

FRIEND OF SINGA,
WRITE FOR KINDNESS,
KINDNESS BADGE &
SEED KINDNESS FUND JUNIOR
AWARDS 2019



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PARTNERS



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ABOUT SINGAPORE KINDNESS MOVEMENT

SINGAPORE KINDNESS MOVEMENT

Kindness is in everyone. The Singapore Kindness Movement (SKM) wants to encourage everyone to start, show and share kindness. We aspire to inspire graciousness one kind act at a time. By sparing a thought for the people around us, we hope to create a gracious society, and make life better for you and me.


MISSION


To help build a gracious Singapore, SKM aims to encourage the individual to internalise courtesy, kindness and consideration. Our mission statement: To inspire graciousness through spontaneous acts of kindness, making life more pleasant for everyone.

OBJECTIVES OF SKM

- To encourage all Singaporeans to be kind and considerate
- To create public awareness of acts of kindness
- To influence and raise the standards of behaviour and responsibility

CONNECT

 **The Kindness Gallery**
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#01-08 Stamford Court
Singapore 178892

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fos.kindness.sg

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**FRIEND OF
SINGA 2019**



ABOUT FRIEND OF SINGA 2019

THE FRIEND OF SINGA AWARD 2019

Introduced in 1990, the Friend of Singa (FOS) is into its 29th year as it continues to promote the essential values of respect, social and self responsibility, selflessness and love behind the kind acts of young, caring individuals.

Since its revamp in 2009, all participating teams will have to complete a kindness project within their school community over a period of five months. These projects should create a positive impact within the school community and the students' behaviours.

FOS has moved away from merit-based awards to one that focuses on sustained participation from schools. To help kick-start these projects, SKM funds up to \$150 per project.

Building on the notion of collective kindness, the theme for FOS 2019 is "_____. Be Greater!"

AN OVERVIEW OF THE FRIEND OF SINGA PROGRAMME

All schools are encouraged to participate in the Friend of Singa Programme.

Participating schools are invited to nominate **up to nine students** for this programme. Upon nomination, all participants, students and teachers will attend a half-day workshop in February to equip themselves with design thinking, project management and public speaking skills.

The students then identify areas where they feel social graces are lacking in their respective schools and come up with a creative solution to address the problem. They have up to five months to complete the project.

These students will be honoured as Friend of Singa Ambassadors upon completing a kindness project together. The Singapore Kindness Movement (SKM) hopes that by giving the students such recognition, it will encourage their peers to emulate their fine examples.

DID YOU KNOW?

This is the 10th year for 16 schools!
We also have 137 schools taking part in FOS 2019!

Here's the breakdown:

Primary Schools: 81

SPED Schools: 4

Secondary Schools: 45

International Schools: 7



FEATURED CATEGORIES

The programme is now based on sustained participation; schools will be awarded based on the number of years they have participated. Accordingly, the projects are now categorised as:

1. All-Rounded Projects
2. Inspiring Social Etiquette Initiatives
3. Appealing Murals, Designs & Craftworks
4. Heartfelt Appreciation Initiatives
5. Interesting & Unique Initiatives and Challenges
6. Heart-warming Community Service Segments
7. Interesting Social Media / Online Initiatives & Digital Content

The projects submitted this year continue to impress. Most of them have been thorough, engaging and creative in their methods to achieve greater impact and sustainable participation from their peers. To broaden the scope and depth of their projects, some even went beyond the campus to involve external parties like Family Central, MINDS and Sunlove Senior Activity Centre.

DID YOU KNOW?

Schools that are participating for the first time will be awarded the Singa trophy. As for sustained participation, schools will receive the following badges to pin on their trophy!





UPCOMING - FRIEND OF SINGA 2020

ABOUT FRIEND OF SINGA 2020

THEME:

"Kindness means, _____."

Registration will begin in **December 2019**.

Log on to **fos.kindness.sg** this December for more information updates!

Workshops will be held in **February 2020**.

DID YOU KNOW?

On the school's sustained participation for 10 years, schools will receive a special gold Singa Trophy as a token of appreciation and recognition of their commitment in building a kind nation.





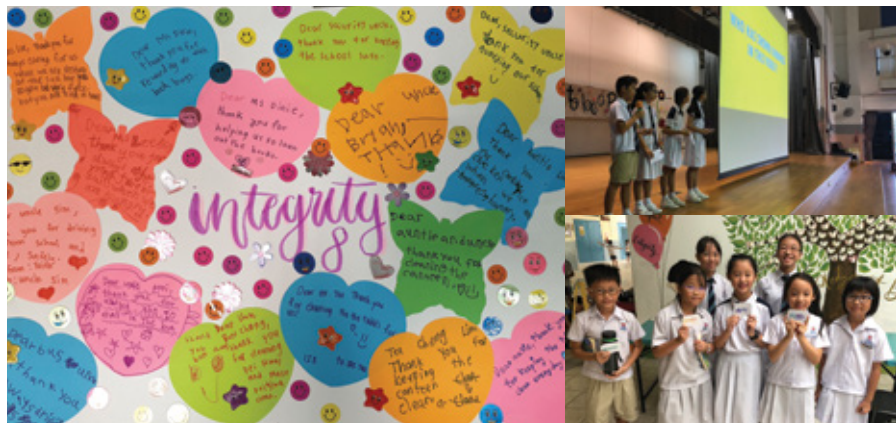
ALL-ROUNDED PROJECTS

This category features schools that have projects consisting of good surveys to understand and identify kindness issues within their campus. In addition, projects should have a good outreach to their intended audience and be cost effective.

- 10** Pei Hwa Presbyterian Primary School
- 11** Clementi Primary School
- 12** Catholic High School (Primary)
- 13** Ai Tong School
- 14** Cedar Primary School
- 15** Sengkang Green Primary School
- 16** Angsana Primary School
- 17** Junyuan Primary School
- 18** MINDS Lee Kong Chian Gardens School
- 19** MINDS Woodlands Gardens School
- 20** Yuvabharathi International School (Primary)
- 21** Global Indian International School, East Coast Campus (Primary)

ALL-ROUNDED PROJECTS

PEI HWA PRESBYTERIAN PRIMARY SCHOOL



NO MATTER YOUNG OR OLD, BE GREATER!

Project Done By:

Scarlett Ong Shi Ting, Chek Yu Hann, Peh Jia En Cherrell, Shennysse Ee Zhi Xuan (Yu Zhixuan), Kent Ng Ken Chong (Huang Jiancong), Anais Ensi Marmonier, Ooi Jie Lin, Teh Tao Der

Everyone can become greater by showing a little kindness or care. This project guided students through three stages – creating awareness of, encouraging, and sustaining kindness.

Assembly Talks – Ambassadors held talks and played videos to captivate their schoolmates and encourage kindness.

11 Game Booths – Traditional games like Snakes & Ladders were modified to include questions and acts of kindness. The interactivity allowed players to feel the joy of kindness and helped kickstart kindness as a good habit.

Kindness Bingo – This activity sheet inspired students to try out different acts of kindness.

Class Appreciation Card – Students wrote kind messages to non-teaching staff, thanking them for their hard work for the school. The cards were displayed on the school noticeboard for all to appreciate.

Kindness Bookmarks – Students received handmade bookmarks from their student leaders, commending their kind deeds at school.

ALL-ROUNDED PROJECTS

CLEMENTI PRIMARY SCHOOL



CLEMENTIANS, BE GREATER!

Project Done By:

Ang Song Ning Laurel, Izz Salman Putera Rosman, Natalie Chan Jing Yi, Tan Jan Hsuan Ashley, Denise Lim Wei Xin, Wint Rupar Thein Sharon, Mohamad Ithar Bin Mohamad Fairuz, Earl Myatt Naing, Tan Tong Liang Dylan

Clementians embarked on projects which emphasised their motto of "others before self", mission of "being kind to all", and vision of "being a friend".

Kindness Starts From Me – Kindness Champions would catch their classmates doing kind acts and pass their Kindness Badges to them. The goal was to catch as many acts of kindness as possible, and keep paying kindness forward.

The Secret Angels – Students and teachers brightened their classmates' and colleagues' days with anonymous acts of kindness. It taught them to enjoy being kind without the need for recognition.

Thanking Bus Captains – Prefects made Thank You cards and bunny handkerchiefs for the bus captains at Clementi Interchange to show appreciation for their hard work and service to the public.

Kindness Charts – Participants shared their thoughts about the projects on Kindness Charts. The charts were then displayed within the school to encourage everyone to reflect on the importance of kindness and to keep up the good work!

ALL-ROUNDED PROJECTS

CATHOLIC HIGH SCHOOL (PRIMARY)



PROJECT TLC

Project Done By:

Nehemiah Chiew Qi Hng (Zhou Qiheng), Loo Kang Yi,
Chong E Hann, Justin Wong Kai Young, Mathew Yeo Shien
Ter, Ryan Koh Zhe Kai, Tay Hao Chen, Alaric Chia Qi Hern

Through surveys, Catholic High (CHS) found that some students were discouraged from carrying out kind acts because they felt unappreciated for their actions. Project TLC encouraged them to show care and appreciation.

Project TLC – Students showed tender loving care (TLC) to others. They brought classmates to the sick bay, shared their stationery, and were more sensitive with their words and actions. The project spread lots of positive energy, and students looked forward to showing care and kindness.

CHS Kindness Heart – Students and teachers collected bottle caps, which Ambassadors used to form the Kindness Heart. In the process, everyone learned to be helpful, and the Kindness Heart reminded them to be kind.

Gratitude Jar – Each class showed appreciation to executive, administrative and non-teaching staff. They filled their jars with notes of appreciation and snacks in an outpouring of love and gratitude.

Care Cards – Ambassadors, teachers and librarians gave out Care Cards to students whom they spotted being kind, reaffirming the value of kindness.



AI TONG SCHOOL



SPARE A THOUGHT, PLAY A PART, BE KIND!

Project Done By:

Sng Ying Jing Giselle, Kayden Seah Chung Hian, Lian Le En Magdalyn, Tan Lee-Ann, Matthew Ang Yu Zhe, Rylie Teo Jia Xuan, Ong Yan Qi, Renae Lim Ying Shuiian

Students were encouraged to show kindness to different people in school, such as fellow students, teachers, canteen vendors, security guards and cleaners.

Kindness Calendars – Issued to Primary 1 and 2 classes, Kindness Calendars listed 30 kind acts for students to perform. Students would fill their names in the calendar once they completed a kindness task.

Kindness Cards – Distributed to Primary 3 and 4 students, each Kindness Card comes with 22 kind acts. When a student completes a kind act, they can display their card on a display board. Cards of different colours were issued to distinguish the class which accomplish the most kind acts by the end of the month.

Kindness Stories – Primary 5 and 6 students submitted stories of kindness they witnessed their schoolmates performing. These stories inspired others to be kind too.

These activities showed how every little act of kindness can have a big impact. Students became positive influences for their schoolmates, spreading kindness throughout the school.

ALL-ROUNDED PROJECTS

CEDAR PRIMARY SCHOOL



WE STAND UNITED FOR KINDNESS!

Project Done By:

Ranjila Tamang, Domingo Paul Albert De Silva,
Nadrah'azura Binte Mohammad Rahmat, Joie Seng Zou
Juat, Manjila Tamang, Auni Qaidah Binte Mohd Fuad
Effendi, Nur Nabilah A'aisa, Nur Shahidah Binte Abdullah,
Nur Masrurah Binte Abdul Rasyid

This project helped Cedarians assimilate after the school merger and learn new ways of showing kindness to one another.

Hand-designed Hearts – Ambassadors pasted heart-shaped messages on canteen tables to brighten diners' days.

Values in Action Cleaning Programme – Classes took turns to clean up the canteen. This encouraged students to appreciate the work of the cleaning staff in school.

Happy Toilets – Ambassadors educated the school on proper toilet etiquette to show consideration for other users as well as cleaners. They also spruced up toilets by decorating them with potted plants, encouraging others to keep their surroundings clean and beautiful.

Staff Appreciation Day – Students made origami hearts and wrote words of appreciation for non-teaching staff.

Kindness Celebration Week – Students made Kindness Pledges, decorated a Kindness Board and took photos at a Kindness Photo Booth. The activities engaged the whole school and raised awareness on kindness.



TEACHING KINDNESS THROUGH ACTS OF THOUGHTFULNESS

Project Done By:

Ng Tee Weng, Lau Yuan Zhao, Adwyn Aly, Yap Din Kiat
Isaac, Jovita Ann Simon, Cliff Lee Qizhe, Tay Zi Qi Dorothy

Ambassadors shared videos on how to show thoughtfulness, encouraging their peers to be thoughtful at different times and places.

Thoughtfulness in the Classroom – Videos inspired students to put in the extra effort to be ready for a lesson, to help a struggling friend and to clean their classroom without being told.

A Thoughtful Friend – Videos shared different ways to be a thoughtful friend. Examples include collecting homework for an absent friend, and being considerate by walking in the school corridors.

Thoughtfulness During Recess – Students watched and learned how they can keep the canteen clean and orderly by returning their dishes after eating.

Thoughtfulness in the Toilet – Video tips taught students how to keep the toilet clean for other users. Students learned to flush after use and wring their hands over the sink to keep the floors dry.

The video campaign was a clear success with a total of 508 acts of thoughtfulness recorded during the project!

ALL-ROUNDED PROJECTS

ANGSANA PRIMARY SCHOOL



KINDNESS INCLUDES ME, YOU AND EVERYONE!

Project Done By:

Anjali Haridas, Adyna Binte Muhammad Azri, Brown Julia Aurora, Gaveran Jahziel Jonet Tacderas, Marshia Eirnisha Binte Mohamed Afhamnasry, Natalia Nadira Binte Mohamad, Siti Nurbanu Khan, Kyriss Peh Yu Xin, Sofiah Najihah Binte Othman

These activities celebrated diversity and inclusion, creating a school where everyone can thrive.

Be Unique, Be You – Students identified differences between themselves and their classmates, learning that differences make them unique.

Uniquely You Bracelets – Students made bracelets describing their personalities. Everyone's bracelets had different colours, reinforcing how everyone is unique.

Let's Be Inclusive – Ambassadors modified the paper fortune-teller game to get students talking about kindness. The meaningful play encouraged more acts of kindness and inclusion.

Simulation Activities – Through modified PE lessons, students experienced life in a disabled person's shoes. It helped foster greater understanding, empathy and inclusion.

Kindness Fortnight – Students coloured a Kindness Mural, designed Kindness Pledges, scavenger hunted for a Kindness Message, made Kindness Crafts for one another and completed a Kindness Comic Challenge.

Let's Live in Harmony – Students learned to greet each other in different languages, encouraging friendship across cultures.

Our Kind of Singapore – Students pledged to perform kind acts in public, spreading kindness throughout Singapore.



KINDNESS IS ALL AROUND

Project Done By:

Gerard Jofi, Fedre Irfan Bin Muhammad Fadzly, See Hwee Chin Shannen, Yang Ting Jia Aeryn, Cheah Yi Kuan, Danish Aiman Bin Mohamad Razali, New Han En Nadine, Ramesh Sachin, Tay Ding Yao

With the theme "Care for Others", this project encouraged students to work hard and go out of their comfort zones to spread the spirit of caring and kindness.

Kindness Posters – Ambassadors designed posters to remind schoolmates to be kind to canteen cleaners by returning their plates after use.

"You Can Do It!" Collage – This contained well wishes from Primary 2 to 5 students, who cheered on their Primary 6 seniors for the upcoming PSLE.

Art of Kindness – In collaboration with Art Club, the ambassadors crafted a few decorative art pieces for the school's cleaning and administrative staff.

Kindness Corner – Ambassadors invited peers to join their designated friendly corner with the hope of forging new friendships with some fun and games.

Kindness Song Writing – Ambassadors collaborated with peers to compose a kindness song and a rap song - "Our Kind Teachers", which was performed during teachers' day celebration.

ALL-ROUNDED PROJECTS

MINDS LEE KONG CHIAN GARDENS SCHOOL



BE KINDER, BE GREATER!

Project Done By:

Mohamed Aimi Bin Hamini, Sarah Chong Junan, Bryan Teo Xuan He, Chua Chee Hon, Muhammad Irfan Bin Ab Rahman, Shawn Chew Jun Xuan, Tun Lin Aung, Scott Chiang Yu Xuan

Students eagerly participated in hands-on activities, spreading kindness, graciousness and helpfulness throughout their community.

Contribution to the Community – Students visited an eldercare centre, ran a food donation drive, performed a song and chatted with the senior citizens at the centre. Everyone felt lots of love and joy.

Care and Share with Our Neighbour – Students partnered with students from the neighbouring Queenstown Secondary School (QSS) for a “buddy recess programme”. MINDS students practised their social skills while QSS students enhanced their social awareness. The activity helped inculcate greater acceptance and awareness on both sides.

Appreciation for School Staff – Besides assisting the non-teaching staff with garden and cleaning duties, the ambassadors took time to bake cookies for them and the parents volunteer. Recipients were touched by the ambassadors’ warm gestures.

By the end of the project, students were more proactive with displaying kindness. The students’ efforts created a positive school atmosphere, showing that kindness is indeed a universal language!



THE GIFT JAR

Project Done By:

Er Ming Yuan Jordan, Sera Lim Kai, Chris Raphael, Nur Izzati Bte Abdul Rahman, Celest Teo Xuan Ling, Emily Kwek, Jim Christian s/o Rajan, Chier Wi Jie, Mohamed Aidil Bin Mohamed Faisal

This project helped students learn about kindness, its power to make people feel good and how impactful every act of kindness can be.

Kindness Classroom Activities – Students made kindness posters, reflected on people they appreciate, and gave each other compliments. They also learned to show kindness to animals, plants and the environment.

Kindness Chair – Students took turns to sit on the Kindness Chair as classmates shared nice things about them.

The Gift Jar – Students saved up to purchase daily necessities for an old folks home. They learned that small acts of sharing can spread lots of kindness.

Assembly Program – Students acted in skits that showcased kind acts such as including a friend and helping out at home.

The project was a great success. Students were more motivated to be kind as some even inspired their parents to take up their own acts of kindness.



BE CHIVALROUS

Project Done By:

Hema Dinesh, Janice Joseph, Swarnika Sharma, Sanjana Das, Avani Ghosh, Saravanan Tanush, Kizhakke Chittadath Thejas, Patel Mahiben Hareshbhai, Dagur Sanvi Singh

Edward Albert once said, "the simple act of caring is heroic". This project encouraged students to be chivalrous and heroic through simple acts of kindness.

Interaction with Jianlian Foreign Language School – Students welcomed visiting international students for a fruitful cultural exchange hence encouraging mutual understanding among one another.

Camp Heartbeat – Organised in collaboration with Taman Jurong Zone B Residents' Committee, the camp taught the importance of family and serving the community.

International Kindness Banner – The multilingual banner spread kindness across cultural and national borders.

"I Stand For" – Students made placards to showcase qualities they stand by and displayed them across the island.

Friendship Bands – Students made friendship bands to bond with their classmates.

The project taught students to appreciate the good things in life and to develop compassion and understanding for their community.

GLOBAL INDIAN INTERNATIONAL SCHOOL, EAST COAST CAMPUS (PRIMARY)



SPREAD KINDNESS AROUND

Project Done By:

Bezun Daver, Gayatri Girish Pandkar, Sadhil Sahu,
Vaadhenthiran Sathiyarayanan, Vidushi Bansal, Fadell
Sayyed, Advay Soni, Medha Gopalakrishnan, Shreyas
Kamath

These activities engaged students at different levels, nurturing them to be kind in their own ways, both offline and online.

Comforting Our Juniors – Ambassadors and volunteers comforted Primary 1 students who were crying or upset. They distributed smiley cards and flowers, escorted their juniors around the school and cheered them up.

Compli-mats – First graders learned to see the good in others and pointed out what they like about each other. They made these into “compli-mats”, which were laminated and used as placemats during meals.

Bouquets of Kindness – Students made kindness bouquets for friends and teachers, and promised to do something special to brighten their day.

Stop Bullying – Through posters, lessons and role-playing, students were made aware of bullying and cyber-bullying. They also learned to show kindness to people who are bullied.

Through active hands-on participation, students learned many meaningful ways to be kind and caring to their friends.



INSPIRING SOCIAL ETIQUETTE INITIATIVES

This category features schools that have projects with a thorough focus on a social etiquette issue that inspires everyone to be responsible in making a difference.

- 23** Northoaks Primary School
- 24** CHIJ Primary (Toa Payoh)
- 25** Pioneer Primary School
- 26** Kheng Cheng School
- 27** Greendale Primary School
- 28** Edgefield Primary School
- 29** North Vista Primary School
- 30** Northland Secondary School
- 31** Methodist Girls' School (Secondary)
- 32** Hwa Chong Institution
- 33** APSN Chaoyang School



NORTHOAKS PRIMARY SCHOOL



CREATIVE CONSTRUCTIVE PLAY@CANTEEN

Project Done By:

Mohamed Qadree Bin Mohamed Alfee, Nur Falesha Binte Jamaludin, Serrano Elaine Gheorge Miranda, Bryce Chun, Nainika, Girisha Darshini Srinivasan, Lee Sin Eng, Lee Jia Xuan, Muhammad Khidir Bin Shazerin

Canberra Day – Ambassadors shared with the public about their plans to promote creative constructive play through sample games and flip chart presentations.

Recess Activities – Through constructive play, students enjoyed positive interactions with one another. They learned to bring joy to others by queuing in an orderly manner and keeping noise levels contained to avoid distracting ongoing classes.

They also learned to reuse plastic items and turn them into tools for constructive play. This reduced the workload of school attendants as the number of waste products was reduced.

The project promoted kindness among peers, towards school attendants and the environment.

INSPIRING SOCIAL ETIQUETTE INITIATIVES



CHIJ PRIMARY (TOA PAYOH)



A CLEAN CLASSROOM IS A HAPPY CLASSROOM. LET'S BE GREATER!

Project Done By:

Cheong Zhi En Marie, Loy En Xuan, Ashley, Keyanna Ng Yin Weng, Mary Ann Low Yi Juan, Sarah Madeleine Francis, Talia Ava Quinn, S.Rekisha Camelia Pereira

Ambassadors kicked off this campaign to encourage students to have a sense of ownership and pride in their classrooms.

During morning assembly, they shared a video on showing kindness in school. They also designed "A Clean Classroom is a Happy Classroom" posters to encourage students to take part.

To sustain the activity, students pledged to keep their classrooms neat and tidy at all times. They signed their pledges and pasted them on their class noticeboards.

The project received many positive comments from the students who became more responsible and caring for their surroundings.

PIONEER PRIMARY SCHOOL



LET'S DEVELOP A CULTURE OF CARE BY BEING GREATER IN KINDNESS!

Project Done By:

Wang Wuyue, Muhammad Ariel Mirza Bin Rusli, Regina Low, Muhammad Izzuddin Bin Abdul Malik, Swaminathan Dhurga Sri, Balaguru Kavinaa, Ng Yi Jie Nicholas, Tay Jing Wei, Syasya Adlina Binte Shamsudin

A wide range of recess activities, morning assembly and whole-school engagement initiatives encouraged students to make a difference in someone else's life and their environment.

Morning Assembly Sharing – Sharing of kindness tips and stories inspired everyone to be kind.

Be Kind to Neighbours – Students learned tips on being good neighbours by reading comic strips and filling in a crossword puzzle.

Mother's Day Charity Sale – Students made handmade flowers for Mother's Day and learned to show appreciation to the mother figures in their lives. Proceeds were donated to an old folks home.

Pioneer Kindness Radio – During recess, students made kindness dedications over the radio. On Racial Harmony Day, they dedicated messages to friends of a different race. During National Day, students shared why they are thankful to live in Singapore.

June Holiday Kindness Challenge – Students aimed to complete all the kindness acts on their Kindness Bingo Card, allowing them to experience the joy of kindness.

INSPIRING SOCIAL ETIQUETTE INITIATIVES

KHENG CHENG SCHOOL



RAISING AWARENESS ON KINDNESS

Project Done By:

Mira Marina Binte Juffri, Gladwin Foo Ji Sheng, Shan Haoyun, Goh Cheng Xun Ashton, Tan Junyang, Low Rui Ning Reanne, Naqib Ismail Bin Mohamed Riduan, Zhang Kaixin

Working with the school discipline committee, students identified problem areas that could use a little extra kindness.

Videos – Ambassadors made videos on noise levels, safe-keeping of belongings, punctuality, safety during play, road-crossing and queuing properly. The humorous videos raised awareness on relatable issues and encouraged more conscientiousness from students.

Kindness to Canteen Vendors – Students wrote thank you cards for their canteen vendors, depositing them in boxes in front of each stall. Students are reminded to be thankful for the canteen vendors' efforts in preparing delicious food daily.

Cleanliness in the Canteen – Ambassadors designed posters for canteen tables, reminding students to clean up and maintain a clean environment for everyone.

Well Wishes Board for P6 – Ambassadors made a board and students wrote well wishes to encourage their seniors in the lead-up to the PSLE.

The project was extra meaningful because the students were given a choice to choose the areas they wanted to improve in.

INSPIRING SOCIAL ETIQUETTE INITIATIVES

GREENDALE PRIMARY SCHOOL



MAKING A DIFFERENCE

Project Done By:

Koh Lyn Feng Ace, Leah Caszo Mathew, Lee Yun Yue
Bernice, Mamidi Keerthan, Jenessa Tay Xi En, Advita Mitte,
Alandy Althaea Isabella Pinga, Wan Xiaonian

The aim of this project was to motivate students to be responsible, and show respect and appreciation to the service staff at school.

Clean Your Own Classroom – At the end of each day, a classical tune would be played over the PA system to signal students to clean up their classrooms. This activity helped reduced the workload of the service staff.

Clean Up After You Eat – Students created artwork for their canteen, reminding schoolmates to clean up after their meals. It prompted more consideration for cleaning staff and other diners.

Queue Up! – Footprint decals were pasted on the floor to guide students to queue for their food and at the bookshop, reminding them to be respectful to vendors and schoolmates.

Show Respect – Ambassadors would greet everyone before assembly, including fellow students, teachers and service staff. This small gesture helped build a culture of being nice to one another.

INSPIRING SOCIAL ETIQUETTE INITIATIVES

EDGEFIELD PRIMARY SCHOOL



PROJECT TIES

Project Done By:

Marsya Adelia Binte Zaidi, Gupta Vansh, Titus Lee Kai Jie, Xu Jia En Clarice, Aqil Harith Bin Kamarudin, Mohamad Danish Bin Mohamad Faridz, Mohamad Ilhan Matin Bin Mohamad Fadli, Thang Jun Fong Gabriel

Project TIES stands for Team spirit, Integrity, Empathy and Self-Discipline. It is about contributing back to the school and community, as well as developing a culture of care and support among students.

Kindness Zumba Dance – The fun dance routine helped students build friendship and camaraderie.

Caregivers Month – Students learned to appreciate caregivers. They made cards of gratitude for cleaners and support staff, thanking them for making school a safe and secure place.

Kindness @ Play – Students learned to play well together and offer support to their friends.

Kindness @ Open House – Ambassadors shared tips on kindness and neighbourliness with the public. They also received 284 Gratitude Cards, which they hung on their Gratitude Tree.

Kindness Club – Weekly meetings with current and past ambassadors ensured that the kindness spirit stays alive.

Kindness Buddies – Older students encouraged their younger friends to spread kindness. Together, they helped to reduce food wastage and keep the school clean.

INSPIRING SOCIAL ETIQUETTE INITIATIVES



NORTH VISTA PRIMARY SCHOOL



HAPPY TOILET

Project Done By:

Goh Jaena Althea Delfin, Koh Sin Yen (Xu Xinyan), Lim Si Wei, Asher Seah Z-I (Xie Zeyu), Kuldhar Arush Milind, Chong Wei Tse Amelia, Natalie Gan Yueh Ling, Tan Hui En

The Happy Toilet project helped students to develop a sense of responsibility and ownership for school property. They also learned to show consideration by keeping the toilets clean for their friends to use.

Good Habits Presentation – Ambassadors educated Primary 1 and 2 students on good toilet habits to keep the toilet clean.

'Keep the Toilet Clean' Poster Design – Primary 1 students coloured posters to remind each other to keep the toilets clean.

Cleanest Toilet Competition – Girls and boys would compete to see which team could maintain the cleanest toilets. Toilet checks were conducted twice a week, and the winning team would be acknowledged during assembly.

The project was a success! Students learned the importance of keeping their surroundings in good condition so that everyone can enjoy a clean and comfortable school.

NORTHLAND SECONDARY SCHOOL



DON'T BE MEAN BEHIND THE SCREEN

Project Done By:

Nur Shameerah Bte Sallehuddin, Darius Kyan Lim, Nur Arianna Binte Muhd Rossuandi, Rishikka d/o Ranesh, Nur Syakirah Binte Mohammad Zallimin, Putri Zara Binte Mohammed Mozel, Jolin Lam Yan Ling, Nguyen Quoc An, Kenny Zhang Yuwei, Eden Sia Chee Yao

During Cyber Wellness Week, students focused on preventing cyberbullying and abuse online. Ambassadors shared a speech on the importance of Cyber Wellness, performed a short skit to raise awareness and deter cyberbullying, and introduced effective ways to respond to cyberbullies.

The School Discipline Master chimed in about online trends and dangers while the Discipline Teacher shared about bullying that took place in Northland Secondary School itself. TOUCH Community was also invited to share useful tips on cyber safety.

Other activities included a photo booth, pledge booth and a quiz segment, where students could expand their knowledge on cyber wellness.

Through the project, students became better informed about cyber wellness and bullying. More students came forward to share their experiences and discuss ways to be safe and happy online.

INSPIRING SOCIAL ETIQUETTE INITIATIVES



METHODIST GIRLS' SCHOOL (SECONDARY)



C IS FOR CAMARADERIE!

Project Done By:

Chung Natalie Pui Yu, Wong Syn Yee, Athalia Jemima Tan
Hui Xian, Cherelle Lee Shi En, Joy Huang Si Xuan, Jenna
Ng Kai Ern

In raising awareness for people with different needs, this project taught students the valuable skill of extending help to different groups of people.

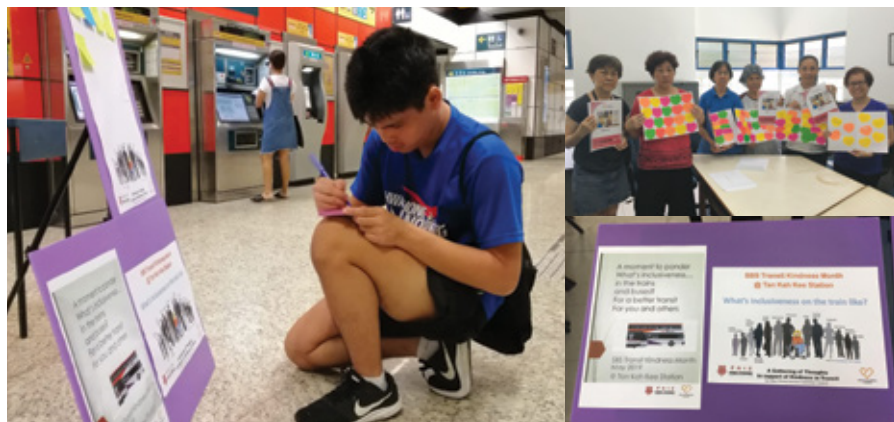
Collaboration with SBS Transit – Students teamed up to design posters to educate commuters on how to help those with visual and/or hearing impairments. They also made Thank You cards for station managers and transit security officers, showing their appreciation for their hard work.

Post-A-Blessing – Students penned notes to inspire or bring cheer to people in Singapore and overseas. They dropped them off at a pop-up postbox at the canteen.

Friends of Singa Skit – Ambassadors staged a skit that highlighted the importance of being kind and empathetic. This is important as everyone is suffering from their own battles and it is our responsibility to make their world a better place.

INSPIRING SOCIAL ETIQUETTE INITIATIVES

HWA CHONG
INSTITUTION



HC CONNEXION: WITH HONOUR, BE GREATER!

Project Done By:

Isaac Kok Shou-Tng, Huang Yuming, Loo Wen Xian, Lee Han Tao, Yap Ray Kai Joel, Cui Zeyu, Ng Yan Bin Lucas, Ngoi Yoke Xuan, Lim Cheng Xi Joel, Koh Zhi-Xuan, Dexter Ang Jia Le, Du Bingyuan, Lee Le Cheng

Students seized this opportunity to appreciate non-teaching staff, who are the unsung heroes at Hwa Chong Institution. In the process, they also extended awareness and care beyond the school to members of the public.

Connexion Week – Students interviewed admin office staff, science lab staff, janitors and the printing lady to learn more about them. They created 20 posters to introduce the staff to the whole school, increasing awareness and appreciation for their contributions to the school.

Daily Quizzes – These increased engagement and participation from students during Connexion Week.

Appreciation Cards – Students conveyed heartfelt words of appreciation towards the non-teaching staff.

Inclusiveness on the Train – Students approached commuters and asked what inclusiveness would look like on public transport. It prompted deeper reflection on how to create a more pleasant MRT experience for everyone.



APSN CHAOYANG SCHOOL



DO THE RIGHT THING, SHOW RESPECT

Project Done By:

Hor Xin Hwee Chloe, Pay Min Hoe, Wong Yong Da, Haney
Natasha Bin Hamdan, Wan Chee Yu Aedan, Yap Chin Di,
Chriselle Salim, Mohamed Elyas Bin Mohd Zaffis, Nur
Izzah Arina Bte Imran

Through this project, students learned to show greater respect for family, school staff and friends. Students who displayed respect were also recognised and praised for their good attitude, motivating them to keep up the good work.

School-wide Skit – This drove home the message of respect and anti-bullying. It reinforced the use of polite words and appropriate behaviours in different settings.

Time for a Heart – On heart-shaped cards, students wrote down what respect means to them and the different ways to show respect to others. It helped them better understand and demonstrate the value of respect.

Value-in-Action Time – Students were commended for showing respect and their photos were proudly displayed in the canteen. It could be simple acts of respect, like greeting teachers or being polite with friends. This reinforced the value of respect and inspired others to follow in their footsteps.



APPEALING MURALS, DESIGNS & CRAFTWORKS

This category features schools that have projects with the best designed murals, kindness boards, drawings, digital designs or craftwork activities.

- 35** Bedok Green Primary School
- 36** Sembawang Primary School
- 37** Westwood Primary School
- 38** St. Stephen's School
- 39** Alexandra Primary School
- 40** Bartley Secondary School
- 41** Ping Yi Secondary School
- 42** Yio Chu Kang Secondary School
- 43** Global Indian International School (GIIS) SMART Campus (Primary)

APPEALING MURALS, DESIGNS & CRAFTWORKS

BEDOK GREEN PRIMARY SCHOOL



BE KIND, BE GREATER @ BGPS!

Project Done By:

Lew Zong Cheng, Tan Kai, Boongaling Allison Chloe Gaud,
Muhamad Nazrie Bin Muhamad Nizam, Jovan Lau, Dessi
Chua, Engracia Chew Yu Xuan, Haziq Israaq Bin Muhammad
Nur Imran Prakash

Through kindness and creativity, students built a strong culture of care.

Notes of Appreciation – Designed like sea creatures, these notes from the heart showed that kindness blooms everywhere.

Kindness Chains – Students wrote down their acts of kindness and linked them into chains. The long chains showed that they accomplished many kind acts!

Engaging the Heart – Students learned respect and empathy by making bookmarks with kind words and designing comic strips based on kindness. Primary 5s also made a Well Wishes Mural to encourage their seniors for the PSLE.

Friends of Singa Drama Video – This told the story of a new foreign student to the school and the kind people who helped her integrate. It showed how small acts of kindness can have a big impact.

3D School Display – Campaign artefacts were put up for display, reminding the school that anyone can initiate kindness. The underwater theme emphasised that kindness can have a huge ripple effect, just like the deep blue sea.

APPEALING MURALS, DESIGNS & CRAFTWORKS

SEMBAWANG PRIMARY SCHOOL



SEMBAWANG IGNITE!

Project Done By:

Clifton Koh Ding Jian, Ng Rui Ci, Nur Elly Yasmin Binte Muhammad Sufian, Joe Amario Moral, Lum Wanxuan Amanda, Angel Low, Jannavarapu Koti Surya Prakash Reddy, Aw Yeung Tsz Yan, Ryan Tan Jun Rong

This project aimed to inspire students to show gratitude to others in their family, school and community.

National Day Collage – On red or white cards, students wrote down what they were grateful to Singapore for. The cards were assembled into a Flag of Singapore collage, put up on display at the concourse before National Day.

Thank You Cards for Parents – Students penned down their gratitude for their parents in Thank You cards that were given to them after the parent-teacher conference.

Through art, students learned to count their blessings and not take the things they love for granted. They also gained a deeper understanding of the importance of showing gratitude.

APPEALING MURALS, DESIGNS & CRAFTWORKS

WESTWOOD PRIMARY SCHOOL



SHINE! BE GREATER!

Project Done By:

Ng Hao Kai, Ang Amelia, Ng Qiwei, Ng Kai Le Kyan, Nayli
Insiyah Binte Muhamad Farid, Lee Tzi Hann, Loh Xuan Hui
Selina, Hannah Inarah Binte Zulkefli, Danial Haziq Bin
Khairul Abdullah

Students made handicrafts to spread kindness and positivity throughout Westwood Primary School.

During recess, they made calming jars, using baby oil, colourful glitter, food colouring and other eye-catching art supplies.

They also crafted positivity bookmarks and encouraging notes for their friends.

The response was overwhelming! Nearly 80% of students took part in the art-and-craft activities, where they were eager to express care, concern and appreciation for their friends. Needless to say, the recipients were very pleased to receive the thoughtful gifts!



SUPERHERO IN MY HEART!

Project Done By:

Aqmar Akid Bin Juma'li, Loic Etienne Guizard, Bryan Goh Kai Jie, Seth Ryan Anaqy Bin Shahrman, Linus Timothy Tan, Oliver Euan Bowhay, Daniel James McCarthy, James Ashley Luke, Aaron Chua Ming Hong (Cai Mingfeng)

This project aimed to promote collective kindness and spontaneous acts of kindness in the school community. It also encouraged ambassadors and staff to be stronger role models for the rest of the school.

Students wrote down their appreciation for their friends, siblings, parents and anyone else who performed a kind act for them. Writing it down helped them reflect on the importance of kindness and gratitude.

The notes were pasted on a Superhero in My Heart display board, showing how kindness is all around. It also inspired and encouraged other students to become superheroes of kindness.

APPEALING MURALS, DESIGNS & CRAFTWORKS

ALEXANDRA PRIMARY SCHOOL



SAY NO TO BULLYING, SAY YES TO KINDNESS!

Project Done By:

Greuter Christoph Araryan, Seet Zi Xin, Jolie, Goh Yu Shan, Safieah Bonte Mohammad Suffian, Chua Cheng Jun, Ong Kaitlin, Ng Rui Yun, Adrian Raif Bin Abdul Kadir, Pang Jun Yang

Using "Super Words" to promote kind words, and "Super Deeds" to promote kind acts, this project helped to strengthen the culture of love and kindness, and prevent bullying from happening in Alexandra Primary School.

Crafts and Games – Students made bracelets with different anti-bullying slogans. They also made oversized cube dice with suggestions on how to stop bullying on each face of the dice.

Kindness Posters – Primary 1 and 2 students also took part in an anti-bullying poster colouring competition, which helped them remember the anti-bullying slogans and learn more about the downside of bullying. The posters were displayed at the school's Kindness Gallery.

Kindness Door Hangers – Primary 3 students also made Kindness Door Hangers, which were also put up for display in the Kindness Gallery. They attracted many students to view and appreciate them during recess.

BARTLEY SECONDARY SCHOOL



BE AN ANGEL TO OUR UNSUNG HEROES

Project Done By:

Daven Cheong Gah Le, Ong Geok Teng Rachel, Jerry
Tan Alves Jr, Ng Zi Bao, Chen Xin Yi, Tay Gu Zhi Hannah,
Do Anh Khoa, Ng Wee Leng Chloe, Mateen Hakim Bin
Sanuwan, Yak Ming Yuan

Creative channels helped students express their gratitude and appreciation for the school's cleaners and security guards.

Posters – Students held one-on-one interviews to get to know the school attendants better. They then put this information into bright and colourful posters so that everyone in school can start to befriend these attendants.

Personal Appreciation – Students wrote appreciation notes and thank you messages on paper leaves. Some carried around a billboard to urge their schoolmates to participate. This even encouraged participation from the school's teachers and principal.

Origami Flower Bouquets – Students used the paper leaves to craft 14 beautiful origami flower bouquets for the school attendants. Each bouquet was made with personalised notes of thanks for a specific recipient.

Students from all levels participated enthusiastically, and created many meaningful gifts and memories for the attendants.

APPEALING MURALS, DESIGNS & CRAFTWORKS

PING YI
SECONDARY SCHOOL



EMBRACE DIVERSITY – REGARDLESS OF RACE, LANGUAGE, RELIGION & NATIONALITY!

Project Done By:

Arini Rahmayanti Trisilo, Shakirah Niza Binte Mohamed Jherkan, Shafiz Bin Mohammad Hafiz, Jamie Gatabonton Sia, Tan Pei Wen Jamie, Fahmy Bin Farhan, Fareed Bin Farhan

In multicultural Singapore, this project helped diverse students embrace one another's different backgrounds, perspectives and experiences. It also emphasised how relationships are built on respect, trust and kindness.

In celebration of Racial Harmony Day and National Day, students set up an Embracing Diversity booth at the canteen. It raised awareness on different cultural beliefs and practices around the world, such as different landmarks, languages and traditional foods and clothes. The booth helped to promote more acceptance, tolerance and unity among people of different groups.



YIO CHU KANG SECONDARY SCHOOL



KINDNESS IN OUR HANDS

Project Done By:

Caris Yim Leng Ying, Suresh Kumar Thiriveni, Nur Fae'iqah
Ruqayyah Binte Abdullah, Koh Bee Ling Regina, Jaz Anaqi
Putra Jamat, Sharmaine Chin Hui Xin

This project aimed to promote an inclusive and appreciative environment in school. It included two activities for staff and students to interact casually, improve their camaraderie and learn to express appreciation.

YCK Growth – This terrarium-making workshop fostered inclusivity and care for the environment through a hands-on experience with nature. Participants brought their own recycled glass jars and bottles, and made terrariums to express appreciation for their teachers and parents.

YCK Write – Students practised brush calligraphy to make beautiful handwritten cards for Teachers' Day. It reminded them to be grateful to their teachers for their help and guidance. This mutual learning and sharing session also gave some students the opportunity to help their peers who were not as adept at calligraphy.

GLOBAL INDIAN INTERNATIONAL SCHOOL (GIIS) SMART CAMPUS (PRIMARY)



KINDNESS, A BEAUTIFUL MAGIC

Project Done By:

Chitra Sai Keertana Setti, Chris Ayden Fernandes, Medha Radheshyam, Iraj Gupta, Ojaswin Jha, Aditya Mehta, Shreya Dinakara Shetty, Sakura Ashley Iwanaga, Divyesh Srivastava

Kindness is a virtue best nurtured from a young age. That's why this primary school aimed to inculcate the values of generosity and appreciation in students from as early as possible.

Kindness, Pass It On – Students decorated the walls of their school's Learning Commons with a mural on kindness. They wrote down kindness slogans on colourful origami shapes, like fish and tulips, sharing the importance of being kind and generous with one another. The result was like a blooming garden of kindness, which filled the school's Primary Wing with the beauty of kindness, sharing and generosity.

Friends Forever – For Friendship Day, students showed their appreciation and gratitude by gifting handmade cards to their friends. Some also shared notes that detailed acts of kindness shown by their friends.

Students participated enthusiastically in the activities, which helped them appreciate what they have, and also made them feel valued for their kind words and actions.



HEARTFELT APPRECIATION INITIATIVES

This category features schools that have projects with the most creative and heartfelt initiatives to inculcate gratitude among and within students.

- 45** Temasek Primary School
- 46** Maha Bodhi School
- 47** Unity Primary School
- 48** CHIJ (Kellock)
- 49** Jiemin Primary School
- 50** West Grove Primary School
- 51** Naval Base Primary School
- 52** West Spring Primary School
- 53** Crest Secondary School
- 54** St. Anthony's Canossian Secondary School
- 55** Pathlight School

HEARTFELT APPRECIATION INITIATIVES

TEMASEK PRIMARY SCHOOL



LEAD WITH KINDNESS, BE GREATER!

Project Done By:

Chia Jyn Wei Aaren, Chung Si Han Kaylie, Ong Xin Hui Sarah, Ang Tania, Pua Xin Yan Candice, Isabelle Ng Jia En, Mok Man Hei Eliza, Lim Jun Kai Raylen, Kek Zhi Lin Ethel (Jie Zhilin)

The project's activities encouraged students to lead with kindness in their words and actions. The students also became more proactive in performing acts of appreciation.

Support Staff Appreciation Ceremony – In recognition of all support staff for their contributions to the school, the primary 1 and 2 students crafted artwork as gifts, the primary 3 and 4 wrote appreciation cards and the primary 5 and 6 prepared slides and videos to thank the support staff for their hard work.

'Gratitude Project' Activity – Primary 3 and 4 students had a lesson on gratitude and participated in a 'gratitude cup' activity in which students were encouraged to share 'gratitude slips' with each other.

Service Learning Projects – Through this activity, students learned more about the different yet vital segments of their community and their roles and responsibility as members of it. Through gaining such exposure, they became more willing to reach out. For example, primary 5 and 6 students wrote appreciation cards to the migrant workers within their community while the primary 1 and 2 students were involved in a beach clean-up.

HEARTFELT APPRECIATION INITIATIVES

MAHA BODHI SCHOOL



SHOWING APPRECIATION FOR OUR UNSUNG HEROES

Project Done By:

Chow Qi En Niccole, Li Lin Xin Esther, Loo Sze Hsuan,
Ng Shi Ying Gladys, Reyna Lim Si Jia, Sharmaine Ng
YuYun, Shermaine Foo Ting Xuan, Tek Ren Xi, Wu Qi Jia
Chermaine

Ambassadors started this project to create an avenue for students to better understand and express their appreciation for the non-teaching staff at school.

The Interviews – Ambassadors interviewed non-teaching staff such as the Operation Service Officers, Administrative Manager and Operation Manager. They got to know them and prepared feature stories for display on the “Unsung Heroes of the Week” board.

The Sharing – After reading the feature stories, students were encouraged to find out more about the unsung heroes and their contributions to the school.

The Shows of Appreciation – Students penned so many words of appreciation that Ambassadors had to compile them into booklets for the non-teaching staff.

The project was a heart-warming way for students to express their gratitude and appreciation to the staff for creating a conducive school environment. It also encouraged the non-teaching staff to continue striving, knowing that their dedication makes a difference.

HEARTFELT APPRECIATION INITIATIVES



UNITY PRIMARY SCHOOL



TAKING KINDNESS TO A NEW LEVEL, BE GREATER

Project Done By:

Vina Zhao, Paing Zin Min Kyi, Marsha Dylara Binte
Mohammad Marruwe, Andrea Claire Sutedja, Amber Ong
Yuxuan, Lakshika Tyagi, Javier Enjae Cadiz

The whole school participated in this Gratitude Movement to spread kindness, positivity and respect all around.

Garden of Friendship – This encouraged students to cherish their friends and be thankful for the friendships they have.

Scoops of Friendship – Students wrote down the qualities they treasure in their friends, then shaped them into ice-cream cones. This sweet gesture helped them reflect on their friends' kind gestures and appreciate their friends' strengths.

Wings of Friendship – Students wrote notes of appreciation for their friends and folded them into origami birds.

My Friend is a Superhero – Students took turns to be blindfolded and learned to work together to complete a superhero portrait. Through this activity, they developed the values of trust and teamwork, and learned to appreciate help from their friends.

Students learned that no act of kindness is ever wasted. Through simple words and gestures of kindness, they were able to brighten someone's entire day!

HEARTFELT APPRECIATION INITIATIVES



CHIJ (KELLOCK)



GRATITUDE, BE GREATER!

Project Done By:

Seah Jingyi Shuanne, Jamie Chua Jia Min, Dominique Aveline Richer, Agnes Santha Vincy, Nur Hishmah Bte Kalilur Rahuman, Katelyn Anup, Yeo Li Zhen, Ng Yeefay, Chan Rae En Anya

Ambassadors conveyed their gratitude to the different groups of people who have influenced their lives. These include the ICT team, security guards, school attendants, canteen vendors, general office staff, teachers, the principal and vice-principals, and even animals.

They worked with the Art Club, volunteers and the rest of the student body to create thoughtful, personalised gifts for each of these groups.

For example, they gave personalised face towels to the school security guards, who can use them when the weather gets hot. They also gave the canteen vendors personalised aprons, which would help keep their clothes clean while they are preparing and serving food.

These small tokens of appreciation conveyed the ambassadors' depth of gratitude. Recipients were all pleasantly surprised, which encouraged the ambassadors to continue to touch the lives of people around them.

HEARTFELT APPRECIATION INITIATIVES

JIEMIN PRIMARY SCHOOL



KINDNESS BEGINS WITH ME!

Project Done By:

Yong Lok Sam, Wong Yi Xuan Richelle (Huang Yixuan),
Ooh Yu Jie, Deepan s/o Rajenthiran, Lim Qi, Muhammad
Rayan Bin Najib, Ong Jing Ting Inez, Sivakumar Ishitha,
Devakumar Kria

The school community banded together to show more kindness, empathy and appreciation all around.

Kindness Corner Notes – Students took the initiative to write notes of appreciation for each other.

Kindness Daisies – Primary 4 students folded daisies and penned down messages to thank the school's non-teaching staff for making the school a better place to study in.

Kindness Origami – Ambassadors conducted an origami folding and design activity during recess, inviting all students to take part and show their gratitude to their teachers.

Through simple words and acts of kindness, students learned to show their appreciation, boost their friends' and teachers' spirits and brighten their days.

HEARTFELT APPRECIATION INITIATIVES

WEST GROVE PRIMARY SCHOOL



TO SHOW KINDNESS IS TO BE GREATER!

Project Done By:

Lim Jun Yung, Aloysius Timothy Khoo Tze Heng, Qislaila
Aqila Binte Zainul, Goh Jing Xi Sean, Reiko Hungee, Eunice
Teo Kah Yu, Liu Yishan, Wang Wen Zhe

Ambassadors introduced school-wide initiatives to increase students' awareness and understanding of non-teaching staff. They also gave students an outlet to show their appreciation for the staffs' contributions to the school.

Ambassadors produced video interviews of the non-teaching staff, who explained their roles in school and shared some of their personal interests and hobbies. This helped students get to know them better.

After learning how much work it takes to clean up the school, Primary 4 and 5 students put in extra effort to keep their classrooms and surroundings neat and tidy. This showed their appreciation for the cleaning staff and helped lighten their workload.

Students also made Thank You cards in their mother tongue languages for the non-teaching staff. The cards were displayed on a permanent appreciation board, reminding everyone to show their gratitude to the people who make school a great place to learn!

HEARTFELT APPRECIATION INITIATIVES

NAVAL BASE PRIMARY SCHOOL



PROJECT BEFRIEND

Project Done By:

Zhao Deliang Clarence, Aryton Singh, Mariah Binte Mohamed Nizar, Nur Asizah Binti Sazali, Li Xinmeihui, Crystal Ren Minjing, Salihah Aisyah Binte Zainal Ariffin, Janet Lai Jia En, Noor Roslinah Binti N F A Abdul Kader

Navalites rallied together to look out, reach out and care for others. They initiated kindness activities which highlighted the importance of friendship in school, and elevated appreciation in the community.

Kindness Tree – Students wrote down different ways to look out and care for others in the school and in public places. Many Navalites responded, filling the Kindness Tree with colourful messages and ideas to spread kindness. They inspired one another to live with kindness and graciousness.

Appreciating Bus Captains – For SBS Transit Kindness Month, Kindness Ambassadors and well-being monitors extended their appreciation and gratitude to the bus captains at Yio Chu Kang Bus Interchange. They wrote Thank You cards, interacted with the bus captains, and learned more about their work. They also interacted with members of the public to share messages of kindness, graciousness and inclusiveness. It was a meaningful experience for the participants who will cherish it as an important part of their kindness journey.

HEARTFELT APPRECIATION INITIATIVES

WEST SPRING PRIMARY SCHOOL



THE EVERYDAY KINDNESS WEEK

Project Done By:

Toh Boon Hin, Mah Chun Li, Asilah Kayisah Binte Sudiman,
Nur Sarah Binte Mohammad Juana, Tan Kian Yi, Izzan
Syahmi Bin Muhammad, Yuan Shicheng, Caitlyne Ong
Moon, Ng Zi Ning Carine

With this project, Ambassadors aimed to spread kindness and show appreciation, not just among students, but throughout the entire school.

Thank You Project – Form teachers shared three things they appreciate about their form classes. They also praised the great examples of kindness shown by their students, reminding them that kindness never goes unappreciated.

Fountain of Love – Students wrote letters of appreciation for the school's admin and operations staff. They expressed how grateful they are for all their help and support.

Gratitude Game – This game of giant pick-up sticks came with a little twist to help students express gratitude to different people in school. To keep each stick they picked up, they had to answer questions like "What is your favourite memory with your classmates?" and "name one thing you can do to show kindness to your teachers". It taught them to show their appreciation to the people around them.

HEARTFELT APPRECIATION INITIATIVES

CREST SECONDARY SCHOOL



THANKING THE PEOPLE BEHIND THE SCENES

Project Done By:

Shalini d/o Kallimuthu, Sheren Yap, Md Syameer Bin Md Sani, Matthew Chan En Yi, Mohd Andre Ezzmand Bin Mohd Arman, Firman Hakim Bin Sohamim, Koo Xiang Hui, Md Shukree

This was a school-wide project to thank non-teaching staff, like the admin staff, librarians, technical support staff and cleaners, for their hard work.

The New Media Club created a music video to make Crestans aware of the staffs' sacrifices to make the school a conducive place to study and a comfortable home away from home. They rewrote song lyrics to express their appreciation and celebrate the staffs' contributions to the school.

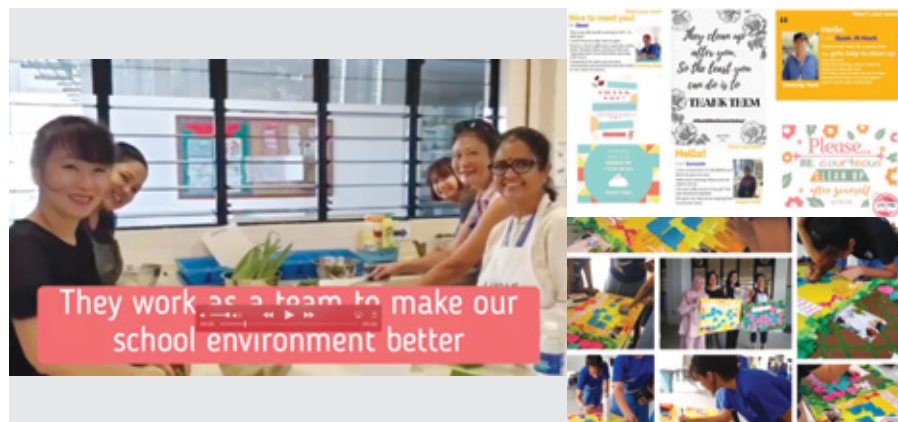
In addition, every class prepared a 30-minute appreciation session for one or two non-teaching staff. Examples include games, parties, singing a song of appreciation and more. Throughout the school, all members of staff were appreciated.

The project helped Crestans bond with non-teaching staff, and helped everyone feel a stronger sense of love and belonging as one Crest Family.

HEARTFELT APPRECIATION INITIATIVES



ST. ANTHONY'S CANOSSIAN SECONDARY SCHOOL



SACSS'S UNSUNG HEROES

Project Done By:

Ayyakkannu Abiraami, Ah Chip Cassia Chung Yuyin, Rifat Hassan Bade, Micheal Xavier Evalyn Steffina, Baskaran Jayasubasri, Afreen Hassan Bade, Neha Elias, Nirvashini d/o Pannirselvam, Dakshina Hariharan, Chockalingam Raja Dhanyaa, Shakti d/o Thulasi Raman, Kannaiyan Ishwaryaa

Cleaners, the Parents Support Group (PSG) and non-teaching staff work very hard behind-the-scenes. This project raised awareness of their contributions to the school and encouraged students to show their appreciation.

What's Your Name? – Students got to know cleaners and support staff every morning via introduction slides. The slides shared their names, challenges they may face at work and other trivia. This helped students get to know them better and greet them by name.

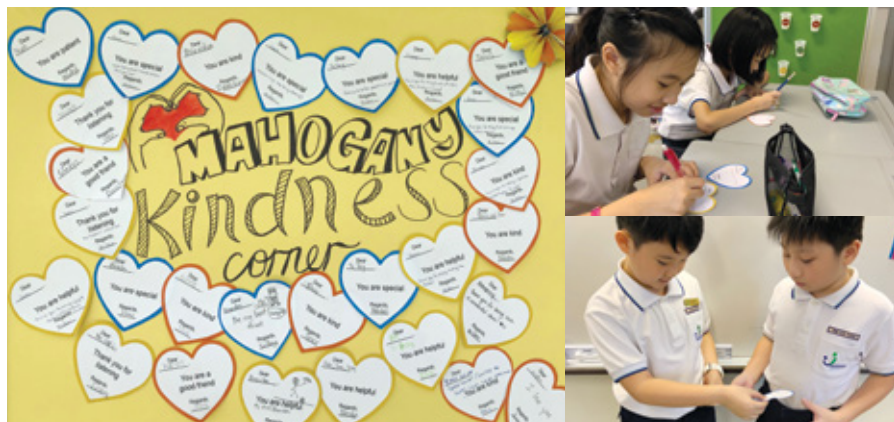
Culture of Courteousness – Ambassadors designed posters that reminded students to clean up after themselves and make cleaners' tasks easier. They also reminded students to thank the cleaners when they come to clear the class bins.

Tokens of Appreciation – Ambassadors filmed a video that showed how the PSG helped to plan events and maintain the school garden, encouraging students to show appreciation. They also decorated an appreciation board, where students could place notes of thanks. This was presented to the PSG as a token of appreciation.

HEARTFELT APPRECIATION INITIATIVES



PATHLIGHT SCHOOL



HAVE A HEART OF GOLD

Project Done By:

Ang Yuheng, Foong Zi Xuan, Russell Mark Chua, Avril Lee, Wu Zining, Jordan Lim, Raiyan Mateen Bin Mohd Khalid, Gareth Gan, Clyde Chen

Students wrote words of kindness, appreciation and encouragement on heart-shaped slips of paper. Messages included "Thank you for helping me" and "You are a wonderful friend".

Students were excited to give their heart-shaped messages to their friends, and their friends were likewise excited to receive the messages.

This activity helped students show their appreciation for the kindness they received. They learned to be more conscious of how their words and actions can affect their friends. They also encouraged each other to keep up the kindness.



INTERESTING & UNIQUE INITIATIVES AND CHALLENGES

This category features schools that have employed any unconventional or unique initiatives to inspire students to internalise and act on kindness issues.

- 57** Kong Hwa School (Primary)
- 58** Greenwood Primary School
- 59** Haig Girls' School
- 60** Raffles Girls' School (Secondary)
- 61** Qifa Primary School
- 62** Xishan Primary School
- 63** Juying Secondary School
- 64** Nan Hua High School
- 65** Fuhua Secondary School
- 66** Nanyang Girls' High School

INTERESTING & UNIQUE INITIATIVES AND CHALLENGES



KONG HWA SCHOOL (PRIMARY)



BE SPOTTED, BE GREATER!

Project Done By:

Goh Hsuan Eun, Cayleigh Goh Ting Xuan, Tan Cho Lin, Rae Ann Hannah Yee Wei En, Spenser Lee, Wong Kai En, Jaelyn Chua, Jaye Tay Jia Yi

This project aimed to sustain kindness in school by challenging students to perform as many kind acts as possible. To inspire greater ownership, students were also encouraged to initiate their own Random Acts of Kindness.

Spotlights of the Week – Students spotted performing kind acts would be applauded for their kind deeds as Spotlights of the Week.

Kindness Beyond the School – Students extended their friendship to migrant workers from a neighbouring construction site, inviting them to join in the school's National Day Observance Ceremony. They also showed their appreciation over breakfast together.

Messages of Gratitude – Teachers penned messages of gratitude and pinned them to a Kindness Tree. This helped infused the spirit of gratitude throughout the school.

In total, 130 staff and 1,608 students participated in the project. There were at least 1,500 kind acts performed and received during the Kindness in Action week alone!

INTERESTING & UNIQUE INITIATIVES AND CHALLENGES

GREENWOOD PRIMARY SCHOOL



BE KINDER! BE SAFE! BE GREATER!

Project Done By:

Deng Darui, Cloie Keh Xin Yu, Chandramohan Dhayashini, Toh Hong Xuan, Fabius Chua, Wan Muhammad Firas bin Wan Mohamed Yusoff, Jaylia Oh Qian Yu, Mitilesh Kumar Rajesh, Wong Shijie Enzo

This project aimed to use kindness and consideration to tackle disciplinary issues in school. The main issue was running in the corridors, which had caused several accidents as students collided with each other.

STOP! Say No to Running – Through discussions and jingle performances, Primary 1 and 2 students reflected on how their habits can affect others. They learned that running poses a danger to others, so they should be more gracious when moving around the school.

STOP! THINK! ACT! – Primary 3 and 4 students decorated a banner and wrote slogans that promoted safety and kindness.

The Kindness Challenge – Primary 5 and 6 students filled in a Kindness Challenge template, sharing random acts and ideas of kindness and safety. These inspired more kindness and consideration in school.

By reminding students to be more thoughtful and considerate, the project helped to deter reckless running and even helped to reduce the noise levels in school!

INTERESTING & UNIQUE INITIATIVES AND CHALLENGES

HAIG GIRLS' SCHOOL



FRIENDTOPIA

Project Done By:

Tiara Shah, Puteri Binte Mohd Omar Shariff, Cheng Wen Xin Athena, Sarah Siew Min En, Chong Saki, Widad Binte Mohammed Fadzil, Tan Yi Xuan Chloe, Pang Wai Peng Janelle, Isabel Chiang Ya Xin, Poh Yue Xuan

In FRIENDTOPIA, students learned how to support their friends and avoid conflicts.

FRIENDTOPIA – A “buddy area” was created so that everyone – including shy students – would have a place and people to sit with during recess. Ambassadors and Peer Support Leaders provided company and friendship.

Quote Competition – Students shared more than 300 inspiring quotes on kindness and gratitude. Winning quotes were put up around the school to remind everyone to be kind, caring and thankful.

Peer Support Lessons – Teachers helped students develop self-awareness, self-management and relationship management skills. These would empower students to not only offer help, but to seek help from others if needed too.

Weekly Thankful Thursday Sessions – Students reflected on things that they are thankful for, like acts of kindness they have received.

The project was a great starting point for students to develop their social skills and values of kindness. These will definitely help them show concern and support to others as they grow up.

INTERESTING & UNIQUE INITIATIVES AND CHALLENGES



RAFFLES GIRLS' SCHOOL (SECONDARY)



BE A BUCKET FILLER, BE GREATER!

Project Done By:

Kim Yuri, Srinithy Nagarajan, Loh Ee Qian, Chelcia Hon
Lexuan, Chloe Charitey Pudjo, Suresh Kumar Shanmathi,
Phang Li Ren Alina Mesney, Annabel Faith Joshika Sekar

Students filled up "buckets of happiness" by spreading kindness. Since everyone at school loves the Harry Potter books, the project adopted a fun Harry Potter theme.

Care for Magical Gaia – Students immersed themselves in nature and learned ways to care for the planet.

Expecto Appreciation – Students wrote postcards of appreciation to those around them.

Kindness Publicity Posters – These featured snippets of kindness from the Harry Potter books, using everyone's favourite characters to convey the magnificence of kindness.

Friends of Singa Workout – Exercise is a wonderful form of self-love. This routine featured Harry Potter-themed stretches and songs promoting self-love and confidence.

Gratitude Prophet – Named after the Daily Prophet, this contained notes of appreciation to non-teaching staff. It allowed students to show gratitude to the people who work tirelessly to make school a magical place to learn.

INTERESTING & UNIQUE INITIATIVES AND CHALLENGES

QIFA
PRIMARY SCHOOL



IN SMALL AND BIG WAYS, LET'S BE GREATER BY BEING KIND IN EVERY WAY!

Project Done By:

Amelia Lim Fang Ning, Amirah Zahirah Binte Zamri,
Sarvesh Senthil Kumar, Tanittha Sangrung, Brendon Lim
Yu Hung, Chan Si Yun, Alanis Neo Jia Rui, Wong Jing Ting
Ezanne, Bryan Ang Kan Cheng

This project aimed to show students that kindness is a choice, and that everyone has a part to play in making school a kinder, greater place to be.

Kindness Video – Ambassadors interviewed students and teachers, asking thought-provoking questions like, "What kind deeds have you done for others in school?", and "What kind deeds do you hope to see your friends do?" They compiled the interviews into a video for the rest of the school. It explained that kindness comes intentionally, and that everyone can be kind in their own way.

Poster/Comic Competition – Students designed posters and comic strips on choosing to be kind. It encouraged students to choose to be kind in different, creative ways.

Kindness Pledge – Students posed for Polaroid photos with their pledge. They filled in the blank: "It is my choice – I want to ____." The photos were put up on the canteen noticeboard to remind them to always choose kindness.

INTERESTING & UNIQUE INITIATIVES AND CHALLENGES



XISHAN PRIMARY SCHOOL



KINDNESS STARTS WITH ME!

Project Done By:

Wong Min Qi, Chai Meixu, Ong Gia Lac, Oh Yu Kuan Jack,
Rifqah Hany Binti Mohammad Had, Mendiola Gayle Abeni
Estrella, Bernice Teng Kai Xin, Yang Kai Xin, Tan Yee Hao
Matthew

Based on the theme “Be A Friend, Be Greater”. this project guided students to improve their friendships, learn to deal with disagreements and misunderstandings, and reach out to others despite their differences.

Kindness Campaign Assembly Sharing – Using a video, storytelling and a skit, Ambassadors advocated the importance of being kind to friends.

Classroom Activities – Students coloured “Thank You” cards and wrote appreciation notes for their friends. They also plucked kindness slips and passed them on to their friends, encouraging them to perform more acts of kindness and pass them on.

Kindness Pledge Live Streams – Students made customised Kindness Pledges with their friends. The pledges were projected live for everyone to view, attracting more participants. It also inspired students with new ways to show kindness to the people around them.

Xishan Kindness Mural – Students folded origami hearts with kindness messages. The paper hearts were made into a brightly coloured Kindness Mural that reminded the school to show kindness every day.

INTERESTING & UNIQUE INITIATIVES AND CHALLENGES

JUYING SECONDARY SCHOOL



PASSION MODULES

Project Done By:

Naima Aqiesha Binte Rosdi, Ho Qian Yi Eleanor, Chua Pei Xuan Sharnice, Khor Kai Xuan, Nur Syafiqah Binte Madin, Lee Chia Syn Estee, Sharmell Kiew Jia Yi, Alifah Ilyana Binte Saiful Bahri, Teoh Yu Liang, Ang Li Xuan Germaine, Ang Zheng Lun

Juying Secondary School has an integrated CCE curriculum, where JYians can work together on a PASSION Module of their choice each semester. PASSION stands for People, Arts, Science, Sports & Health, ICT, Outreach and Nature. Through authentic and experiential learning, these modules encourage JYians to be concerned citizens and advocate kindness for a good cause.

Increasing Awareness of Depression and Strengthening Mental Health – Students learned how to spot signs of depression and provide support to those with clinical depression. It helped them learn empathy and kindness for people with mental health conditions.

InterGenerational Learning Programme for the Elderly – JYians also teamed up with Family Central to teach the elderly modern calligraphy. In the process, they learned about new ways to serve, engage and help the elderly, and how to be more kind, sensitive and understanding of their needs.

INTERESTING & UNIQUE INITIATIVES AND CHALLENGES



NAN HUA HIGH SCHOOL



BE GRATEFUL, BE KIND, BE GREATER!

Project Done By:

Shao Yixue, Ku Seo Hyeon, Sarah Lim Jen Yee, Zowie Ong,
Yen Kai Li Kelly, Pang Ing Shuan, Lee Bing Trina, Low En
Xu Dave, Nicole Tan

With a more appreciative and kind school, everyone will be greater! This project aimed to show students that acts of kindness matters, and that kindness can start from anyone.

Makan & Mingle – Students and teachers prepared healthy food to share with one another. It helped everyone bond and appreciate each other's efforts.

The Magic of Smiles – Ambassadors dressed up as Singa the kindness mascot to spread awareness of kindness and remind the school about the magic of kindness.

Spread the Message – Students distributed Kindness Packs to the public at Jurong East MRT station. They included a kindness or cyber wellness message to help look out for their wellbeing.

Family Picnic Under the Stars – Outdoor movie screening and picnic helped students, family and teachers bond and learn to care for the one another.

Non-Teaching Staff Appreciation Tea Session – Ambassadors prepared lunch, BINGO games, karaoke session and a snack to show their appreciation to the school cleaners, operations officers and security guards.

INTERESTING & UNIQUE INITIATIVES AND CHALLENGES

FUHUA SECONDARY SCHOOL



GRATITUDE IS THE BEST ATTITUDE

Project Done By:

Muhammad Zikry Haziq Bin Mohammad Fairul, Khor Xin Yee, Pearlyn Tan Hwee Ann, Serena Tan Ying En, Ong Chee Yu, Soh Jia Wei, Izz Shah Bin Razali, Ng Li Ling, Tasnim Nabihah Binte Al Rayyan, Chang CheEun

Through peer leadership and mutual motivation, this project encouraged students to express gratitude, spread kindness and create positivity in the school and online.

Cyberwellness Lessons – Students led lessons on Internet addiction, positivity on social media, credibility of online content and other cyberwellness topics. These equipped students with the skills and values to create a healthy online environment.

Diamond Series Sharing – Students shared their experiences of kindness and appreciation. Others could learn from their experiences and start to spread the spirit of kindness in their own ways.

Gratitude Video – Each class prepared a Gratitude Video dedicated to their classmates, CCA mates and seniors. They read out speeches of gratitude and featured photos of memorable moments. It encouraged all Fuhuanites to reflect on the importance of showing appreciation and using kindness to generate positivity.

Paper Cranes Project – Fuhuanites expressed gratitude to their teachers, general office staff, canteen vendors and school cleaners with gifts of handmade origami paper cranes.

INTERESTING & UNIQUE INITIATIVES AND CHALLENGES

NANYANG GIRLS' HIGH SCHOOL



TRUST IN US!

Project Done By:

Zhang Yanyu, Chia Sin Jie, Koh Shing Yee, Qiu Yilin Elim, Jenelle Kan Rui Yee, Zhong Chu Han, Natalie Chan, Portia Foo See Ern, Raeanne Koh Ray En, Jessie Chin Kit Hey

Ambassadors inspired their schoolmates to create a homier school where friendships are stronger, relationships are closer, and students feel comfortable offering support and encouragement to their friends.

Teachers vs Students Games – Teachers and students played Captain's Ball, Ultimate Frisbee and Othello Showdown together, fostering a closer bond between both groups.

Song Dedications – Students and teachers dedicated songs to one another, creating an atmosphere that is happier, less stressful and more energised.

Gifts of Encouragement – Students gave out Milo energy drinks and boards of encouragement to motivate their schoolmates to do their best in their CCA competitions. It helped spread happiness and energy across many different CCA groups.

There were lots of fun, laughter and enjoyment throughout all activities, showing that the project successfully achieved its aim!



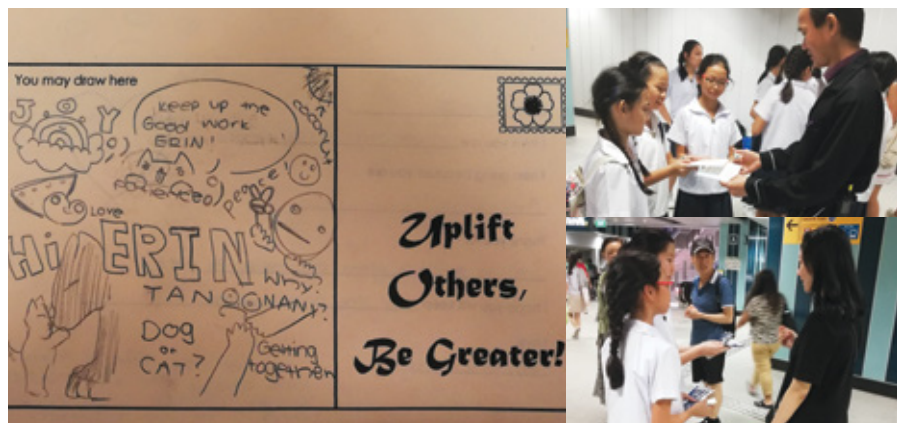
HEART-WARMING COMMUNITY SERVICE SEGMENTS

This category features schools that have gone beyond their campus to make a difference to the larger community.

- 68** Methodist Girls' School (Primary)
- 69** Anderson Primary School
- 70** Woodlands Ring Primary School
- 71** Holy Innocents' Primary School
- 72** Northland Primary School
- 73** North Vista Secondary School
- 74** Woodgrove Secondary School
- 75** Jurong West Secondary School
- 76** Yuvabharathi International School (Secondary)
- 77** NPS International School, Singapore

HEART-WARMING COMMUNITY SERVICE SEGMENTS

METHODIST GIRLS' SCHOOL (PRIMARY)



UPLIFTING OTHERS THROUGH KIND WORDS

Project Done By:

Chloe Lim, Faith Tay Kai Xin, Foo Wei Ting Shannen,
Kaylene Lim Kai Xuan, Loh Lui En Abigail, Naomi Yeo Wen
Yu, Shannon Khoo Hui Jie, Yim Hor Yau

MGS Primary and Secondary teamed up to inspire students and teachers to write and say kind words to encourage and uplift the people around them.

They brought smiles to the SBS Transit staff working at the King Albert Park Downtown Line MRT station. Through friendly conversation, they got to know more about the staff and their jobs. They also shared Thank You cards with commuters of the public for their contributions and inputs; thereby, extending their sincere thanks for the workers' contributions.

Ambassadors also helped to distribute complimentary SBS Transit pens and kindness memos to commuters at the MRT station. This humble gesture was a wonderful show of kindness that delighted the commuters!

HEART-WARMING COMMUNITY SERVICE SEGMENTS



ANDERSON PRIMARY SCHOOL



ANDERSON KINDNESS MOVEMENT

Project Done By:

Ng Yu Le, Naomi Marthenis, Chey Tze Hym Reuel,
Janani Balamurugan, Kaylen Liew Tong En, Helene Shah
Sulaiman Cousin, Megan Yew Zhilin, Soh Shao En Eaden,
Chew Yu Jie Jesse

Nine student leaders led this kindness drive with the goal of inspiring the whole school to embrace kindness and graciousness every day. Activities extended beyond the school, where students spread the spirit of kindness with the neighbouring community.

Food From the Heart – Students donated food items for the needy; collecting, sorting and distributing them to disadvantaged families.

Public Education – Students also visited hawker centres near the school to encourage members of the public to return their dishes after finishing. They urged them to be considerate to other people who visit the hawker centre for their meals.

Understanding and Engaging the Elderlies – Students spent a meaningful day out, interacting and engaging the elderly folks within their community.

HEART-WARMING COMMUNITY SERVICE SEGMENTS



WOODLANDS RING PRIMARY SCHOOL



BE KIND TO SOMEONE TODAY

Project Done By:

Nura Klarissa Binte Muhammad Azli, Lee Ming Yu Jade,
Lee Kiat Hao, Cheow Jun Wei, Ethan Poon (Pin Yuan), Lya
Syakira Tay Binte Alwee Tay, Stephenny Teo Zhi Qi, Amira
Qistina Binte Norisham, Nursyazana Binte Awaludin

For Kindness Week, Woodlands Ring Primary School hosted 166 students from MINDS and three kindergartens. The aim was to enhance understanding of people with different backgrounds and abilities.

In preparation for the visit, a teacher from MINDS came by to teach students about being inclusive. Topics covered include difficulties the children from MINDS may experience, as well as some of their success stories.

During the visit, students demonstrated kindness and care in their interactions with the guests. Student leaders were great hosts, chaperoning the visitors throughout the school, helping them purchase food, and involving them in fun games and activities throughout the visit.

The visit helped students learn more about accepting differences and building an inclusive society.

HEART-WARMING COMMUNITY SERVICE SEGMENTS



HOLY INNOCENTS' PRIMARY SCHOOL



UNSUNG HEROES 2019

Project Done By:

Abril Neo Ci En, Ang Ting Yi Gale, Cayden Heng Jin Cong,
Gwyneth Cheng Si Jie, Lee En Zhe Asher, Lim Pei Ru, Ng
Kay Heam, Ng Zi Kang David, Tessa Tay Rui En

To better appreciate bus captains and the work they do, students met them personally and sought to better understand them and the work they do. They conducted interviews and shared their findings with the school so that more students can better understand bus captains and their contributions to society.

After the sharing, students wrote kind words of thanks and pasted them on a Kindness Board, which was displayed at the bus interchange. The board reminded bus captains of the students' appreciation and also encouraged members of the public to treat them with kindness and gratitude.

Students also prepared thoughtful goodie bags for the bus captains. They were filled with useful items like coffee candies to energise them, Milo packets to provide an energy boost, and medicated plasters to relieve their body aches from long hours of driving.

These small actions made a big difference, bringing smiles to the bus captains involved.

HEART-WARMING COMMUNITY SERVICE SEGMENTS

NORTHLAND PRIMARY SCHOOL



PROJECT THANKS @ NPS

Project Done By:

Nur Quraisha Binte Mohamed Shawal, Nur Insiyrah Shafiqah Binte Mohammad Khafidz, Nurfalisha Natasya Binte Abdullah, Ang Rui Xuan Verane, Hany Binte Hazry, Kaiyisah Binte Muhamad Adib, Yap En Ting Amanda, Danial Bin Muhammad Iskandar, Chong Hui Ning Claris, Adel Azlan Mohamed Faroeq, Chang Jia Jun Alvin, Goh Wei Jun, Tan Ang Khuen Damien

Inspired by the school tagline, "Care for self. Care for others. Care for the environment", this project aimed to inspire positive attitudes, increase empathy, and enhance students' sense of connection to their community.

Students visited 20 elderly patients at Yishun Community Hospital (YCH), interacting with them and putting up performances to entertain them. It gave them the opportunity to serve the community, show care towards others and bring joy. In the process, students have developed values such as patience, consideration and empathy as they learn to place themselves within the shoes of the elderly patients to meet their needs.

These patients enjoyed the visit as their broad smiles showed the wonderful impact of how a little kindness can bring.

HEART-WARMING COMMUNITY SERVICE SEGMENTS



NORTH VISTA SECONDARY SCHOOL



LET'S LOVE OUR SENIORS!

Project Done By:

Lim Szi Yu Valerie, Peh Ning Xuan Phiona, Cheong Wei Ting Noelle, Nur Sabrina Binte Mohammad Rohaizad, Nuraisyah Insyirah Binte Mohamed Insani, Ling Zi Xuan

To bridge the intergenerational gap between students and seniors in the community, ambassadors organised several community outreach activities.

They planned four trips to NTUC Health Nursing Home (Geylang East), where they learned how to interact with the elderly residents, manage their needs and make their lives better. After the visits, the ambassadors shared their knowledge with their schoolmates to encourage everyone to engage more with the elderly in their community.

Students also invited elderly members of their community to join in the school's National Day Celebrations. They brought them to the school parade, showed them various cultural booths, played cultural games together and conducted traditional food demonstrations.

With more interaction, students and the older folks gained a better understanding of each other. This, in turn, helped grow a stronger community spirit.

HEART-WARMING COMMUNITY SERVICE SEGMENTS

WOODGROVE SECONDARY SCHOOL



REMEMBERING KINDNESS

Project Done By:

Britney Tan Xin Hui, Sadayan Nur Diyanah, Norell Izz Irfan
Bin Mohammad Ridzuan, Julia Thet Mon Soe, Luis Chong
Zi Jian, Nashra Lutfi Enriquez, Nur Musfirah Binte Rayme
Darman Koh, Yap Li Ying, Niki Nuruldelyla

Woodgrove Secondary School conducted a food donation drive to collect food items for lower-income residents of Marsiling Road rental flats. In total, 80 food hampers were assembled (exceeding the initial target of 60 hampers). The hampers contained food staples and daily essentials such as rice, oil, canned food, coffee, sugar and salt.

In collaboration with Sunlove Marsiling Senior Activity Centre, the hampers were distributed to the Marsiling residents on May 31st, just in time for the Hari Raya Aidilfitri celebrations.

HEART-WARMING COMMUNITY SERVICE SEGMENTS



JURONG WEST SECONDARY SCHOOL



BTS – BE THOUGHTFUL & SINCERE

Project Done By:

Balajee Akshi, Lee Han Lin, Chan Tze Teng Vienna, Low Yue Jia Yuga, Siti Nabila Bte Md Ismail, Jasmyn Wang Jing Wen, Koh Wen Qi

Through hands-on acts of kindness, students have gained a greater sense of awareness about kindness through service, and were reminded to be kind to others in their everyday lives.

Bus Captain Appreciation Day – Students reached out to commuters at Boon Lay Interchange to promote a culture of kindness and consideration. They also showed appreciation to bus captains with gifts such as medicated oil – kindly sponsored by Zuellig Pharma. It was a meaningful platform for students to learn more about advocacy and community outreach.

Nurses Day Appreciation – Ambassadors prepared customised tote bags to show appreciation for the nurses' hard work and dedication. It was a great reminder to acknowledge and affirm the everyday heroes of Singapore.

Blood Donation Drive – Ambassadors and Red Cross Youths also organised a blood donation drive, supported by the Singapore Red Cross Society. The students made posters to drive awareness, and successfully recruited 10 blood donors! The donations made would go a long way to saving lives.

HEART-WARMING COMMUNITY SERVICE SEGMENTS

YUVABHARATHI INTERNATIONAL SCHOOL (SECONDARY)



BE CHIVALROUS

Project Done By:

Murali Kannan Vishal, Singh Ritambhara, Adifaah Aiyaz,
Srijayittha Satish Chandran, Dhruv Nambiar, Harini
Saishree Narasimman, Narayanan Padmavathi, Bhargavan
Joshna Rhea, Vedant Girish

As Amelia Earhart once said, "A single act of kindness throws out roots in all directions, and the roots spring up and make new trees." Through this project, students could extend their roots of kindness into the community.

Taman Jurong Hawker Centre – Students prepared gratitude cards for the cleaners and hawkers working at a hawker centre in Taman Jurong. Recipients were very touched by the students' act of kindness, which made them feel appreciated as an important part of society.

NTUC Silver Ace Home – To honour the Pioneer and Merdeka Generations for their contributions to Singapore, students teamed up with the Taman Jurong Indian Activity Executive Committee's Singapore Book of Records for the Largest Zentangle Art creation. They worked with residents of the NTUC Silver Ace Home to create smaller Zentangle Art pieces, fostering the spirit of inclusivity.

These community programmes helped students see the world as one big family, where everyone takes good care of one another.

HEART-WARMING COMMUNITY SERVICE SEGMENTS

NPS INTERNATIONAL SCHOOL,
SINGAPORE



BE GENEROUS, BE GREATER

Project Done By:

Tanya Agrawal, Annie Sharma, Sanjana Yugan, Sri
Priyanka Josyula, Smriti Ramakrishnan, Dishita Dhoot,
Sanat Puri, Madhav Khanna, Ranbir Bedi

Teachers, parents and students worked together to spread kindness and generosity throughout their community.

Book Drive – Students organised a book drive, collecting books for donation to a charitable organisation. They made posters to encourage one another to donate generously to this cause.

Bake Sale – Students made baked goods at home and sold them in the school bake sale. Proceeds were donated to charity.

Loving Hearts Pledge Cards – Students raised funds from family and friends for donation to “Loving Hearts Multi-Service Centre”, a non-profit organisation.

Food Drive – Students collected non-perishable food items from home, such as canned goods, rice, and pasta. They donated the items to fooddrive.org and school helpers.

World Environment Week – Students participated in a poster-making competition to raise awareness for protecting the environment. They also took action by cleaning up a beach!

These activities encouraged students to show kindness by sharing what they have. It also raised awareness on how they can help to protect the environment.



INTERESTING SOCIAL MEDIA / ONLINE INITIATIVES & DIGITAL CONTENT

This Category features schools that have produced creative social media / online initiatives or digital content, which have enabled their campaigns to be highly successful in engaging students with kindness related topics.

- 79** Fernvale Primary School
- 80** Unity Primary School
- 81** Casuarina Primary School
- 82** Nanyang Primary School
- 83** Innova Primary School
- 84** CHIJ St Nicholas Girls' School (Secondary)
- 85** Kranji Secondary School
- 86** Tampines Secondary School
- 87** Tanjong Katong Girls' School
- 88** School of Science and Technology, Singapore
- 89** Anderson Secondary School

INTERESTING SOCIAL MEDIA / ONLINE INITIATIVES & DIGITAL CONTENT



FERNVALE PRIMARY SCHOOL



GOOD BEHAVIOUR VLOG

Project Done By:

Joanna Hope Crawley, Simran Kaur d/o Gurpal Singh,
Santos Aliezhah Kimberleigh Bartis, Lee Hui Ting Seline,
Phylcia Hao Xin Yu, Yana Kathrine Cenal Lulu, Kendrick
Ng Wei Jin, Chia Xiu Yi

Kindness Ambassadors teamed up with the school's Media Journalism Club to create an impactful video that will motivate students to show kindness and respect everyone.

The "Good Behaviour Vlog" identifies some unkind and inconsiderate behaviours that students may unknowingly exhibit during recess. Examples include running recklessly, cutting queues, knocking into others, and leaving a mess behind after their meal.

The video highlights how bad behaviour negatively impacts the people around us, and encourages students to be on their best behaviour.

Through the video, students learned the importance of queuing up in an orderly manner, walking instead of running, and cleaning up their plates after eating.

INTERESTING SOCIAL MEDIA / ONLINE INITIATIVES & DIGITAL CONTENT



UNITY PRIMARY SCHOOL



60 SECONDS OF NEWS

Project Done By:

Vina Zhao, Paing Zin Min Kyi, Marsha Dylara Binte
Mohammad Marruwe, Andrea Claire Sutedja, Amber Ong
Yuxuan, Lakshika Tyagi, Javier Enjae Cadiz

In 60 Seconds of News, school prefects became news anchors and shared real news stories and issues faced in Singapore. They covered ungracious acts in society, such as animal cruelty and abuse of foreign workers. Conversely, they also highlighted good examples of human kindness in Singapore, such as foreign workers who sheltered commuters from the rain, and hawker centre patrons who donated meals to needy residents in the neighbourhood.

The news segment encouraged students in school to reflect more about kindness in society and to brainstorm how they can bring kindness to the next level.

INTERESTING SOCIAL MEDIA / ONLINE INITIATIVES & DIGITAL CONTENT

CASUARINA PRIMARY SCHOOL



BE A BUCKET FILLER TODAY!

Project Done By:

Dania Lilian, Kimmi Chavez, Darius Tan, Eve Aalry, Nagesh Sanjit, Yeo Shu Yan, Song Yan Chen, Zhang Xiaoyu

Everyone has a bucket of their own. To be a bucket filler means to fill someone's life with positivity. To be a bucket dipper means to drain positivity by being negative.

Students made a video that highlighted the impact of being bucket dippers and bucket fillers. Bullying and mean remarks will empty the bucket and make others feel unhappy. On the other hand, kind words and thoughtful deeds will full the bucket and make others feel happy.

The video concluded with many different suggestions on how to be a bucket filler. These include saying "thank you", lending a helping hand and treating others with respect.

The video taught students to be more aware of their words and actions, and encouraged them to show kindness to those around them.

INTERESTING SOCIAL MEDIA / ONLINE INITIATIVES & DIGITAL CONTENT

NANYANG
PRIMARY SCHOOL



APPRECIATING OUR CANTEEN VENDORS

Project Done By:

Lai Yi Ting Edyn, Sharlyn Teo Kai Xin, Siow Jing Wen
Carmaine, Delaine Tan Xinning, Ong Yi-Ying Adeline (Wang
Yiyi), Ng Shi Xuan (Huang Shixuan), Alandria Winata, Wu
Haotian, Law Xue Qi Alestor

This project aimed to teach students to appreciate the hard work put in by the canteen vendors to prepare the nutritious food students consume. On top of that, the vendors have to keep the canteen clean as well.

The team made a short film, showcasing interviews with canteen vendors. They explained how early they need to start preparing and cooking every morning, how much effort it takes to purchase tasty ingredients, and how tiring it can be to clean up after students who leave their plates behind.

The video highlighted the amount of work that goes into each and every dish at the canteen, as a reminder for the students to not take their food for granted.

It also encouraged them to show more appreciation to the canteen vendors who keep them fed with healthy and delicious food every day.



GREET, SMILE AND THANK YOU (GST)

Project Done By:

Jenavie Chua Jia En, Koh Qiao Er, Tu Meiyi Mary, Tok Kong Yew, Jovin Chan Yi Xin, Xavier Lim Jing Yuan, Sharon Yalini, Derick Goh Zhen Yu

As part of the school's pre-assembly programme, Ambassadors created a video to remind their schoolmates to be gracious and kind to others.

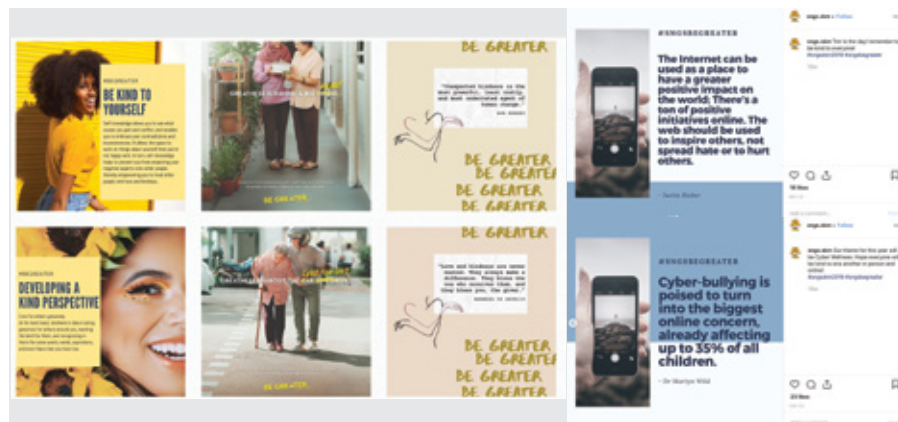
Using a simple Greet, Smile and Thank You (GST) acronym, the video raised awareness and reminded students to speak and act with kindness. For example, it encouraged them to use GST when they encounter parent-volunteers who sacrifice their time to help out in the school.

Thanks to the video, more students started to greet their teachers, thank the people around them, and use kind words in their daily lives.

INTERESTING SOCIAL MEDIA / ONLINE INITIATIVES & DIGITAL CONTENT



CHIJ ST NICHOLAS GIRLS' SCHOOL (SECONDARY)



CYBERWELLNESS AND GRACIOUSNESS

Project Done By:

Tan Zi Ying Faith, Yolindrea Chow Wen Ning, Shanon Ang,
Tee Yu Shuen Cheryl, Yeo Xin Hui Valerie, Grace Ng Xuan
Min, Nikki Poh En Qi, Sim Sze Yee Gabrielle, Olina Kok
Xin Yun, Ho Xin Ying, Li Rou En Janette, Yuktha Sri Pathi,
Dayna Yam Wan Sheen, Lim Sheryl

For Kindness Week 2019, CHIJ St Nicholas Girls' School created a dedicated Instagram account, SNGS Kindness Movement (@sngs.skm). The platform was used to educate students on how to be kind on social media.

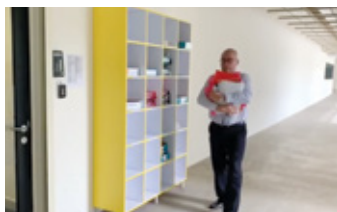
Students designed Instagram posts and wrote captions that spread the spirit of kindness. They shared kindness tips and quotes, and encouraged followers to treat others – and themselves – with love and kindness.

Students also shared Instagram Stories to encourage greater participation in other Kindness Week activities, such as the photo booth, Kindness Task Card, kindness pledges and more.

This initiative gave students the chance to practice kindness on social media. Students left more kind and encouraging comments for their friends, creating a kinder, more positive online environment for everyone to enjoy.

INTERESTING SOCIAL MEDIA / ONLINE INITIATIVES & DIGITAL CONTENT

KRANJI SECONDARY SCHOOL



ACTS OF KINDNESS

Project Done By:

Roysten Keefe Kong Barn Howe, Sneha Pandey, Hanshika,
Tan Qi Tong Genevieve, Emylia Audrey Binti Shaiful
Anuar, Gwendolyn Ng Tian Ning, Diandra Allysa Rahman,
Wong De Feng, Tan Zhi Hui Chloe, Goh Enling, Lim Yu Xin
Joy, Dheivapriya d/o Jayenthiran

This project used social media and a Kindness Video to encourage more students in Kranji Secondary School to #startcaringbgreater.

Instagram posts included sneak peeks and teasers for kindness initiatives, as well as reminders to show appreciation. The social media engagement helped to increase awareness and remind students to be kind, gracious and considerate to the people around them.

This was further reinforced with the Kindness Video, which showcased simple ways that students can show more care and kindness to their friends and teachers in school.

TAMPINES
SECONDARY SCHOOL



3M – MOBILES, MIND AND MEANING

Project Done By:

Chloe Ng Tse Kym, Nurul Zafirah Maisarah Binte Harmizi,
Afiq Haikarl Hadry Abdul Rahman, Asyraf Irfan Bin
Mohamed Amir, Mohamad Izzy Bin Jusri, Mohamed,
Danish Nufael Bin Azaha, Nurman Hanafee Bin Ab Hamid

This project aimed to promote cyber kindness and proper netiquette among Tampinesians.

Students shared cyber kindness messages, stories and netiquette tips on Instagram. While they were already aware of basic netiquette, they also learned new things, such as not to share pictures of others online without their permission.

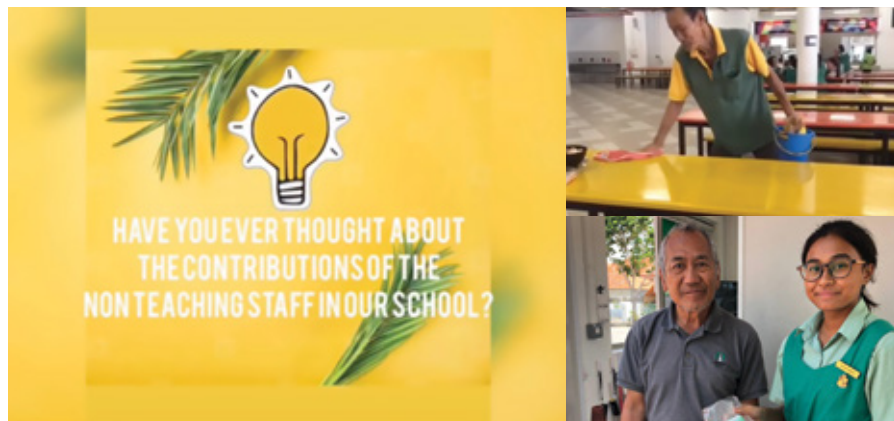
The project also included a humorous yet eye-opening video that showed how mean comments made on social media can be just as hurtful as comments made in real life.

The social media content engaged the whole school population, inspiring everyone to show kindness both offline and online.

INTERESTING SOCIAL MEDIA / ONLINE INITIATIVES & DIGITAL CONTENT



TANJONG KATONG GIRLS' SCHOOL



OUR HEROES

Project Done By:

Qaisara Amanina Binte Muhamad Irshad, Bhoomika Manot, Ivy Low Jing Wen, Nur Inara Abeeja Bte Babajahn, Monisha d/o A Ravindha, Kaylen Teo, Sruthi Rajesh

Ambassadors created a video to highlight the hard work, struggles and challenges faced by the non-teaching staff in Tanjong Katong Girls' School (TKGS) every day. It aimed to encourage the school to show their appreciation for the staffs' hard work, dedication and contributions to the school.

The project helped students better appreciate the underlying efforts of non-teaching staff. They learned not to take them for granted and to view them as a part of the TKGS family.

After the video, the Secondary 2 cohort wrote messages of gratitude, which were presented to the non-teaching staff to thank them for making the school a safe and comfortable space for everyone to learn.

INTERESTING SOCIAL MEDIA / ONLINE INITIATIVES & DIGITAL CONTENT

SCHOOL OF SCIENCE AND TECHNOLOGY,
SINGAPORE



SSTAND UNITED, BE GREATER

Project Done By:

Gan Sim Ru Dayna, Jessen Emmanuel Handoyo, Maia Angeline Pimentel Vitoria, Arash Nur Iman Bin Mohd Ali Shaifuddin, Chua Wen En, Bavatharane d/o Devanand, Thangaraja Prasanna, Mikisha Toh Jia Yu, Lucius Neo Ray Kai

This social media campaign highlighted the problem of casual racism between students in school, which caused tension and unhappiness between friends. It educated students about the issues casual racism can cause and encouraged everyone to stand united against casual racism together.

The campaign ran across the school's social media platforms – on Facebook, Instagram and Twitter. It explained what casual racism is, gave clear examples of casual racism that occurs in school and motivated viewers to be more accepting, understanding and inclusive of people of different races.

Students who participated in the campaign received an orange ribbon, which showed that they are willing to take a stand and say no to casual racism.

The campaign was a great start in the fight against casual racism. 70% of students stated that they now understand what casual racism is. 74% also shared that they have not witnessed any more acts of casual racism among their peers.

INTERESTING SOCIAL MEDIA / ONLINE INITIATIVES & DIGITAL CONTENT

ANDERSON SECONDARY SCHOOL



BE GREATER!: THE WEB-SERIES

Project Done By:

Elisabeth Mei Mohan, Kenneth Lee Wee Shin, Ng Yuan
Theng Sherlyn, Sim Kai Siang Evan, Muthukumar Gandhi
Pooja, Githa Charuni S K, Jawdan Idraki Razlan, Shun Lai
Naing, Jeziel Goh Le En, Namratha Varma

This web-series aimed to show how different challenges can be resolved with kindness. The school voted on three topics close to their hearts – jealousy, stress and peer pressure. The Kindness Ambassadors then produced a series of three videos that showed how a little kindness can help solve our problems and make our lives better and brighter.

The series received overwhelming support from not only the students but adults too! They praised it for its creativity and innovation in spreading the word about showing kindness to one another.





ABOUT SEED KINDNESS FUND JUNIOR

SEED KINDNESS FUND JUNIOR 2019

Seed Kindness Fund Junior (SKF Jr) is a programme open only to primary students within student care centres. This programme promotes the values of selflessness and love behind the kind acts of young caring individuals in student care centres.

All participating centres have to complete a kindness project within their centre and the neighbouring community over a four-month period. These projects should seek to create an impact within the centre and its community, thereby leaving meaningful impressions on the students' and public's mindsets and behaviours.

Similar to FOS, participating centres were invited to nominate up to nine students for the programme where they have to attend a half-day interactive workshop in March 2019. This workshop aims to equip them with design, critical, inventive thinking and project management skills. To help kick-start these projects, SKM funds up to \$150 per project.

The theme for SKF Jr 2019 is " _____, Be Greater!"

DID YOU KNOW?

This year, there are a total of 30 participating centres, 23 from YMCA, 2 from My First Skool, 2 from Apples & Pencils and 1 from Brilliant Student Care, CCK Student Care & Enrichment Centre and P.L.A.N. Student Care Centre respectively.

UPCOMING – SKF JR 2020

THEME:

"Kindness means, _____"

Registration will begin in **January 2020**.

Workshops will be held in **March 2020**.

Log on to **fos.kindness.sg** in January 2020 for information updates!



ALL-ROUNDED PROJECTS

- 93** Brilliant Student Care
CCK Student Care & Enrichment Centre
- 94** YMCA Student Care Centre @ Tao Nan
YMCA Student Care Centre @ Jurong West 2

ALL-ROUNDED PROJECTS



BRILLIANT STUDENT CARE



KINDNESS STARTS WITH ME

Project Done By:

Leng Jing Yi Xaverine, Jillinn Tay Han Yue, Leng Jian Yong Xavion, Chong Zhan Yu, Cayden Cheah Lok Weng, Kimberlyn Tan Ying Xuan, Lau Min Qi, Yeo Chong Lim, Tjong Jun Kai Keifer

Standing outside Brilliant Student Care Centre, is a community book exchange corner set up by the kindness ambassadors who hope to promote the habit of reading and spread kindness through the sharing of books with residents within their community. To kick-start the project, the ambassadors went door-to-door in the estate to share about their initiative with the residents. To further encourage this book sharing culture, the ambassadors labelled available books, crafted bookmarks and put up posters. With publicity done on social media platforms as well, the team managed to grow their collection of storybooks from 11 to 245 books.



CCK STUDENT CARE & ENRICHMENT CENTRE



INCLUSIVE SOCIETY

Project Done By:

Chloe Lee Ze Xuan, Mabel Jiang Wen Xin, Teo Zhi Hao Theodore, Chua Rui Ze Leroy, Lim Jun Kai Jordan

In collaboration with SUN-DAC, the kindness ambassadors of CCK Student Care and Enrichment Centre embarked on a project to promote inclusivity and understanding of individuals with intellectual disability. The students folded paper cranes and made hand-written cards for the members at SUN-DAC. To raise greater awareness for this cause, students went around the neighbourhood to encourage residents to pen down their well wishes for the people at SUN-DAC.

The students also spent a day at SUN-DAC participating in various activities - performing a magic show, dancing and singing, making food with members of SUN-DAC. It was a great opportunity for students to understand how they can contribute to making their community an inclusive place for everyone and to empathise with people of different needs.

ALL-ROUNDED PROJECTS

YMCA STUDENT CARE CENTRE @ TAO NAN



BE CARING BEGETS SMILING ELDERS, BE GREATER!

Project Done By:

Han Ee Sin, Heng Zi Ling, Ang Yu Xuan, Darryl Yu Hao Wei,
Goh Jin Cheng, Louis, Ong Yiok Kiat, Lam Min Xuan, Renae,
Gee Si Yeng Jocelyn

Kindness ambassadors at Tao Nan promoted the spirit of intergenerational bonding and interaction. The students spent a day with the elderly at Goodlife! Makan, having organized a Technology Connect Session to guide the elderly on the use of WhatsApp. For this session, students also designed a bilingual (English and Mandarin) Mobile Applications booklet for the elderly to assist in their learning and sharing of knowledge through the phone. This booklet contained useful information such as steps on how to operate the basic functions of the mobile communication application. In addition, the students also served lunch and prepared gifts for the elderly, which include healthier choice food items and daily necessities.



YMCA STUDENT CARE CENTRE @ JURONG WEST 2



KAMPUNG, BE GREATER!

Project Done By:

Pua Lok Hong Densel, Liu Shu Yan, Choon Chen Rui, Chow
Yue Xiang, Lee Yan Yi, Yew Yi Xin

The kindness ambassadors of YMCA Student Care Centre at Jurong West Primary School hope to foster and strengthen positive relationships within their neighbourhood. To revive the Kampung spirit, the students spent time during their June Holidays to create keychains and write kind messages to show appreciation for the residents around them. Stepping out of their comfort zone, the students also interacted with the residents and engaged in conversations with them. Through this project, the students have exemplified the importance of maintaining a close knitted relationship with our neighbours so as to strengthen social cohesion in our society.



GOOD DESIGN / CRAFTWORK

- 96** YMCA Student Care Centre @ Gan Eng Seng
 YMCA Student Care Centre @ Simei
- 97** YMCA Student Care Centre @ Seng Kang

YMCA STUDENT CARE CENTRE @ GAN ENG SENG



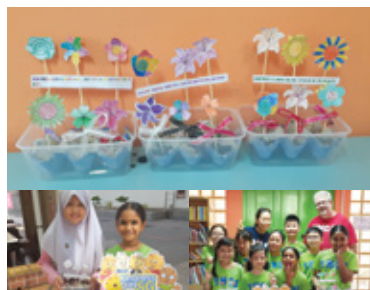
LET YOUR LIGHT OF KINDNESS SHINE!

Project Done By:

Ajay Christopher, Christian Justyce Ramirez Azman, Kwok Xin Yu, Rain Tong Zhengyu, Nur Shaghirah Batrisya Binte Abdullah, Tan Jun Rui Jonathan, Justin Ow, Hannah Binte Azhar, Tho Kai Lang

In the spirit of giving, the kindness ambassadors of YMCA Student Care Centre at Gan Eng Seng distributed their "Light of Kindness" - specially decorated glass jars with LED light candles in them, to random strangers in the community. They also offered their "Gesture of Kindness" to these strangers through simple actions such as a fist bump, handshake, or a high-five. Through this project, the students hoped to remind people that there is still humanity in the world, and that it is not a difficult task to bring smiles to the people around us.

YMCA STUDENT CARE CENTRE @ SIMEI



GREENER BY RE-USING

Project Done By:

Liu Jiaqi, Vikneshwari Tanabalan, Celeste Tan, Uriel Sim, Shambavi Tanabalan, Hannah Faith Chew, Ethan Wong Ge Xuan, Imaishi Seira, Chua Kai Lin

Kindness ambassadors of the YMCA Student Care Centre at Simei decided to use recycled items to create miniature flower gardens with kindness quotes attached, to distribute to the people in their community. At Simei Plaza, the students approached and shared with members of the public about kindness and advocated how we should reuse plastic. The group eventually reached out to more than 130 people through this project.

**YMCA STUDENT CARE CENTRE
@ SENG KANG**



JUST FOR YOU!

Project Done By:

Alfred Ng Yui Ho, Anne Marie Lee, Rayden Sior Yu Le, Aiden Lee Jun Heng, Lys Gan En Qi, Ada Ng Man Wah, Rainie Sior Yu Hong, Wayne Gan Rong Jie, Eagan Lee Kai Heng

The kindness ambassadors of YMCA Student Care Centre at Sengkang showed their appreciation towards their non-teaching staff and community helpers by crafting cactus-in-a-pot shaped thank you cards. The cactus symbolised someone who has braved through many challenges to provide protection, warmth and care for them. Parents of the students were also invited to co-create these cards at home with their children. In addition, to show their appreciation towards the Primary 6 students who have contributed positively to the school, the kindness ambassadors also gathered the student body to create motivational postcards for them.



INTERESTING INITIATIVES

- 99** Apples & Pencils Education Pte Ltd
Apples & Pencils Student Care (Yishun)
- 100** YMCA Student Care Centre @ Canberra
YMCA Student Care Centre @ Springdale
- 101** YMCA Student Care Centre @ Sengkang Green

INTERESTING INITIATIVES



APPLES & PENCILS EDUCATION PTE LTD



KINDNESS TO FOREIGN WORKERS

Project Done By:

Johnnattan Liew Zhen Yu, Toh Yong Zhi, Cayden Prom, Michelle Myo Oo, Karin Myo Oo

Having understood the contributions made by Foreign Workers to their homeland, the ambassadors of Apples & Pencils Student Care Centre at Woodlands thought it was time to show their appreciation for these workers. Using cloth materials collected from residents in the neighbourhood, students crafted handmade-pillows as gifts for the workers working around Woodlands area. In addition, they also handed out thank you cards and made cold beverages for the workers.



APPLES & PENCILS STUDENT CARE (YISHUN)



OUR LOVE FOR THE ELDERLY

Project Done By:

Tan Jun Jayden, Koy Yi Fan, Naili Natasha, Koy Jia Ning, Tan Xuan Le

In hope of encouraging intergenerational bonding between the young and the elderly, ambassadors of Apple & Pencils Education at Yishun organised a donation drive to collect materials for crafting pillows, which would be given to the elderly in the community. On top of that, a booth was setup to encourage members of the public to pen down kind messages as well as to donate food items for the elderly. As a form of appreciation, a thank you card was given to each donor. The students later visited St. Luke's Eldercare Centre to spend a day with the elderly, and to hand them the gifts that they have prepared for them.

INTERESTING INITIATIVES

YMCA STUDENT CARE CENTRE @ CANBERRA



GIVE

Project Done By:

Tristen Chan Joon Chong, Valencia Loh Ying Xuan, Carys Lim Shi En, Vera Lim Xin Ying, Revata Ho Ying Yang

Kindness ambassadors of YMCA Student Care Centre at Canberra felt that an act of kindness could be as simple as donating one's pre-loved items to those who need them more. As such, a donation drive was launched to collect items from students and parents, which were then donated to the Metta Association of Singapore. The project hoped to inspire students to reflect on how they can reach out to the underprivileged on a more regular basis, and encourage them to put what they have into better use.

YMCA STUDENT CARE CENTRE @ SPRINGDALE



EASILY MISSED STAFFERS

Project Done By:

Abby Khor Hui Ni, Hu Rui Zhi, Jayden Lee Quan Jun, Mohamed Irfan Hafiz Bin Mohammed Hedirin, Teh Jun Yang, Tiffy Ho Hui Xuan

For a month, the kindness ambassadors of YMCA Student Care Centre at Springdale visited Sengkang General Hospital once a week for a very special cause - to show their appreciation to the staff for working tirelessly to care for the patients' well-being. Students presented them with handmade thank-you cards and appreciation flowers. The spirit of kindness also continued within the centre as students participated in group activities such as the "Bucket Filler Friday" and the "Complimentary Circle" where participants were encouraged to complement each other with positive comments.

INTERESTING INITIATIVES

YMCA STUDENT CARE CENTRE @ SENGKANG GREEN



SMALL ACTS OF KINDNESS, LOTS OF JOY!

Project Done By:

Chanel Lee Xin Yi, Brandon Ng Xin Yi, Richie Lim Hock Heng,
Ng Zung How, Aw Yi Xuan, Chua Jing Jing Isabelle, Zoe Mak
Hor Yan, Tricia Lau, Joy Ashlyn Kaur, Gerard Tan Jun Sen

Besides using Emojis to express our emotions, they can also be used to brighten someone's day. The kindness ambassadors of YMCA Student Care Centre at Sengkang Green came together to create different emojis using craft paper and pasted them over goodie bags, for distribution to random strangers at a LRT station. The goodie bags also came with inspirational messages that the students had written, in hopes of cheering the recipients up. Through this project, students learned about how easy it can be to impact someone's day positively with a simple act of kindness.



APPRECIATION INITIATIVES

- 103** P.L.A.N. Student Care Centre
YMCA Student Care Centre @ Greenridge
- 104** YMCA Student Care Centre @ Jurong West 1
YMCA Student Care Centre @ Kuo Chuan Presbyterian
- 105** YMCA Student Care Centre @ Punggol Waterway
YMCA Student Care Centre @ Rulang
- 106** YMCA Student Care Centre @ St. Anthony's
YMCA Student Care Centre @ St. Stephen's
- 107** YMCA Student Care Centre @ De La Salle
YMCA Student Care Centre @ Oasis
- 108** YMCA Student Care Centre @ Zhangde

P.L.A.N. STUDENT CARE CENTRE



APPRECIATING NON-TEACHING STAFF

Project Done By:

Chan Zhi Qing, Lim Yi Xin, Yeo Mu En Ivalyn, Chim Yan Xu
Jarrett, Goh Hui Chee, Lim Yu Xuan, Loi Jing Jie, Mak Le
Bin Clovis

The kindness ambassadors of P.L.A.N. Student Care Centre wanted to recognise their school's non-teaching staffs' efforts in creating a positive learning environment for all. With the support of the student body, they decorated and distributed handcrafted appreciation cards to the non-teaching staff. Students interacted with the staff members while distributing and found out more about their roles and responsibilities in the school. After this experience, the students gained a newfound understanding and appreciation towards the great work that these non-teaching staff members have done for the school.

YMCA STUDENT CARE CENTRE @ GREENRIDGE



REFRESH MY HEART

Project Done By:

Yeo Gek Peng, Zoe Wong Si Yi, Evaine Teo Yun Wen, Chloe
Lin Jia Yi, Joven Ding, Teoh Yu Xuan Valerie, Keith Ng

To appreciate the efforts of our older workforce, the kindness ambassadors of YMCA Student Care Centre at Greenridge approached elderly employees of Greenridge Shopping Centre, such as janitors, stall assistants and cashiers, and handed each of them a pack of mid-day refresher treats specially prepared by the students themselves. The project gave the students an opportunity to interact with the older generation, and helped to heighten the awareness that it is important to appreciate the work of others and to not take it for granted.

APPRECIATION INITIATIVES

YMCA STUDENT CARE CENTRE @ JURONG WEST 1



A GREENER ENVIRONMENT FOR ALL

Project Done By:

Tan Hao Xuan, Dong Anqi, Li Jiayuan, Jong Rui En Rei, Jayden Er Jun Kang, Sophia, Zenon Tin Kay Han, Alyssa Chuah Si En, Neave Quek Zi Heng

With protective gloves and plastic bags, Kindness ambassadors of YMCA Student Care Centre made a trip to their neighbourhood to pick up litter. Students had a first-hand experience of the tedious work of a cleaner. This helped them realise how a simple act of picking up a litter can ease the workload of a cleaner and in turn, make a positive difference to the cleanliness of a place. To appreciate the hard work of the cleaners in their neighbourhood, the students made perler beads and "Thank You" cards, as well as prepared gift bags for them. Through this project, the students not only learned about kindness but also learned how to put this value into action.

YMCA STUDENT CARE CENTRE @ KUO CHUAN PRESBYTERIAN



ENERGISE, LET'S KEEP GOING!

Project Done By:

Ooi Kylie, Maggie Liu Minqi, Cana Yu Xin Ping, Lee Min Xuan Evanna, Olivia Meghan Wong Teng Xin, See Eu Jean, Huang Songhua Ilianna, Clarissa Tjhua Zi Ying

Kindness has a ripple effect, and the Kindness ambassadors of YMCA Student Care Centre at Kuo Chuan wanted to exemplify that. They crafted 200 paper Lavenders to distribute to the people in the community. Each person received two flowers; one for themselves and another one to anyone of their choice. This allowed members of the public to have a chance in passing this act of kindness to someone else. Students also got members of the public to pen down different ways of showing kindness. It showed how caring and loving a community could be.

APPRECIATION INITIATIVES

YMCA STUDENT CARE CENTRE @ PUNGGOL WATERWAY



BE A TRAY-RETURNER HERO

Project Done By:

Bethany Kong Si Teng, Christie Chen Zhi Qi, Gillian Sim Xuan Le, Lim Xin Ning, Lim Xin Yi, Jayden Lee Jin Xian, Ngee Cheng Jie

To encourage and appreciate the act of tray return among patrons, kindness ambassadors of YMCA Student Care Centre at Punggol Waterway visited food centres, food courts and fast food outlets in the neighbourhood to hand out appreciation cards to diners who have done the act. The student wanted to show the recipients that their kind act had not gone unnoticed and that it was appreciated. Students brought smiles to the cleaners at these food outlets as they handed them gifts to appreciate the work they have done to uphold the hygiene of the dining environment.

YMCA STUDENT CARE CENTRE @ RULANG



BE SELFLESS, BE GREATER!

Project Done By:

Tong Jun Kai, Chen XuanYing Abbie, Tricia Tan He Xi, Chia Keng Aik Preston, Tay Chor Feng, Seah Chun Yu Rico, Lim Siew Min Samantha Rachael, Kayleigh Lim Rui En

When the result of a survey they did revealed that more could be done by Singaporeans to show kindness to our construction workers, the Kindness ambassadors of YMCA Student Care Centre at Rulang decided to make it a reality. Garnering the support and help from all the student in the centre, they made thank you cards with heartfelt messages written on them and heart-shaped origami for the construction workers at a worksite. Iconic Singapore background images coloured by the students were also pasted at the back of the origami pieces to remind the workers of all the Singaporeans who appreciate their contribution to the progress of the nation.

APPRECIATION INITIATIVES

YMCA STUDENT CARE CENTRE @ ST. ANTHONY'S



THE UNSEEN HEROES, BE GREATER!

Project Done By:

Hon Hock Rong, Samantha Clarisse Wijaya, Nur Alya Madyna, Zion Chiu Wun Lok, Putri Adwajyah, Jasper Lim Jooh Hee

Students meet their school's Operation Manager (OM) and security officers every day but many may not know what they do on position. To help students understand the great work done by these staff members and encourage them to show their appreciation, the Kindness ambassadors of YMCA Student Care Centre at St. Anthony Primary School created a big poster with colourful stick-on thank you notes from the students in the centre to show their gratitude toward the OM and his team. The students also spent their June vacation making keychains and flower bouquets for the staff members, in hope of acknowledging and appreciating their presence.

YMCA STUDENT CARE CENTRE @ ST. STEPHEN'S



APPRECIATION TO CLEANERS AROUND HDBS IN THE COMMUNITY

Project Done By:

Caden Kwok En Shao, Raphael Ethan Jap, Daniel Joseph Sumayao, Elijah Joel, Qays Ilyasa, Muhd Izz Haziq Bin Rosli, Jove Tan Zhuo Xi

To the Kindness ambassadors of YMCA Student Care Centre at St. Stephen's, happiness is more than just a word they have learned, but also a value that they wish to impart. With a focus on showing appreciation to the cleaners in HDBs, they conducted a workshop with students in the centre to share with them the work that cleaners do, and how they could be kind to these cleaners. The student body then came together to create appreciation cards and simple craft gifts for the cleaners, before heading out to the neighbourhood to distribute them. "Happiness goodie bags" filled with food items were also handed out to the cleaners.

APPRECIATION INITIATIVES

YMCA STUDENT CARE CENTRE @ DE LA SALLE



HELPING THE KOPITIAM CLEANERS CLEAR OUR USED TRAYS

Project Done By:

Teo Kai Wen Brendan, Charmaine Tan Zi Ling, Charlene Tan Si Lin, Phoebe Casilda Kwee Kia Eng, Darryn Yew, Caleb Kwee Diang Xiang, Kaelyn Yew, Prisca Clotilde Kwee Kia Khee

To show their gratitude for the cleaners at the neighbourhood hawker centre, the kindness ambassadors of YMCA Student Care Centre at De La Salle made a trip down to visit them and handed out snacks to them as a gesture of appreciation. The students gave out handmade keyrings to diners who had taken the initiative to return their used trays after meal. The students hoped that everyone would play their part to make our public dining experience a pleasant one.

YMCA STUDENT CARE CENTRE @ OASIS



SPREADING KINDNESS TO PUBLIC TRANSPORT WORKERS

Project Done By:

Caspian Tan Yan Feng, Phoebe Chan Yung Leng, Clarice Loh Xuan Qi, Giselle Ong Wen Xuan

Kindness ambassadors of YMCA Student Care Centre at Oasis felt that Bus Captains deserve more appreciation from the community. These unsung heroes work round the clock every day to provide transportation services to commuters. Working hand in hand, the ambassadors gathered students across different levels to create "Thank You" badges and handwritten cards for bus captains. During the visit to a bus terminal, some students even shared with members of the public on what the project was about and the objective of this project. They invited members of the public to pen down their appreciation towards the bus captains on the bookmarks. The bookmarks were then placed inside gifts bags for the bus captains.

APPRECIATION INITIATIVES

YMCA STUDENT CARE CENTRE @ ZHANGDE



BEFRIENDING AND SHOWING APPRECIATION FOR THE BLUE COLLAR FOREIGN WORKERS IN SINGAPORE

Project Done By:

Koh Kai Xing Jazlyn, Teo Jun Shen Jerel, Julian Tan Yongjun,
Tan Ruey Herng, Kong Mei En, Baby Tiara Rizesky Binte
Abdul Kuddus, Nur Shafiqah Natalia, Lee Yi Xuan, Cate Chen
Xinhui

Building a positive relationship between foreigners and locals is an important and great cause that is fraught with obstacles but ambassadors of YMCA Student Care Centre at Zhangde were up for the challenge. To show their understanding and appreciation towards foreign workers in their neighbourhood, the students distributed handmade thank you cards that they have made with their parents to the workers. In addition, they gave out light refreshments and said words of encouragement to the workers. The project team also extended the reach to the cleaners in the school.



HEART-WARMING COMMUNITY SERVICE

- 110** YMCA Student Care Centre @ Chua Chu Kang
 YMCA Student Care Centre @ CHIJ Our Lady of Good Counsel
- 111** YMCA Student Care Centre @ CHIJ (Kellock)
 YMCA Student Care Centre @ St. Anthony's Canossian
- 112** YMCA Student Care Centre @ St. Margaret's
 My First Skool @ Yishun Blk 796A
- 113** My First Skool @ 63 Telok Blangah Heights

HEART-WARMING COMMUNITY SERVICE

YMCA STUDENT CARE CENTRE @ CHUA CHU KANG



KINDNESS WARM HEARTS

Project Done By:

Sharnitha d/o Saravanan, Lee Jia Xin Giselle, Wang Huiling
Yaya, Chong Yi Kai, Jowl Goh Jing Ying, Mandy Cheong Zhi
Ling, Henriq Bin Hezry, Yiu Ka An, Stephanie Pang An Qi

To embrace the value of gratitude and 'paying it forward', the kindness ambassadors of YMCA Student Care Centre at Chua Chu Kang organised a food collection drive for the elderly in the community. It was done with the support of the students and their parents. Donated food items and handmade pop-up cards were packed into hampers by students in appreciation of the elderly's contribution to our nation. Students also performed a Zumba dance and even encouraged the elderly to join in with them. The project has raised awareness of social issues in Singapore such as the growing ageing population and the importance of giving back in our daily lives.



YMCA STUDENT CARE CENTRE @ CHIJ OUR LADY OF GOOD COUNSEL



CLAD IN KINDNESS

Project Done By:

Ng Hui Xin Edria, Jeorgia Tay An Tong, Ain Sanaa Ameen,
Aleena Sarah Ameen, Lim Sze Xuan Zoey, Sydney Angelica
Lie, Lee Li Ting Clara

The kindness ambassadors of YMCA Student Care Centre at Chij Our Lady of Good Counsel recognised that they can make a positive impact to someone's life by sharing and helping. Ambassadors came together to organise a community-based donation drive for pre-loved clothing. To publicise and encourage participation and contributions to the donation drive, the ambassadors designed and distributed flyers to the residents in the nearby estate area. Donations were given to the Salvation Army to benefit its beneficiaries. The students were pleased to have inspired the generosity of the community and were confident that people would continue this practice of giving.

HEART-WARMING COMMUNITY SERVICE

YMCA STUDENT CARE CENTRE @ CHIJ (KELLOCK)



SMILES!

Project Done By:

Kristen Ong, Alethea Kwek Sze Teng, Rachel Chia Rui Qi,
Tan Kayla, Kendra Koh Xin Rui, Avriel Mavis Tan, Bheema
Lokesh Yuktha

The kindness ambassadors of YMCA Student Care Centre at Chij Kellock decided to organise a visit to Lions Befrienders Eldercare Centre to have a day of fun and activities with its beneficiaries. Prior to the visit, the students made great efforts to learn basic Mandarin, Hokkien and Malay phrases to allow them to interact more effectively with the elderly. To bring joy to the elderly, joint activities such as crafting paper tulip flowers and personalised cards were organised by the students. On top of that, a sing and dance performance was held for the elderly. Through the time spent, students have gained a wealth of knowledge, and have come to appreciate the time they have with their own grandparents.

YMCA STUDENT CARE CENTRE @ ST. ANTHONY'S CANOSSIAN



RECYCLING HAPPINESS

Project Done By:

Abeni Low Qu Xuan, Kwan An Hui Leanne, Seriellysha Ayuki
Bte Mohamed Akmal, Shreya Jaydelle d/o Ganase, Faith
Chan, Lilly Lai Jeong Ah, Phay Hui Lin Seraphina, Cheryl
Goh Zi Ying, Jane Wong Yan Yee

The kindness ambassadors of YMCA Student Care Centre at St. Anthony's Canossian wanted to encourage people to show appreciation for the work and dedication of the hawkers. They visited a neighbourhood hawker centre to distribute bookmarks with the message of encouraging patrons to appreciate our hawkers. The ambassadors also handed out handcrafted gifts to the hawker vendors, while having conversations with them to understand more about their daily job. Taking it a step further, students took the initiative to return used plates and utensils to tray collection points. Through this project, students have come to empathise with and respect hawker vendors at a deeper level.

HEART-WARMING COMMUNITY SERVICE

YMCA STUDENT CARE CENTRE @ ST. MARGARET'S



YOU, ME, US & THE ELDERS

Project Done By:

Nadya Qistiana Binte Ali, Chan Kimi, Ashley Lim Rei Yi, Kelly Bey Jia Ning, Alexia Ong, Gwyneth Tan Xin En, Esther Tan En Qi, Thea Lock Huen Jeng

As part of the Y Makan Fellowship Programme by YMCA, the kindness ambassadors of YMCA Student Care Centre at St. Margaret spent a day befriending and interacting with the elderly within their community. To appreciate the elderly's contribution to the community, students prepared care packages with appreciation cards for them. Healthy eating recipes and nutrition guide booklets from the Health Promotion Board were also handed to them in hope of encouraging them to lead a healthier lifestyle. Through this project, students were able to convey their appreciation, gratitude and respect for the elderly. The students were heartened that this initiative has brought smiles and joy to the elderly.

MY FIRST SKOOL @ YISHUN BLK 796A



A HEART TO CARE, A HEART TO SHARE

Project Done By:

Leanne Yoshida, Hailey Tan, Aaron Low Yong Le, Bay Rong Ze, Wong Sheng Qian Isaac, Pua Jae Lyn, Ong Chen Xin Ernest, Xu Xinying, Chor Jin Jie

Wanting to give back to society in a meaningful way, the kindness ambassadors of My First Skool at Yishun Block 796A visited the Sri Narayana Mission House to spend a day with the elderly. The students conducted a morning exercise session with the elderly as a way of encouraging them to stay active. Later that day, the students participated in a paper ketupat making session with the elderly in celebration of Hari Raya Puasa. This visit gave the children an opportunity to interact meaningfully with the elderly, and have made them become more aware of the need to reach out to not only the people who are close to them, but also other people in the community as well.

HEART-WARMING COMMUNITY SERVICE

MY FIRST SKOOL @ 63 TELOK BLANGAH HEIGHTS



THANKING EVERYDAY HEROES

Project Done By:

Yeo Yun An Micah, Tsui Tsz Him Zeke, Leow Si Tong Klaryce,
Rene Siow Yu Qian, Yeo Le Xuan Heyzel, Evans Leong Yi Fei,
Koh Zi Xu, Zhang Yi Fan, Matthew Han Jincan

The kindness ambassadors of My First Skool at 63 Telok Blangah Heights encouraged children in the school to start showing appreciation to the people around them. Over the course of several days, kindergarten-two children took turns to read a storybook to their peers. It was a good way to show kindness to their peers as well as empathise with the work of their teachers. In collaboration with parents, the children were also encouraged to help out with chores at home. To show appreciation to the people who have taken care of them, the children baked cookies for their parents and domestic helpers. Other activities done by the children include writing appreciation letters to parents and friends, as well as participating in a park clean-up session at Sembawang Park.





ABOUT KINDNESS BADGE AWARD

THE KINDNESS BADGE AWARD 2019

The Kindness Badge is a mark of distinction awarded to students in Uniformed Groups who have completed tasks or projects that promote kindness and graciousness amongst their peers, within their schools, and to their families and communities. Achieving this badge identifies them as Ambassadors of Kindness. It is awarded by the Singapore Kindness Movement to students who have demonstrated their passion and commitment to fostering a gracious society.



BRONZE

Focused on Learning, the Bronze Badge programme introduces students to the current state of kindness in the community. The Bronze level is compulsory and a prerequisite to the Gold Badge level.



SILVER

Focused on Training, the Silver Badge scheme provides an opportunity for students to carry out kindness campaigns within their school. The Silver level is optional.



GOLD

Focused on Execution, the Gold Award is conferred when students extend the reach of their campaign to the community. Students are tasked to demonstrate how they can do their part in tackling community issues such as neighbourliness, online etiquette and local and foreigner integration.



ABOUT KINDNESS BADGE AWARD

OBJECTIVES OF THE KINDNESS BADGE

- To encourage Uniformed Groups to foster a positive sense of community awareness
- To spark waves of kindness in society via little projects by Uniformed Group members
- To forge stronger camaraderie between various Uniformed Groups

UNIFORMED GROUPS PARTICIPATING IN KINDNESS BADGE AWARD 2019:



GIRL GUIDES
SINGAPORE



NATIONAL
CADET CORPS



St John
Singapore



THE SINGAPORE
SCOUT ASSOCIATION



GOLD CROSSOVER BADGE

Being kind should not only be limited to the Uniformed Group that you are in. The Gold Crossover Badge is an initiative to encourage collaboration between different Uniformed Groups. To qualify for this badge, a minimum of three representatives from each Uniformed Group, such as three representatives from Scouts and three representatives from Girl Guides must be involved in the project.



FEATURED PROJECTS

- 118** Anglo-Chinese School (Barker Road)
- 119** Anglo-Chinese School (Independent) (NCC Air) - A
- 120** Anglo-Chinese School (Independent) (NCC Air) - B
- 121** Anglo-Chinese School (Independent) (NCC Air) - C
- 122** Anglo-Chinese School (Independent) (NCC Air) - D
- 123** Anglo-Chinese School (Independent) (NCC Land) - A
Anglo-Chinese School (Independent) (NCC Land) - B
- 124** Anglo-Chinese School (Independent) (NCC Land) - C
Anglo-Chinese School (Independent) (NCC Land) - D
- 125** Compassvale Secondary School - A
- 126** Compassvale Secondary School - B
- 127** Compassvale Secondary School - C
- 128** Compassvale Secondary School - D
- 129** East Spring Secondary School (NCC)
- 130** East Spring Secondary School (Scouts) - A
- 131** East Spring Secondary School (Scouts) - B
- 132** Nanyang Girls' High School
- 133** Queenstown Secondary School
- 134** Soaring Eagles Air Scout Wing Squadron
- 135** Swiss Cottage Secondary School

FEATURED PROJECTS

ANGLO-CHINESE SCHOOL (BARKER ROAD)



A TIME OF INTERACTION, GAMES AND FUN

*"When interacting with the elderly,
patience is key."*

Project Done By:

Kang E-Ern, Joel Goh Tuan Lun, Luckshvein Ram s/o Jayabalan, Kathiravan s/o Kumaran, Adam Ilhan B Mohamad I, Christopher Lee, Phoon E-Kit, Mohammad Puteraiskandar Bin Mohammad Khairudin, Muhammad Erwin Bin Hisham, Kavinash s/o Dinesh, Gabriel Yeo Kang Kiak, Syimier Ahamed B Rafeeq Ahamed, Ong Xavier, Tan Chin Yee Ricky, Ray Teoh Jian Feng, Muhammad Ikhwani-Lee Danuwari, Hayder Bin Hazri, Darren Wee, Muhammad Ahad Ali, Khushairi Elhan Sha Bin Khairul Nizam, Aidan Lim Wei-Loong, Liew Yu Heng Jared, Pang Yu Kang, Tan Bin Hui, Tschuyler Ong

Building on a partnership with the Lions Befrienders Ghim Moh Senior Activity Centre, NCC, NPCC cadets and Chinese Orchestra members of ACS (Barker Road) planned a half-day Chinese New Year celebration to engage and interact with participating seniors. Participants were treated to a live performance by the students and participated in various games, including a mass-bingo activity. Students were paired with the seniors to ensure a greater level of engagement. In preparation for the event, a fundraising event was also initiated by the students; items including drink sachets and ointments were bought after careful consideration and consultations with the centre prior to the event.

ANGLO-CHINESE SCHOOL (INDEPENDENT) (NCC AIR) - A



ENHANCING ETIQUETTE IN PUBLIC TRANSPORT (BUSES)

" There is general openness in creating a positive commuting environment. "

Project Done By:

Samiyappa Yuvarajan, Chiew Mun Fung Ivan, Ethan Lee Yee Chien, Lim Kai Ming, Joseph, Praveen Yegappan Kasi, Joel Tang Kar Heng, Anil Kumar Akshay, Lim Jun Wei, Jerome, Yeoh Hao Cheng, Jerome, Samuel Ong Wei Qiang, Jasdev Singh Narula

To foster a culture of graciousness, the NCC Air cadets of ACSI approached residents in the Buona Vista constituency to share about positive behaviours that can be adopted on public transport (buses). Using posters and their Instagram account @ bus_etiquette_acsi, the students encouraged commuters to be more thoughtful of others, offering their seats to those who need them more and bag down and move in when needed. Through their interaction, they were heartened by the public's openness to creating a positive commuting environment. With this initiative, they hope that commuters would be more mindful of their actions, prompting a pleasant journey for all.

FEATURED PROJECTS

ANGLO-CHINESE SCHOOL (INDEPENDENT) (NCC AIR) - B



ENHANCING ETIQUETTE IN PUBLIC TRANSPORT (MRT)

*"Receive kindness when you dish it
out or in return."*

Project Done By:

Lim Zhi Yan, Issac, Nikhi Parmar, Pranav Jagatheeswaran,
Gnana Amal Paulraj Joshua Andrew, Hariz Dhamiri Bin
Dedy Dharma, Visruth Vivekanand, Nippani Srisha Murthy,
Low Yew Keng, Timothy, Yue Zhiyang, Nicholas, Poh Jie
Ren Luke, Yan Hanyu

Wanting to inspire youths like themselves to step up and be gracious when commuting, the NCC Air cadets of ACSI spoke about encouraging kind acts if they are being displayed and asked youths to work in groups if they fear being embarrassed for showing kindness on their own. They also took the opportunity to correct the negative impression that youths are ignorant to the situations of other commuters, highlighting their fear of offending commuters when offering aid. Members of the public are observed to be receptive of the sharing and willing to consider offering a hand in future, believing in what the students shared - "what goes around, comes around."

FEATURED PROJECTS

ANGLO-CHINESE SCHOOL (INDEPENDENT) (NCC AIR) - C



ENHANCING ETIQUETTE IN PERSONAL COMMUTING (PERSONAL MOBILITY DEVICES)

" The use of motorised devices on public paths can be both good and bad in the eyes of society. "

Project Done By:

Pasupuleti Govindaraj Kaaushal, Arvind s/o Tharmaraja, Faariz Salauddin, Yap Kang Wei, Michael, Em're Hamka Bin Mohamed Rahadian, Aiden Lee En Jie, Lim Yu Feng Matthew, Chan Yi Bin, Lim Hong Wei, Tan Kai Jie

The NCC Air cadets of ACSI headed to Buona Vista constituency to share about current campaigns and regulations about PMD usage, with aims to promote good safety riding habits and a gracious path-sharing culture. Viewing the use of motorised devices on public paths as a double-edged sword, the cadets engaged both PMD and non-PMD users and encouraged openness of path sharing. Stationing themselves near PMD hotspots (walkways, riding paths, park connectors), they spoke about the increasing trend of PMD usage and emphasised the role that both parties play in ensuring safer journeys, with users exercising caution when riding, and pedestrians being more gracious.

FEATURED PROJECTS

ANGLO-CHINESE SCHOOL (INDEPENDENT) (NCC AIR) - D



ENHANCING ETIQUETTE IN PERSONAL COMMUTING (PEDESTRIANS)

*"Let's put ourselves in the shoes
of others."*

Project Done By:

Balasubramanian Abhinav, Lim Chin Hong, Kenneth, Ang Kai Wei, Ho Lucas, Aidan Wong Penu Jun-Wen, Choo Jiun Wei, Isaac Chow Tze Yang, Aggarwal Sakash, Isaac Khoo Wei Chen, Muhammad Naufal Bin Rezalludin

Noting that there is room for improvement of attitudes towards public transport, PMD and general road use, the NCC Air cadets of ACSI took the initiative to speak to residents in the Buona Vista constituency to speak about the shared responsibility in path sharing. Using materials from their research about ongoing campaigns created by the various agencies, the students encouraged pedestrians and PMD users to be more mindful and aware of others and their surroundings. They believed that with the shift in perception that they each have a right of way, a culture of graciousness can be fostered among users and pedestrians.

FEATURED PROJECTS

ANGLO-CHINESE SCHOOL (INDEPENDENT) (NCC LAND) - A



VISIT TO MINDS TRAINING AND DEVELOPMENT CENTRE

*" To be humble and not take things
for granted. "*

Project Done By:

Lam Junkang, Lim Jun Hao, Terry, Jerry Lim Jingjie,
Chan Jia Xin, Joseph, Isaac Siew Wai Hung, Shiv Dewan,
Fredrick Suwandi, Agarwal Ansh, Jin Sunghoon, Vijayan
S Athithyaa

Visiting the MINDS Training and Development Centre, the NCC Land cadets of ASCI learned about Autism Spectrum Disorders (ASD) and the challenges faced by clients of the centre. The experience humbled the cadets and taught them not to take things for granted. Through the crafts and games prepared, they observed that despite having different levels of functioning and cognitive abilities, the clients were welcoming and enjoyed the activities that were planned for them. The students hope to address that people diagnosed with ASD are no different from others and that we can be more patient and empathetic when interacting with them.

ANGLO-CHINESE SCHOOL (INDEPENDENT) (NCC LAND) - B



PICK UP YOUR OWN TRASH, MAKE SOMEONE'S DAY!

*" We should leave a place clean,
or cleaner than it was before. "*

Project Done By:

Joseph Choong Yi Han, Hsu Li Huan Bryan,
Go En-Han Samuel, Bryan Zhang Junxiang,
Senthilkumar Kunalkumar

"Singapore is a clean and green nation but we must all do our part to maintain our garden city."

The NCC Land cadets of ACSI hoped to encourage people to show greater care and concern for parks and cleaners around Singapore. Experiencing first-hand picking litter in the park, the cadets know of the challenge in the thankless job. They invited members of the public to join them to help reduce the workload of the cleaners. With their initiative, the students want to inspire less reliance on park cleaners and more gracious behaviours. They hope that park goers would leave the place clean, if not cleaner than it was before.

FEATURED PROJECTS

ANGLO-CHINESE SCHOOL (INDEPENDENT) (NCC LAND) - C



EAST COAST PARK BEACH CLEANING

*"It seems more accurate to call us
a "cleaned" city."*

Project Done By:

Jonathan Elijah Chia Ren Kai, Luke Tan Zhaonian, Nihar Yogeshkumar Kantaria, Yue Wei An Joshua, Coel Tan Jing Zhi, Ian Goh Zhi En, Shea Yue, Lee Xiu Qi, Arthur, Jonathan Lau Wei Siang, Yeo Jun Zhe Ethan, Murugesh Parthiv, Lim Zhi Xian Zaphen

To raise awareness about why members of the public should keep the environment clean, the NCC Land cadets of ACSI spoke about the shared responsibility in maintaining cleanliness. They encouraged park goers to pick up after themselves, and not to rely on the cleaners in preventing pollution. They emphasise that be it young or old, all has a part to play. Cleaning at the beach, they also learned to be more appreciative of the cleaners who worked tirelessly and hope to inspire others to uphold Singapore's reputation as a garden city. The students desire to see a community who takes ownership of its surroundings beyond their immediate home.

ANGLO-CHINESE SCHOOL (INDEPENDENT) (NCC LAND) - D



INTERACTING WITH ELDERLY AT ST. JOHN'S CENTRE

*"We can bring joy to an elderly's
life too."*

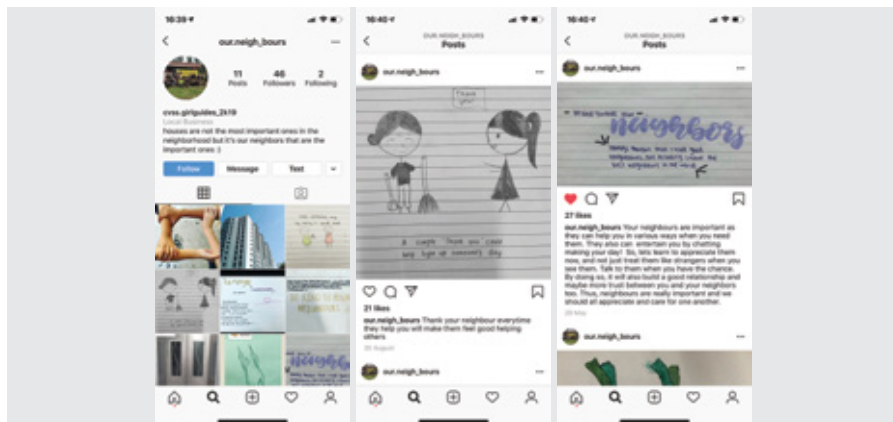
Project Done By:

Ong Chong Hean, Isaac, Ethan Cheong Jiewen, Joel Koh Kai Xiang, Koh Wen Rei Ivan, Leong Jhun Kai, Mohshinul Arafin Khan Mahin, Nezhad Yusuf Bin Mohammed Feisal, J Harith Menon, Raja Sri Raam, Lai Guan Hoe

During their visit to St. John's Centre, the NCC Land cadets of ACSI initiated a project to encourage long-term visits to Old Folks' Home. They learned from their interactions with the elderly that feelings of hopelessness stem from their belief that their lives have become meaningless. By spending time with them, they hope to demonstrate that they are still able to learn new skills; they encourage the elderly to express themselves through social media and connect with their community. Knowing that the students were genuinely caring for them, the 45 residents were welcoming and appreciated their efforts to bring joy to their lives.



COMPASSVALE SECONDARY SCHOOL - A



SHOW KINDNESS TO OUR NEIGHBOURS

*"I hope my neighbours like me
as I like them too."*

Project Done By:

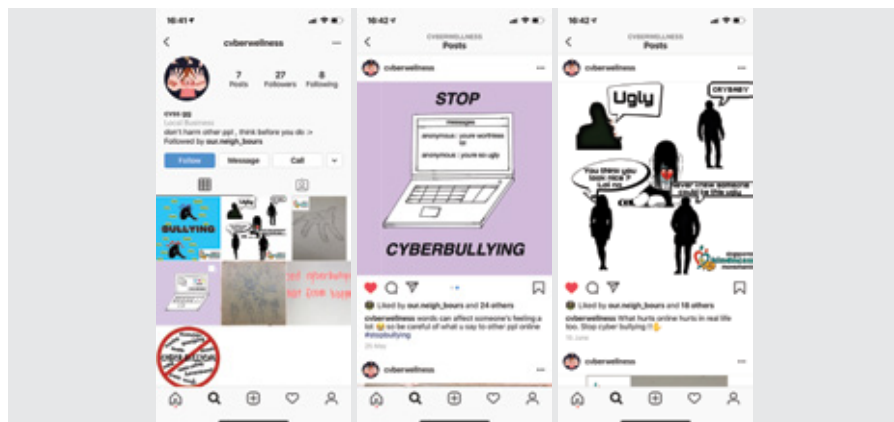
Fan Rui Xuan Anabel, Wong Shi Hui, Aina Adriana Binte Zahrain, Ashriana Binte Ahmad Ashraf, Berteen Kaur d/o Curdeep Singh, Jeannie Tiang Qi Qi, Lau Yu Xuan Charmaine, Rania A R Mordiffi, Larisa Dana Tan Xin En, Song Yu, Constance Ng Yuheng, Tan June Jee

"Have you said hi to your neighbours today?"

The guides of Compassvale Secondary were keen to understand the common issues between neighbours; using the Instagram account, @our.neigh_bours, the students encouraged discussion and provided tips on how to build positive relationships with your neighbours. They encouraged people to smile and greet, help to care for potted plants along corridors, make space for one another and celebrate festivals together with their neighbours. It was important to the guides that the public recognise their neighbours as important people and friends who they can rely on for help when needed. They believe that this would contribute to building cohesiveness within the society.



COMPASSVALE SECONDARY SCHOOL - B



SPOT IT, STOP IT, STOP CYBERBULLY!

*"Just because it's common,
doesn't mean it's okay."*

Project Done By:

Isabella Goh Jia Xin, Sta Ana Elisha Gabrielle Benedicto,
Siti Nazimah Binte Zakaria, Lim Wei Suen, Ooi Le You,
Elisha Stephanie Magbitang Toribio, Meghna Sajeev,
Rahana Banu Binte Utman Aliyar, Aina Nursakyna, Faun
Loo Wen Xuan, Arisa Naito, Ng Wern Ting Clarisse

With intention to address the seriousness of cyberbullying, the Compassvale guides initiated an online campaign on Instagram (@cyberwellness) to discuss the reasons, process and consequences behind it. Using what they have learned from their CCE lessons, the guides encouraged kindness in the online space. Posts highlighted ways to support friends who are cyberbullied and shared about how not to be a cyberbully, specifically, the impact that words can have on people, and the importance of not passing judgement. Through the initiative, they hope to raise awareness about the need for proper online etiquette; "just because it's common, doesn't mean it's okay."



COMPASSVALE SECONDARY SCHOOL - C



SHOW KINDNESS TO TEACHERS AND FRIENDS

" Children are creative and willing to learn new things. "

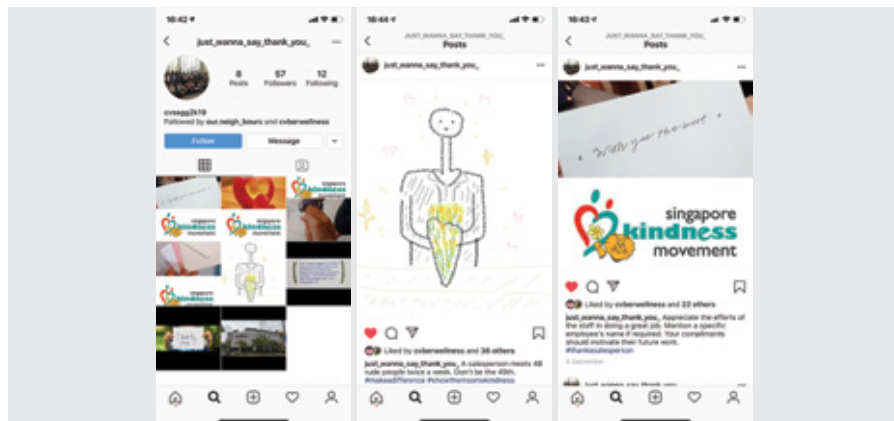
Project Done By:

Natasha Koh Li Qing, Maryam Binte Mohamed Mahathir, Nur Insyirah Binte Mohammed Suhairin, Nur 'Azimah Binte Mohamad Idrus, Valerie Tng Pei Xuan, Chloe Chua Yu Xuan, Chan Yu Rou, Ezanne Quek, Nur Syahirah Binte Syahrom, Wang Lek Jin Jolie

As part of their 2-day programme to teach children to be kind towards others, the guides of Compassvale Secondary set up game stations at Little Footprints Preschool Sengkang and planned a series of activities, including craft and role play. The children learned about the 5 magic words (Please, Thank You, You're Welcome, Excuse Me, I'm Sorry) through different scenarios and were taught ways to show consideration for others. The importance of teamwork, patience, being respectful, showing appreciation and care for others were also covered during the programme. To help facilitate the sessions, activities were conducted at the level of understanding for the children. They were observed to be engaged and found the sessions enjoyable.



COMPASSVALE SECONDARY SCHOOL - D



SHOW KINDNESS TO SALES STAFF

" We should be more aware of the feelings of the sales staff. "

Project Done By:

Foo En Wei, Lo Xinyan Emelda, Shatakshi Kapil, Nurul Afiah Binte Ramlan, Andrea Chong Jie Ying, Samantha Seak Hui Lin, Shermay Lo, Nur Annisa Binte Anuar, Hu Xin Yee Tiffany, Kristen Alessandra Romero Munoz

@just_wanna_say_thank_you_ is the name of the online Instagram campaign initiated by the Compassvale guides. As the name suggests, the students were keen to show appreciation to those around them, specifically service staff, and would like to encourage others to do likewise. From their observations, shop assistants work long hours, often standing, and have to meet difficult requests from customers. They are sometimes disregarded. Being focused on completing purchases, shoppers might forget to thank the staff for their assistance. With this initiative, they hope to remind shoppers that even a smile goes a long way towards motivating the service staff at work.

FEATURED PROJECTS

EAST SPRING SECONDARY SCHOOL (NCC)



KEEP THE BEACHES CLEAN

" We want to inspire others to take responsibility by cleaning the beach for all to enjoy. "

Project Done By:

Sylvester Ng, Abdul Raziq B Abdul Jaleel, Ng Eng Kiat, Abdullah B Ibrahim, Ryan Joshua Bolang, Darius Tan Rui En, Rizq Azmirul Bin Zulkarnain, Lim Zi Le, Muhammad Dani B Kamarudin, Thaddeus Koon, Chong Yiat Tin Keanne, Keith Low Weihan

By initiating a beach cleanup at Pasir Ris Park Beach, the NCC cadets of East Spring Secondary hoped to inspire social awareness and responsibility – they urged beach goers to have greater consideration for the next user, encouraging them to pick up after themselves. Sharing about the importance of taking ownership, the cadets highlighted the role that everyone has to play in maintaining the general cleanliness of the environment. The students also sought the opinions of beach users on ways to make the environment more conducive and pleasant and challenged them to co-create possible long term solutions to solve the local environment challenges.

FEATURED PROJECTS

EAST SPRING SECONDARY SCHOOL (SCOUTS) - A



WHAT TO DO AGAINST CYBERBULLYING

"Some people might think that cyberbullying is a light matter, but only cyberbully victims truly know how it feels like to be bullied and made fun of."

Project Done By:

Hariz Adlan Bin Mazalan, Nur Meliany Binti Syofian, Noor Dayana Binte Abdul Rahim, Ryan Addie Lau, Niikki Teo Wei Cheng, Leonce Lim, Rizq Enrieqal Bin Md Yazmin

Recognising the need to address the increasing number of teenagers becoming victims or perpetrators of cyberbullying, the Oneida Scouts of East Spring Secondary initiated the project to share about the consequences of cyberbullying. Approaching 20 teenagers at Tampines Hub, they spoke about ways that they can step up against cyberbullies and encouraged them to take an active approach to help stop cyberbullying. Cards containing messages to encourage victims of cyberbullying were also prepared and given out as part of their outreach.



EAST SPRING SECONDARY SCHOOL (SCOUTS) - B



KINDNESS TO CLEANERS

" Being in Singapore, we are living in a bubble where everything appears to be perfect but there are things that we are not exposed to. "

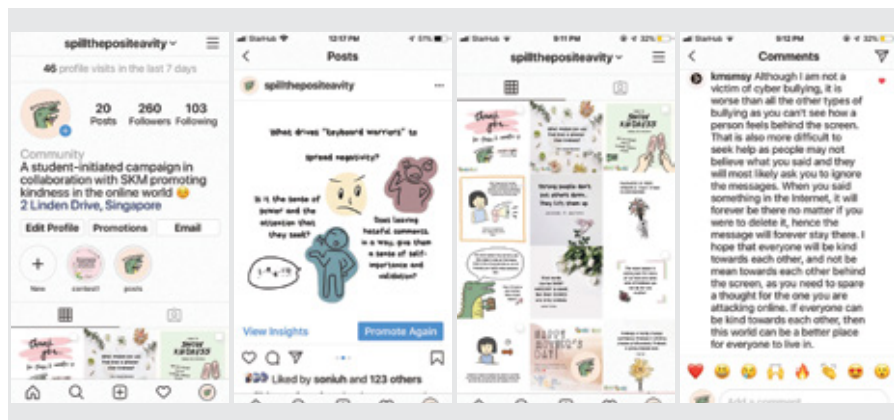
Project Done By:

Munnamgi Lal Chandan Reddy, Soh Chye Meng, Jarryl Ho, Avijeet Mishra, Ashley Tan, Lim Wei Quan Joe, Guee Joakhem, Mohamad Noor Rafiqin

The Oneida Scouts of East Spring Secondary collected gratitude notes and prepared gifts for the estate cleaners to show their appreciation for their hard work. Recognising that it takes more than the efforts of the cleaners, the scouts spoke to their peers and convinced them of their role in ensuring cleanliness in the environment. During their interaction with the cleaners, the scouts faced challenges in communication. They have noted that if the initiative is repeated, language barriers should be considered. The cleaners were generally appreciative of their gestures and thanked them for showing concern.

FEATURED PROJECTS

NANYANG GIRLS' HIGH SCHOOL



SPILL THE POSITEAVITY

"Let's turn the negative expression of "spill the tea" into something positive and encourage online users to spread positivity and kindness within the community instead!"

Project Done By:

Ong Sze Teng, Hilda, Charlene Ho Jia Ai, Tan Pei Lynn, Jolyn, Wendy Tong Pei Wei

To combat instances of people using the internet for ill means and spreading negativity, the guides of Nanyang Girls' High School created @spillthepositivity, a 2-month long online (Instagram) campaign to raise awareness about the adverse effects of cyberbullying. With timely posts reminding users to be more mindful of their online behaviour, the guides hope to build an uplifting online community among the 11 to 20 year olds. In total, 260 followers participated in online discussions and shared personal anecdotes and observations of good online etiquette. @spillthepositivity was inspired by the expression, "spill the tea". Instead of gossip, the students hope that participants would be encouraged to spread positivity.

FEATURED PROJECTS

QUEENSTOWN SECONDARY SCHOOL



DON'T BE SHY TO BE KIND TO CLEANERS

"In order to do anything, we must start within."

Project Done By:

Zhang Ruo Tian, Soon Zheng Xian, Lucas Pestana, Munesh s/o Franklin Teddy, Sai Akar Lin, Jayden Lim, Max Furiya Makkusu

"You may not change the world by yourself but you can definitely change someone's world through your choices and actions."

Despite knowing that they will likely face rejection from the public, the scouts of Queenstown Secondary approached the patrons of Dawson Koufu and invited them to express their appreciation for the cleaners. The students hope that with their efforts, they would spark conversations and encourage more to show their appreciation for cleaners in food courts. They believe that affirmation would provide a sense of warmth and motivation for these low-profile people amidst their daily lives; "a little kind gesture will make their day and make the society a better place for us all."

FEATURED PROJECTS

SOARING EAGLES AIR SCOUT WING SQUADRON



APPRECIATING OUR CLEANERS

" Many of these workers often go unseen although their actions have a great impact on us. "

Project Done By:

Jacob Ing Ka Lum, Aaron Ing Pak Kei, Tan Gim Yeong
Gabriel Christopher, Soh Woon Kiat Patrick

The scouts of Soaring Eagles Air Scout Wing Squadron tasked themselves to take on the role of a cleaner in their respective schools to understand the challenges that cleaners faced. They were keen to find out "what is it like to be a cleaner." Experiencing firsthand the daily task of sorting out trash and advocating proper sorting and disposal of waste, they hoped to reduce the workload of the cleaners. The scouts believe that by raising awareness of the environmental impact of their actions, they would be able to encourage more to choose to recycle. To show appreciation for the cleaners' hard work, homemade cookies were also baked and gifted.



SWISS COTTAGE SECONDARY SCHOOL



CLEANERS: BEHIND THE SCENES

"Even small actions like picking up litter or cleaning after ourselves play an important role."

Project Done By:

Ahmad Aqil Bin Muhammad Ridzwan, Arvin Lim Yi Chen, Soh Wei Jie, Muhammad Nazry Bin Rohaizad, Safoan Mahmud Abir, Dakshinamoorthi Thiyaeswaran, Iftikhar Yuhani Bin Irzad Yuhani, Sheik Daiyan Bin Shaik Ahmed Rifaei, Eunice Ng, Cheah Kum Hoong, Gopinath Kavya, Chan Wei Lin

Putting themselves in the shoes of the aged cleaners in their neighbourhood, the NCC cadets of Swiss Cottage Secondary set out to discover the challenges of their daily routine. They carried out similar duties such as cleaning of common areas and stairwells and noted that it is a physically challenging task that poses potential difficulties for the cleaners who are much older. Observations and findings were then presented to residents on door-to-door visits; residents were found to be appreciative of the cleaners and would like to thank them if given the opportunity. The cadets shared that even small actions like cleaning up after themselves would contribute to reducing the workload of the cleaners.





ABOUT WRITE FOR KINDNESS

WRITE FOR KINDNESS 2019

Write for Kindness is a national creative-writing and illustration competition organised by the Singapore Kindness Movement (SKM), with the Singapore Book Council as our programme partner. It is a platform for secondary, junior college, centralised institute, madrasah and international school students to promote kindness to the younger audience by creating age-appropriate and culturally relevant children's stories, through short stories, poems and illustrations. The theme for Write for Kindness 2019 is "Choose to Care. Choose Kindness".

THE OBJECTIVES OF THE COMPETITION ARE TO PROMOTE:

- The value of kindness through stories and poems to pre-school children
- The importance of stories and poems as a means to positively impact pre-school children in their character development
- Story and poetry as creative means of expressing cultural values
- Teamwork among youths who work together as a group to complete the stories, poems and illustrations
- The appreciation and development of literary arts and local literature in our society

THE ENTRIES ARE GRADED ACCORDING TO:

- Clarity of the message
- Relevance to target audience
- Language
- Creativity and originality of ideas
- Illustration
- Usage of poetic devices & forms



STORY-WRITING & ILLUSTRATION

- 139** *Winner*
Anglo-Chinese Junior College
The Fantastic Finn and His Circus of Friends
- 140** *1st Runner Up*
Tampines Meridian Junior College
The Bear and The Hare
- 141** *2nd Runner Up*
DPS International School
Kindness Please!
- 142** *Best Illustration*
Crescent Girls' School
Mike
- 143** *Consolation*
Tampines Meridian Junior College
Buddy's Adventure in Game World



**WINNER
ANGLO-CHINESE
JUNIOR COLLEGE**



THE FANTASTIC FINN AND HIS CIRCUS OF FRIENDS

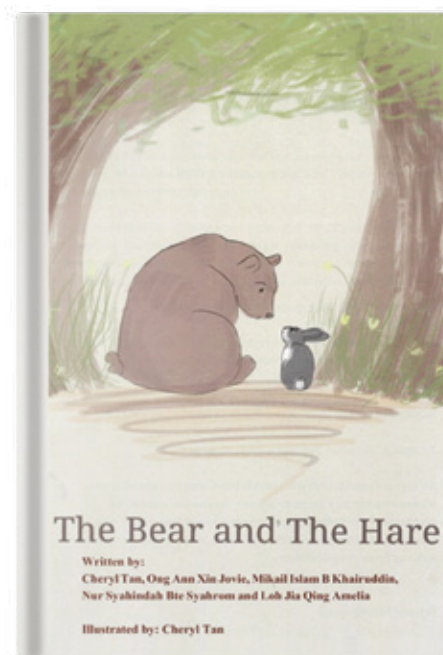
There's a circus in town, and all the animals are rushing to sign up for auditions. But in the audition room, Finn the Bulldog doesn't feel like he's good enough. To make things worse, the mean Draco the Dragon is making him feel bad about himself. But with the help of the other animals, Finn manages to achieve his dreams and Draco learns his lesson.

Written and Illustrated by:

Tiong Wei Wen, Averie, Cleo Loi Xiang Ling, Tan Xin Yi
Constance, Lee Qing, Cheong Wei San Sunny



**1ST RUNNER UP
TAMPINES MERIDIAN
JUNIOR COLLEGE**



THE BEAR AND THE HARE

A young bunny named Tucker rushes through the woods, trying to get to her parents' house in time for dinner. But along the way, Tucker meets a scary brown bear, Bobby, who is stuck in a net and needs her help. Will Tucker be able to overcome her fears and choose to be kind to Bobby?

Written and Illustrated by:

Cheryl Tan, Ong Ann Xin, Jovie, Mikail Islam Bin Khairuddin, Nur Syahindah Bte Syahrom, Loh Jia Qing Amelia



**2ND RUNNER UP
DPS INTERNATIONAL
SCHOOL**



KINDNESS PLEASE!

Manny is a kind monkey. He wants people to be kind too, and so he wants to be a police officer. Join Manny in his journey as he realises that you don't need the police to be polite, you yourself should do what is right!

Written and Illustrated by:

Aaryana Pradhan, Avni Aggarwal, Eya Raj Bhatt,
Eka Raj Bhatt, Yanaa Barua



BEST ILLUSTRATION
CRESCENT GIRLS'
SCHOOL



MIKE

Mike is at his first day of school. He is nervous, yet excited to make new friends. But then, trouble arises! Some of his classmates are not so "friendly". What will he do?

Written and Illustrated by:

Louisa Wirawan, Maria Victoria Helena, Nguyen Minh
Phuong, Tran Le Van, Esha Kejriwal



**CONSOLATION
TAMPINES MERIDIAN
JUNIOR COLLEGE**



BUDDY'S ADVENTURE IN GAME WORLD

Sucked into his computer game, Buddy finds himself far away from home and all alone in a strange place. He is scared and has no clue on how to get out...

With the help of his newfound friends in Game World, will Buddy be able to overcome the different challenges and find his way back home?

Written and Illustrated by:

Tham Yong Hao, Raymond Khan, Rhonda Tan Jia Hui,
Wong Jun Han, Cheryl Chen Siying

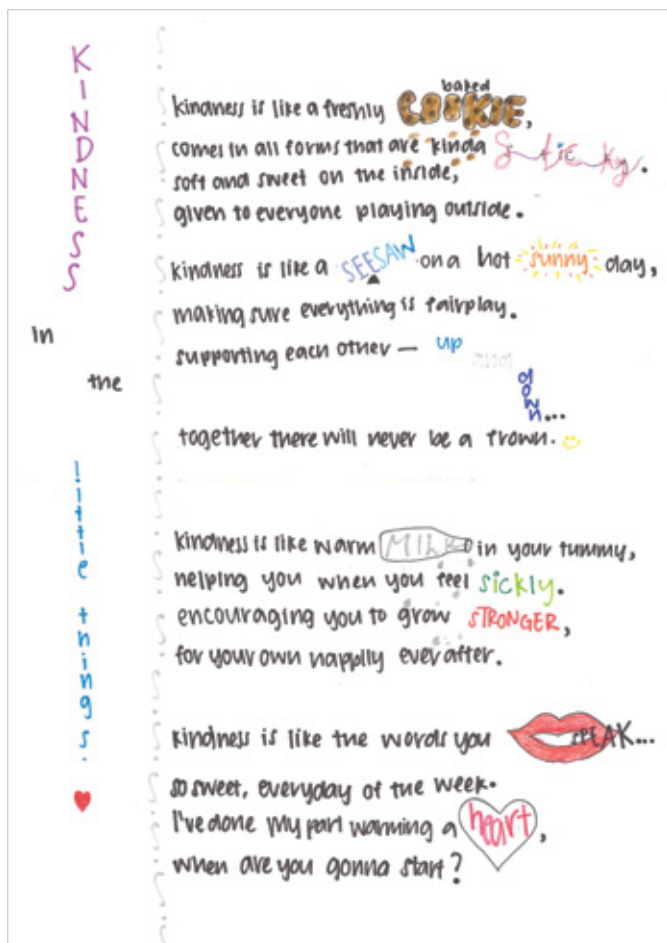


POETRY-WRITING & ILLUSTRATION

- 145** *Winner*
East Spring Secondary School
Kindness in the Little Things
- 146** *1st Runner Up*
Outram Secondary School
A Helping Hand
- 147** *2nd Runner Up*
North Vista Secondary School
Kindness Counts
- 148** *Best Illustration*
Dulwich College, Singapore
The Last Straw
- 149** *Consolation*
Outram Secondary School
A Friend in Need is a Friend Indeed



WINNER
EAST SPRING
SECONDARY SCHOOL



KINDNESS IN THE
LITTLE THINGS

Written and Illustrated by:

Eman Adel Ali Ghloom Askar Hasan,
Emerald April Moe Kyaw



1ST RUNNER UP
OUTRAM SECONDARY
SCHOOL

A HELPING HAND



Welcome to Maryland Primary School
Where three girls **ruje**

One day, the canteen had a growing **crowd**
It was starting to get **loud**

Natalie was given a hard **shove**
As the three girls towered over her from **above**

Everyone ignored her **screams**
Her tears fell in a constant **stream**

Jane, the prefect, was doing her **duty rounds**
From afar, she heard **sobbing sounds**

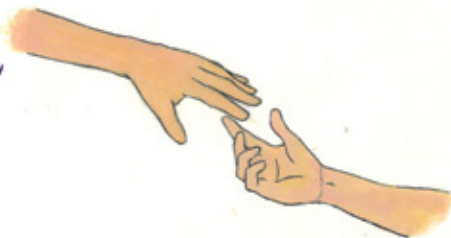


Fear and worry grew in her **heart**
And she pushed the crowd **apart**

Jane struggled to push the bullies **away**
And held her hand out in a **kind way**

Jane chose to be **kind**
Making sure Natalie was **fine**

With a strong and caring **friend**,
The bullying finally came to an **end**



A HELPING HAND

Written and Illustrated by:

Aarthi Kris d/o Suresh, Isabelle Ariel Oentoro



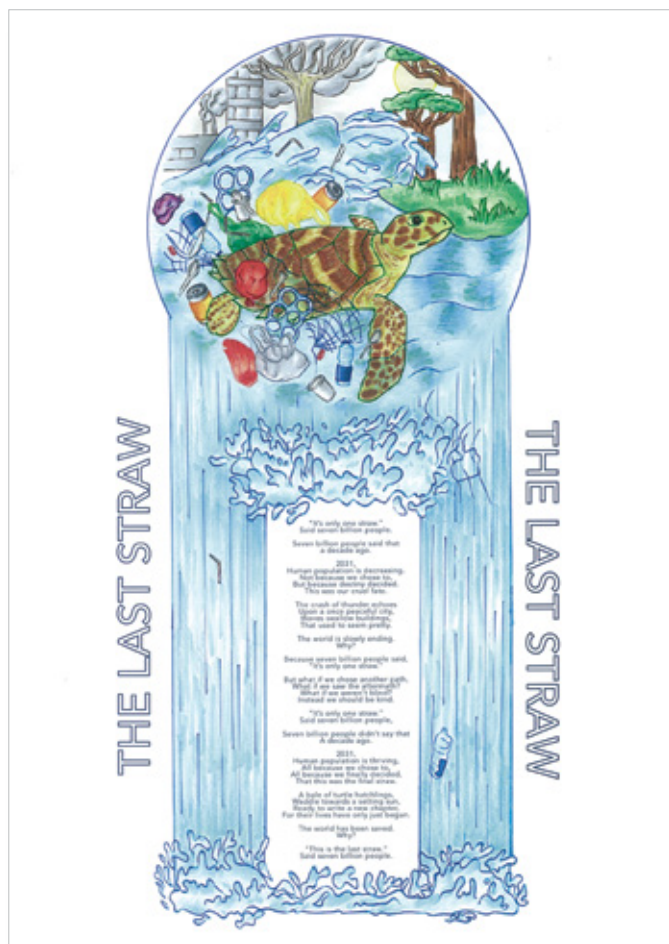
**2ND RUNNER UP
NORTH VISTA
SECONDARY SCHOOL**



KINDNESS COUNTS

Written and Illustrated by:

Nuraisyah Insyirah Binte Mohammed Insani,
Cheng Tian Tse



THE LAST STRAW

Written and Illustrated by:
Camille Cheng, Skye Young



A Friend in Need is a Friend Indeed

James was enjoying himself at the playground,
Until he broke his leg when he fell on the ground.

As tears flowed down his cheeks,
The others came and took a peek.

Quite a few stood there doing nothing,
But there were some who did the helping.

They realized this was of urgency,
So they called a teacher because it was an emergency.

James is now in hospital for his leg to rest,
His helpful friends had passed the test!



A FRIEND IN NEED
IS A FRIEND INDEED

Written and Illustrated by:
Kwek Zong Jin Jefferson, Low Jay Yee

