaining to each scene within a time limit. This was a hit among the students as many of them queued up to have a go at it.

Appropriate volume and tones - Students learnt how to be respectful of others by using the appropriate tones to communicate with others in different environmental settings.

Recess activities - A variety of game booths were held such as 'Shoot the good or bad,' 'Bounce to Kindness,' and 'Kindness Drop to Spot Kind Act.' In the first game, students listened to the kind and unkind scenarios and had to use the nerf gun to shoot the targets depicting kind or unkind acts. The second game tasked students to bounce a ball into the appropriate cup relating to the appropriate volume for different scenes. The last game had students drop a ball and explain the act of kindness shown on the card that the ball landed on.



TEMASEK PRIMARY SCHOOL 9TH YEAR



KINDNESS TO ALL

Project Done By:

Yeap Enjia Vera, Muhammad Aqid Zikri Bin Muhammad Dzulqarni, Czaana Saxena, Isaac Ngian Zi Ian, A'ishah Dunne Binte Tariq Muhammad Dunne, Grace Julianne Hartawan, Ng Yun Jie, Pan Siyu, Abdul Mateen Bin Shahril

This project focused on appreciating everyone in the school community and extending kindness to all. These were some of the activities conducted:

Kindness Bucket Challenge - As a follow-up on their lesson on what the kindness bucket represents, this challenge saw the lower primary competing with the upper primary to determine which level could complete the most challenges. A total of 794 challenges were performed.

Tulips of Kindness - Student made origami tulips and presented it to their friends and family members, with many making multiple tulips as they wanted to brighten up as many people's day as possible. More than 2,000 tulips were made.

A Note of Kindness - The ambassadors encouraged parents to show their appreciation to the staff and encouragement to their child by having them pen down short notes for each of them. These notes were subsequently displayed at the doorway of each class.

To this day, Temasekians are still actively showing kindness and making a difference in others' lives.



UNITY PRIMARY SCHOOL 7TH YEAR



SPARK KINDNESS, MAKE A DIFFERENCE!

Project Done By:

Aaliyah Liew Ziyi, Ananya Prabhu, Yar Zhi You Petrina, Yip Zi Xuan, Ang Kai Lin Danielle, Clarice Tan Hiang Yee, Igraine Kuek Li Ying, Syamin Binte Mohd Salleh

The objectives of this project were to Celebrate, Inspire, and create Awareness of kindness. These were some of the activities conducted:

Caught. In. Action (C.I.A) cards - Pupils caught showing kind acts had their C.I.A cards endorsed by teachers. They were then awarded the bronze, silver, or gold award based on the number of signatures. This served as an affirmation and to inspire them to continue the good work.

Friendship week - To celebrate friendship, these activities were carried out. 'My friend is a superhero' had pupils choosing a superhero that resembles their good friend. They had to pen down their good qualities, write a note of thanks and present it to them.

Gratitude week - To create awareness of the importance of being grateful, the activity 'Be grateful for...,' had pupils pick lots from a jar. These lots had different questions in relation to gratitude. The pupils penned down their answers and they were then displayed on a board. This allowed students to reflect on the kindness that have been shown to them.

Through the activities, pupils were able to display the Unity spirit by celebrating, inspiring and creating awareness of kindness.



CRESCENT GIRLS' SCHOOL 10TH YFAR



SHOO SHOO, STRESS!

Project Done By:

Rakshitha Ganesan, Felicia Chang Xin Yi, Kavilasha D/O Kumarasamy, Seow Jing Wen Joann, Nurul Hazirah Binte Suhaimi, Tan Xuemin Sarah, Elise Oh Yuan Ming, Nasryn Adriana Binte Hairmann

This project aimed to reduce stress and inspire Crescentians to be more positive in life. It is believed that by being positive to themselves and others, kindness will become second nature. This was achieved through these activities.

Stress Relieving Boards - Sensory boards were put up at staircases that are easily accessible for everyone. The variety of textures allowed the students to explore different ways to unwind and relax.

Kind-Watch - The Kind-Watch, is a play of words from the show Crime-Watch. Instead of showing different crime scenes, the students were able to watch different acts of kindness. The Kind-Watch videos were uploaded on the Instagram account @cgsfos2k18 to demonstrate that it is possible to integrate kind acts into their everyday life.

Positivity stickers - Stickers with funny puns and quotes were stuck onto canteen tables. They served as a reminder to students to be happy and be positive always.

Kindness Bingo - The Kindness Bingo gave students inspiration on what kind acts they could do. The class with the most number of bingos submitted received gotchas, a system in the school used to award classes for good behaviour.

These activities have allowed students to radiate positivity on a more frequent basis as they are now calmer and more at peace in their minds.



FUHUA SECONDARY SCHOOL 7TH YFAR



BRIDGING KINDNESS IN ONLINE & OFFLINE SPACES, THERE'S MORE THAT YOU CAN DO!

Project Done By:

Donovan Dua Jun Liang, Ng Li Ling, Chee Yuan Ting, Aaron Tham Jing Kai, Quek Yan Zi, Shermaine Ng Jia Mei, Afiqah Bte Nazarudin, Nicole Lee

This project aimed to create a more positive cyberspace and to spark positive social interactions in the real world.

First, to create awareness, students learnt the importance of being mindful of their digital footprints via CCE lessons and a cyberwellness skit put up by the ambassadors.

The second part was to allow students to relate to the experience. The first activity was the **Emoji Challenge** where it aimed to raise awareness of how emojis enhance interaction online when they portray messages accurately. The second activity was the **4-day Challenge**. This was to inspire students to demonstrate positive habits both online and offline. There were four challenges - Complete a set of tasks in the bag of kindness, create an Instagram wall of kindness, design an anti-cyberbullying pledge and to use technology to do good. The last activity was **Our Kampung Times**. It promoted a safe online presence in an inter-class 'kampung' setting. This enabled them to interact positively in the real world.

Through these activities, students understood how acquiring positive habits would be significant in spreading kindness in this digital age.



GLOBAL INDIAN INTERNATIONAL SCHOOL PG-SMART CAMPUS (SECONDARY) 7TH YEAR



TOGETHER WE CAN!

Project Done By:

Aarohee Temurnikar, Sruthy Sreekanth, Krisha Kartik, Jay Shah, Lincoln Joseph Jolin Belinda, Vaishnavi Kishore, Mehek Mathur, Riya Rao, Ishita Agrawal, Nethra Menon, Ria Agrawal, Rahul Rajkumar, Kavish Raut, Farah Fathima, Lakshmi Akanksha, Sharma Valiveti, Farah Fathima, Jaishita Mohta, Mahi Shah

This project was aimed at fostering kindness and creating awareness that kindness is contagious. These were some activities conducted:

I'll be there - New students were welcomed to the school with colourful decorations, games and handcraft mementos. This allowed the new students to familiarise themselves with the surroundings and feel comfortable.

Kind-Off - A debate on the topic, 'Should you be kind to the ones who bully you' was held where students debated with the simple rule to not let the discussion become rude. This allowed students to analyse common problems faced by the society.

Stroke on Kindness - Students shared ideas and concepts on kindness by writing them down on a big poster. This allowed students to get to know one another better as they realised that kindness manifests itself in different forms for everyone.

This project has helped improve the students' well-being and enabled them to be more sensitive to other people's feelings.



RAFFLES GIRLS' SCHOOL 10TH YEAR



YOU MATTER TOO, MAKE A DIFFERENCE!

Project Done By:

Adithi Vasudevan, Clarissa Wong Wern Ting, Gemma Eunice Mollison, Angal Anaya Rahul, Gwenda Poon Jia Ying, Tricia Chua Kia Teng, Pay Tianna, Natalie Hee Shao Jing

The project aimed to promote the messages that a kind community is built by efforts of individuals and the importance of taking care and being kind to oneself. Each month focused on a different aspect of kindness, starting with kindness to oneself. These were some activities conducted:

Bubble wrap and ball pit - Bubble wrap was wrapped around the pillars and pasted on tables in the canteen for students to pop. Some ambassadors also wrapped themselves up in bubble wrap, giving out "free hugs". The action of repeated popping proved to be very therapeutic for the students. The ball pit had quotes and messages meant to encourage the students, allowing them to feel optimistic and encouraged. This allowed students to relieve stress.

FOS Workout - This encouraged students to show physical self-care to themselves by exercising and staying fit. Students were also able to bond and interact with each other more.

Social media gratitude challenge - A social media challenge on the theme of gratitude was carried out. Students were tasked to post on their Instagram stories, sharing three things they were grateful for that day. This served as a reminder that they should be grateful for the little acts of kindness that happen every day.



YUVABHARATHI INTERNATIONAL SCHOOL (SECONDARY) 2ND YEAR



SPARKLING KINDNESS

Project Done By:

Kuchipudi Madhulika Varma, Chand Lohitaksh Mahendra, Naik Preamanand Alias Dhruv Nilesh,

Yashodhan Kartik Vaidya, Joseph Jason Kendric, Gupta Stuti Sachin, Rajesh Rohan, Anagha Vijay, Senthil Kumar Neha

This project encouraged students to internalise kindness and make it the driving force to make a difference in school, home and the community through these activities:

Kindness board games - Students created kindness board games. This helped them with developing team-spirit, sportsmanship, confidence and discipline

Poster making & essay writing competition - Students took part in these competitions on the topics of 'Echoes of Kindness' and 'Together we make a difference.'

Campaigning of kindness virtues - During sports day, ambassadors went around the stadium campaigning about different virtues such as courage, cooperation, confidence, creativity, cleanliness and beauty. Announcements were also made to remind students to not only exhibit these virtues on sports day, but every day.

Sparkling kindness corner - A kindness corner in school was created to encourage everyone to write about acts of kindness that have made a difference in their lives



APSN - DELTA SENIOR SCHOOL 4TH YEAR



THE APSN DSS WAY

Project Done By:

Aidan Chua Zi Jian, Enver Cheong, Muhammad Iyrfan Bin Masri, Melson Pay (Bai Maosheng), Muhammad Khairi Bin Sukiman, Reuben Lee Yuan Long, Luke Koh Ci En, Charmaine Koong Jia Li, Jacob Wong (Wang Yi), Liu Chang, Lee Quan Shui, Muhammad Firdaus Bin Saad, Mike Soo Cun Yuan, Amir Bin Amran, Arvin Shawm Selvaraja, Goh Kai Yang, Muhammad Hakim Bin Hamzah, Cheryl Chong (Zhang Xue'er)

The ambassadors spread kindness in the school by encouraging their peers to exercise responsibility for shared school facilities and to show care and concern when interacting with one another. The ambassadors embarked on the project by collaborating with the creative arts club and the school choir to spread the messages through the arts. These activities were conducted:

- Campaign posters were designed to encourage and remind peers to clean up after themselves when at the canteen or restroom.
- The song 'Heal the World' was performed to inspire change and to encourage peers to participate in the campaign.
- · A quiz on kind behaviours was conducted to promote good social etiquette when interacting with others.
- A kindness booth was set up to create kindness bag tags. These tags served as a reminder to be kind. This
 gave students who may have challenges with language, a platform to express themselves.
- The kindness wall reached out to the school community to allow students to display their thoughts and messages on kindness at a designated space.

Through these activities, students are now more conscious of their behaviour when using the school facilities and interacting with one another.



MINDS - LEE KONG CHIAN GARDENS SCHOOL 5TH YEAR



BEING KIND, MAKE A DIFFERENCE!

Project Done By:

Leane Paula Jatulan, Glennis Chen Wen Ting, Tan Jun Jie, Nurul Nadia Shazlinda Binti Amran, Advaitha s/o Thigaraji, Mohamed Aimi Bin Hamini, Chua Chee Hon , Chong Junan Sarah

The Kindness Ambassadors performed a song and dance titled "Kind-hearted hands" at the project's opening ceremony. They shared their objectives and encouraged their peers to participate in the activities they had planned:

- Students made inspirational posters and designed door hangers which depicted acts of kindness. The
 posters were displayed around the school to increase awareness.
- Students surprised their parents with handmade fridge magnets during Parents' Appreciation Day. They
 also appreciated the school staff by serving them drinks, watering the garden and arranging chairs for
 school events and meetings.
- The students contributed to the community by picking up litter at the park connector near the school. The Kindness Ambassadors visited Indus Moral Care and brought smiles to the residents by doing handicraft with them.
- The Kindness Ambassadors and classmates prepared flower pots of kindness to welcome their friends back to school on the 1st day of the 2nd semester. These flower pots served as a reminder to be kind.

To mark the end of the project, every class did a three minute kindness performance. Students who demonstrated kindness traits during the term were also recognised at the closing award ceremony.



MINDS - TOWNER GARDENS SCHOOL 6TH YEAR



I AM YOUR ANGEL

Project Done By:

Tan Si Jia, Charlene, Nurasyurah Bte Mohd Noran, Rahmad Bin Hamzah, Siti Norshahnira Emylda Bte Ka, Irfan Bin M. Nazril, Aliff Bin Ibrahim , Nur Azalia Bte Rosli, Joyce Elizabeth Hosler, Shabil Bin Fadil

The objective of this project was to enable students to think of the different ways that they can show respect and care to the people around them.

For the first project, classes were assigned a non-teaching staff to show appreciation to. With the guidance of their teachers, students became angels to the non-teaching staff. They got to know the non-teaching staff better and did simple acts of kindness. Photos of their act of kindness were displayed on the CCE board. In return, the non-teaching staff wrote thank you cards to their angels.

The second project focused on simple acts of respect and care. The targeted acts were specially selected to target the three levels of groupings of Junior, Senior and Special based on their development level and needs. For each act the students exhibited, one signature will be given on their individual card. Students were encouraged to exhibit the acts as many times as possible to get more signatures.

An award ceremony was conducted to recognise the students who received the Caring and Respectful award. Through these activities, students now take more responsibility to show gratitude to the people around them.







This category features schools with projects that focused on a specific social etiquette in school, inspiring everyone to make a change.





GLOBAL INDIAN INTERNATIONAL SCHOOL, EAST COAST CAMPUS (PRIMARY) 7TH YEAR



SPREAD KINDNESS AROUND!

Project Done By:

Abhinav Sharad, Arusha Karkhanis, Sai Sharan Chettiar, Saksham Verma, Tisya Dogra, Eshwar Jainathan Vasantha Kumar, Aadya Sharma, Lakshita Mehra

This project aimed to remind all pupils to be kind and considerate to one another and to take the initiative to be kind. Some of the main activities were:

Compli-mats - Pupils were encouraged to see the good in other people by stating the positive side of someone else. These good points were then written down and laminated for the recipient to use as a placemat during meal times as a reminder that they are a blessing to others.

Lighting up the class with Light Bulbs - Students identified a kind act that was displayed by their friends and wrote it down on a light bulb template. These light bulbs were subsequently strung and displayed in the class.

Quilt of Kindness - Students each wrote and decorated a piece of plain fabric with kindness quotes which were then stitched together to form a kindness quilt. This was eye-catching and many students were drawn to it to read the different quotes.

Through these activities, positive changes could be seen taking place among the students.



GLOBAL INDIAN INTERNATIONAL SCHOOL, PG-SMART CAMPUS (PRIMARY) 10TH YEAR



KINDNESS, A PRECIOUS GIFT!

Project Done By:

Amogh Verma Raj, Amith Menon, Anushka Vijay, Aditi Dongre, Bhavika Gupta, Kritika Tripathy, Drishti Jain, Ayan Surana, Gayathri Anil Kumar, Mihka Sobti, Nilav Nambiar, Bhatt Saumya Tejasbhai, Niranjana Raja, Anahita Mediratta, Nameh Singh Gulati

This project aimed to encourage students to empathise more, be more appreciative and to enable them to feel that they can be of help to others around them. These activities were conducted:

Kindness, Pass it on... - Pupils penned down their reflections on the importance of being kind on heart shaped paper. These were hung up as wall murals to reinforce the value of kindness in the pupils' behaviour and character.

Be Kind, Be Good - As bullying was an issue faced by most students at some point in their lives, the ambassadors spread awareness of this and took the opportunity to encourage their peers to always be aware of their attitude and behaviour towards others.

Friends Always - Pupils drew their handprints, cut it out and decorated it with kind messages. With this, they pledged to always be kind and helpful to others.

Spreading Smiles - As the two campuses merged into one, it was time to say goodbye to the janitors of GIIS Balestier Campus. Pupils showed their gratitude to them with an appreciation ceremony. The janitors were presented with care baskets that were donated by everyone in school as appreciation for their contributions.

Through this, students learnt that kindness is a gift that they should be generous with and appreciative of.



GREENWOOD PRIMARY SCHOOL 10TH YEAR



SHH! BE QUIET! BE KIND!

Project Done By:

Sarunisha Vasu, Charuu, Nurul Syifa Umairah binte Nor Mohamed, Setthaphakdee Ananyapon, Ashley Ng Ching En, Loh Xin Yi Jamie, Muhammad Hakeem bin Hassim, Zhang Zi Xuan Rachel, U Arrjun

The ambassadors wanted to tackle the issue of increasing noise levels produced by the pupils, and so, these were some of the activities carried out:

Captain Quiet, Poets of Kindness & Tales of Kindness - During CCE lessons, teachers explained the issue of increasing noise levels in school. For the primary 1-2s, a student was appointed as Captain Quiet while one student was appointed as the line leader for the primary 3-6s. Pupils were then taught how they could cooperate with Captain Quiet or the line leader respectively. They learnt how they could remind their friends of the appropriate hand signals to use to keep their voices low. Pupils then wrote what they learnt onto a Singa, scroll, or journal template respectively.

Video screening - Videos depicting reenacted scenes of pupils being rowdy and the usage of kindness sign language were shown as reminders for pupils to observe silence.

You've been caught - Lastly, pupils were encouraged to name friends who have shown kindness and the appropriate behaviour in school on a fish template. These pupils had their names broadcasted in school as an affirmation for displaying kind traits.

After the conclusion of the project, the noise level in school has been significantly reduced.



HOLY INNOCENTS' PRIMARY SCHOOL 8TH YFAR



NO ACT OF KINDNESS, HOWEVER SMALL, IS EVER WASTED

Project Done By:

Leow Wei Wei Andy Ramadhan, Lim Kai Ning, Camille Png Zi Yin, Heather Chia Rui Ying, Joel Sham Kay Meng, Lucas Chin Yee Seng, Pang Ru En, Joy Quah Lin Xuan, Tan Yong Neng

The project aimed at inculcating the greeting culture among students both in and outside of school.

The ambassadors conducted a social experiment to find out the impact of greetings and how it could affect a person's emotions. They gathered their fellow peers to conduct the **100 smiles challenge** at a public space. The students greeted people with a smile and observed if there was a response. There were a handful of people who ignored the greetings, however, most people who they approached with a greeting were responsive and returned the students' smiles. A handmade origami was presented to the people who responded and we-fies were taken to collect 100 smiles. This social experiment proved that most people respond to kindness with kindness.

Next, students received **Kindness Pledge Cards** where they could pledge to spread kindness by sharing the different ways to greet others or carry out a kind act. These cards were displayed at the notice board to inspire others to continue the greeting culture and spread kindness.

Through the activities, it could be seen that even the smallest act, like a smile, is able to positively impact someone else. It was also observed that students are now greeting others readily.



JIEMIN PRIMARY SCHOOL 10TH YEAR



KINDNESS BEGINS WITH ME!

Project Done By:

Javis Gan Ming Feng, Javier Tan, Low Boon Kai Justin, Tan Zhi Rui (Chen Zhirui), Naurah Qistina Putri Najib, Tan Li Lin Serena, Kumaravel Anees, Livsharan Luvleen Kaur D/O Manjit Singh, Miko Chay

The project aimed to address the problem of bullying in the school with these activities:

Kindness and bully-free week - Various games were conducted during the week. In 'Aim for Kindness,' pupils threw a dart at the dartboard. Where the dart landed, they were asked a corresponding question on the topic of bullying. For 'Flick it Down,' pupils flicked carom tiles at the unkind acts to shoot it down and explained the consequences of the unkind act. 'Fish for Kindness' had students fishing for kind adjectives in an inflated pool filled with synonyms and antonyms of kindness.

Kindness pledge - As a follow up from the bully-free week, pupils were encouraged to reflect and pen down how they would like to show kindness to the people around them. A total of 791 pledges were made and the selected pledges were displayed for all to be inspired.

Design a kindness poster - Pupils were tasked to create their own kindness and bully-free posters which were hung up in class to serve as a reminder to not bully and always choose kindness.

Through these activities, the students are well on their way to create a bully-free school.



NAVAL BASE PRIMARY SCHOOL 3RD YEAR



PROJECT BEFRIEND

Project Done By:

Gwyneth Zoe Gajete Balakrishnan, Koh Xin En Amelyn, Ariesyah Insyirah Binte Mohamad Faizin, Nur Ainin Sofiya Binte Johari, Tan Yi Xuan, Ian, Nurqalisyah Binte Salimi, Nur Farisyah Adawiyah Binte Zulkifly, Huang Qianrou, Muhammad Isa Bin Muhammad Shaffig Tan

Project Befriend aimed to bring about positive change in promoting social inclusivity and making the school a happier place for all. These were the three activities conducted:

Befriending The Lonely Students In The School - The ambassadors, along with selected members of each class attended an in-house workshop to understand how loneliness could affect one's happiness and the struggles that these lonely students face on a daily basis. They then spent five weeks to befriend these students during recess. Notes of encouragement were also presented to them.

Making A Teddy Bear For A Friend - Students brought a face towel to school to make a teddy bear for their friend. They tried their best to make a nice bear out of their friend's towel and they were excited as they not only got the chance to learn a new skill, but also gained great satisfaction being able to make something for their friend.

30-Day Kindness Challenge@NBPS - 30 kind acts were chosen from more than 250 responses contributed by students. These acts were displayed on the Kindness Board for a month with 7 being revealed each week. Upon completion of each challenge, they could paste a sticker on the board.

Students are now able to see that every little act of kindness contributes to a gracious school.



PUNGGOL GREEN PRIMARY SCHOOL 6TH YEAR



THE SCIENCE OF LOVE, SHOW IT AND MAKE SOMEONE'S DAY

Project Done By:

Hillary Wee, Hannah Binte Haron, Ngiam Chong Rui, Shaun, Marcheyla Ng, Lai Le Xin Grace, Fan Nuoxinran, Lim Huan Xi Lovie, Natalie Tan, Oh Sumin

The ambassadors wanted to raise awareness of the five love languages and how it differs for everyone. This will then enable students to be more aware of how they can show appreciation or care for a specific person or people.

All students in school were required to complete the Love Language Quiz and the individual results were recorded and consolidated. Following that, a presentation was held by the ambassadors to launch the project and to explain the rationale behind the quiz. They touched on the topic of the five love languages and the different ways they can show their care for the different groups of people. The students were also prepped for the activities at the upcoming Kindness Appreciation Week.

Booths for each love language were set up during the Kindness Appreciation Week. Every student and their love language were displayed on individual class list at the booths. Students could use this information to show their appreciation and care based on the love language that their friend best responds to.

This project allowed students to understand that everyone is different and it is important to understand the people around us.



QIFA PRIMARY SCHOOL 8TH YEAR



WHETHER ONLINE OR OFFLINE, LET'S BE KIND AND MAKE A DIFFERENCE!

Project Done By:

Hamza Asim, Li Chenjia, Clarisse Tok Yijing, Dilys Lim Yi Ling, Kng Li Lin, Crista, Wong Jing Ting Ezanne, Liu Yichen Claire, Sng Jia Xin, Kenisha, Aidanz Ng (Huang Weicong)

This project focused on making a difference in the cyberworld through acts of kindness with the objective of inculcating self-responsibility and empathy for other users. These were some activities conducted:

Kindness Blog - The ambassadors created a kindness blog to provide their peers with a platform to post kind messages and pictures. This blog is open to everyone, therefore all students were able to read the kind words posted by others.

Poster making competition - Students took part in the poster making competition on the theme of 'Tips for being kind online.' This allowed students to unleash their creative juices and reflect on how kindness can be shown online.

Game Booth - Kindness games with different scenarios were created by the ambassadors to allow students to explore, learn and experience the dos and don'ts of online etiquette.

Kindness Tree - Students penned down acts of kindness that they have done or received on cut-outs and these notes were formed into a huge tree. This served as a reminder for students to acknowledge the kindness of others and to follow in their footsteps.

Through these activities, students are now aware that anything they do or say online can have an impact on others and to always choose good.



STAMFORD PRIMARY SCHOOL 4TH YEAR



STAMFORDIANS, BE K- HIP!

Project Done By:

Kostyuchenko Sofiya, Cao Zhijun, Paul Eliott Caudwell, Javier Sophia Margarette Pabualan, Jessie Marguerite Go De Guzman, Nang Amy Ko, Sarah Her Rui En, Shehza D/O Mohammad Jarique, Zocia Giam

The ambassadors advocated fellow Stamfordians to be K-HIP (Kind, Happy, Inclusive and Positive) and involved their schoolmates in the following activities:

Kind and Happy - Students were to write and decorate a card stating a kind act every time they showed or received an act of kindness. These cards were then put into the Kind and Happy Buckets where it served as a visual representation of the kindness level in school.

Inclusive - To encourage inclusivity, everyone was given a K-HIP card. This served as a progress chart for the games conducted and students were encouraged to invite a peer to play the games together. Students were also required to pen down how they can be inclusive of others.

Positive - To remind students to stay positive, students identified their personal strengths and wrote it down on 'Strength cards' as an affirmation to themselves. Encouragement notes were also written for the primary 6 students to remind them to remain positive and to take care of their health.

Through the activities, Stamfordians now practice being K-HIP to the people around them on a daily basis.



BARTLEY SECONDARY SCHOOL 5TH YEAR



WORDS ARE GIFTS, GIFT A WORD TODAY!

Project Done By:

Muhammad Fathi Bin Rafie, 'Amilah Zayani Bte Zamri, Iva Habriyah Bte Rosli, Andrea Lai Jia Yi, Yogavarthini d/o Ganesan, Sherin Shahi, Tan Zhi Yi Jaslyn

This project aimed to raise awareness on the impact of spoken words and to create opportunities for students to demonstrate kindness through the use of positive words.

The ambassadors first brainstormed on examples of hurtful phrases that students commonly use. With this, an activity sheet was created to ask students to evaluate the emotional impact of the negative phrases and how these phrases could be replaced with kinder alternatives.

To take this project further, cups containing ice-cream sticks with negative phrases were placed on all canteen tables and students could join the game by matching negative phrases to the corresponding positive alternative. A hand-written note of encouragement was presented to all who participated and they were encouraged to pass the note on to their friends, hence, gifting others with kind words.

At the end of the project, the ambassadors conducted a survey and discovered that most students would make the effort to speak kindly.



NAN HUA HIGH SCHOOL 4TH YFAR



BE THOUGHTFUL, MAKE A DIFFERENCE!

Project Done By:

Oh Han Xin, Lo Pei Qi, Lim Xin Ru, Ashlyn Leow Hui Xuan, Chua Tze-xi, Ku Seo Hyeon, Faith Teo Yi Ning

The ambassadors planned a week of activities with the aim of encouraging bonding through activities. These were some of the activities conducted:

Makan & Mingle I & II - Students were encouraged to prepare healthy food from home and bring it to class to share with their classmates and teachers. This was held over two sessions at the start of the day and emphasised the importance of having a hearty breakfast and having good relations with fellow classmates.

Roll & Stack - Life-sized Jenga blocks were created as a platform for students to mingle with one another and to unwind amidst the busy school day. It also encouraged cooperation between students. Each student took a turn to roll the dice and they had to remove the block with the corresponding number on which the dice landed on. The game continues until the tower collapses or no further blocks could be pulled out.

The Wheel of Kindness - A wheel with different acts of kindness was placed at the canteen. Students spun the wheel to see which kind act they would perform that day. This was to get students to step out of their comfort zone to perform a kind act for someone that they normally do not interact with.

Through these activities, students now take more initiative to bond with their schoolmates.



MOST INSPIRING SOCIAL ETIQUETTE INITIATIVES

PING YI SECONDARY SCHOOL 7TH YEAR



HAMMER IT DOWN, KINDNESS IN CONFLICT RESOLUTION

Project Done By:

Bashirah Uzma Bte Ashraf Ali, Fitri Andini Bte Mohd Zain, Wong Yu Ze, Ang Jia Yi, Kolanji Aswini, Tann Fayfong, Shafiz Bin Mohammad Hafiz, Nur Azaliah Binti Abdul Rahman

This project aimed to develop a positive culture of kindness in conflict resolution so as to develop healthy relationships with each other.

To launch the project, a booth was set up in the canteen to raise awareness of the importance of showing kindness in conflict resolution. The booth displayed informative slides that defined the meaning of conflict, why they occur and the different strategies to encourage the spirit of understanding the importance of conflict management. Students were also encouraged to write pledges of positive reconciliation when faced with conflict and these pledges were displayed at the booth.

In addition, a lesson plan crafted by the ambassadors allowed for an intensive discussion on the topic during Circle Time lesson. This allowed the students to further understand how they could react in a conflict as an individual.

Finally, to allow students to identify their own conflict identity, students completed a questionnaire which contained various questions in relation to the topic. Upon completion of the questionnaire, students were able to classify themselves in various animal identities and learnt the similarities in terms of their conflict identities.



MOST INSPIRING SOCIAL ETIQUETTE INITIATIVES

ST. PATRICK'S SCHOOL 3RD YEAR



KINDNESS BEGINS WITH ME!

Project Done By:

Jeremiah Chin Won Chuh, Raphael Ong Yun Sen, Cheong Qing Yuan, Isaac Lim Zhe An, Marc Lim Liang Kiat, Kalten Toh Wey En, Lawrence Roy, Josh Teng Li Hern, Hafiz Bin Ismail, Joshua Liew Yew Peng, Mohammed Fahim

The objectives of the project were to promote inclusiveness and inculcate a presence of brotherhood among the Patricians, and to encourage every individual in school to be kind to everyone, starting from themselves. These were the activities conducted:

Kingo Activity - Each student was given a kingo card and a time limit of three minutes to get classmates to vouch for them based on the random act of kindness that they have done. Each act of kindness on the card was carefully selected and created to meet the Patricians' needs.

VIA - Kindness Project - The aim of this activity was for students to take ownership and brainstorm ways to depict and showcase the kindness culture in school to the rest of the school community. The various groups in class then presented the ideas to their classmates. The best project was selected and the students started work on it.

Gratitude Cards - Students wrote personalised appreciation notes to their peers and school staff and time was set aside for students to exchange and hand-deliver the cards to their recipients.

Through the students' enthusiasm in writing to their recipients, it was concluded that the Patricians are moving in the right direction to becoming an inclusive and gracious community.



MOST INSPIRING SOCIAL ETIQUETTE INITIATIVES

MINDS- WOODLANDS GARDENS SCHOOL 4TH YEAR



GREET WITH A SMILE, MAKE A DIFFERENCE!

Project Done By:

Nur Adira Bte Apandi, Enoch Teh Dao Ern, Sudharssan S/O Morganan, Muhd Farhat Afiq Bin Kamsan, Teo Xuan Ling Celest, Iqbal Syabil Bin Othman, Roy Hong Bao Quan, Nur Izzati Bte Abdul Rahman

The ambassadors wanted to instill a culture of greeting in the school and to promote the values of care and concern among the students. To achieve this, an assembly talk was conducted to introduce the project. In addition, these activities were carried out:

- Students watched a play on "Bullying" and learnt that they can make a difference for others by showing care.
- Teachers and parents took photos of students greeting people for the "Catch Them Right" campaign. These photos were made into posters and displayed around the school.
- A main banner was also put in the front of the school with the principal and a student greeting each other.
 The was to encourage and reinforce the greeting culture in students.
- Lastly, outstanding students who constantly greet others were given a Certificate of Appreciation. This appreciation was an extra boost to the students to continue even after the campaign.

This project has given the students the opportunity to strengthen graciousness through greeting and showing respect to all. Students have now started to greet everyone without any reminders and even the teachers have started to greet their colleagues and students.







This category features schools that have the best and most creative initiatives to inculcate gratitude among their students.

40	Catholic High School (Primary)
	CHIJ Katong (Primary)
41	CHIJ Kellock
	Gan Eng Seng Primary School
42	Kong Hwa School
	Methodist Girls' School (Primary)
43	Radin Mas Primary School
	Raffles Girls' Primary School
44	Shuqun Primary School
	Si Ling Primary School
45	Westwood Primary School
	Yuhua Primary School
46	Crest Secondary School
	Manjusri Secondary School
47	Marsiling Secondary School
	St. Margaret's Secondary School

CATHOLIC HIGH SCHOOL (PRIMARY) 8TH YEAR





DO SOMETHING KIND, MAKE A DIFFERENCE!

Project Done By:

Wan Zheng Xun, Zavier, Benjamin Alex Khoo You En, Poh Yu Heng, Teo Zheng Xin, Ethan Goh, Chee Hann Lyang, Ang Jun Min Bryan

One component of the project was to get students to know the non-teaching staff in the school and to inculcate the habit of showing gratitude. To do this, photos and names of the cleaners were pinned up in every classroom so students were able to identify and greet them by name. Every class then wrote and decorated thank you cards and they were presented to the non-teaching staff at a lunch gathering.

CHIJ KATONG (PRIMARY) 3RD YEAR





ANGELS IN DISGUISE

Project Done By:

Ho Yue Min, Amanda, Alexis Ng Wai Hsuen, Ellie Lee Yan Lin, Lam Tze Lui, Mikaela, Shirae Xue Yunrou, Yew En Ting Julia, Kiera Nadine Binte Muhammad Nazri, Lai Yin Wen, Waverly Elise Chow

To provide students with an opportunity to show care and appreciation, a booth was set up during recess for them to write cards to their peers. Templates for different occasions such as gratitude, apology and friendship were available for the students to pick from; many of them made use of the cards to show their appreciation, or to make up with their friends.

CHIJ KELLOCK 8TH YEAR





GRATITUDE PROJECT

Project Done By:

Ngawang Tsering Choden, Amelia Davies, Mikaela Png, Shyann Ang, Claudia Xue En Peeris, Kwon Sun Jin, Gracie, Kasey Chua, Victoria Kwek, Sasha Sanjini Raveentheran

In alignment with the school's theme of gratitude, students in CHIJ Kellock showed their appreciation to the different groups of people in their school by personalising appreciation gifts in relation to their job scope. A gratitude booklet containing appreciation messages was compiled for the school librarian while a coin sorter was made for the bookshop aunty. Special gratitude cards installed with LED lights were made for the K-Marshalls who directed the traffic for students who made their way to school.

GAN ENG SENG PRIMARY SCHOOL 6TH YEAR





TOWARDS AN APPRECIATIVE GESPS

Project Done By:

Zachary Tan, Tashadevi Sivashankar, Muhd. Zulkarnain Bin Hashim, Walter Foong, Redeta, Nguyen Khanh Linh

A unique feature of GESPS culture was that students would greet teachers by saying 'Thank you _____ (teacher). We appreciate you and have a nice day' towards the end of each lesson. To further extend the culture of gratitude, students prepared performances and wrote appreciation notes which were subsequently presented to the non-teaching staff during EAS Appreciation Day.

KONG HWA SCHOOL 10TH YFAR





KINDNESS IN ACTION

Project Done By:

Joan Quek Wen En, Ashley Lorraine Tan, Koon Wei Rong, Nigel Lee, Renise Chia Shi Ying, Bay Beng Yong, Emily Nicole Pang, Tricia Teo Xiu Yi, Jayden Chua Wei Feng, Maggie Yong, Eagan Tan Zhi Jie, Lex Chia Weile, Chiara Lin Qiao, Teng Jia Le

The project aimed to raise awareness of the importance of kindness, and to encourage students to spend some time and effort to show kindness and appreciation. A challenge was posed to the students to accumulate 100 acts of kindness as a class with an overall goal of achieving 5,000 acts of kindness. With the goal in mind, students set out showing appreciation and kindness to the people around them, well exceeding the target of 5,000 acts of kindness.

METHODIST GIRLS' SCHOOL (PRIMARY) 9TH YEAR





TAKE THE INITIATIVE TO SHOW KINDNESS TO NON-TEACHING STAFF IN MGS

Project Done By:

Naomi Yeo Wen Yu, Tan Jia Yi Kelly, Victoria Min-Jing Westnedge, Lee Siu Rui Clarissa, Emmelyn Chia Ray Nen, Jemima Star Banks, Lang Wen Ling Laura

To encourage the students to get to know the non-teaching staff in school better, classes formed groups of six and were given a mission card with the allocated staff they were to get to know better. The students had three weeks to complete the mission and at the end of the mission, they made personalised thank you cards with the newfound information that they have gathered during the course of interaction with the staff. The recipients were touched that the students were enthusiastic in their efforts to get to know them better.

RADIN MAS PRIMARY SCHOOL 5TH YEAR





HAVE YOU THANKED THEM TODAY?

Project Done By:

Ally Natasha Binte Zuraiddy, Lee Si Ying, Rykiel, Muhammad Syazlie Bin Ali, Jarmila Lee Yu Eng, Kaylea Tan Kai Xuan, Ngan Yu Xuan Hailey, Sng Yi Fei, Lim Yong Chun, Glenn

To inculcate the culture of gratefulness and appreciation, gratitude workshops were conducted for the students where they drew three scenes that they were thankful for in their lives. In addition, interviews with the non-teaching staff were also broadcasted to allow students to understand the challenges that they face daily. Following that, students wrote appreciation notes to the non-teaching staff and the notes were collated and delivered to the staff.

RAFFLES GIRLS' PRIMARY SCHOOL 10TH YEAR





SMALL ACTS OF KINDNESS, MAKE A DIFFERENCE!

Project Done By:

Choo Ying Ern, Lee Ze Pin Aretha, Dhar Yutika, Lee Jia Xuan Kirsten, Natalie Koh Si Qi, Sophie Chong Ying Shan, Xue Lerong Angela

The ambassadors wanted to create a culture of appreciation in the school and used SINGA as an acronym to help students remember the slogan, 'Smile, Interact N Greet to Appreciate your teachers.' Primary 1-3 classes were given a "bag of kindness" where each student picked a task from the bag and performed acts of kindness for the teachers, while primary 4-6 students came up with questions to ask their teachers about a teacher's life and wrote notes of appreciation to them. These activities allowed students to understand the challenges that teachers go through and provided students with a platform to show their appreciation.

SHUQUN PRIMARY SCHOOL 9TH YEAR





SHUQUNITES, MAKE A DIFFERENCE!

Project Done By:

Liew Yu Cheng Thaddaeus, Lim Yu Ting Albee, Cen Shirui, Ellora Jane Choo Shuen Zhen, Aldrich Wai Xu Rong, Paulraj Helen, Isaac Chua, Ler Xin Ying

This project aimed to help Shuqunites be more forthcoming in showing their appreciation to the non-teaching staff. To do this, different levels were assigned to different groups of staff to get to know them better. The groups of staff were the dental therapists, canteen stall holders, security officers, cleaners, and the executive administrative staff. The students then wrote appreciation notes and decorated posters which were displayed at the 'Show them we care' booth.

SI LING PRIMARY SCHOOL 10TH YEAR





LET'S APPRECIATE, MAKE A DIFFERENCE!

Project Done By:

Ezann Wong Sher Yuan, Shim Sin Yee, Joey, Ashvini Vijindra Pandhari, Muhammad Nazarul Azhar Bin Mohamed Asrin, Alicia Tan Xin Yi, Twarita Tibriwal, Marsya Syauqina Binte Yazid, Mohammad Aidil Bin Abdullah, Ameer Bin Zam-Zam, Wang Xinyuan

The objectives of this project were to show appreciation to the non-teaching staff, encourage students to know the staff by their names, understand their job scope and dedication in serving the school and lastly, to thank them for their great work. To do this, booths were set up during recess to allow students to know the staff better through games. A 'Thank You' note writing corner also allowed students to pen their appreciation for the staff.

WESTWOOD PRIMARY SCHOOL 3RD YEAR





BE A WESTWOODIAN ENCOURAGER

Project Done By:

Cherish Yeo Shi Ning, Dhia Delisha, Nur Herdreana, Ho Kian Lock Ashton, Eranthe Lim En, Alif Irsyad Bin Mohd Farid, Jayce Chan, Nur Iffah Nabilah, Solomon Lim, Zara Neo

To encourage Westwoodians to show their appreciation and be motivators to the primary 6 students, a booth was set up during recesses for three days where students and teachers penned down encouraging words for the primary 6 pupils and appreciation notes to people they would like to thank. The notes were presented to the intended recipients and the encouragement cards were collated into a photo frame and presented to the respective primary 6 classes.

YUHUA PRIMARY SCHOOL 10TH YEAR





APPRECIATING PEOPLE WHO TAKE CARE OF OUR WELL-BEING IN SCHOOL

Project Done By:

Ong Kah Meng, Lu Renyi, Baskar Aakash, Choi Zili Shantal, Heng Yu Qing, Jernelle, Joel Nithyan, Alwiyah Binte Mohamad Isnin, Nur Indriani Binte Abdullah

The aim of the project was to demonstrate kindness through showing appreciation to the non-teaching staff who ensured the well-being of the students. To allow the students to know the staff better, information about each staff was displayed and students were encouraged to write thank you notes to these staff. These notes were subsequently collected and put up to form the Gratifude Tree.

CREST SECONDARY SCHOOL 1ST YEAR





THANKING THE PEOPLE BEHIND THE SCENE

Project Done By:

Nur'Ain Binte Mohamed Madani, Nur Asyabrina Binte Khairul Anwar, Stif Filzah Nadhirah Binte Mohd Fauzi, Nurul Firdyana Binte Muhammad Hairol, Ng Hwee Khee Phoebe, Goh Kai Ting, Nurul Firdyani Binte Muhammad Hairol, Ng Hwee Khee Phoebe, Goh Kai Ting, Nur Afidah Darshini Binte Abdullah, Yeo Kai Ting, Nuratiqah Binte Haroman, Sharifah Nur Rindyani Puteri Syed Omar, Nur Emylliana Binte Baharudin, Sit Noor Shakia Binte Sharil

The objectives of this project were for students to understand the importance of the work of the non-teaching staff in school and to show appreciation towards them. Every class was in charge of thanking one to two non-teaching staff and they interviewed the staff to find out about their interests. A session was allocated from the CCE lessons to conduct a mini celebration for the staff; activities included playing games and karaoke singing. The students managed to reach out to 71 non-teaching staff and the celebrations were a success.

MANJUSRI SECONDARY SCHOOL 7TH YEAR





STEP UP AND MAKE A DIFFERENCE TO OUR CLEANERS

Project Done By:

Talib Althea Plaquia, Poon Xin Mei, Chng Teng Suan Bernice, Tamir Onon, Leow Ying Ying Amanda, Rachael Tan Zhi Hua

To encourage students to understand the challenges that the cleaners face and to show their appreciation to the cleaners in the school, a variety of activities were conducted to allow them to show appreciation to the cleaners. Students designed posters to remind each other to lighten the cleaners' load by keeping the school clean. Thank you notes were also written and compiled into appreciation cards that were presented to the cleaners.

MARSILING SECONDARY SCHOOL 5TH YEAR





LETTERS FROM THE HEART

Project Done By:

Vera Ho Min En, Muhammad Aufa Bin Mohamed Iskandar, Owen Altamisy Bin Naharudin, Nur Syafikha Bte Rahimat, Nuraisyah Bte Sharidan, Nurul Insyirah Bte Md Yazid, Sonia Adelyna Fegyra Norhallis, Chiamara Nirwana Kenneth

On Racial Harmony Day, students of different races came together to celebrate their differences. Apart from embracing the differences, students also recognised and acknowledged how their friends of different races have helped them in various situations. To enable the students to show their appreciation to their friends, the ambassadors designed a card which students decorated and wrote personalised messages for their friends. Through this activity, students recognised that they should not take their friends for granted by showing them how much they are appreciated.

ST. MARGARET'S SECONDARY SCHOOL 10TH YEAR





POLKA DOT KINDNESS

Project Done By:

Kellyanne Tan Jianing, Magdalene Low Jia Xin, Rebecca Low Jia En, Ang Qing En, Elyse, Emmanuelle Xie-En Sudharman, Cheryl Chua Xi Xian, Alexandria Cheng Ern

Polka Dot Kindness provided multiple platforms for students to show appreciation to the people around them. Students were able to show their appreciation to their friends with song dedications and shout-outs at the 11FM booth during recess. Students also got to know the non-teaching staff better through a video made by the ambassadors. They were then encouraged to use the information to strike up a conversation with the staff, allowing the staff to feel appreciated for the work that they do.







This category features schools that used unconventional or unique initiatives to inspire students to understand, internalise and act on different issues.

49	East Spring Primary School
	First Toa Payoh Primary School
50	Huamin Primary School
	Kranji Primary School
51	New Town Primary School
	Pioneer Primary School
52	St. Stephen's School
	Tampines North Primary School
53	Woodlands Primary School
	Yio Chu Kang Primary School
54	Zhonghua Primary School
	CHIJ St. Nicholas Girls' School
55	North Vista Secondary School
	Paya Lebar Methodist Girls' School (Secondary)
56	Tampines Secondary School
	Tanjong Katong Girls' School

EAST SPRING PRIMARY SCHOOL 5TH YEAR





SMILE, MAKE A DIFFERENCE!

Project Done By:

Zaina Saraa Ahmed, Nurylfaatihah Izzati Binte Jefferi, Lee En Qi, Wong Yue Shi Natasha, Sophie Leng Jiaxin, Farish Danial Bin Mohamed Faizal, See Toh Wei Quan, Rafael

The project aimed to encourage everyone in school to smile and pass the kindness on to the people around them. One of the activities conducted was Kindness, Pass it On (Staff edition). Foil balloons were placed in the staff room and attached on each balloon were ten tasks. Each staff performed one kind act on the note and passed the balloon on to another staff. This continued until all tasks were completed.

FIRST TOA PAYOH PRIMARY SCHOOL 10TH YEAR





YES, WE CAN MAKE A DIFFERENCE!

Project Done By:

Charlotte Teong, Seah Le Tong, Nicole, Senthilkumar Hari Prasad, Moses Balynzhenko Santosa, Tan Jing Yuen, Lim Ke Yuan, Putri Nadia Binte Abdul Khalid, Benedict Chan Yong Cheng, Farisha Binte Mohamad Saleh

To encourage their schoolmates to be proactive in being kind, the ambassadors rewrote the lyrics of the B-I-N-G-O song to a song that that explored what it meant to be caring and considerate, naming it the S-I-N-G-A song. This allowed students to relate to the song and message easily. In addition, a board game was designed to encourage FTPPS students to reflect on the various ways they can show care and consideration to the non-teaching staff in a fun way.

HUAMIN PRIMARY SCHOOL 3RD YEAR





SHOW KINDNESS, BE CONSIDERATE, MAKE A DIFFERENCE!

Project Done By:

Giriraj Jeyanikaa, Ong Wee Kee, Clarice (Wang Weiqi), Ng Cheng Yu, Ahmad Syahmi Bin Mohamad Suhaimi, Alanda Lui Zhi Qi, Soo Hoo Zhang Li

The focus of the project was to encourage students to show respect and care for people's feelings. The ambassadors believed in the power of peer influence and planned activities that would encourage students to influence their peers to be kind and considerate. Several activities were conducted where students pledged for kindness on the FOS pledge tree or at the video booth. Students also made clay models of Kindsville cubbies whose qualities they wished to emulate.

KRANJI PRIMARY SCHOOL 3RD YEAR





KINDNESS BEGINS WITH ME!

Project Done By:

Nur Shadrina Daniah Binte Abdul Manap,
Nur Sufiyah Binte Muhammad Yazid, Jasiyn Teo Jia En,
Jonathan Jevielin Kristianto, Lee Jioh, Nurul Aleeyah Binte Abdul Karim,
Mohammad 'Izz Haziq Bin Mohammad Khalid,
Nor Hafia Dania Binte Hisham,
Nur Hadirah Marsya Binte Muhammed Nozali

The project aimed to cultivate kind and gracious habits in school, inspire, and encourage Kranjians to practise small acts of kindness in everyday lives. One activity conducted was a mini bowling challenge, titled 'Kindness in Action' where pupils rolled a ball to hit the coloured pins. The coloured pins that they knocked down determined the questions that they had to answer. The questions posed situations in which the students had to decide how they would react, and tokens were presented to students who chose kindness in their answer.

NEW TOWN PRIMARY SCHOOL 8TH YEAR





LET'S MAKE NTPS A KINDER SCHOOL FOR EVERYONE

Project Done By:

Ong Yi En, Tan You Yee, Jasmine Jauzaa Justisia, Kuwe Shien Ye Julius, Raudah Binte Razali, Jessie Tan Wei Ling, Fok Zhi Zhong Felix, Eva Adriana Binte Mohamed Wira

This project aimed at making NTPS a kind school by encouraging students to do a kind act per day. A Bingo Challenge was launched where challenge cards were customised in terms of difficulty for the various levels. These cards were promoted during recess to encourage students to complete the cards. Completed cards were displayed in school to inspire students to perform a kind act a day.

PIONEER PRIMARY SCHOOL 6TH YEAR





PIONEER, MAKE A DIFFERENCE!

Project Done By:

Balaguru Sanjanaa, Low Bing Rui, Sarvesh Kumar, Hau Qi Hong, Josephine Gan Xin Hng, Ramathas Visvatharshni, Muhammad Ridhuan Firdaus, Malliraj Keerthana, Muhammad Danish

This project aimed to inspire everyone in school to play a part by making a difference in someone's life. To do this, several activities were conducted, such as 'Pioneer Kindness Radio' where students made public dedications to someone they wished to thank. Students were also encouraged to help each other make friendship bands and to present the band to their friend to show their appreciation. Through the activities, students realised that there were many ways to make a positive impact in another person's life.

ST. STEPHEN'S SCHOOL 9TH YEAR





BE THE HANDS OF EMPATHY, MAKE A DIFFERENCE!

Project Done By:

Tan Cayden (Chen ZheLei), Joshua Cheah Sheng Yu, Taran Daniel Saw Weng Keat, Syed Akbar Asif Husain, Jonathon Soltysiak, Koh Yu-Hao, Kyron, Jerard Rishi Aruldass, Dhireen Bhardwaj, Muhammad Suhayl Bin Sanwan

The project aimed to encourage pupils to practice empathy through fun activities. Pupils participated in game booths during recess and one of them was 'Let SSS Kindness Take Flight!'. Each pupil took a paper plane and threw it into one of the three boxes. They then had to pick a random kindness task from the box that the plane landed on and perform it on the spot. Pupils who were caught doing kind deeds for others also had their photos taken and pasted on the 'Rainbow Of Empathy' board. This affirmed the students and inspired others to follow in their footsteps.

TAMPINES NORTH PRIMARY SCHOOL 9TH YEAR





BB, CC & DD (FOS 2018)

Project Done By:

Ikmal Hakeem Bin Hazilah, Jacqueline Lee Jia Yi, Chong Jia Xuan Livni, Misha Turina Binte Kasmani, Satheeshbabu Pratheesha, Nurin Irdina Binte Riduwan, Nur Marsya Aqisyah Binte Mazalan, Sefia Ansalita Binte Salleh, Gwenn Tan Yi En

The project centred on the idea of making new friends by getting to know people that students do not normally interact with. One initiative to address this was the Buddy Bench (BB). Any student that sits on the bench would be invited to play or do activities together by a fellow student who notices them. To prevent misuse of the bench, rules such as 'If you use the bench, you must say yes to whoever asks you to play' applied. This initiative allowed students who were alone to make new friends.

WOODLANDS PRIMARY SCHOOL 10TH YEAR





GREETING IS RESPECTING

Project Done By:

Ouh Chong Shun, Tang Yan Jun, Hilmiah Shah Binte Shah Hafiz, Varsaah Thevaranjan, Ong Jia Le Levin, Muhamad Ariel Sophian Bin Muhamad Halid, Nurienne Binte Ahmad Zaidi, Lim Jia Yino, Lee Xuan Yi

The ambassadors realised that the school did not have a greeting culture because students were too shy to approach the teachers and were afraid that their greetings would not be reciprocated. To address this issue, a video was prepared and addressed to the teachers, requesting them to return a greeting with a smile, or a nod. A song titled "We want to greet HEY" was written and door hangers were designed to encourage students to take the initiative to greet others around them.

YIO CHU KANG PRIMARY SCHOOL 8TH YEAR





KINDNESS CHALLENGES

Project Done By:

Siti Nurkhalissa Binte Jumali, Prabahar Muba, Saravanan Nivendhan, Muhammad Azim Bin Uthuman Aliyar, Zumbrunnen Molly Sheng, Tan Jia En, Nayla Humaira Binte Mohamad Saffari, Naura Huzaira Binte Amran, Ayden Haikel Bin Abdul Halim

The project aimed to encourage the school community to be more helpful towards each other. One of the activities was the Truth or Dare Game where pupils picked between 'truth' or 'dare.' If a pupil picks 'truth,' the pupil will have to answer a question relating to kindness. If a pupil picks 'dare,' the pupil will be dared to carry out an act of kindness. Once the game is completed, they will pay it forward by getting the chance to ask the next pupil the same question. This activity showed pupils that one act of kindness from someone can be passed on, causing a greater impact than the original act itself.

ZHONGHUA PRIMARY SCHOOL 4TH YEAR





(A)CTION (C)HANGES (T)HINGS, MAKE A DIFFERENCE!

Project Done By:

Advait Chidambaram, Boon Jun Sen, Fan Xuan Wei, Ramasamy Dhaksha, Lin Jia Xuan, Mahi Arya, Yi Yangna, Ang Ning Xuan, Ooi En Ting

This project aimed at promoting a culture of love, care and appreciation by raising awareness that simple acts of kindness makes a huge difference and creating platforms for students to show their appreciation to the people around them. Students were tasked to reflect what kindness meant to them and subsequently designed a poster on kindness. Students also made origamis for people they would like to show their appreciation to and were encouraged to present the origami to the recipients.

CHIJ ST. NICHOLAS GIRLS' SCHOOL (SECONDARY) 7TH YEAR





CYBERKINDNESS, PASS IT ON!

Project Done By:

Lee Zhi Shuen, Yasmin Chuah Hooi Min, Alicia Chang Chuo Ran, Olina Kok Xin Yun, Edena Ong Hui Xin, Ang Sim Yee, Chua Yu Xuan, Tay Yuxin, Gan Ting Yun Glenys, Chung Ning Xin

To increase awareness of cyber wellness and to encourage bonding among students, a dart-board game booth was held during recess where a main player was blindfolded. Her friends would have to guide her with verbal directions on where the dart should be thrown. After the game, they had to answer a quiz question on the topic of cyber wellness based on where the dart had landed. They were then able to take polaroid photos or make badges as a pledge to be kind online.

NORTH VISTA SECONDARY SCHOOL 2ND YEAR





PASS ON THE KINDNESS!

Project Done By:

Davlyn Ngo, Zoe Teo, Tan Li Hon, Yong Li Sing, Mabel, Lewison Choo, Chia Ming En, Ong Jin Ray, Chen Jinnan, Sabrina Sim, Iffah Nawarrah

To address the problem that students and staff often forget to bring stationery to school or an umbrella on a wet day, the ambassadors conducted two initiatives to allow students and staff to share what they had or did not have a use for. Student and staff in the school were informed of the initiative and encouraged to bring any stationery or umbrella that they did not need. These items were repacked into specially designed stationery holders and umbrella holders which were placed in every classroom and the entrance of the General Office respectively. This allowed students to pass on the kindness to others who may need it.

PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY) 8TH YEAR





SHARING KINDNESS AND DETERRENCE OF PASSIVE BULLYING

Project Done By:

Rachel Lee Jing Xuan, Deeksha Kapoor, Lee Jia Xin, Tham Chu En, Tsu Hui Lin Cheryl, Lim Sze Han Emma, Emily Sau, Charmyne Cho Wan Xian

Exclusion was one of the passive bullying problems that some students faced and the ambassadors wanted to address the issue by promoting inclusivity. For one of the activities, students were scheduled to have recess together as a class. This was to limit the number of cliques and people being left out during recess. It was also a great way for students to bond and interact with classmates that they normally do not talk to.

TAMPINES SECONDARY SCHOOL 1ST YEAR





CLEANLINESS BEGINS WITH ME

Project Done By:

Nur Izzati Wardah Bte J, Irean Jaswande Bin Mohamed I, Duff Ong Jia Wei, Benedict Lo Jing Jie, Illya Sallia Binti Sanusi, Faryl Qoees Bin Mohamed Khusaini, Luqmanul Hakim Bin Saifudin, Johanas Louise Gatchalian F

To promote a clean and green school, the ambassadors hoped that students were able to internalise the consequences of an unclean school and to find ways on how they could upcycle items that no longer served their purpose. Students were encouraged to create original jingles on how they could contribute to a cleaner canteen and the top 3 jingles were played during recess. In addition, students were also taught how to upcycle waste into paper flowers, conversation boxes and tote bags.

TANJONG KATONG GIRLS' SCHOOL 7TH YEAR





CONQUER STRESS, MAKE A DIFFERENCE!

Project Done By:

Jafira Binte Abdul Nassar, Devita Rai, Janelle Ou Qi Hui, Windy Wu Yuzhi, Srushti Ganesh, Sheyenne Lim Si Yi, Nur Isma Hannah Binte Iskandarmirza, Lalithhaa Anjii D/O Thiruchelvam, Woon En Li, Evryl, Elisa Sabrina Binti Noor Iskandar

As the students face a lot of academic stress in school, this project aimed to help them relieve that stress and to remain positive. To help students conquer their stress, three activities were conducted. For 'Let it go', stress balls were given to the graduating students to encourage them to let the stress go. 'Encouraging study packs' containing some snacks and stationery were given to students to keep their energy up during the exam period. Lastly, for 'Hang in there', Secondary 1-3 students penned their well-wishes to the graduating students to encourage them in their final hurdle.







This category features the best designed murals, kindness boards or drawings which were put together or designed by the students.

58 Bedok Green Primary School

East View Primary School

59 Haig Girls' School

Princess Elizabeth Primary School

60 Xinmin Primary School

Yew Tee Primary School

BEDOK GREEN PRIMARY SCHOOL 10TH YEAR





BLOOM @ BGPS, MAKE A DIFFERENCE!

Project Done By:

Nurul Hannah, Angelita Mansuri Loong, Nurul Syafiqah, Girish Ghufraan, Sadiah Bte Muhd Mustaffa, Lew Wan Xin, Zeph Tan, Akid Danish

Garden templates of the different section of the garden were allocated to each of the levels. Students wrote their notes of appreciation on the allocated template and created a class mural that depicted a garden. The notes were then collected from the classes and formed into a 3D school garden display to serve as a visual representation of Bloom @ BGPS.

EAST VIEW PRIMARY SCHOOL 8TH YEAR





PROJECT HEARTS FROM ALL

Project Done By:

Brittany Ong Xi Ying, Stecha Ivana, Dian Fadhirah Binte Halid, Chia Yu Shan, Feng Pin-Chieh, Looi En Ting, Mary Rose Jacob, Namira Binti Mohamed Zan, Ramamoorthy Vasanthakumar, Sandhu Agam Singh, Shi Difen

The ambassadors set up a noticeboard for students to pen encouragement messages for students who represented the school in competitions as it would spur them on to perform their best. Students wrote their messages on origami paper and folded them into paper hearts. These hearts were displayed outside the General Office's glass wall for all to read and admire.

HAIG GIRLS' SCHOOL 10TH YEAR





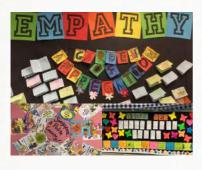
SKIP TO THE LOO

Project Done By:

Emma Lee Ler Chi, Nikita Basant Pratap, Kalista Koh Hwee Lun, Yukie Tan, Maradana Amrutha, Shuraifah Amaani Binte Muhammed Shahril, Gurmisha Chopra, Scarlett Victoria Timko, Cheng Wen Jia Aethra, Anya Rajesh Melwani

This project inspired students and staff to practise kindness and consideration in their use of toilets. Beautiful posters were digitally designed by the students and displayed in the various school toilets. These posters encouraged students to practise good toilet etiquette and to keep the toilets clean for the next user.

PRINCESS ELIZABETH PRIMARY SCHOOL 8TH YEAR





I MAKE A DIFFERENCE!

Project Done By:

Goldia Lim, Chrissy Chia, Nur Alifah Ilyana, Brian Ewe, Kho Ya, Balamurugan Pugazhselvi, Celine Ong Shu Qi, Yeo Kai Wen, Ilhan Haaziq Bin Mohammad Helmie

The Kindness Ambassadors made a wall of appreciation where students penned appreciation notes to teachers and non-teaching staff. This activity was also extended to the classrooms where students penned such notes to their classmates and parents penned appreciation notes to teachers during parent-teacher meetings. Staff also wrote appreciation notes to colleagues on the Gratitude Wall. In addition, the primary 1-3 students coloured posters on the 5 magic words and these were displayed in the classrooms.

XINMIN PRIMARY SCHOOL 9TH YEAR





CAUGHT IN THE ABSENCE OF KINDNESS? MAKE A DIFFERENCE! LET'S SAY 'THANK YOU'!

Project Done By:

Soon Shi Min, Tricia, Joshua Lim Ding Jie, Tan Xin Hui, Sheyenne, Galen Gan Xu Jian, Gopal Parameswari Lekashree, Chen YinChi, Boo Zhe En, Chow Kwan Yu, Kong Guan Xun, Anders

A door knob colouring competition was held for the primary 1 and 2 students. The best designs were chosen to be hung on the front door of each classroom. In addition, primary 3-6 students showed their appreciation to the school attendants by writing and decorating thank you notes on heart-shaped cards. The best pieces were made into a flower magnet and given to the attendants while the rest were strung and hung on the Character Tree.

YEW TEE PRIMARY SCHOOL 9TH YEAR





THANK YOU FOR SERVING US!

Project Done By:

Yang Lixuan, Aravind Neya, Janos Lim Liangxun, Tang Yu Kun, Clarence, Jasper Chan Jie Wei, Gong Yi Fei, Chai Su Han, Kayla Pua Jing Xuan

To thank the canteen vendors for preparing their meals, pupils wrote thank you messages and these notes were collated and pasted on separate boards. The ambassadors also taught pupils to make flowers using tissue and strings, after which, these flowers were glued onto the board as the border of the collages. These collages were presented to the vendors who proudly displayed it at their stalls.







This category features schools that have gone beyond the campus to make a difference to the larger community.

62 Anderson Primary School

Edgefield Primary School

63 Northland Primary School

West Spring Primary School

64 Woodlands Ring Primary School

Yuvabharathi International School (Primary)

65 DPS International School

Jurong West Secondary School

ANDERSON PRIMARY SCHOOL 8TH YEAR





ANDERSON KINDNESS MOVEMENT

Project Done By:

Gui Zhi Xuan, Khloe, Lyssa Lau Wen Qi, Ng Yun Xi, Gerard Goh Jing Xian, Alston See Qi Heng, Emili Fam Min En, Wong Jun Rui, Dylan

Students from Anderson Primary did their part in the community by venturing to hawker centres near the school to spread awareness to the public on the value of thoughtfulness and consideration. They reminded the public to return the trays to the tray return point after use. Students also organised a food donation in the school for the less-privileged. These food items were collected, sorted and distributed to the recipients.

EDGEFIELD PRIMARY SCHOOL 10TH YEAR





KINDNESS WITH ONE HEART

Project Done By:

Ummie Nashika Binte Juhaidy, Harith Hadi Imran, Chuan Rei Fung (Cai Ruifeng),

Wong Kai Xuan (Wang Kaixuan), Karina Astari Widiyantomo, Sean Pheh Jin Kang, Khalisha Humaira D/O Ameeroodin, Muhammad Iqram Hasif Bin Sharil

The ambassadors worked with various organisations to plan activities for the residents of blocks 327A and 327B of Sumang Walk. The students shared tips on being a good neighbour, taught the Cha-Cha dance to the residents and operated a Kindness photo booth. The residents enjoyed themselves thoroughly while learning about good neighbourliness.

NORTHLAND PRIMARY SCHOOL 8TH YEAR





PROJECT THANKS (TO HONOUR, APPRECIATE & NEVER FORGET KINDNESS) ® NPS

Project Done By:

Tan Xuan Hui, Janelle, Tan Yi Xuan, Renee Tan Zhi Xian, Neo Hwee Kee, Michol, Nikki Yap, Hoh Yu Cheng, Ryan, Hau Jie En Kelly, Ahmad Arfan Bin Mohammad Shawaludin, Anis Sorfina Binte Mohamad Akel, Sim Shi Ting, Jiang En, Shvetha Nagenthiran, Song Wei Cheng

As part of the school's 30th Anniversary, the students gave back to society by organising a fiesta with a flea market, food, and games stalls. The funds raised from the fiesta were donated to the less privileged families in Yishun. The students also visited Yishun Community Hospital to bring cheer to the patients by engaging them through games and performances.

WEST SPRING PRIMARY SCHOOL 3RD YEAR





WEST SPRING KINDNESS CHALLENGE

Project Done By:

Anne Lau En Qi, Zen Wee, Lim Jia Ying, Theodate Hong Wei Keyn, Shariffah Qoriah Hayfa Al-Edrus Binte Syed Abu Hurairah, Nur Sarah Binte Mohammad Juana, Carolyn Neo Yu Xuan, Azrul Bin Azmie, Asilah Kavisah Binti Sudiman

The students wanted to enhance relationships between neighbours and worked with external organisations to plan and carry out a fun-filled carnival in the Senja neighbourhood. Activities such as giant pick-up sticks and modified Monopoly bonded participating residents. The students also raised awareness of the importance of strong neighbourly ties. Through the project, students are hopeful that the 'Kampong Spirit' will be brought back to the neighbourhood.

WOODLANDS RING PRIMARY SCHOOL 6TH YEAR





KINDNESS CHALLENGE @ WRPS

Project Done By:

Beh Jing Hao, Huang Leyi, Nie Lihan, Sia Si Yin Charmaine, Syarifah Batrisyia Nur Amalina Binte Syed Zukarnain, Vieon Lee Si Xian, Nurul Nabilah Binte Mohd Nasir, Phua Zhuyu, Tecna Lee Xin Ni

The ambassadors wanted to build an inclusive society by valuing everyone in the community. Students from the neighbouring kindergartens and MINDS school were invited to experience primary school life for a day. These students were brought on a school tour, taught how to purchase food from the vendors and took part in activities. Not only did the recipients learn more about primary school life, the students in WRPS also had a better understanding of the background of students from the different schools.

YUVABHARATHI INTERNATIONAL SCHOOL (PRIMARY) 2ND YEAR





SPARKLING KINDNESS

Project Done By:

Riya Joshi, Vatsalya Srivastava, Balachandran Atchaya Shri, Yashika Milind Sawant, Chebrolu Naga Venkata Neha Gupta, Ashviqha Jain, Sekar Prithika, Kommareddy Sudiksha Reddy

The students wanted to make a difference in the lives for the elderly; they organised and hosted a lunch for the residents at Sun Love Home. During the event, activities were also conducted for the residents and the students were heartened to see the bright smiles of the elderly, proving that they have managed to spread cheer and kindness to them.

DPS INTERNATIONAL SCHOOL 3RD YEAR





REDUCE FOOD WASTE, MAKE A DIFFERENCE!

Project Done By:

Amrita Dutta, Aniruddha Malgikar, Sudarshan Jayakrishnan Nambiar, Anjali Manimaran, Sanjana Tejo Kandula, Paavas Bansal, Rittika Mukherjee, T.A.Arvind Ganesh Ananda Ganesh, Eshita Suvarna

The project encouraged students and the community to be more mindful of their food wastage and hoped to inspire them to reduce their food waste while doing their part for the community. A donation drive was organised in the form of a carnival and members of the public were invited to take part. Food were sold and games were conducted to engage the public and at the same time, spread awareness of their message. The funds were then used to purchase essential food items for the less-privileged.

JURONG WEST SECONDARY SCHOOL 7TH YEAR





LEARN THE HEART WAY, EVERY STEP OF THE WAY!

Project Done By:

Sendil Kumar Kavinga, Nur Mahirah Bte Sukairi, Muthuperumal Meenalochini, Thiagu Boobhashri, Nancy Chan Yu Xin, Ashlyn Tan Zhen Ting, Ganesan Sujitha, Lee Yanshin Aloysius, Murugesh Sakthi Deena

The ambassadors wanted to advocate for kindness in the community. A blood donation drive was organised by the students where they went out to the public to advocate for more people to donate blood. The ambassadors were also involved in engaging the residents in Pioneer in an event to promote racial harmony. Lastly, the ambassadors advocated for good public transport etiquette among the commuters at Boon Lay Interchange and also took the chance to show their appreciation for the bus captains.



ABOUT SEED KINDNESS FUND JUNIOR

SEED KINDNESS FUND JUNIOR 2018

Seed Kindness Fund Junior (SKF Jr) is a brand new programme launched this year. It is only open to student care centres. This programme promotes the values of selflessness and love behind the kind acts of young caring individuals in student care centres.

All participating centres have to complete a kindness project within their centre and the neighbouring community over a four-month period. These projects should create an impact within the centre and the community, and at the same time, leave meaningful impressions on the students' and public's mindset and behaviour.

Similar to FOS, participating centres were invited to nominate up to nine students for the programme where they attended a half-day interactive workshop in March 2018 that equipped them with design, critical, inventive thinking and project management skills. To help kick-start these projects, SKM funds up to \$150 per project.

The therme for one of 2010 is, Make a Difference	he theme for SKF Jr 2018 is " $_$, Make a Difference!
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DID YOU KNOW?

The 2 pilot centres are YMCA and Pro-Teach Education Group. Together, there are 55 participating centres.

ABOUT SKF JR 2019

Theme:	
" Be Greater."	
Registration will begin in Janua	ry 2019
Workshops will be held in Marc	h 2010

SEED KINDNESS FUND JUNIOR FEATURED PROJECTS

- 69 Pro-Teach Education (Bukit Batok East)
- 70 Pro-Teach Education (Choa Chu Kang)
- 71 Pro-Teach Schoolcare (Ai Tong)
- 72 Pro-Teach Schoolcare (Compassvale)
- 73 Pro-Teach Schoolcare (Hong Wen)
- 74 YMCA Student Care Centre @ East View
- 75 YMCA Student Care Centre @ Gan Eng Seng
- 76 YMCA Student Care Centre @ Greenridge
- 77 YMCA Student Care Centre @ Jurong West 2
- 78 YMCA Student Care Centre @ Kuo Chuan
- 79 YMCA Student Care Centre @ Oasis
- **80** YMCA Student Care Centre @ Tao Nan



PRO-TEACH EDUCATION (BUKIT BATOK EAST)



MORE KINDNESS, LESS WETNESS

Project Done By:

Yap Yi Xuan, Isaac Leow Yu Jun, Thaddeus Leow Hu Tian, Nur Aqifa Naila, Tham Yung Keong Daniel, Cyaan Chua, Hilary Koh Jing En, Ahmad Dabial Idraqi, Rexanne Khoo

The ambassadors wanted to spread kindness through the initiative of umbrella-sharing as this will help build camaraderie in the neighbourhood of Bukit Batok East.

To kickstart this project, students approached residents around Bukit Batok East Community Centre (CC) to get their support by pledging with their signatures. With the community's support, this project will be able to continue in the long run.

The second step after getting the residents' support was to request for a donation of umbrellas as an ample amount of umbrellas will ensure that the public has enough to go around during the rainy days.

Lastly, to launch the project, the students invited Mdm Rahayu, Member of Parliament (MP) of Bukit Batok East, along with the chairman of Bukit Batok East CC and residents around the CC to launch the umbrella sharing initiative.

By gathering the MP's and the community's support by donating umbrellas for the project, it helped to create a sense of ownership of kindness in the community. Through this project, rainy days can also be days where kindness shines.



PRO-TEACH EDUCATION (CHOA CHU KANG)



HEARTS OF KINDNESS

Project Done By:

Ho Jia Le Kieran, Seow Qi En Isabelle, Lim Jia Jing Bernice, Tan Zhi Wei Ethan, Ong Jun Yang,

Sri Shivani Sundary Sundram, Ng Kai Ni Mathilda, Gwendolyn Ng Yi Xin

The ambassadors realised that people in general tend to take the kindness of others for granted, for example, not smiling or acknowledging someone who does a kind act or even ignoring them altogether. Hence, they set about with the aim of changing this attitude among fellow students in the student care centre and the community around them.

To show their gratitude to the people around them, all students in the centre folded origami hearts and wrote messages of appreciation on them. The students then went around handing these appreciation notes to the cook in their centre to thank her for her effort in preparing meals, family members, friends and service staff for contributing their services to the community.

Those who received the notes were pleasantly surprised and touched that their efforts were being recognised and were reminded to also show their appreciation to others around them.

Through this activity, the ambassadors hope that everyone would learn to appreciate the service rendered to them and also reach out to others to show that a small act of kindness really goes a long way.



PRO-TEACH SCHOOLCARE (AI TONG)



OUR BUS CAPTAINS

Project Done By:

Titus Lee Xue En, Moiiesha Nathan-Koh, Chan Si Ru Clairel, Chim Yoke Hei, Teo Wei Xin Ervin, Tan Ee Cheong, Tan Su Wei Celestial, Crystalyn Tan Xuan Rui, Darius Shi Pei Yu

This project aimed to provide an opportunity for students and members of the public to appreciate our bus captains.

They rallied fellow students in the centre and prepared 'Kindness Packs' consisting of handmade 3D bus cubes with personalised thank you messages and biscuits in bags that were decorated by the students themselves.

To encourage the public to display positive public transport etiquette and actions towards our bus captains, students designed posters conveying various messages such as greeting, flagging for the bus early and to move towards the rear of the bus. The posters were hung outside of school behind the neighbouring bus stop.

Lastly, to end off the project, the students visited Bishan bus interchange over a span of two days. The first day was to interact with the bus captains, conveying positive words to them as they gave out the 'Kindness Packs'. On the second day, the students interacted with the public where 'Smile Cards' were distributed with the theme of 'Pass, a Smile, Make a Difference!" Commuters were encouraged to pass on the smile card to others while doing something nice for them. After the project has concluded, other students wanted to continue the legacy of the ambassadors and continued to publicise their campaign to the public at the interchange.

At the end of the project, students were glad to know that "Kindness is a gift everyone can afford to give."



PRO-TEACH SCHOOLCARE (COMPASSVALE)



SPREAD THE KINDNESS

Project Done By:

Shermaine Chong Wan Ying, Jolin Koh, Ashley Tan Shi Xuan, Tay Kai Yi, Jaden Kwan Shao Rong, Chay Tang Heng Javier, Soh Zi Quan Jayven, Poon Kai Jie, Dillon Tan Yi Xuan

The ambassadors wanted to spread kindness to three different groups of people. To prepare fellow peers in the centre for the upcoming activities, the ambassadors wanted them to internalise kindness and understand how they can show kindness to others around them.

These were the three groups that the students reached out to:

- 1) Commuters at Seng Kang Bus Interchange On two separate visits, students approached the commuters to do a survey on their habit of showing appreciation to those around them and to write kind messages on a wearable heart shaped standee thanking the bus captains for their hard work. Upon completion, they were given loom bands that were handmade by the students as a reminder for them to always be kind.
- 2) Bus Captains at Seng Kang Bus Interchange On the third visit, the students collated the messages and presented it to the bus captains. The students also handed out little care packs to encourage them to keep up the good work.
- 3) Students and staff at Compassvale Primary School As the concluding activity, the students brought the idea of the wearable standees to the school and they encouraged students and staff to pen down notes of appreciation to those who have been kind to them while showing them that they are appreciated for their work and contribution to the school.

The students concluded the project with full hearts, hoping that those they approached feel the same way too. These activities were also documented on social media with the #ptcpvkindness.



PRO-TEACH SCHOOLCARE (HONG WEN)



MINIMART HEROES

Project Done By:

Ng Jing Ting Jaylyn, Tee Yu Tong, Iden Lau Wen Feng, Tan Jing Wei, Fong Yan Kit David, Nicole Tan (Chen Si)

The objective of this project was to enable minimart customers to be 'heroes' to the foreign workers in the community. The ambassadors felt that they are the unsung heroes as they have contributed a lot, however get insufficient recognition.

Prior to the launch of the project, the students contacted the management at the minimart to get their initiative approved. Flyers and posters were designed to generate publicity. These flyers were then distributed to the students' families and the residents in the Boon Keng neighbourhood. The posters were also displayed in the minimart to inform shoppers of this initiative.

How the initiative works is when shoppers pay for their purchases, the cashiers would ask them if they were interested in purchasing the Minimart Heroes gift packs. The gift packs were available in \$5 or \$10 editions. Each gift pack consistsed of different grocery items from the minimart.

Shoppers who purchased the gift packs received origami hearts and handwritten notes by the students to thank them for their generosity. At the end of the three week initiative, the gift packs that were purchased by the shoppers were collected and they were then presented to the individual foreign workers at the construction sites around the area.

This project brought out the kindness, generosity and support of the residents and the minimart for the foreign workers.



YMCA STUDENT CARE CENTRE @ EAST VIEW



CHOOSE KIND, STOP BULLYING

Project Done By:

Eng Sin Nee, Eng Ching Shen, Muhamed Rifqi Aaryan Bin Mohamed Raime, Samuel Ong Hong Yu

The ambassadors aimed to raise awareness of bullying and its effects in the community. To do this, they reached out to students in another student care centre through through these activities:

- 1) **Presentation** A short presentation and discussion was held on bullying and its effects where students learnt about relational, physical, verbal and cyber bullying.
- 2) Bully Prevention Kit Following the discussion, the ambassadors demonstrated how to assemble the bully prevention kit which summarised points from the presentation. This kit helped reinforce the messages as the students assembled it
- 3) Project Connect To make a powerful statement symbolising their stand against bullying, students wrote anti-bully pledges on paper strips and glued them to form links. These individual links were joined together to form a chain.
- 4) Above the Line/ Below the Line This activity encouraged students to brainstorm and practice behaviours above the line such as showing support for the victim, helping the bully understand their wrongdoing and reporting bullying instances to teachers, while discouraging behaviours under the line such as being a bystander; spreading rumours on social media or joining the bully.
- 5) Unity Tree Lastly, students penned down their point of views against bullying on paper leaves and it formed a tree to represent unity for kindness, acceptance and inclusion.

Through the activities, students from the centres are able to identify and understand the actions needed to stand against bullying.



YMCA STUDENT CARE CENTRE @ GAN ENG SENG



KINDNESS IN A PAPER BAG

Project Done By:

Pearly Lam Zhi Hui, Klein Lim, Tan Im Sian, Chua Zi En, Muhammad Raiyan Afiq, Calista Ng Sook Min, Nur Qaireen, Wilson Ng Wei Jie

The kindness ambassadors wanted to involve everyone in the centre to spread kindness within their community. A three step approach was used:

- 1) Share the Love To encourage students to share the acts of kindness they have received, students wrote kind deeds they have done or received on notes. These were then put together to form a picture of a rainbow, reminding them that kindness is all around.
- 2) Character Education Lessons This aimed to educate students on what kindness meant and how they can show kindness within their community. Students folded paper buses, made bookmarks, designed paper bags and penned messages for the bus drivers, family members and school staff.
- 3) Kindness in a Paper Bag Campaign Lastly, flyers were distributed to the upcoming community to raise awareness of the campaign and to inform them of the upcoming donation drive. Books, clothes, toys and food items were generously donated by the community. These items were packed into paper bags decorated by the students and subsequently donated to the residents living in the one-room flats in Lengkok Bahru. In addition, students wrote kindness messages on paper hearts for the residents.

Through these activities, the students internalised kindness and subsequently passed it on to the neighbouring community.



YMCA STUDENT CARE CENTRE @ GREENRIDGE



WALK IN MY SHOES

Project Done By:

Ding Zi Yin Renee, To Zhi Xuan Jasper, Ruhaniya Ishra Binte Muhammad Ali Akbar, Miller Tan Yu Heng, Chia Irfan Zaki, Wong Zi Xian, Ethan Yeo Yi Teng, Kwok Jing Xuan Vera, Mikki Gan Sin Ling

The "Walk in My Shoes" campaign was dedicated to the elderly taking their walks in the neighbourhood. The ambassadors felt that the elderly may feel lonely, especially if they were not accompanied by their family members or caretaker during their walks. Hence, the students made large badges that read, "Come, Chat With Me."

Along with other students from the centre, they went around the neighbourhood giving out the badges to the elderly. Flyers were also distributed to members of the public. This was done to raise awareness of the campaign and to also encourage them to approach and start a conversation with the elderly they spot wearing the badges.

Through this, students realised that a simple smile could brighten up the elderly's day. At the end of the project, the ambassadors realised that students and members of the public in the community have started to greet the elderly more often.



YMCA STUDENT CARE CENTRE @ JURONG WEST 2



BRINGING SMILES TO THE COMMUNITY

Project Done By:

Song Pei Rong Arthemis, Jadelyn Ng Kai En, Raiyan Ukail B Azahar, Tan Sin You Ryan, Goh Yew Kiat Joshua, Fong Zheng Xuan Joy, Reese Liew Ern Xin, Lee Woon Sueng Reinise, Tan See Dar Justin

The ambassadors realised that the healthcare professionals at Pioneer Polyclinic work tirelessly to provide top healthcare services for the public, and therefore, took this opportunity to show gratitude to the hardworking staff. These activities were conducted:

- 1) Heart-shape origami board Students made a board filled with heart-shape origami and thank you messages for the polyclinic. This activity took a lot of patience and helped students reflect upon how the staff have been helping the public patiently.
- 2) Heart-shape thank you cards Students wrote and drew a heart-shape on a big vanguard thank you card for the staff as they believe that affirmative words go a long way to encourage the staff to continue the good work that they do.
- 3) Visit to the Polyclinic The students visited the polyclinic to present the appreciation boards and cards to three departments, namely, nursing, operation and the medical department. The nursing department were particularly happy to receive the board from the students.

Through this project, the students brought smiles around Pioneer Polyclinic while also learning about how the polyclinic operates. It was definitely a heart-warming experience for all.



YMCA STUDENT CARE CENTRE @ KUO CHUAN



HEART BEHIND THE WHEELS

Project Done By:

Erlene Koh Kai Xin, Jayna Chia En Hui, Andrea Quek Kit Ling, Cate Chan Yi Yun, Chong Bo Jun, Thurston Lau, Huang Songhua Llianna, Leong Fong Ning, Law Ling Li Shannen

The ambassadors felt that bus captains have a challenging job and are often underappreciated. It has been recommended that bus drivers take a 20-minute break after every 2 hours behind the wheel. However, in reality, it is hard for them to do so, therefore, the students wanted to show their appreciation and spread cheer to the bus captains at Bishan Interchange.

The ambassadors embarked on various activities involving all students in the centre. **Singa keychains** were made as a token of appreciation. They also prepared a "kindness package" comprising of a packet drink and an apple which were placed in a decorated **Singa Paper Bag** to keep them refreshed while on the job.

Students from all levels wrote heartfelt messages to the bus captains to thank them for their hard work. These messages were stuck onto a message board and presented to the bus captains. Students also wrote thank you notes on **3D bus cubes** to encourage them to keep up with their good work.

The meet-up with the bus captains was a success and they were grateful upon realising how much love and care was put into the project.



YMCA STUDENT CARE CENTRE @ OASIS



BLOOMING KINDNESS

Project Done By:

Mohammad Shariff Danial, Megan Ng Yi Xuan, Lee Xuan Hui, Lee Jian Feng, Gregory Tan Zhi Kai

The ambassadors wanted to give back to society by showing gratitude and encouraging the public to perform random acts of kindness with handmade flowers. They mobilised all students in the centre to make flowers with tags containing positive messages. The activity was conducted in five locations to allow them to reach out to the different demographics in Singapore.

- 1) Oasis Primary School Personalised messages were attached on the handmade flowers for the teachers and non-teaching staff to thank them for being part of their daily activities in school.
- 2) NTUC Fairprice The students approached passerbys, shoppers, and cashiers and handed out the flowers while starting a conversation with them on their campaign.
- 3) Gardens by the Bay Service staff were recognised with flowers to brighten up their day and to remind them to continue showing kindness to the public and tourists. Inspiring messages were also shared with tourists while the flowers were handed out.
- 4) Broadway Food Centre The students also approached diners at the food centre with their flowers and were glad that most of them were willing to spare time to understand what the project was about.
- 5) Singapore Zoo Lastly, the students beat the heat to approach tourists and staff at the zoo to spread their messages of encouragement to all.

Despite all the hard work, the ambassadors enjoyed the experience in being a part of making someone's day with hopes that the ripple of kindness spreads.



YMCA STUDENT CARE CENTRE @ TAO NAN



APPRECIATING THE INVISIBLE HEROES

Project Done By:

Ong Yuhan, Kayden Koo Jing Yuan, Reymus Loh Zheng Yu, Chan Jian Kai, Tan Ray Kai, Lim Zhi Peng, Ethan Koh Wei Qian

The ambassadors wanted to show their appreciation for the invisible heroes in their daily lives, so these activities were conducted:

- 1) Paying it forward To encourage the public to show their appreciation for the people who keep the neighbourhood clean, the students held a fundraiser where handmade bouquet of flowers were sold to the public near Marine Terrace Market. Handwritten cards with kindness quotes were also given to those who purchased the flowers, encouraging them to pass it on and show their appreciation to these invisible heroes. The funds collected went into funding the rest of the campaign activities.
- 2) Kindness treat bags To encourage fellow students to show their appreciation to the non-teaching staff in school, all students wrote gratitude cards and attached it to little gift packs that was then presented to the non-teaching staff to thank them for keeping the school clean and safe.
- 3) Kindness loyalty card Lastly, for students to show their appreciation to the people back home, task cards were distributed and students completed various acts of kindness for their family. The family then acknowledged the kind acts that were displayed by signing on the card.

Through these activities, the students managed to reach out to the public and were reminded to constantly show gratitude and incorporate kind acts to the people who help them in their daily lives.

SEED KINDNESS FUND JUNIOR PROJECTS

- **82** YMCA Student Care Centre @ Canberra
- YMCA Student Care Centre @ CHIJ Our Lady of Good Counsel
 - 83 YMCA Student Care Centre @ De La Salle
 - YMCA Student Care Centre @ Jurong West 1
 - 84 YMCA Student Care Centre @ Punggol Waterway
 - YMCA Student Care Centre @ Sengkang Green
 - 85 YMCA Student Care Centre @ Simei
 - YMCA Student Care Centre @ Springdale
 - 86 YMCA Student Care Centre @ St Anthony's
 - YMCA Student Care Centre @ St Anthony's Canossian
 - 87 YMCA Student Care Centre @ St Margaret's
 - YMCA Student Care Centre @ St Stephen's
 - 88 YMCA Student Care Centre @ Zhangde



YMCA STUDENT CARE CENTRE @ CANBERRA



CHAIN OF KINDNESS

Project Done By:

Aloysius Sia Xiang Yu, Athena Sia Xin En, Aw Heng Wei Dwayne, Felicia Soong Yen Ling, Keira Lim Kelsi, Ooi Qi Heng Shaun, Tan Yi Hang Joshua, Yen Wei Shern

The ambassadors believe that kindness is like a chain, that we should all take the initiative to make the first move to make a difference, thereby starting the chain of kindness. All students in the centre were challenged to perform at least 16 acts of kindness within the centre, family and community. These acts of kindness were then recorded on paper strips to form a chain. They also engaged their neighbours in this activity by writing down the acts of kindness they have shown to others. This provided a visual representation on how one kind act, can link to many more acts of kindness. Through this, students are inspired to show spontaneous acts of kindness without being prompted.

YMCA STUDENT CARE CENTRE @ CHIJ OUR LADY OF GOOD COUNSEL



DOMESTIC HELPERS, MAKE A DIFFERENCE!

Project Done By:

Ain Sanaa Amees, Ayaka Macaud, Sayano Macaud, Evy Elayna Bte Mazlan, Jeorgia Tay An Tong, Clarisse Goh Ee Shuan, Lee Dianne Mallari

The ambassadors wanted to focus on showing their appreciation to the domestic helpers as the school is located in a private estate cluster. Flyers were designed and distributed to the residents in the neighbourhood to notify them of the details of the collection drive. Students then did a walkabout the estate collecting the treats and snacks from the residents. The students then repacked them into care-packs and made thank-you cards to attach to the bags. Lastly, the ambassadors went door-to-door to distribute the care packs to the domestic helpers while thanking them for their hard work. The students were heartened to know that the helpers were appreciative of the care-packs and that the residents were very supportive.



YMCA STUDENT CARE CENTRE @ DE LA SALLE



HELP MAKE A DIFFERENCE FOR THE CLEANERS

Project Done By:

Calvin Paulo Vincent Hao Liang, Carlson Hayden Vincent Hao Wei, Michael Yeo Ming Rui, Gabriel Yeo Ming Xun, Thia Xin Yue Nicole, Isa Zekeriya Tuyan, Lim Jie, Chua Yi Xue Belinda, Khoe Mendel Christensen

This project aimed to raise awareness of the importance of keeping the community clean and the efforts of the cleaners who keep the environment litter-free for everyone to enjoy. Posters were designed and displayed around the neighbourhood and handmade magnets were also presented to people who pledged to do their part to keep the community clean and green. The community also wrote notes of appreciation and these were subsequently handed out to the cleaners in the neighbourhood. Through this project, students were heartened to know that they have made an impact both to the public, and the cleaners.

YMCA STUDENT CARE CENTRE @ JURONG WEST 1



YOU ARE NOT ALONE

Project Done By:

Shirin Ong Yi Chun, Nicholas Er Jun Xian, Jong Rui En Rei, Pearl Low, Neave Quek Zi Heng, lan Tan Jun Che, Alyssa Chuah Si En

The ambassadors wanted to show their gratitude to multiple groups of people within the community. Along with fellow peers from the centre, they went out to the community to hand out handwritten notes of appreciation to the cleaners and public transport workers. They also recognised that kindness starts from home, therefore, they engaged family members and neighbours in a donation drive for the children at Children's Society. Lastly, students visited the Children's Society @ Sunbeam Place to present them with the donated items and also learnt about how they operate and the differences between orphanages, foster homes and safety homes. Through this project, the culture of gratitude is now more prominent in the centre and the community.



YMCA STUDENT CARE CENTRE @ PUNGGOL WATERWAY



SHOWERING OUR ELDERLY WITH CARE AND KINDNESS

Project Done By:

Chloe Lim Jia Xuan, Kayden Lim Cheng Kiat, Jayden Lee Jin Xian, Jenelle Lim, Bethany Kong Si Teng, Lim Xin Yi, Lim Xin Ning, Christie Chen Zhiqi, Ngee Cheng Jie

The ambassadors and students at the centre wanted to show love, care and concern to the elderly who may be lonely or have mobility issues in the community. Together, the students made bookmarks with positive greetings on them and ventured out to Waterway Terraces and Waterway Point. They approached and greeted the elderly with big smiles, introduced themselves and the project, and handed the bookmarks that they made. The elderly were touched by the kind gestures of the students. This project helped to create awareness among the residents of Punggol Waterway to show kindness to the elderly at all times.

YMCA STUDENT CARE CENTRE @ SENGKANG GREEN



CAUSE YOU MATTER

Project Done By:

Aw Yi Xuan, Cliff Lee Qizhe, Neo Karis Nicole, Shan Wen Xin, Ng Tee Weng, Lee Enya, Tay Xi Wen, Richie Lim Hock Heng, Vivian Chan Cui Ying

The objective of the project was to provide an opportunity for students to show their care and concern for the elderly through reconnecting with them. To start off the project, students learnt about the different challenges faced by the elderly and brainstormed ways that they could show appreciation. They watched a film about the elderly where they then re-evaluated their relationships with their grandparents and the elderly that they meet. The students then made paper flower daisies which they gave out to the elderly at Pacific Activity Centre. Games and craft activities were also organised, where the students had the chance to interact with them. Through this activity, students are now able to see more of the positive traits that the elderly possess and have gone on to interact with them more frequently.



YMCA STUDENT CARE CENTRE @ SIMEI



LOVE OUR HAWKER CENTRES' CLEANERS

Project Done By:

Ayra Singh, Siyona Saini, Hannah Faith Chew En Ci, Jaython Tan Ze Bin, Natalie Ong Jia Xin, Chalaholusu Abhisarika, Xavier Ong Shi Jun, Gabriel Basora-Tan De Xiang

The objectives of this project were to create public awareness of personal responsibility at food centres and to appreciate the cleaners for keeping the place clean for patrons. Posters on keeping the food centres clean by returning their trays were created and displayed around Food Junction in Simei. Patrons who were spotted returning their trays were given thank-you cards made by the students themselves as a form of appreciation and encouragement to continue this practice. To show their appreciation for the cleaners, students also took on the job of helping out by cleaning some tables. Appreciation notes were also presented to the cleaning staff for keeping the place clean for patrons. Through this, the public are more aware of their personal responsibility in keeping the place clean for others.

YMCA STUDENT CARE CENTRE @ SPRINGDALE



THE SILENT HEROES AROUND US

Project Done By:

Amber Loh Xin Ying, Giselle Ng Jing Xuan, Jamie Rais Sahfiee, Trever Lum Kai Xun, John Tan, Shereen Lim Jia Yi, Koh Quan Kai, Aden Chen Jun Yi

The ambassadors wanted to raise public awareness about their responsibility in keeping our public spaces clean for everyone to enjoy and at the same time, show their gratitude to the cleaners for keeping the surroundings clean and green. Students in the centres started out by making bookmarks with reminders. Following that, the students picked up litter in the community over 5 weeks, giving out the bookmarks to passersby in the area. To end off the project, the students made thank you cards and presented them, along with a packet drink to the cleaners-in the area. Through these activities, the students managed to create awareness and at the same time, educate the gublic on the importance of keeping the environment clean.



YMCA STUDENT CARE CENTRE @ ST ANTHONY'S



WHEN INDIVIDUALS COME TOGETHER AS ONE

Project Done By:

Rinoa Nathanya, Teo Yu Xuan Glynnis, Leong Rayden, Tharshinie D/O Suriakumar, Tan Kai Mian Jermaine, Lau Jin Leong Memphis, Tan Kai Jee Janice, Lee Magdalene

The objectives of this project were to promote awareness of the deaf and mute community in our society, encourage people in the community to embrace and learn the basics of sign language to create an acceptance and understanding of the deaf and mute. To do this, students learnt sign language over a few months. Parents were then invited down to the centre where the students conducted a workshop on sign language. Four main topics were covered during the workshop, namely, alphabets, animals, food and the weather. Both the students and parents enjoyed themselves during the workshop. Through this activity, students and parents are now more prepared to interact with the deaf and mute.

YMCA STUDENT CARE CENTRE @ ST ANTHONY'S CANOSSIAN



TEACH THE COMMUNITY ON HOW TO BE CONSIDERATE NEIGHBOURS

Project Done By:

Kelsey Kwok Ke Xin, Lim Jing-En, Bertille Tng Li Yu, Lau Yi Xuan Chloe, Tessa Chew Yi Xuan, Lam Hao Yan Germaine, Timothea Haley Koh, Mascrenhas Jennifer Maria, Seah Zhuo En Abigail

The ambassadors wanted to educate the residents of Bedok North Ave 4 on the importance of being considerate neighbours. They started folding origami, designing posters and bookmarks with neighbourliness messages. Posters were displayed around the neighbourhood and the students reached out to the residents by approaching and gifting the bookmarks or origami while engaging them in a conversation about how they could be good neighbours. After the project, the students felt heartened that the residents were very supportive of their initiative are more conscious about making an effort to be a considerate neighbour.



YMCA STUDENT CARE CENTRE @ ST MARGARET'S



HOME FOR THE FUTURE

Project Done By:

Esther Ang, Tan LeAnn Treia, Sherlene Ng Rui Xuan, Val Yeo Hui Zi, Nah Zi Ning Jervon, Lim Rui Ci

The ambassadors hope to spread more awareness about foster care and educate on the need and demand of it in Singapore through children to their families. The students reached out to the students in YMCA Student Care @ Jurong West through presentations and discussions on what foster care was about, the differences between foster care and adoption and how they can show their support for foster parents. Bookmarks explaining their project were also made. The students were then encouraged to talk to their families about what they learnt during the interaction, thereby sharing their knowledge with their parents. This brought a higher awareness on the topic of foster care in Singapore.

YMCA STUDENT CARE CENTRE @ ST STEPHEN'S



APPRECIATION TO HAWKER ASSISTANTS IN OUR COMMUNITY

Project Done By:

Lew Zi Yang, Xander Michael Ishan Fernando, Muhammad Izz Haziq Bin Rosli, Cheng Ren Morgan, Carlos Shane Hagan, Christian Santos Epilepsia, Aditya Andra Putra Bin Abdul Rashid

The ambassadors wanted to spread the awareness of showing appreciation to the hawker assistants in our food centres. They started their project by conducting a kindness workshop to allow students to understand why showing gratitude is important. Thank you cards and baskets were also made. To conclude the project, the students went to the community hawker centre to present the cards and baskets to the hawker assistants. This project enabled the students to understand and empathise with them, therefore resulting in more respect and appreciation of what the hawker assistants do.



YMCA STUDENT CARE CENTRE @ ZHANGDE



KINDNESS BEGINS WITH ME!

Project Done By:

Muhammad Aiden Adrean Bin Mohamed Nafiee, Chen Yu Kai, Eugene, Kong Mei En, Tan Xiu Qin, Sultanul Aarfin bin Osman Maideen, Kan Yi Zhong, Koh Chen Xi, Koh Chen Feng, Alyssa Teo Xin Ru

The ambassadors wanted to show kindness to the people in the community who do things to help improve people's lives on a daily basis. Kindness bags, handmade flowers and cards were presented to bus drivers, hawker centre vendors and cleaners. These items were decorated with encouraging words and quotes to let the recipients know that they are appreciated for their daily contribution to the community. Through this project, students understood that no matter how small the act is, what matters is that kindness comes from a genuine heart.



SEED KINDNESS FUND JUNIOR PROJECTS

90 **Pro-Teach Education (Admiralty)** Pro-Teach Education (Ang Mo Kio) 91 **Pro-Teach Education (Bedok North) Pro-Teach Education (Bedok South)** 92 **Pro-Teach Education (Corporation)** Pro-Teach Education (Fajar) 93 **Pro-Teach Education (Hong Kah) Pro-Teach Education (Hougang)** Pro-Teach Education (Khatib) 94 **Pro-Teach Education (Pasir Ris)** 95 **Pro-Teach Education (Paya Lebar) Pro-Teach Education (Pioneer)** 96 **Pro-Teach Education (Rosyth) Pro-Teach Education (Tampines)** 97 **Pro-Teach Education (Toa Payoh) Pro-Teach Education (Yew Tee) Pro-Teach Education (Yishun)** 98 Pro-Teach Education (Yuhua) 99 Pro-teach Schoolcare (Fernvale) Pro-Teach Schoolcare (Henry Park) 100 Pro-teach Schoolcare (Horizon) Pro-Teach Schoolcare (Innova) 101 Pro-Teach Schoolcare (Lianhua) Pro-Teach Schoolcare (Palm View) 102 **Pro-Teach Schoolcare (Rivervale) Pro-Teach Schoolcare (South View)** 103 **Pro-Teach Schoolcare (Wellington)** Pro-Teach Schoolcare (Westwood) 104 Pro-teach Schoolcare (Yew Tee)

Pro-Teach Schoolcare (Yuhua)



PRO-TEACH EDUCATION (ADMIRALTY)



WATER WORLD OF KINDNESS

Project Done By:

Sapphire Li Xi Ying, Chan Bo Guang, Chan Xin Le, Fang Hui Lin, Leong Jie Ning, Wong Zhi Xin, Ng Jiunn Rui, Ng Yi Sen

The ambassadors wanted to show their appreciation to the foreign workers and cleaners as they felt that these two groups of people are underappreciated for their effort in building our nation and keeping the surroundings clean. They then collected unused water bottles from the students, filled them up with green bean soup and wrote encouragement notes. The students went out into the public to present these items to them and were heartened to know that the recipients were happy to receive them and that they have managed to brighten up their day.

PRO-TEACH EDUCATION (ANG MO KIO)



LET'S START A RIPPLE OF KINDNESS

Project Done By:

Licia Wong, Zhong Xing Ying, Oh Kai Jie, Sonia Liew

The students started a ripple of kindness. It started with themselves, spread to their friends, family and then subsequently the public. A brainstorming session was conducted for students to list out the actions that constituted kindness. They then spread kindness to their friends and family by writing notes of gratitude and presenting it to them. Kindness bracelets were also made and served as a reminder to be kind at home. Lastly, the students made kindness daisies out of paper cups and presented them to the elderly in their joint activities. Through this, a small ripple turned into a wave of kindness.



PRO-TEACH EDUCATION (BEDOK NORTH)



A SMILE CAN BRIGHTEN EVERYONE'S DAY

Project Done By:

Mikael Bin Mohamed Zarkhan, Puah Zai Jie Ethan, Tan Cheng Xi

The students at Bedok North believe that a simple smile and little acts of kindness can alter someone's feeling over the span of a day, therefore, they decided to bring smiles to the senior citizens who visit the neighbouring market. The lower primary made paper flowers that were to be given out to the elderly while the upper primary students went out to the market and approached the elderly to offer their assistance. Upon assisting them, the handmade paper flowers were presented to the elderly with huge smiles from the students. The elderly were delighted and it definitely brightened their day.

PRO-TEACH EDUCATION (BEDOK SOUTH)



SEA! A SPLASH OF KINDNESS!

Project Done By:

Teo Kai Zhe Kester, Yong Zhen Chao, Mak Yong Xuan, Yong Zhi Xuan, Victoria Yee Wern Shayne, Sharmaine Ng Yu Yun, Yap Hui Si Felicia, Priya Anne Ramesh

To show their gratitude and encourage the public to show their appreciation for the people around them who make life better, students wrote thank you messages which were compiled into a card for the aunty who prepared meals according to their preferences and needs. The students also wrote encouraging notes for the students taking PSLE. Lastly, students encouraged people in the neighbourhood to write appreciation notes to their loved ones. The public also had a choice to write a positive message that was then dropped into random letterboxes to spread kindness to others who stay in the neighbourhood. A handmade flower was then presented to those who participated in the activity as a reminder to continue spreading kindness.



PRO-TEACH EDUCATION (CORPORATION)



THOUGHTFUL CUP OF CHANGE & LITTER PICKING

Project Done By:

Lim Rui Yu, Jovan Low Zu Ming, Lum See Mun Angel, Lim Yu Han, Venice Tan Jia Yee, Djogen Teo Kai Jun

The ambassadors wanted to encourage the community to be more thoughtful and to help one another. To do this, they conducted two social experiments in the neighbourhood of Taman Jurong. On two occasions, they left a cup with small change on a vending machine with the message "Give what you can; take what you need," and placed some litter on the floor. They observed who took or donated some change to the cup and and who stopped to pick up the litter. These people were then approached and presented with an origami heart with thoughtful messages on them.

PRO-TEACH EDUCATION (FAJAR)



CLEANERS FOR LIFE!

Project Done By:

Gaw Jing Min, Tan Yu En, Tan Hui Xuan, Nur Eilyssa, Tan Pin Yuan, Ong Ryan, Fabian Lai, Karina Ong

The ambassadors felt that cleaners are one of people that do the most for our society, but often do not earn the respect and gratitude that they deserve, hence, this project aimed to increase the recognition of cleaners for the work that they do. The students went to the neighbouring blocks and went door-to-door to explain their project, The residents were asked to pen down their gratitude to the cleaners that clean their blocks daily. The students also got a hands-on experience on what it was like to clean the place when they offered to do some cleaning for the residents in the blocks. Through these activities, the students have gained further respect for the cleaners.



PRO-TEACH EDUCATION (HONG KAH)



KINDNESS CARD TO SPREAD AWARENESS THROUGH A HASHTAG

Project Done By:

Niki Adlina Chaw, Tan Yee Kiat, Teo Geng Hee, Lee Zheng Yang, Kwek Zhan Zhi

The ambassadors wanted to show their gratitude to the unsung heroes in our society. Cards with kindness quotes were designed and then presented to the unsung heroes in the neighbourhood. The back of the card contained a simple challenge requesting the recipients to share the project on social media using the hashtag #appreciate_our_heroes. It is hoped that by highlighting these individuals who deserve the recognition, more will be inclined to show kindness in our society.

PRO-TEACH EDUCATION (HOUGANG)



LENDING SOMEONE A HELPING HAND, MAKE A DIFFERENCE!

Project Done By:

Tay Kin Hong, Claris Go Xin Ru, Isaac Ngu Wen Hao, Xavier Ngu Wen Kai, Vernice Chai Rui Ling

The ambassadors focused on aiding the old folks home in the area of Hougang. A donation drive was planned and students designed flyers that informed neighbouring residents of the initiatives. These flyers were distributed through mailboxes. The donation drive was a success and the items were then donated to the old folks home. Through this activity, the students were heartened to see that the community was supportive of their cause.



PRO-TEACH EDUCATION (KHATIB)



SMRT X KHATIB

Project Done By:

Ariel Tan Wei Xuan, Zhang Jia Rui, Ryoji Ng He Jun, Ong Yi Cheng, Valencia Lee Jia En, Wong Xin Lin, Wayne Toh Yuan Jun, Shadhana d/o Sivakumar

The ambassadors wanted to encourage the public to show their appreciation to the SMRT staff at Khatib MRT station for their efforts in ensuring a smooth and safe transport experience daily. To do this, members of the public in the area were approached to write thank you notes for the staff. These notes were then formed into a collage and presented to the SMRT staff. Along with the notes, the staff also received a beancurd to keep them refreshed during the day. Through this initiative, the ambassadors realised that small acts of kindness from everyone can make a big difference to others.

PRO-TEACH EDUCATION (PASIR RIS)



WITH

Project Done By:

Manfred Chong Hong Sheng, Phoebe Chong Zi Yuan, Ray Yan Zi Hao, Carmen Bong Xin Ying, Nur Fashya Adirah Binte Muhammad Aidill, Amirul Irfan Aziz, Sudhirvin Judes Robin, Chang I Teng, Jordan Ong Jing Zhi

A kindness fair was organised for the residents in the Pasir Ris neighbourhood with four booths, each with a different target audience. The first booth was the Kindness Lolli-flowers where the public wrote positive messages. These flowers were then presented to the children at the Cerebral Palsy Alliance. The second booth allowed people to purchase kindness cookies and they were encouraged to pass the cookies on to someone they care about. The third booth allowed the public to grow the Kindness Tree by contributing a leaf documenting a kindness experience. The last booth saw children popping confetti-filled balloons to retrieve the kindness message inside. Overall, the public enjoyed the event and were reminded to always be kind.



PRO-TEACH EDUCATION (PAYA LEBAR)



SHARE A COOKIE, MAKE A DIFFERENCE!

Project Done By:

Tsing Xue Wen, Loi Xuan Zheng, Shaen Lok, Law Kai Qi, Jaime Pek, Mabel Tang, Alyssa Tan, Liu Yee Shyuan, Melody Lim, Nicole Tan, Mohamed Shaheer, Tan Mei Qi

The ambassadors wanted to encourage the community to show their appreciation to the park and estate cleaners. They designed thank you cards, went to Maple Wood Park and invited park users to sign on a card each to show their gratitude. The students then prepared goodie bags with cookies, drinks and thank you cards attached to it and approached the cleaners in the estate to thank and present them with the goodie bag. From the recipients' surprised and happy faces, the students felt that they were able to make a difference with the support of the residents.

PRO-TEACH EDUCATION (PIONEER)



KINDNESS ON THE PATHWAY!

Project Done By:

Lim Bing Rui, Toh Leh Kiat, Hee Jia Yi, Asyura Binte Eman, Joshua Wong, Brian Lee, Wong Chen Xin, Lee Guan You

The ambassadors wanted to promote and encourage the public to practice good pathway etiquette. To do this, the ambassadors designed a simple card detailing the 4-step pathway etiquette. They then approached Choa Chu Kang Town Council, Obike and Mobike for approval to carry out their initiative. Upon approval, the students affixed these cards onto the shared bikes and executed a mini roadshow at Boon Lay MRT. This was no easy feat for the students as it involved approaching organisations and the public for their support. However, the students were glad that this initiative has helped contribute to improved pedestrian-bicycle interaction on the pathway.



PRO-TEACH EDUCATION (ROSYTH)



OUR NEIGHBOURHOOD HEROES

Project Done By:

Katrina Wong, Joel Jo, Tan Wei Freden, Gwen Lee Xuan Nuo, Zenkkonen Loo, Puah Jia Pei Chloe, Goh Yi Fan Jayden, Ong Ying Fang Doreen

The aims of the project were to get to know the neighbourhood cleaners better and break the ice between residents and the cleaners. To do this, students interviewed the cleaners in the neighbourhood to understand more about them and the challenges they face daily. With the information gathered, they then reached out to the residents to create awareness on the importance of keeping the neighbourhood clean, and to be friendly to the cleaners. This was done by going door-to-door at six HDB blocks to share the message. To end off the project, the students embarked on a community clean-up project to feel first-hand what the cleaners go through to keep the neighbourhood clean.

PRO-TEACH EDUCATION (TAMPINES)



SHARE A KIND MESSAGE

Project Done By:

Goh Aik Han, Yeoh Ler Bin, Raphael Fong Yong Bean, Evangeline Kong En Ci, Ava Lim Shi Xuan, Schotlet Yeo Zhi Xuan, Samantha Lim Micole, Chloe Leow Kai Yi, Marcus Wee Ying Le

A Kindness Tree was pinned outside the student care centre where students took turns to station themselves, encouraging members of the public to write a kind message to help the tree grow. If a certain message on the leaf inspired them, they could keep the leaf as a reminder or pass it on. Through this project, it is hoped that the students and residents will be inspired by the kind messages and pay it forward as a way of life.



PRO-TEACH EDUCATION (TOA PAYOH)



PRO-TEACH KIDS, CARE!

Project Done By:

Aston Gwee Ming Xian, Cheryl Tan Tze Joo, Li Kai Leong Lester, Chua Gek Jun, Chloe Amanda Alcantara, Samantha Lam Zi Xin, Ng Kian Hong

The ambassadors wanted to reach out to the less-privileged residents in Toa Payoh (TPY) by organising a block party. A donation drive was initiated to collect goodie bags from the residents in the area. Along with TPY Zone 2 RC and TPY Central Community Club's help, invitations to the block party and goodie bag coupons were distributed by visiting them at their houses. On the day of the block party, students performed a dance item and conducted games to engage the residents. The goodie bags were also distributed. Through this initiative, the students learnt that when we gather as a community, there is a lot that can be done for others.

PRO-TEACH EDUCATION (YEW TEE)



SOWING AND SCATTERING SEEDS OF KINDNESS

Project Done By:

Joshua Chew, Liew Su Rong, Lusha Nara Hans, Noelle Tan, Shermin Tiew, Sheryl Koh, Tan Min Juan, Chai Li Qin, Chai Li Xiang

The ambassadors embarked on a mission of sowing and scattering seeds of kindness around the neighbourhood of Yew Tee. The students started manifesting kindness by first making personalised bookmarks with various kindness themes. They then went out to the community to engage the public by giving out these handmade bookmarks and chatting with passersby on the objective of their project. Many recipients were touched by the kind gesture and reciprocated with words of affirmation. The good spirit of the public left the students encouraged to continue doing more of the good work in the future.



PRO-TEACH EDUCATION (YISHUN)



BEING KIND TO OUR ELDERS

Project Done By:

Chloe Teo Le Qi, En Toh, Xue Kai Qing, Mohamad Shah Idzwan Bin Mohd Isa, Nur Nailah Omera Binte Irwan

The ambassadors wanted to raise awareness in the Yishun community that we should be more aware of and show care and concern to the elderly neighbours around us. Students made bookmarks containing kindness phrases and distributed them to the residents in the neighbourhood. The residents then used this bookmarks to exchange for rations that would go to the elderly in the neighbourhood. Finally, the students visited the elderly home, put up a performance and distributed the rations. This definitely put smiles on the elderly's faces.

PRO-TEACH EDUCATION (YUHUA)



A NATION, MAKE A DIFFERENCE!

Project Done By:

Cheah Zhi Qing, Nur Eiman Bte Mustaqim, Ong Jia Hnn, Larry Teo Zhi Sen, Beh Wan Jun, Lennon Teo Zhi Yu, Shannon Lim En Xuan, Nikole Wong Kai Ning, Maqqie Koo Mei Qi

The objectives of the project were to encourage the public to show care and concern to our elderly, imbue a sense of responsibility to build a gracious society, and to raise funds. A kindness fair was organised as a fundraiser where the public could learn more about their project at the education booth or take part in fun games. Ms Grace Fu, Member of Parliament for Yuhua also showed her support by gracing the event. After the fundraiser, the funds were used to purchase necessities such as adult diapers for the residents at All Saints Home. Students performed magic shows, songs and conducted games with the residents and that brought smiles to their faces.



PRO-TEACH SCHOOLCARE (FERNVALE)



TREE OF KINDNESS

Project Done By:

Ng Yu Yang, Eng Ren Hao, Tan Hui Li, Ang Yi Xuan Hebe, Lee Hui Ting Seline, Tan Kai Sheng, Chen Junxiang, Tan Yan Ling Joey

The aims of the project were to promote the culture of gratitude and to encourage those who have showed kindness, to continue to do so. A Tree of Kindness was displayed in Fernvale Primary School where students could pen down acts of kindness that they have received. To reach out to the public, students also wrote thank you notes on daisy cards and presented it to the people who have done something meaningful for them. Through this initiative, the culture of gratitude has grown significantly among the students in Fernvale.

PRO-TEACH SCHOOLCARE (HENRY PARK)



LET A NOTE BRIGHTEN UP YOUR DAY!

Project Done By:

Soh Sin Hwee Jasmine, Monique Goh Ying Yong, Liu Shi Yuan, Loh Si Ning, Koh Yue Qi, Kok Yi Xuan

The ambassadors at Henry Park believe that a simple note could brighten up someone's day. To start off the movement, students in the centre donated scrap materials that were subsequently used as art materials. Personalised cards were then created out of the materials for individuals in the school who they wanted to show their appreciation to. These cards were displayed in the school to share and inspire other students to show kindness to people around them. The cards were then taken down and presented to the recipients who were delighted to receive them.



PRO-TEACH SCHOOLCARE (HORIZON)



PLANTING A SEED OF KINDNESS, MAKE A DIFFERENCE!

Project Done By:

Nur Insyirah Binte Mohammed Firdaus, Matthew Jude Thomas, Yeow Min Shan, Tan Kai Xiang Aloysius, Mak Kai Kit Ethan, Ng Rui En Avelynn, Chew Yi Xuan, Heng Lek Sheng Max

This ambassadors wanted to show the students in Horizon Primary School that a small act of kindness is able to grow into something bigger. A film was created and showcased to create awareness of the initiative and introduced the activities, Kindness Cube and Tree of Kindness. Anyone who was observed being kind was presented with a kindness cube. They would then upload a photo of their kindness cube with the #skfj_pthrz and pass the cube on to another person caught performing kind acts. The Tree of Kindness was displayed in the school where students could write notes of appreciation to those who have shown kindness to them.

PRO-TEACH SCHOOLCARE (INNOVA)



KUDOS TO ALL BUS CAPTAINS!

Project Done By:

Chen Xuan Enya, Tan Jung Teng, Koh Qiao Er, Ang Yu Heng, Koh Fang Yu, Cheryl Chong Lay Ying, Lai Jack, Neo Li Xing Renee, Lai Yin Xuen

The ambassadors wanted to show the public transport workers at Woodlands Bus Interchange that the people of Woodlands are appreciative of their hard work. To do this, the students went to the bus interchange to encourage the public to show their appreciation by writing a simple thank you note. These notes were then collated and attached to bowls of beancurd which were subsequently presented to the staff at the interchange. As there was an overwhelming response by the public, the remaining notes were formed into a board of recognition which served as a reminder that what they do is appreciated.



PRO-TEACH SCHOOLCARE (LIANHUA)



30 DAY KINDNESS CHALLENGE

Project Done By:

Goh BanXiang, Nordica Kiran Kaur, Yeo Anwell, Syed Al-Hafiz, Syed Al-Haqim, Lim Li Wen, Amelia Hoe, Toh Chu Ting

The students of Lianhua Student Care Centre embarked on a 30-day kindness challenge during the June Holidays where they challenged themselves to complete various tasks such as showing their appreciation to the people around them, helping their classmates out, being a good neighbour, helping to keep the environment clean by picking up litter and spending time with the elderly. After 30 days of performing kind acts, the students discovered that being kind to others left them with a rewarding feeling, and therefore continue the challenges up to this day.

PRO-TEACH SCHOOLCARE (PALM VIEW)



WITH A MINUTE, MAKE A DIFFERENCE!

Project Done By:

Henry Fong Xiao Song, Kok Zhi Han, Liang Wern Hwee, Oh Xuan Qi Jade, Sim Yi Qi Joell

The ambassadors wanted to show students of Palm View Primary and the public that with a minute, they could make a positive difference. A one-minute stop motion video was produced to illustrate that it only takes less than a minute to show kindness. This video was spread in the wider community with the help of Sengkang Community Club, CDAC@ Sengkang and Punggol. Next, students made paper 'fortune tellers' and wrote kind acts in each section which they had to carry out. Lastly, to gauge how many people have watched the video in the school, students were given a smiley sticker to paste on a chart to indicate if they have done so. From this, it can be seen that the video was a hitl The video can be found on their instagram @proteach.pvw.



PRO-TEACH SCHOOLCARE (RIVERVALE)



SHARING A SMILE

Project Done By:

Valerie Low Xuan Qin, Skye Choo Wei Qi, Elise Chan Yin Li, Isaac Chan Yi Xuan, Ethan Tay Zhi Yang, Pan Zhi Hui Regina, Danica Lim Shi Jia, Javier Ng Wei Zhe, Ong Zi Xuan

This project is about spreading kindness and making a difference in the community by reminding the residents in the neighbouring community to share a smile with others. Kindness notes were made by the students. The students then approached the public at Rivervale Mall, gave out the notes and shared their smiles. The recipients of these notes were then encouraged to pass the notes on to their loved ones and to share the photos on their social media. The project has managed to create a positive culture within the community and student care centre with this simple act of kindness.

PRO-TEACH SCHOOLCARE (SOUTH VIEW)



EMBRACING AGEING & DIVERSIFYING TECHNOLOGY

Project Done By:

Lim Zong Han, Cheam Kai Qi, Kavian Chua Yi Xuan, Ng Yi Ting Laureen, Jayden Liu Jing Qi, Ng Zhen Yi, Aydyn Tay Xiang Rui

In this world where technology is moving very quickly, the project aimed to allow the senior citizens keep up with technology for daily tasks. The students in the centre took some time to introduce technology to their grandparents. They were then taught how to simplify daily tasks for the four basic functions, namely communicating with family members through Whatsapp, booking rides on Grab, ordering food from Foodpanda and making online grocery purchases from Redmart. Although it was not an easy task, the students were heartened to discover that their grandparents were keen to learn new technology, especially from their own grandchildren. The students realised that it is important not to leave our elderly behind as technology advances.



PRO-TEACH SCHOOLCARE (WELLINGTON)



APPRECIATING OUR HYGIENE OFFICERS

Project Done By:

Nicole Ong, Aloysius Sng, Khoo Yan Xyan, Javen Cho

The ambassadors aimed to encourage more friends and residents to show their gratitude to the hygiene officers for their hard work on a daily basis, in turn allowing the officers to feel appreciated and respected. It started with an appreciation ceremony in Wellington Primary School to recognise the school's hygiene officers. The students then wanted to widen their reach and approached Sembawang Town Council for approval to host an awards ceremony for the neighbourhood's hygiene officers. To ensure the sustainability of this initiative, the students are still working closely with the town council for future events.

PRO-TEACH SCHOOLCARE (WESTWOOD)



PASS ON THE LOVE, MAKE A DIFFERENCE!

Project Done By:

Woo Wing Huen Ashlyn, Ng Jia Min Jamie, Adam Ilhan Bin Md Zuraimi, Hannah Inarah Binte Zulkefli, Chan Chu Yi Tricia, Hu Jiani Joey

The ambassadors wanted to bring smiles to the hawkers and patrons at Boon Lay Food Village by spreading the love through handwritten origami hearts. All students in the centre took part in this initiative by designing and folding the origami hearts. Once they were completed, they went to the food village, approached hawkers and patrons and introduced themselves as well as the objective of the project, 'Pass on the love, make a difference.' The project ended with smiles and words of encouragement exchanged from both the students and the recipients of the origami hearts. Indeed, kindness begets kindness.



PRO-TEACH SCHOOLCARE (YEW TEE)



PAY WITH A SMILE & (DESIGNING OF COFFEE SLEEVES)

Project Done By:

Yuri Ng, Woo Shao Jie, Zhang Jun Hao, Claudia How, Phoebe Tan, Eden Cham, Carissa Yuen

The ambassadors wanted to bring a smile to commuters at Yew Tee Mrt on their daily commute while spreading the message of kindness. To do this, the students decided that they would spread kindness through the use of coffee sleeves. These coffee sleeves depicting various kindness messages were designed by the students. Coffee sachets were also donated by parents and the residents. They then placed a coffee sachet with a slip of paper detailing the hashtag #Brewingkindness into paper cups. The students said encouraging messages while they gave out the coffee cups to commuters starting their day. This initiative has definitely brightened up everyone's day.

PRO-TEACH SCHOOLCARE (YUHUA)



YOUR KINDNESS GOES A LONG WAY!

Project Done By:

Adriana Binte Abdul Majid, Sheyenne Kang Ke Yi, Ang Kai Xiang Alwin, Jason Tan Hai Chuan, Mohammad Khair Azhar, Soh En Ting, Chua Wei Ze

The ambassadors wanted to spread awareness of courteous behaviour among students and the community around Yuhua. To do this, they made kindness cards and each card had a different kindness quote or a list of kind acts. These cards were then laminated and presented to the residents living in the area while encouraging them to be kind daily.



ABOUT KINDNESS BADGE AWARD

THE KINDNESS BADGE AWARD 2018

The Kindness Badge is a mark of distinction awarded to students in Uniformed Groups who have completed tasks or projects that promote kindness and graciousness amongst their peers, within their schools, and to their families and communities. Achieving this badge identifies them as Ambassadors of Kindness. It is awarded by the Singapore Kindness Movement to deserving students who have demonstrated their passion and commitment to fostering a gracious society.





BRONZE

The Bronze Badge scheme introduces students to the current state of kindness in the community.

SILVER

The Silver Badge is awarded to students who carry out a kindness campaign within their schools.

GOLD

The Gold Badge is conferred when students extend the reach of their campaign to the community.

ABOUT KINDNESS BADGE AWARD

OBJECTIVES OF THE KINDNESS BADGE

- To encourage uniformed groups to foster a positive sense of community awareness
- To spark waves of kindness in society via little projects by the uniformed groups
- To forge stronger camaraderie between the various uniformed groups

UNIFORMED GROUPS PARTICIPATING IN KINDNESS BADGE AWARD 2018:



GIRL GUIDES SINGAPORE



NATIONAL CADET CORPS



ST. JOHN SINGAPORE



THE SINGAPORE SCOUT ASSOCIATION



GOLD CROSSOVER BADGE

Being kind should not only be limited to the uniformed group that you are in. The Gold Crossover Badge is an initiative to encourage collaboration between different uniformed groups. Qualification requires a minimum of three representatives from each uniformed group, such as three representatives from Scouts and three representatives from Girl Guides.



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KINDNESS BADGE AWARD FEATURED PROJECTS

109	Anglo-Chinese School	(Independent)
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110 Anglo-Chinese School (Independent)

11 Anglo-Chinese School (Independent)

112 Anglo-Chinese School (Independent)

113 Compassvale Secondary School

114 Compassvale Secondary School

115 East Spring Secondary School

East Spring Secondary School

117 Queenstown Secondary School

118 Queenstown Secondary School

119 Swiss Cottage Secondary School









BEACH CLEANING PROJECT

Project Done By:

Brian Liew, Aaron Lee Xuan, Evans Soh Feng Xian, Paramasivam Shaveen Gajaananan, Wee Fan Hao, Kiefer Siow

Engaging members of the public at West Coast Park, the NCC cadets of Anglo-Chinese School (Independent) shared how being thoughtful for the next user contributes to a better environment for all.

The cadets took the opportunity to correct the misconception that cleaners should be relied upon in ensuring the cleanliness of the environment. Emphasising that the appearance and functionality of an environment depend on the efforts of all, the cadets spoke about shared responsibility, and encouraged the public to start by cleaning up after themselves and respecting facilities.

Posters designed by the cadets were used to provide a visual reminder of how beach users can take ownership of the environment.

Through this initiative, the cadets hope to create a ripple effect - inspiring civic mindedness and encouraging greater consideration and appreciation for the environment and those who care for it.





DIABETES WARRIORS

Project Done By:

Roderick Tanuwijaya, Marvel Chiam Jiaqi, Jonas Lim En Jie, Nithish S/O Singanathan, Liu Wenxin, Gabriel Chiang Jun Yang, Isaiah Lim Hann, Edmund Lim Ming Xian, Joshua Chan Jie Rong, Jonah Sua, Boi Yen Zhen Johann, Theodore Wang Tze Ee

To reduce stigma associated with diabetes, the NCC cadets of Anglo-Chinese School (Independent) approached members of the public to create awareness about the condition. Flyers containing information about the condition were distributed at Toa Payoh Lorong 4 Food Centre.

From the conversations that they shared, cadets explained the types of diabetes and its causes and symptoms; they believe that a greater understanding of the condition would prevent people from being overly-cautious around patients with diabetes and treat them differently. The cadets emphasised the importance of acceptance, as ongoing support can help provide an outlet for patients to express themselves and reduce potential complications. They hope to encourage more to show care and concern to those in their community who suffer from this condition.

The cadets also challenged 70 participants to take a pledge against diabetes - to maintain a healthy lifestyle by monitoring their eating and exercising habits.









RETURN YOUR TRAY, MAKE SOMEONE'S DAY

Project Done By:

Chan Bo Xiang,Edric, lain Yeow Wei Han,
Chenho Matthew Cheong, Ramanathan Annamalai,
Amir Hyder Bin Mohamed Feisal, Foo Chuan Wee,
Zachary Chua, Joshua Teo Kai Slang, Tham Lishen,
Ganesan Sugavignesh, Devanathan Nishant, Bryan Loo Pei Le

"Small acts of kindness can have a significant impact on our community and the people around us."

To promote gracious behaviours in hawker centres, the NCC cadets of Anglo-Chinese School (Independent) gave out tissue packets with handwritten notes to encourage patrons to return their trays after use.

Speaking to 80 diners at Ghim Moh Hawker Centre, they shared how returning trays results in a greater dining experience; when cleaners are able to concentrate on cleaning tables, patrons are likely to enjoy their food faster in a cleaner environment.

The importance of returning the items to appropriate stations, i.e. halal and non-halal collection points, was also highlighted.

Despite receiving a mix reaction to their initiative, the cadets remain positive that when effort is made to show kindness in day-to-day activities, and consideration is shown towards the next user, it is possible to create a gracious society.





INTERACTING WITH DEMENTIA PATIENTS AT YONG ENG CARE CENTRE

Project Done By:

Herman Phua Wei Heng, Daryl Christian Tang Jun Kai, Naresh Nehru, Chong Ee Herng, Jothimani Sivasankari Vishal, Joshua Lee Ze Quan, Julian Tan Jin Yong, Nathan Choo Zi Xu, Ng Kang Qi, Andrew Chew Wai Kiat, Yong Yi-Tze Elliot

"Dementia is not just about poor memory. It leads to poor cognitive ability and a great increase in reliance on others."

Working with Yong En Care Centre's Dementia Day Care Service (DDCS) in Chinatown, the NCC cadets of Anglo-Chinese School (Independent) conducted a series of activities to encourage care and kindness for people diagnosed with dementia.

They learned that dementia is a condition which affects people mentally and emotionally, explaining the challenges that some of them had in expressing themselves and the frustration that were displayed when their requests were not understood. From the interaction that they had with the 40 residents, they found that patience is key in engaging them.

Through their initiative, they hope to inspire greater tolerance for patients diagnosed with dementia and encourage the community to show care by providing companionship for patients who might not have regular visitors.







COMPASSVALE SECONDARY SCHOOL



A RIPPLE OF KINDNESS II

Project Done By:

Cheryl Bay, Renuka Rai D/O Rajesparsad, Fam Wen Hui, Hasitha Peter Inapanuri, Izzac Chew Qi Xun, Muhammad Ali B Iskandar M A J, Khiew An Kai, Tan Jun Han, Bryan Tan Xue You

Following the success of last year's initiative, the NCC cadets of Compassvale Secondary decided to challenge themselves to create another "ripple of kindness".

Similar to what was done previously, the cadets approached students studying at Seng Kang Community Hub. Students were gifted with packet drinks and asked to write a handwritten note of encouragement for another student studying at the study corner.

Thereafter, they were encouraged to pass on the notes, along with a packet drink and a "Be Greater" notebook to the other students sharing the space. Through this act, the cadets hope to create positive conversations where friendships can be built. They hope to inspire their peers to pay kindness forward by motivating and supporting others in need.

To inspire everyday kindness and graciousness in the community, the cadets encourage all to "do good, feel good and spread good".







COMPASSVALE SECONDARY SCHOOL



CHEERS ON WHEELS

Project Done By:

Asad Sabil, Ng Yu Fan, Tan Jiong De, Marcus

Inspired by the concept of delivering cheers to brighten someone's day, the NCC cadets of Compassvale Secondary travelled to various locations around their school to show their appreciation to the underappreciated workers in their community.

Tokens of appreciation were presented personally to the 30 cleaners, security guards and elderly caretakers working in the Sengkang area.

Consisting of handwritten notes from the students of Compassvale Secondary and refreshments, the tokens represented the students' interest in appreciating the workers for their contributions to the community. By encouraging their peers to express gratitude, the cadets hope to remind their peers to not take the clean and safe environment they are in for granted. They hope to inspire their peers to take greater ownership of shared common spaces.

Through the conversations they had with members of the public, the cadets also encouraged more to step forward to appreciate the workers, and recognise them for their efforts.



EAST SPRING SECONDARY SCHOOL



THE JAR WITH A MEANING

Project Done By:

Tan Poh Geok, Luqman 'Afif Bin Johari, Wendalyn Hu Tongning, Julian Lee See Ler, Loong Chor Yi, Wong Jun Xiang, Jovan Ong Yew Shyan, Gan Kah Kheng, Ethan Ng

"Is Singapore a 'clean' or 'cleaned' city"?

Recognising a need to encourage more to clear their own trays after eating, the Scouts of East Spring Secondary headed to the Tampines Mart Kopitiam to share with patrons how returning their trays translate to greater consideration for others.

"Kindness Jars" were placed on the tables in the hawker centre; these jars had a note tied to it to remind patrons to clear their trays after dining. Patrons were encouraged to help themselves to the inspirational quotes and jokes in the jar - prepared by the students to liven up their day.

The students also approached members of the public to share more about their project. Through the conversations, they hope to inculcate civil mindedness and encourage them to appreciate the work of the cleaners. Pledges to support the movement and appreciation notes were collected at the activity.



EAST SPRING SECONDARY SCHOOL



WHY DON'T WE JUST CLEAN

Project Done By:

Nurqistina Atiqah Binte Abu Bakar, Siti Aishah Binte Tukiman, Leland Tan Jin Jie, Izz Zairah Binte Mohamed Rizal, Koh Chin Xin Wallace, Ethan Hoo Wei De, Johann Lin Guan Xuan, Allanigue Elbert Troy Cabaluna, Dylan Low Han Ther

"Kindness happens, when you do a service which benefits others, from the bottom of your heart."

Initially concerned with how they would be looked upon by the patrons, the Scouts of East Spring Secondary had to challenge themselves to step out of their comfort zone when they decided to help cleaners clear tables during the packed lunch hour.

To help lessen the burden of the cleaners during the busy period, the Scouts helped to return used cutleries and trays, and cleaned the tables of debris. They also took the opportunity to correct the misconception that the tray-return habit deprives cleaners of their jobs - by explaining how the simple act could translate to faster turnover of tables.

Not forgetting to remind patrons to show appreciation to the cleaners, they approached the cleaners individually and presented them with a token to thank them for their hard work.







QUEENSTOWN SECONDARY SCHOOL



COMMUNAL LUNCH

Project Done By:

Baron Yong Jiarong Samuth, Lee Jun Xi, Jerrel, Lim Qin Tong Quinnton, Isaac Lee Yi Zhe, Ryan Tay Lei Hui, Alwin Woon Junxian

For the second year running, the Communal Lunch organised by the Scouts of Queenstown Secondary aimed to honour the elderly in their neighbourhood.

This year, the scouts invited 60 participants to share personal anecdotes. Through the sharing, they learned of Singapore's past, and the role of the pioneer generation in shaping Singapore to what it is today.

Simple games, such as "Guess The Hidden Ping Pong Ball", were also played at the event; the elderly were seen to enjoy the activities, with most of them wearing bright smiles while participating. To show their appreciation towards the participants, the scouts also presented them with thank-you notes written by their peers and teachers.

The scouts hope to encourage more to show appreciation to the elderly around us; by spending time with them, the scouts hope to motivate greater interaction between the community and the elderly.







QUEENSTOWN SECONDARY SCHOOL



DREAM GOLD

Project Done By:

Su Qing Huang Johnathan , Ryan Chan, Tan Yi Wei, Tan Yi Jun, Reagan Kay Jung Hung, Michael Yang Yao An

"Is there a need to thank someone for doing their job?"

With intention to address that all jobs matter, the Scouts of Queenstown Secondary embarked on a project to acknowledge the service of individuals in jobs perceived as thankless.

Approaching members of the public at Dawson Shopping Centre, the scouts shared about their objective of recognising the service staff who dedicate their time and energy to meet the needs of people. Members of the public were encouraged to write appreciation notes for those who worked at the mall.

These notes were later collated and given to the manager of the mall, who presented it to the representatives of the various departments.

Through the conversations that they had, they hope to inspire more recognition for the workers; they hope for more to put themselves in their shoes and not take their work for granted.







SWISS COTTAGE SECONDARY SCHOOL



BEHIND THE SCENES OF OUR SOCIETY

Project Done By:

Foysal Ahmed, Ang Jin Cheng, Haziq Ikhwandy B Arman, Mohd Ashraf Bin Jamal, Dillon Ng JianHao, Muhammad Ridha Bin Yazri, Kee Xiang Yu Denzel, Amirul Syazwan B Ahmad Azman, Wang Yee King Nigel, Fahim Muhtadi. Nick Ferhan Bin Mahmood

Behind The Scenes Of Our Society was an initiative by the NCC cadets of Swiss Cottage Secondary with the aim to raise awareness about the discrimination faced by migrant workers in Singapore, specifically those who work in the construction sector.

To help them gain a better understanding of the issue, the cadets contacted the Migrant Workers' Centre (MWC) prior; the interview highlighted the needs and challenges faced by these workers.

The cadets presented some of these findings to the residents of Goodview Gardens. Using various mediums including videos of Singaporeans passing nasty comments on migrant workers and flip cards, they hope to elicit compassion among the residents, and encourage them to show greater appreciation to the migrant workers.

Through their interaction with the residents, the cadets collected 100 pledge cards affirming and appreciating the migrant workers for their contributions. These cards were then given to MWC to share with the workers



ABOUT WRITE FOR KINDNESS

WRITE FOR KINDNESS 2018

Write for Kindness is a national creative-writing competition organised by the Singapore Kindness Movement (SKM) and supported by the All In! Young Writers Festival by the Singapore Book Council. It is a platform for secondary, junior college, centralised institute, madrasah and international school students to promote kindness to the younger audience by creating age-appropriate and culturally relevant children's stories, through short stories, poems and illustrations.

The theme for Write for Kindness 2018 is Make a Difference.

THE OBJECTIVES OF THE COMPETITION ARE TO PROMOTE:

- The value of kindness through stories and poems to pre-school children
- The importance of stories and poems as a means to positively impact preschool children in their character development
- Story and poetry as creative means of expressing cultural values
- Teamwork among youths who work together as a group to complete the stories, poems and illustrations
- The appreciation and development of literary arts and local literature in our society

THE ENTRIES ARE GRADED ACCORDING TO:

- Clarity of the message
- Relevance to target audience
- Language
- Creativity and originality of ideas
- Illustration
- Usage of poetic devices & forms

WRITE FOR KINDNESS AWARD STORIES

123 Winner
Tampines Junior College
Henry Saves Brightsville

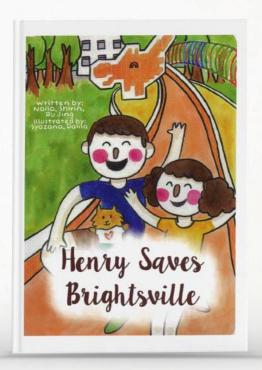
124 1st Runner Up Madrasah Al-Ma'arif Al-Islamiah A Turtle's Cry

125 2nd Runner Up
St. Joseph's Institution
The Lion with No Mane

126 Best Illustration
DPS International School
Going Places, Helping Faces

127 Consolation
Dulwich College (Singapore)
Life in a Bowl





HENRY SAVES BRIGHTSVILLE

Henry Tan moves into a new neighbourhood called Brightsville. But this town is not what he expected...

Unkind acts, gloomy weather and unfriendly neighbours.

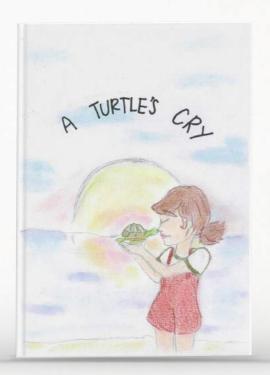
Can Henry share his happiness to the people of Brightsville?

Written by:

Naila Nadeem, Siak Ru Jing, Nur Shirin Bte Mohd Haiyub

Illustrated by:

Siti Nurdalila Bte Mohd Azmi, Nurul Syazana Bte Sahar



A TURTLE'S CRY

When a little girl named Marsha finds a moving plastic bag, what will she do? Join Marsha and her mother as they turn their polluted beach back into the beautiful sunny beach it was in this story, 'A Turtle's Cry'.

Written by:

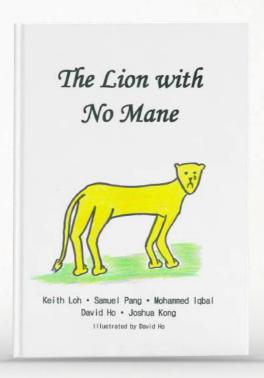
Nur-Riny Ashmooni Binte Mohamed Roslan, Fairuz Shafa Nurulaini, Aeisyah Binte Mohamed Zaki

Illustrated by:

Dina Binte Nazirin, Harissa Qistina Binte Suwandi



2ND RUNNER UP ST. JOSEPH'S INSTITUTION



THE LION WITH NO MANE

There lived a beautiful herd of lions in a savannah and each lion in the herd was identical in every way. No one questioned it. It was the way things were. That is, until the day James, a lion with no mane, is born.

Written by:

Loh Zi Quan Keith, Pang Wei Wen Samuel, Kong Zong Teng Joshua, Mohammed Iqbal Sameer Lal s/o Abdul Kahlid

Illustrated by:

Ho Chih Hsien David Joshua



GOING PLACES, HELPING FACES

Have you seen how kindness travels in a circle?

Meet Bryce, a sweet little girl who helped the Bear in the zoo when he got hurt.

Little does she know what is in store for her, when the Bear is inspired to be kind to the Macaw and the Macaw to someone else. This is an adventure of a lifetime for Bryce, but just a normal day at the zoo. Or so it seems...

Written by:

Ednaida Julia Fernandes, Sarvagya Bhatnagar, Thirumeninathan Thaarun

Illustrated by:

Ananyaa Kashyap, Poorvaja Seetharam



CONSOLATION DULWICH COLLEGE (SINGAPORE)



LIFE IN A BOWL

This book is about Kim the cat who is always mean to the household fish, Kylie. One day Kim overhears Kylie insulting her, then gets upset and confronts Kylie. Kylie decides to make a snarky remark, further angering Kim. However, just before Kim can do anything, their owner brings home a new dog, Rob. Seeing as it is nothing important, Kim goes back to bullying Kylie. But then, Rob instantly defends Kylie and explains that Kim should stop. Kim and Kylie apologise for their past actions and they all become best friends.

Written by:

Lucia Tara Stockmann, Monique Therese Cheng, Neiha Sagar

Illustrated by:

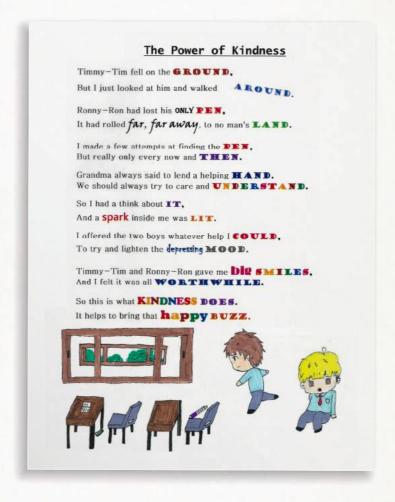
Angeline (Aixin) Guo, Jerry Wu

WRITE FOR KINDNESS AWARD POEMS

129 Winner **Outram Secondary School** The Power of Kindness 130 1st Runner Up DPS International School Two Little Kind Hearts 2nd Runner Up **Outram Secondary School** At The Playground 132 Best Illustration **Tampines Junior College** Robber & The Giver 133 Consolation **East Spring Secondary School** A Seed In The Garden



WINNER OUTRAM SECONDARY SCHOOL



THE POWER OF KINDNESS

Written and Illustrated by:

Imran Westerhout Hasan, Nur Aleeyah Binte Mohamed Rizal





TWO LITTLE KIND HEARTS

Written and Illustrated by:

Suhasini, Sreshta Raj Badugu



2ND RUNNER UP OUTRAM SECONDARY SCHOOL

At the Playground

Swinging and playing at the playground one day A mean bully called **Jackie** said I was in his way

He pushed me to the ground and I fell with a **thud**He walked away with a laugh and left me with a **broken** heart

But then my two buddies took me by the hand And told me I was part of their happy band

I learnt that there were others who liked me And the world will be happier if we were **bias-free**

If we can all learn to play together
Our lives will be so much better!



AT THE PLAYGROUND

Written and Illustrated by:

Zaragoza Sabryne Kirsten Mendoza, Nguyen Ngoc Khanh Chi



"ROBBER & THE GIVER"

Once there was a raccoon called Robert, who was big, brawn and bad, who took what he wanted, what he pleased, instead have this, a token of greetings and made everyone mad. instead have this, a token of greetings for you, from me, the 'Giver'".

One day, a new fellow came to town, a meek little guinea pig named George. Small and stout, and have riches abound.

"The perfect prey." so Robert judged.

Out from behind him, George pulled out a gift. "There is no need to steal, oh 'Robber',

Robert was stunned and moved to tears, he was given something at last. Not from family, not from neighbours, but a stranger, a generous one at that.

With his menacing face put on, he stood tall, a story of being good to the bad, "Give me all your treasures or else" But George was not fazed at all I

The chance came, Robert cornered George. Hearing this story, young little child, Thus, shall I ask with this question in mind:



ROBBER & THE GIVER

Written and Illustrated by:

Toh Hui Yi Renee, Tang Ker Yin Pearlyn





A SEED IN THE GARDEN

Written and Illustrated by:

Eunice Ong Jia Xuan, Syarifah Qarynah Dini Bte Hazizi



IN CELEBRATION OF:



